



INNER TRADITIONS

Books for the Spiritual & Healing Journey

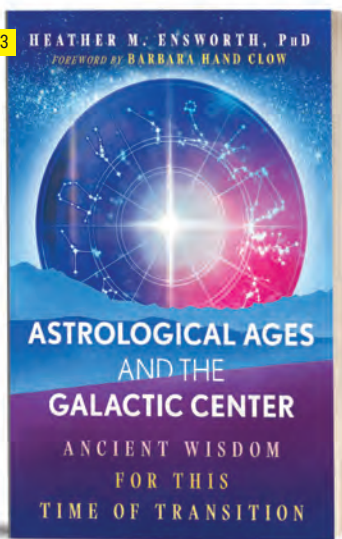
(800) 246-8648 • InnerTraditions.com •     

— SINCE 1975 • ROCHESTER, VERMONT —

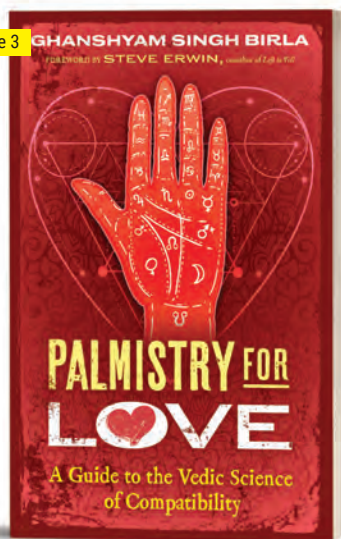
ANNUAL SALE CATALOG

20 NEW TITLES • 379 Titles on Sale Through July 13, 2026

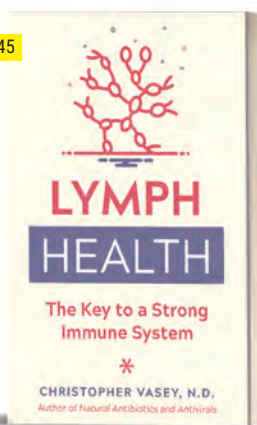
Page 33



Page 3



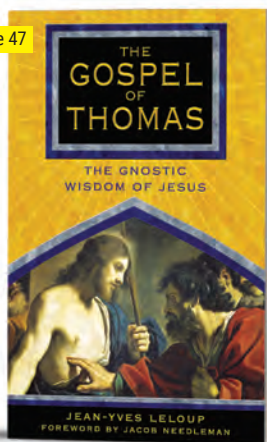
Page 45



Page 15



Page 47



FREE SHIPPING
SEE ORDER FORM FOR DETAILS

SAVE UP TO 50%

Read the Wisdom!

Inner Traditions has been publishing books for the spiritual and healing journey for over 50 years.

With more than 2,200 books in print, Inner Traditions is a rich source of wisdom and instruction for the spiritual aspirant and holistic health practitioner.

Our name says it all: "Inner" because our books address the dimension beyond the material plane and "Traditions" because ancient people have done it before (and often better!), although very often much of this wisdom has been lost, corrupted, or destroyed. It is our mission to rediscover, preserve, and protect the inner traditions of the world so that humanity will forever have the tools to create a better future that will celebrate and heal the earth.

Sign up and Save 25% on your first online order!

innertraditions.com/mailling-list

Spring Sale 2026 Catalog

Table of Contents

Featured Titles	2-6
New Releases	7
Ancient Mysteries.....	8-14
Western Religion & Philosophy	15-20
Esoteric / Occult	21-22
Spiritual Growth	23-28
Card decks / Boxed sets.....	29-30
Science & Nature	31-32
New Age / Metaphysics.....	33-34
Health & Healing.....	35-42
Bestsellers.....	43-47

Discounts valid through July 13, 2026

Price and availability subject to change without notice



HAVE YOU HEARD?

Select Inner Traditions titles are now available in audio. Browse our growing collection at:

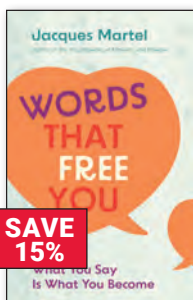
innertraditions.com/audiobooks



FREE SHIPPING

(See order form for details)

Get to Know Us on Social!



SAVE 15%

Words That Free You

What You Say Is What You Become

Jacques Martel

Not only are the words and phrases we use an expression of our innermost thoughts, they also influence our wellbeing and the overall nature of our character. In this easy-to-follow guide, therapist Jacques Martel details how to create a more positive, optimistic, healthy, and happy reality by choosing words filled with freedom, wisdom, and love. Showing how our choice of words creates our reality, he explains how the right choice of words can liberate, strengthen, and heal us.

978-1-64411-962-4 • \$16.99 \$14.44 pb • 128 pages, 5 x 7.75 • 7 b&w illustrations • e-book available



SAVE 20%

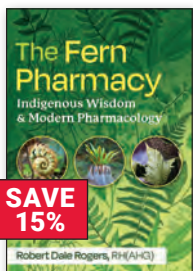
The Herbal Dog

Holistic Canine Herbalism Applications and Practice

Rita Hogan, C.H. / Foreword by Isla Fishburn, Ph.D.

In this comprehensive exploration of holistic care for dogs, clinical canine herbalist Rita Hogan explains how to look at a dog's unique personality, physiology, and needs to select effective and personalized herbal remedies to support their constitutions and provide relief from many different ailments. She includes a materia medica of canine-specific herbs used in her practice.

978-1-64411-959-4 • \$24.99 \$19.99 pb • 464 pages, 6 x 9 • 11 b&w illustrations e-book and audiobook available



SAVE 15%

The Fern Pharmacy

Indigenous Wisdom and Modern Pharmacology

Robert Dale Rogers, RH(AHG)

"A book for the ages that opens up the world of ferns, botany, ecology, chemistry, pharmacology, clinical uses, and lore—both ancient and modern."

—Christopher Hobbs, Ph.D., renowned herbalist and author of *Christopher Hobbs's Medicinal Mushrooms: The Essential Guide*

Used for millennia by indigenous people, ferns are now being recognized by science for their potential against antibiotic-resistant bacteria, cancer, diabetes, cardiovascular disease, and liver, kidney, and respiratory conditions. In this full-color illustrated encyclopedia, Robert Dale Rogers explores over 500 species of ferns, detailing their indigenous and folk uses, their mythology, chemistry, and pharmacology.

979-8-88850-180-1 • \$29.99 \$25.49 pb • 416 pages, 6.63 x 9.5 • Full-color throughout • e-book available



FREE SHIPPING (See Order Form For Details)

The Books of Enoch Revealed

The Wicked Watchers, Metatron, and the Fruits of Forbidden Knowledge

Tobias Churton / Foreword by Jeffrey J. Bütz

"The Books of Enoch Revealed is an epic work of history that highlights Churton's virtuosity in meticulously analyzing the theology of the texts and the historicity of their journey from biblical antiquity to our era."

—Mitch Horowitz, PEN Award-winning author of *Occult America* and *Modern Occultism*

Revealing the profound influence of Enoch on world thought over the past two thousand years, Tobias Churton investigates the entire history of the Book of Enoch and its important esoteric offshoots, including the later 2 Enoch (the Slavonic "Book of the Secrets of Enoch") and the so-called Hebrew "Book of Enoch" (3 Enoch).

978-1-64411-925-9 • \$24.99 **\$19.99** pb • 416 pages, 6 x 9 • 61 b&w illustrations
e-book and audiobook available



Palmistry for Love

A Guide to the Vedic Science of Compatibility

Ghanshyam Singh Birla / Foreword by Steve Erwin

"Our life's map is in the palm of our hands, and no one better explains and helps us understand our life and purpose than Ghanshyam. Love and our personal relationships are what bring healing and happiness. How we can bring more of this into our lives is revealed in the palm of our hands and in this beautiful book." —Joni Patry, Vedic astrologer

Sharing many examples, teacher Ghanshyam Singh Birla shows how to utilize the ancient Indian art of palmistry to better understand yourself and your patterns in relationships. He explores the meanings of the major and minor lines, signs, and mounts of the hands as they relate to love and relationships and how they change over time.

979-8-88850-437-6 • \$22.99 **\$19.54** pb • 255 pages, 6 x 9 • 285 b&w illustrations • e-book available

New

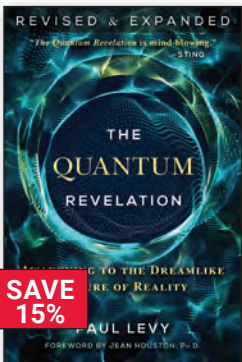
The Runes and Roots Oracle

A 36-Card Deck and Guidebook

Nicolette Miele and Adrienne Rozzi

With roots in Scandinavian divination, traditional European witchcraft, and magical herbalism, this deck pairs each rune of the Elder Futhark with a plant according to their shared energetic correspondences. Readers will learn a ritual for consecrating new decks, six spreads for rune casting, and eight spell cards for a fully immersive experience.

979-8-88850-247-1 • \$19.99 **\$16.99** boxed set • 4 x 5.5 • 36 cards with parchment tone and gold ink and 144-page book



The Quantum Revelation

Awakening to the Dreamlike Nature of Reality

Paul Levy / Foreword by Jean Houston, Ph.D.

"A deeply alchemical work of breathtaking scope. Paul blends and shapes the scientific and the mystical into a scintillating synthesis that forms the perfect springboard for a whole new means of understanding our universe."

—Richard Rudd, author of *The Gene Keys*

As Paul Levy makes clear, quantum physics offers mind-blowing revelations that not only have relevance for all of us, but also offer a way forward in healing the crises of today. Integrating quantum physics with spirituality, he explains how this path can awaken us to the dreamlike nature of reality and our inner creative spirit.

978-1-64411-901-3 • \$24.99 **\$21.24** pb • 480 pages, 6 x 9 • 2 b&w illustrations • e-book available

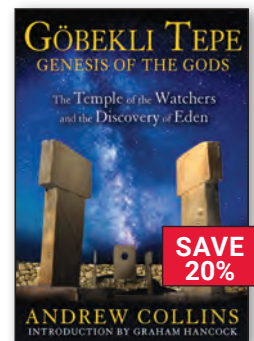
Göbekli Tepe: Genesis of the Gods

The Temple of the Watchers and the Discovery of Eden

Andrew Collins / Introduction by Graham Hancock

The stone temple complex of Göbekli Tepe in Turkey, built at the end of the last ice age with stones weighing from 10 to 15 tons, shows a level of sophistication that was unmatched until the much later rise of Sumer, Egypt, and Babylon. Was it built in response to the Great Flood, and were the Watchers of the Book of Enoch and the Anunnaki gods of Sumerian tradition behind its construction?

978-1-59143-142-8 • \$24.00 **\$19.20** pb • 464 pages, 6.63 x 9.5 • 16-page color insert and 84 b&w illustrations • e-book available



FEATURED TITLES



SAVE 15%

Plant Spirits Oracle

A 40-Card Deck and Guidebook

Laura Aversano / Illustrated by Nadine Gordon-Taylor

"Beautiful and vibrant. Alive with the spirit of nature and the elementals. A wonderful addition to any plant healing toolkit for mind, body, and soul."

—Fay Johnstone, author of *Plants That Speak, Souls That Sing* and *Plant Spirit Reiki*

Based on medical intuitive Laura Aversano's book, *The Divine Nature of Plants*, this oracle deck and guidebook, illustrated by Nadine Gordon-Taylor, helps you call upon the plant spirits of 30 healing herbs and flowers. The deck contains 40 full-color cards, including 10 shamanic healing cards and 30 plant spirit cards.

978-1-59143-530-3 • \$19.99 **\$16.99** boxed set • 4 x 5.5 • 40 color cards and 128-page booklet

The Zodiac Light Oracle

Nakshatras, Sun Signs, and Planets

Kooch N. Daniels and Victor Daniels / Illustrated by Pieter Weltevrede

The authors draw on Vedic wisdom to explore the *nakshatras*—the 27 lunar mansions of Vedic astrology—an oral tradition taught by the rishis and sages for thousands of years. Blending elements of Vedic and Western astrology, this deck offers more expansive insights and nuanced divinatory readings.

979-8-88850-203-7 • \$19.99 **\$16.99** boxed set • 4 x 5.5 • 48 color cards and 320-page guidebook



SAVE 15%

Dream Wisdom Oracle

46 Cards and Guidebook

Greg Mahr, M.D., and Heather Taylor-Zimmerman, Ph.D.

"Dream Wisdom Oracle is a magical tool for inner work, spiritual growth, psychic creativity, and archetypal expression. It is a divination matrix that guides the user into a deepening relationship with the cosmos." —Susan Rowland, Ph.D., author of *Jung: A Feminist Revision*

Created by a psychologist-artist and a psychiatrist, this oracle deck will help you harness your dreams for personal growth and healing. This deck includes 46 full-color cards that explore common dream plots, settings, feelings, and figures. They provide guidance on remembering dreams and interacting with them, inducing lucid dreams, and the wisdom of nightmares.

979-8-88850-045-3 • \$30.00 **\$24.00** boxed set • 5.25 x 7.5 • 46 color cards and 256-page book



SAVE 20%

The Original Petit Etteilla

A Cartomancer's Guide to Divination

Caitlín Matthews and Rebecca Birrell

"The Original Petit Etteilla is a wonderfully presented and approachable introduction to a historic card-reading system. The 'Framing Your Question' chapter is especially helpful, setting the tone for meaningful readings. . . I highly recommend this card deck."

—Jen Sankey, author of *Enchanted Forest Felines Tarot* and *Manifesting by the Moon*

Providing the first English edition of Etteilla's seminal text on cartomancy, this book comes with an Etteilla deck and tutorial for making your own cards. Caitlín Matthews and Rebecca Birrell offer eight Etteilla card spreads, with variations. They explore how Etteilla's 1770 methods set the standard for most European cartomantic divination systems that followed.

979-8-88850-301-0 • \$35.00 **\$28.00** boxed set • 6 x 9 • 33 color cards and 352-page color book



SAVE 20%

Mini Tarot

Rider Waite Smith

Margot Robert-Winterhalter / Illustrated by Nicolas Galkowski

Presenting a new interpretation of Pamela C. Smith's iconic images from the Rider-Waite-Smith Tarot, this 78-card full-color mini deck explores the fundamental concepts of the cards in a way that combines tradition and intuition. The booklet features each card of both the Major and Minor Arcana with three or four keywords and a few sentences that highlight the main aspects and meanings of the card.

979-8-88850-179-5 • \$19.99 **\$16.99** boxed set • 3 x 4.33 • 78 color cards with gilded edges and 104-page full-color booklet



SAVE 15%

Tarot as Storyteller

Psychic Development, Cartomancy, and Reading the Web of Fate

Salicrow

Psychic medium Salicrow reveals how to read divination cards with greater accuracy and more profound insight. She explores cartomancy as psychic storytelling, outlining techniques to develop intuition, psychic ability, and analytical questioning. With exercises in activated prayer, spell work, and guided journeys, readers are introduced to the Major Arcana as personal experiences.

979-8-88850-206-8 • \$22.99 **\$19.54** pb • 320 pages, 6 x 9 • 96 b&w illustrations • e-book and audiobook available



SAVE 15%



Mind over Magick

The Psychology of Ritual Magick

Richard Kaczynski

"Mind over Magick presents a compelling exploration of ritual magick through the lens of psychology and cognitive neuroscience, revealing how structured symbolic practices produce significant shifts in the magician's perceptions, emotions, and behavior."

—Dean Radin, MS, PhD, chief scientist at the Institute of Noetic Science (IONS) and author of *The Science of Magic*

With peer-reviewed research in psychology, neuroscience, and real-time brain imaging, Kaczynski examines mystical states and magical practice. He shows how being "in the zone," as described by athletes, is consistent with the ritualist's state of mind when working magic. With empirically proven tools, he suggests ways to strengthen your practice of magic, meditation, and yoga.

978-1-64411-964-8 • \$24.99 \$21.24 pb • 352 pages, 6 x 9 • 72 b&w illustrations • e-book and audiobook available



The Sword of Song

Called by Christians The Book of the Beast

Aleister Crowley / Edited by Richard Kaczynski

"The Sword of Song is the troubadour's voice of a young Aleister Crowley pouring ecstatically from the breast of his soul on the threshold of his great awakening. A masterpiece. A symphony. A divine nightingale's prayer."

—Lon Milo Duquette, author of *The Magick of Aleister Crowley*

In this annotated edition, renowned Crowley biographer Richard Kaczynski presents Crowley's preferred text for this work, drawing on all existing draft manuscripts and unpublished margin notes from Crowley's copies of the book. Kaczynski clarifies all the significant changes throughout the book's iterations and explains the many occult and popular culture references.

979-88850-151-1 • \$95.00 \$76.00 Deluxe hardcover with slipcase • 464 pages, 7 x 10 • Two-color throughout e-book available

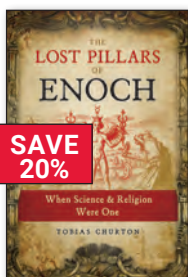
The Sorcerer's Scholar

The High Magic and Spells of the Middle Ages

Claude Lecouteux

Through meticulous study of medieval manuscripts, Claude Lecouteux has become renowned in esoteric circles for his examinations of the myths and magical practices of the Middle Ages. This collection contains *Dictionary of Ancient Magic Words and Spells*, *Traditional Magic Spells for Protection and Healing*, and *The High Magic of Talismans and Amulets* in which Lecouteux analyzes over 7,000 spells and provides a history of the use of talismans and amulets from the Middle Ages to today.

979-8-88850-239-6 • \$95.00 \$61.75 hardcover • 1056 pages, 6 x 9 • 344 b&w illustrations • e-book available



The Lost Pillars of Enoch

When Science and Religion Were One

Tobias Churton

"Highly informative, eye-opening, and uplifting, this book takes you on a provocative journey to discover the roots of human knowledge and fills you with hope that we may one day regain our lost ancient heritage."

—Joanna Gillian, chief editor of *Ancient Origins*

At the dawn of human civilization there existed a unified scientific and spiritual understanding of the universe. Tobias Churton traces the fragments of this sacred knowledge as it descended through the ages into initiated circles, showing how the lost pillars stand as a twenty-first century symbol for reattaining our heritage.

978-1-64411-043-0 • \$24.99 \$19.99 pb • 336 pages, 6 x 9 • 77 b&w illustrations • e-book and audiobook available

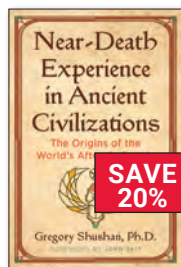
Near-Death Experience in Ancient Civilizations

The Origins of the World's Afterlife Beliefs

Gregory Shushan, Ph.D. / Foreword by John Tait

Revealing the powerful influence of near-death experiences (NDEs) on religious beliefs and ritual practices throughout human history, Gregory Shushan, Ph.D., explores the ancient afterlife beliefs of five world regions: Egypt, Sumer and Mesopotamia, India, China, and Maya and Aztec Mesoamerica, revealing their similarities in NDEs and comparing them with each other.

978-1-64411-868-9 • \$24.99 \$19.99 pb • 320 pages, 6 x 9 • e-book and audiobook available



The Stained Glass Tarot

An Illuminated Journey through the Cards

James Edward

This 78-card tarot deck draws the reader into a meditative state as they contemplate the cards one by one or in a spread, gleaning insights from the mystical symbolism of the tarot archetypes and the stunning stained-glass-inspired artwork. The guidebook provides meanings for each card as well as exploring their esoteric symbolism.

979-8-88850-082-8 • \$35.00 \$22.75 boxed set, 6 x 9 • 78 color cards and 336-page book

FEATURED TITLES



SAVE 15%

The Original Zodiac

What Ancient Astrology Reveals About You

Graham Phillips

"Graham Phillips brings current scientific evidence for astrology together with a rediscovery of the original zodiac in this fascinating and thought-provoking book. Reliable, accessible, and intriguing, it opens new windows into ancient wisdom that we today sorely need." –Lynn Picknett and Clive Prince, authors of *When God Had a Wife*

Graham Phillips explores ancient Mesopotamian astrology, which originated with the creators of Göbekli Tepe. He details the system's eighteen zodiac signs and shares his decades-long research to decipher the meanings behind each of them. Phillips reveals how the original zodiac can enrich our understanding of astrology, personal relationships, and our sense of self and destiny.

978-1-59143-541-9 • \$16.99 **\$14.44** pb • 208 pages, 6 x 9 • 19 b&w illustrations • e-book and audiobook available

The Illustrated Field Guide to DMT Entities

Machine Elves, Tricksters, Teachers, and Other Interdimensional Beings

David Jay Brown and Sara Phinn Huntley

"The psychedelic version of Fantastic Beasts and Where to Find Them. We know where to find them, and now we know what to expect. New species will be discovered, others may die out; but this compendium of DMT beings provides a most exhaustive snapshot of our day's varieties."

–Rick Strassman, M.D., author of *DMT: The Spirit Molecule*

In this illustrated handbook, psychedelic explorer David Jay Brown and visionary artist Sara Phinn Huntley profile 25 of the most commonly encountered DMT and Ayahuasca entities, from "Self-Transforming Machine Elves" and insectoid Mantis Beings, to Reptilians and Gray Aliens, to Nature spirits and divine beings, including Gaia, angels and deities from world spiritual traditions.

978-1-64411-919-8 • \$24.99 **\$19.99** pb • 352 pages, 6 x 9 • Full-color throughout • e-book available



SAVE 20%



SAVE 20%

Cat Magic

Mews, Myths, and Mystery

Patricia Telesco

Mysterious and independent, cunning and fierce, gentle and affectionate, cats have charmed their way into our folklore, history, and art. Here is a fascinating tour of the different roles cats have played in human experience, with over 150 illustrations documenting the importance of cats in our mythology, totems, spells, and other rituals.

978-0-89281-774-0 • \$16.95 **\$13.56** pb • 176 pages, 7 x 7 • 152 b&w illustrations

The 6D Ascension Journey

Activating the Light Codes in Our 12-Strand DNA

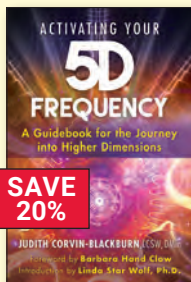
Judith Corvin-Blackburn, LCSW, DMin / Foreword by Barbara Hand Clow

As 3D/4D humans, 10 of our 12 strands of DNA are shut down. In this guide to 5D/6D spiritual evolution and ascension, Judith Corvin-Blackburn offers meditations, tools, and insights to awaken our dormant strands of DNA, activate their embedded light codes, and use our 6D gifts to change our world.

978-1-59143-546-4 • \$18.00 **\$14.40** pb • 272 pages, 6 x 9 • 12 b&w illustrations • e-book and audiobook available



SAVE 20%



SAVE 20%

Activating Your 5D Frequency

A Guidebook for the Journey into Higher Dimensions

Judith Corvin-Blackburn, LCSW, DMin / Foreword by Barbara Hand Clow

Introduced by Linda Star Wolf, Ph.D.

Learn what is happening psychologically, emotionally, and socially with the dimensional shift to 5D. The author offers transformative activations and tools to help heal emotional wounds, overcome fears and resistances, and discover the higher vibrations of unconditional love.

978-1-59143-380-4 • \$18.00 **\$14.40** pb • 304 pages, 6 x 9 • 2 b&w illustrations • e-book and audiobook available

The Book of Stones

Who They Are and What They Teach

Robert Simmons and Naisha Ahsian / With contributions by Hazel Raven

Offering an alphabetical journey through the mineral kingdom, this comprehensive reference guide explores 455 crystals, minerals, gemstones, and their metaphysical energies. Each entry includes a vivid color photograph to aid identification and showcase each stone's beauty, as well as listing its scientific information, its element and chakra correspondences, and its physical, emotional, and spiritual benefits.

978-1-64411-385-1 • \$29.99 **\$25.49** pb • 560 pages, 7 x 10.88 • Full-color throughout • e-book available



SAVE 15%



The Sacred Biodiversity Oracle

A 36-Card Deck and Guidebook

Angela Manno

"In her remarkable animal portraits, Angela Manno has found a way to combine exactitude with meaning in the faces of her subjects, no less than if they were in Nature's studio looking out to the friendly observer."

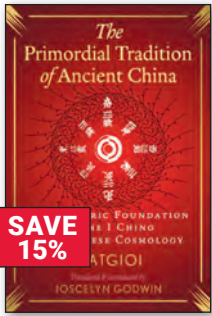
—Edward O. Wilson, eminent conservation biologist, Research Professor Emeritus, Harvard University, and founder of the Half-Earth Project

Exploring the richness and necessity of biodiversity, this 36-card full-color deck features the work of world-renowned artist Angela Manno and reveals how the loss of biodiversity is leading to the warming of our planet. She presents each threatened species in a traditionally religious form—the icon—to illustrate its true significance.

978-1-59143-503-7 • \$30.00 **\$25.50** boxed set • 5.25 x 7.5 • 36 color cards and 160-page color booklet



SAVE
15%



SAVE
15%

The Primordial Tradition of Ancient China

The Esoteric Foundation of the I Ching and Chinese Cosmology

Matgioi / Translated by Joscelyn Godwin

"This is an awe-inspiring book on the Chinese Primordial Tradition, written by one of the few Europeans who was able to penetrate its profound wisdom. Admirably translated from French and introduced by Joscelyn Godwin, Matgioi's text speaks to the reader with diamond-like clarity and force." —Christopher McIntosh, author of *Occult Russia*, *Occult Germany*, and *The Call of the Old Gods*

First published in French in 1905, Matgioi's book shares a deep understanding of the cosmological foundations of the I Ching. The translator's introduction tells how Matgioi was initiated into a Taoist secret society, allowing rare access to the perennial wisdom of that tradition, and how his work became the metaphysical core of the Traditionalist movement.

979-8-88850-146-7 • \$30.00 **\$25.50** hardcover • 192 pages, 6 x 9 • 16 b&w illustrations • e-book available

Quantum Aikido

The Power of Harmony

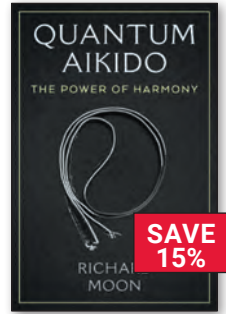
Richard Moon

"Richard Moon has always liked delving into the energy aspects of life. Quantum Aikido, his latest endeavor, is a very useful and wonderfully engaging book."

—Robert Nadeau, 8th Dan, Aikido master teacher and direct disciple of Aikido founder Morihei Ueshiba

Drawing on quantum physics, Richard Moon explores and defines the energetics of Aikido. He describes key concepts of Aikido such as *musubi* (to tie together), connection, and reconciliation to re-link the individual with the universal. Moon provides simple yet profound ways to enhance personal and professional relationships, diffuse threatening situations, and live a harmonious life.

978-1-64411-977-8 • \$19.99 **\$16.99** pb • 224 pages, 6 x 9 • 3 b&w illustrations • e-book available



SAVE
15%



SAVE
15%

Invoking the Wild Soul of Music

Hélène Grimaud with Stéphane Barsacq

"Hélène Grimaud is a phenomenon! A world-renowned pianist, a gifted author, and an effective advocate of nature's wilderness, she embodies what we all could aspire to—being our best selves. This book is incredibly inspiring, revealing, and intelligent."

—Thomas Moore, psychotherapist, teacher, musician, and author of the New York Times bestseller *Care of the Soul*

Internationally acclaimed piano virtuoso and founder of the Wolf Conservation Center, Hélène Grimaud shares her musical life's journey and how direct contact with nature since childhood has taught her inspiring spiritual lessons. She shows how connecting with nature can help you discover your true calling, release your hidden talents, and lead to spiritual growth.

979-8-88850-215-0 • \$24.99 **\$21.24** pb • 224 pages, 6 x 9 • e-book available

Déjà Rêvé and Love at Second Sight

The Experience of Meeting in Dreams before Meeting in Life

Daniel Bourke / Foreword by Gary Lachman

"In my work, I've seen how synchronicity guides people into unexpected intimacy. Here, in Déjà Rêvé and Love at Second Sight, the bridge between dream and reality becomes a pathway to love."

—Bernard Beitman, M.D., author of *Life-Changing Synchronicities* and *Meaningful Coincidences*

More than just a familiar sense, moments of *déjà rêvé* (meaning "already dreamed") are tied to specific dreams, often inspiring life changes. Daniel Bourke presents accounts of *déjà rêvé* from ancient folktales, historical letters, and modern internet reports. He documents dream-related folklore practices, including charms and spells to induce prophetic dreams of a future lover.

979-8-88850-271-6 • \$24.99 **\$21.24** pb • 320 pages, 6 x 9 • e-book available



SAVE
15%



SAVE 15%

Military Encounters with Extraterrestrials

The Real War of the Worlds

Frank Joseph

"By equal measures, intriguing and terrifying. If just one of these incidents occurred as described in this book, our history books will need to be rewritten."

—Nick Pope, U.K. Ministry of Defense (ret.), investigator of UFO sightings for Secretariat 1991–1994

In this comprehensive military history of armed confrontations between humans and extraterrestrials in the 20th and 21st centuries, Frank Joseph provides verifiable evidence of incidents from both World Wars, the Korean War, Vietnam War, and Gulf War, as well as recent examples such as alien involvement at the Fukushima meltdown.

978-1-59143-324-8 • \$20.00 **\$17.00** pb • 320 pages, 6 x 9 • 79 b&w illustrations • e-book and audiobook available

The Empires of Atlantis

The Origins of Ancient Civilizations and Mystery Traditions throughout the Ages

Marco M. Vigato

"For the complete library of all things Atlantis, Marco Vigato has written the kind of indispensable resource that fills in the details of this immense story as very few have." —J. Douglas Kenyon, author of *Ghosts of Atlantis*

Combining recent discoveries in the fields of archaeology, geology, anthropology, and genetics with the mystery teachings of antiquity, Marco Vigato traces the course of Atlantean civilization through its three empires as well as the colonies and outposts formed by its survivors in Egypt, Göbekli Tepe, India, Mesopotamia, the Mediterranean, and North and South America.

978-1-59143-433-7 • \$25.00 **\$20.00** pb • 416 pages, 6 x 9 • 32-page color insert and 51 b&w illustrations • e-book and audiobook available



SAVE 20%



SAVE 15%

Ancient Alien Ancestors

Advanced Technologies That Terraformed Our World

Will Hart

"A valuable contribution to the literature on the origin of life on our planet. The current mainstream scientific explanations do not work." —Michael A. Cremo, author of *Forbidden Archeology and Human Devolution*

Sharing scientific evidence of alien involvement with life on our planet, the author refines the theory of directed panspermia—that life was intentionally seeded on Earth by extraterrestrials—and shows that advanced ETs are our ancestors and as human as we are.

978-1-59143-253-1 • \$20.00 **\$17.00** pb • 384 pages, 6 x 9 • 30 b&w illustrations • e-book available

The Stones of Time

Calendars, Sundials, and Stone Chambers of Ancient Ireland

Martin Brennan

The Stones of Time presents one of the most dramatic archaeological detective stories of our time. Predating Stonehenge by at least a thousand years, the stone complexes of ancient Ireland have been extensively studied, yet have refused to give up their mystery. The most complete record of Irish megalithic art ever published.

978-0-89281-509-8 • \$19.95 **\$14.96** pb • 216 pages, 6.75 x 9.38 • 300 b&w illustrations



SAVE 25%



SAVE 20%

Star Ancestors

Extraterrestrial Contact in the Native American Tradition

Nancy Red Star

Stories of "Sky Elders" are found in virtually every Indian culture, embedded in art, stories, and artifacts. Nancy Red Star interviews wisdomkeepers who confirm that these original instructions can guide us back into balance with natural laws.

978-1-59143-143-5 • \$20.00 **\$16.00** pb • 224 pages, 6 x 9 • Full-color throughout

Secrets of Ancient America

Archaeoastronomy and the Legacy of the Phoenicians, Celts, and Other Forgotten Explorers

Carl Lehrburger

"... This work proves beyond any doubt that many cultures from around the world came to the Americas and permanently left evidence of their extensive knowledge in the rocks and people who inhabited this land." —Scott Wolter, forensic geologist, author, and host of the popular TV series *America Unearthed*

This book provides more than 300 photographs and drawings of sites, relics, and rock art as evidence that trans-Atlantic and trans-Pacific explorers, miners, and settlers made it to the Americas long before 1492. Expanding upon the work of diffusionists such as Barry Fell and Gunnar Thompson, it exposes as myth the narrative that Columbus discovered America.

978-1-59143-193-0 • \$30.00 **\$18.00** pb • 480 pages, 6.63 x 9.5 • 343 b&w illustrations • e-book available



SAVE 40%



Forgotten Civilization

New Discoveries on the Solar-Induced Dark Age

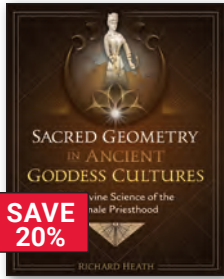
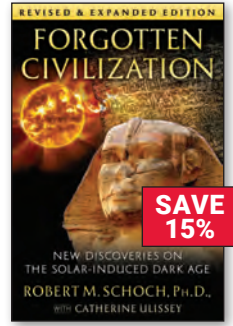
Robert M. Schoch, Ph.D., with Catherine Ulissej

"Forgotten Civilization distills all that has happened since into a simple conclusion: that solar activity ended the last cycle of high culture and may destroy ours in turn. Schoch is no scaremonger, no hawk or a pet theory. What we do with this knowledge is up to us, but once digested, it changes everything."

—Joscelyn Godwin, author of *Atlantis and the Cycles of Time*

In this newly revised and expanded edition, updated throughout with recent developments and additional illustrations, geologist Robert Schoch builds upon his revolutionary theory that the origins of the Sphinx date back much further than 2500 BCE and examines scientific evidence of the catastrophe that destroyed early high culture nearly 12,000 years ago.

978-1-64411-292-2 • \$24.99 **\$21.24** pb • 560 pages, 6 x 9 • 16-page color insert and 38 b&w illustrations
e-book and audiobook available



Sacred Geometry in Ancient Goddess Cultures

The Divine Science of the Female Priesthood

Richard Heath

"I have been reading and learning from Richard Heath's books over the last 20 years; Sacred Geometry in Ancient Goddess Cultures is the best he has written, compiling the knowledge and experience gained in previous books into a single masterpiece." —Noor Bosra, author of *Plato and The Quran*

Long before Pythagoras and Plato, there existed matrilineal societies around the Mediterranean, led by women with a sophisticated understanding of astronomy and sacred science. In this detailed exploration, Richard Heath decodes the cosmological secrets hidden by ancient goddess-centered cultures on the islands of Malta and Crete and at Göbekli Tepe in Turkey.

978-1-64411-655-5 • \$48.00 **\$38.40** hardcover • 256 pages, 8 x 10 • Full-color throughout • e-book available

Rediscovering Turtle Island

A First Peoples' Account of the Sacred Geography of America

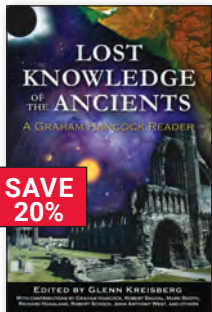
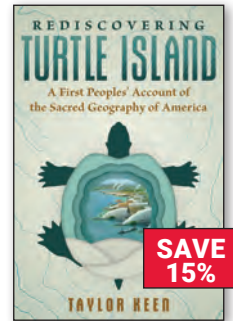
Taylor Keen

"Not only are the ancient earthworks scientifically and astronomically complex but Keen unveils they are all connected across the entire continent. . . . Simply incredible research."

—Scott Wolter, host of History 2 (H2) Channel's *America Unearthed*, world-renowned forensic geologist

Drawing on firsthand Indigenous accounts, oral traditions, historical writings, and his own experience, Taylor Keen presents a comprehensive re-imagining of the history of North America. Helping to give renewed voice to the immemorial cultures of Turtle Island, he reveals an alternative vision of the continent's geography and the significance of our past and future presence here.

978-1-59143-520-4 • \$20.00 **\$17.00** pb • 208 pages, 6 x 9 • 70 b&w illustrations • e-book and audiobook available



Lost Knowledge of the Ancients

A Graham Hancock Reader

Glenn Kreisberg

"This incredible anthology introduces the revolutionary work of cutting-edge researchers who are currently defining a new view of not only the high level of science and technology in the remote past but also the relationship of humanity to cosmic cycles over vast expanses of time. Lost Knowledge of the Ancients may hold the key to our future."

—Robert M. Schoch, Ph.D., author of *Voyages of the Pyramid Builders* and *Pyramid Quest*

This anthology, selected by Graham Hancock, presents alternative theories on history, the origins of civilization, ancient technology, and the nature of consciousness. Topics range from the effect of cosmic rays on human evolution to NASA's cover-up of ancient Martian civilizations.

978-1-59143-117-6 • \$18.00 **\$14.40** pb • 256 pages, 6 x 9 • 50 b&w illustrations • e-book available

Advanced Civilizations of Prehistoric America

The Lost Kingdoms of the Adena, Hopewell, Mississippians, and Anasazi

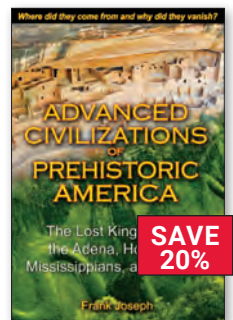
Frank Joseph

"Advanced Civilizations of Prehistoric America contains much tinder for the fires of controversy regarding pre-Columbian civilizations that rose, flourished, and fell in North America. Frank Joseph has written a startling book with much evidence to consider."

—Scott H. Colborn, host of *Exploring Unexplained Phenomena*

Frank Joseph reveals that modern civilization in North America was preceded by four advanced cultures—the Adena, Hopewell, Mississippian, and Anasazi-Hohokam—that rose and fell over the past three thousand years. How they achieved greatness and why they vanished so completely are explored in this unconventional prehistory.

978-1-59143-107-7 • \$24.99 **\$19.99** pb • 328 pages, 6 x 9 • 8-page color insert • e-book available





The Mysterious Life and Faked Death of Jesse James: Based on Family Records, Forensic Evidence, and His Personal Journals by Daniel J. Duke and Teresa F. Duke. A deep investigation into historical documents that prove the notorious outlaw Jesse James faked his own death.
978-1-62055-966-6 • 208 pages, 6 x 9 pb • 24 b&w illustrations • e-book and audiobook/ • \$16.99 **\$13.59**



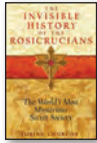
First Templar Nation: How Eleven Knights Created a New Country and a Refuge for the Grail by Freddy Silva. Overturns the long-established historical narrative about the origins and purpose of the Knights Templar.
978-1-62055-654-2 • 448 pages, 6 x 9 pb • 139 b&w illustrations • e-book/ • \$19.95 **\$15.96**



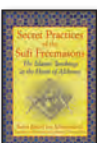
Mysteries of the Round Towers: The Subtle Energies of the Stone Structures of Ireland by Christopher Freeland / Foreword by Jeremy Massey. An investigation of the round towers of Ireland and Scotland.
978-1-59143-528-0 • 208 pages, 6 x 9 pb • 7 b&w illustrations • e-book/ • \$22.00 **\$17.60**



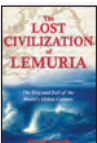
Sheela na gig: The Dark Goddess of Sacred Power by Starr Goode. Traces the origins of the Sheela na gig from Medieval times to Paleolithic cave art.
978-1-62055-595-8 • 384 pages, 8 x 10 hardcover
155 b&w illustrations • e-book/ • \$35.00 **\$28.00**



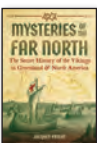
The Invisible History of the Rosicrucians: The World's Most Mysterious Secret Society by Tobias Churton. The first complete historical and philosophical investigation into the "invisible fraternity" of the Rosicrucians.
978-1-59477-255-9 • 576 pages, 6 x 9 pb
74 b&w illustrations • e-book/ • \$29.99 **\$23.99**



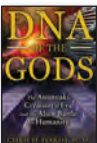
Secret Practices of the Sufi Freemasons: The Islamic Teachings at the Heart of Alchemy by Baron Rudolf von Sebottendorf, founder of the Thule Society / Translation and introduction by Stephen E. Flowers, Ph.D. Reveals the secret spiritual exercises of the Bektashi Order of Sufis.
978-1-59477-468-3 • 144 pages, 6 x 9 pb • e-book/ • \$14.95 **\$11.96**



The Lost Civilization of Lemuria: The Rise and Fall of the World's Oldest Culture by Frank Joseph. A compelling new portrait of the lost realm of Lemuria, the original motherland of humanity.
978-1-59143-060-5 • 360 pages, 6 x 9 pb • 47 b&w illustrations • e-book/ • \$20.00 **\$16.00**



Mysteries of the Far North: The Secret History of the Vikings in Greenland and North America by Jacques Privat / Foreword by Claude Lecouteux. Presents evidence of early Norse settlement in Greenland and North America.
978-1-64411-447-6 • 456 pages, 6 x 9 pb • 8-page color insert and 36 b&w illustrations • e-book and audiobook/ • \$35.00 **\$28.00**



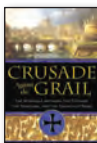
DNA of the Gods: The Anunnaki Creation of Eve and the Alien Battle for Humanity by Chris H. Hardy, Ph.D. An in-depth study of humanity's Anunnaki origins and the Anunnaki battle for an intelligent versus enslaved humanity.
978-1-59143-185-5 • 264 pages, 6 x 9 pb • 8-page color insert and 27 b&w illustrations • e-book and audiobook/ • \$18.00 **\$14.40**



Black Freemasonry: From Prince Hall to the Giants of Jazz by Cécile Révauger. The history of black Freemasonry from Boston and Philadelphia in the late 1700s through the Civil War to the Civil Rights Movement.
978-1-62055-487-6 • 320 pages, 6 x 9 hardcover
29 b&w photographs • e-book and audiobook/ • \$29.95 **\$23.96**



Lucifer's Court: A Heretic's Journey in Search of the Light Bringers by Otto Rahn. Explains why Lucifer the Light Bringer, god of the heretics, is a positive figure.
978-1-59477-197-2 • 256 pages, 6 x 9 pb • e-book/ • \$16.95 **\$13.56**



Crusade Against the Grail: The Struggle between the Cathars, the Templars, and the Church of Rome by Otto Rahn. The first English translation of the book that reveals the Cathar stronghold at Montségur to be the repository of the Holy Grail.
978-1-59477-135-4 • 256 pages, 6 x 9 pb • e-book/ • \$16.95 **\$13.56**



The Lost Tomb of King Arthur: The Search for Camelot and the Isle of Avalon by Graham Phillips. One man's journey to uncover the final resting place of the historical King Arthur.
978-1-59143-181-7 • 304 pages, 6 x 9 pb • 16-page color insert and 27 b&w illustrations • e-book/ • \$20.00 **\$16.00**



The Mystery of Doggerland: Atlantis in the North Sea by Graham Phillips. A scientific exploration of the advanced ancient civilization known as Doggerland or Fairland that disappeared 5,000 years ago.
978-1-59143-423-8 • 224 pages, 6 x 9 pb
16-page color insert and 24 b&w illustrations • e-book and audiobook/ • \$20.00 **\$16.00**



Ancient Giants: History, Myth, and Scientific Evidence from around the World by Xaviant Haze. Investigates physical evidence, history, and myths to reveal the lost race of giants that once dominated the world.
978-1-59143-293-7 • 192 pages, 6 x 9 pb
97 b&w illustrations • e-book/ • \$16.00 **\$12.80**



The Velikovsky Heresies: Worlds in Collision and Ancient Catastrophes Revisited by Laird Scranton. A reexamination of Immanuel Velikovsky's controversial Venus theories in light of new astronomical and archaeological findings.
978-1-59143-139-8 • 160 pages, 6 x 9 pb • e-book/ • \$15.00 **\$12.00**



Sacred Symbols of the Dogon: The Key to Advanced Science in the Ancient Egyptian Hieroglyphs by Laird Scranton / Foreword by John Anthony West. Dogon cosmology provides a new Rosetta stone for reinterpreting Egyptian hieroglyphs.
978-1-59477-134-7 • 272 pages, 6 x 9 pb
5 b&w illustration • e-book/ • \$18.95 **\$15.16**



The Secrets of Masonic Washington: A Guidebook to Signs, Symbols, and Ceremonies at the Origin of America's Capital by James Wasserman. A fully illustrated guide to the Masonic origins and present-day Masonic sites of Washington, D.C.
978-1-59477-266-5 • 192 pages, 6 x 9 pb • 100 color and b&w illustrations • e-book/ • \$16.95 **\$13.56**



Astrology in Ancient Mesopotamia: The Science of Omens and the Knowledge of the Heavens by Michael Baigent. A detailed study of the earliest forms of astrology in Mesopotamia and their far-reaching hermetic influences from the Renaissance to the present day.
978-1-59143-221-0 • 256 pages, 6 x 9 pb • e-book/ • \$18.00 **\$14.40**



The Nine Waves of Creation: Quantum Physics, Holographic Evolution, and the Destiny of Humanity by Carl Johan Calleman, Ph.D. / Foreword by Barbara Hand Clow. A guide to aligning your life with the frequencies of the Nine Waves of Creation.
978-1-59143-277-7 • 320 pages, 6 x 9 pb
72 b&w illustration • e-book/ • \$20.00 **\$16.00**



Ancient Egypt 39,000 BCE: *The History, Technology, and Philosophy of Civilization X* by Edward F. Malkowski. A view into the sophisticated and highly advanced civilization that preceded the world of the pharaohs.
978-1-59143-109-1 • 344 pages, 6 x 9 pb • 188 b&w illustrations • e-book/ • \$24.00 **\$19.20**



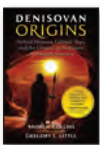
The First Female Pharaoh: *Sobekneferu, Goddess of the Seven Stars* by Andrew Collins. The cult, magic, reign, and resurrection of the first female ruler in Egypt.
978-1-59143-445-0 • 464 pages, 6.63 x 9.5 pb
16-page color insert and 99 b&w illustrations
e-book and audiobook/ • \$26.00 **\$20.80**



From the Ashes of Angels: *The Forbidden Legacy of a Fallen Race* by Andrew Collins. Provides convincing evidence that angels, demons, and fallen angels were flesh-and-blood members of a giant race predating humanity, spoken of in the Bible as the Nephilim.
978-1-879181-72-4 • 464 pages, 6 x 9 pb
20 line drawings • e-book/ • \$24.00 **\$19.20**



Origins of the Gods: *Qesem Cave, Skinwalkers, and Contact with Transdimensional Intelligences* by Andrew Collins and Gregory L. Little / Foreword by Erich von Däniken. A detailed examination of the role played by shamanism and communication with higher intelligences in the development of ancient civilizations.
978-1-59143-409-2 • 400 pages, 6.63 x 9.5 pb
16-page color insert and 63 b&w illustrations
e-book and audiobook/ • \$24.00 **\$19.20**



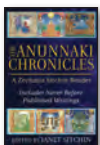
Denisovan Origins: *Hybrid Humans, Göbekli Tepe, and the Genesis of the Giants of Ancient America* by Andrew Collins and Gregory L. Little, Ed.D. Reveals the profound influence of the Denisovans and their hybrid descendants upon the flowering of human civilization around the world.
978-1-59143-263-0 • 432 pages, 6.63 x 9.5 pb
16-page color insert and 91 b&w illustrations
e-book and audiobook/ • \$24.00 **\$19.20**



The Giza Power Plant: *Technologies of Ancient Egypt* by Christopher Dunn. Dunn reveals that the Great Pyramid of Giza was actually a large acoustical device.
978-1-879181-50-2 • 320 pages, 6 x 9 pb
74 illustrations • e-book and audiobook/ • \$18.00 **\$14.40**



Lost Technologies of Ancient Egypt: *Advanced Engineering in the Temples of the Pharaohs* by Christopher Dunn. A unique study of the engineering and tools used to create Egyptian monuments.
978-1-59143-102-2 • 400 pages, 6 x 9 pb
43 color and 280 b&w illustrations • e-book and audiobook/ • \$25.00 **\$20.00**



The Anunnaki Chronicles: *A Zecharia Sitchin Reader* by Zecharia Sitchin / Edited and introduced by Janet Sitchin. An insider's look into the decades of research behind Zecharia Sitchin's books as well as an in-depth overview of his theories and discoveries.
978-1-59143-229-6 • 384 pages, 6 x 9 hardcover
100 b&w illustrations • e-book and audiobook/ • \$24.00 **\$19.20**



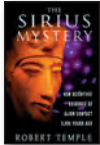
The 12th Planet (Book I) by Zecharia Sitchin. The product of thirty years of intensive research, *The 12th Planet* is the first book in Zecharia Sitchin's prophetic Earth Chronicles series.
978-0-939680-88-7 • 384 pages, 6 x 9 hardcover
e-book and audiobook/ • 24.00 **\$19.20**



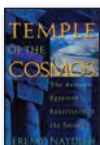
There Were Giants Upon the Earth *Gods, Demigods, and Human Ancestry: The Evidence of Alien DNA* by Zecharia Sitchin. The crowning work of the bestselling *Earth Chronicles* series.
978-1-59143-194-7 • 352 pages, 6 x 9 pb • 148 b&w illustrations • e-book and audiobook/ • \$16.00 **\$12.80**
978-1-59143-121-3 • hardcover • \$24.00 **\$19.20**



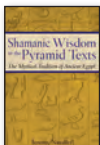
Origins of the Sphinx: *Celestial Guardian of Pre-Pharaonic Civilization* by Robert M. Schoch, Ph.D. and Robert Bauval. Evidence that the Sphinx is thousands of years older than previously thought.
978-1-62055-525-5 • 528 pages, 6 x 9 pb
16-page color insert and 247 b&w illustrations
e-book and audiobook/ • \$24.99 **\$19.99**



The Sirius Mystery: *New Scientific Evidence of Alien Contact 5,000 Years Ago* by Robert Temple. Convincing evidence that the Egyptian, Sumerian, and Dogon civilizations were founded by aliens from the Sirius star system who are now ready to return.
978-0-89281-750-4 • 464 pages, 6 x 9 pb
136 b&w illustrations • \$24.99 **\$19.99**



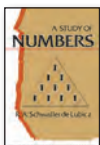
Temple of the Cosmos: *The Ancient Egyptian Experience of the Sacred* by Jeremy Naydler. In this guide to the cosmology of ancient Egypt, Jeremy Naydler recreates the experience of living in another time and place.
978-0-89281-555-5 • 320 pages, 6 x 9 pb • e-book/ • \$19.95 **\$15.96**



Shamanic Wisdom in the Pyramid Texts: *The Mystical Tradition of Ancient Egypt* by Jeremy Naydler. A radical reinterpretation of the Pyramid Texts as shamanic mystical wisdom rather than funerary rituals.
978-0-89281-755-9 • 480 pages, 6 x 9 pb • 135 b&w illustrations • e-book/ • \$26.95 **\$21.56**



Sacred Science: *The King of Pharaonic Theocracy* by R. A. Schwaller de Lubicz. A fully illustrated guide to the Masonic origins and present-day Masonic sites of Washington, D.C.
978-0-89281-222-6 • 320 pages, 6 x 9 pb
\$19.95 **\$15.96**



A Study of Numbers: *A Guide to the Constant Creation of the Universe* by R. A. Schwaller de Lubicz. This is a masterly account of the living, universal, qualitative, and causal reality of numbers.
978-0-89281-112-0 • 80 pages, 5.38 x 8.25 pb
e-book/ • \$12.95 **\$10.36**



Symbol and the Symbolic: *Ancient Egypt, Science, and the Evolution of Consciousness* by R. A. Schwaller de Lubicz. Symbolism is the intuitive means of overcoming the limitations of reason.
978-0-89281-022-2 • 96 pages, 5.38 x 8.25 pb
\$12.95 **\$10.36**



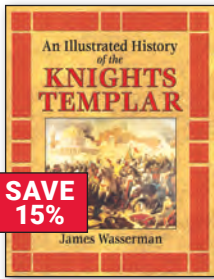
Moses and Akhenaten: *The Secret History of Egypt at the Time of the Exodus* by Ahmed Osman. A reinterpretation of biblical and Egyptian history that shows Moses and the Pharaoh Akhenaten to be one and the same.
978-1-59143-004-9 • 280 pages, 6 x 9 pb • 8-page b&w insert • e-book/ • \$20.00 **\$16.00**



The Mayan Factor: *Path Beyond Technology* by José Argüelles. This is the extraordinary book that initiated the Harmonic Convergence in August 1987 and awakened the world to the Mayan Calendar.
978-0-93968-038-2 • 224 pages, 7 x 9 pb • e-book/ • \$16.00 **\$12.80**



Discover Atlantis: *A Guide to Reclaiming the Wisdom of the Ancients* by Diana Cooper. A guide to one of the world's most mysterious civilizations.
978-1-84409-104-1 • 272 pages, 5.5 x 8.5 pb
135 b&w illustration • e-book/ • \$18.99 **\$15.19**



An Illustrated History of the Knights Templar

James Wasserman

With period illustrations and manuscripts from the Crusades, interpretive romantic paintings from the 18th and 19th centuries, and contemporary photos by Steven Brooke and others of former Templar strongholds in Europe and Jerusalem, James Wasserman provides a fascinating history of the Order and the many mysteries and legends that surround it.

978-1-59477-117-0 • \$29.99 **\$25.49** pb • 192 pages, 8.5 x 11 • 175 color illustrations

The Morning of the Magicians

Secret Societies, Conspiracies, and Vanished Civilizations

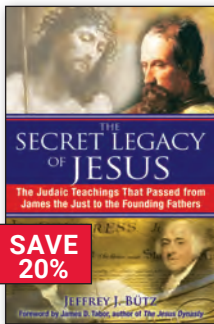
Louis Pauwels and Jacques Bergier

"A must read . . . contains a lot of gems and wonderful food for thought."

—Institute for Hermetic Studies, Jan 2009

This groundbreaking, international bestseller popularized occultism, alchemy, and paranormal phenomena in the 1960s. It provides insights into our perceptions of reality, telepathy, mutants, and parallel universes, reveals occult influences on the Nazis, and introduces the alchemist Fulcanelli.

978-1-59477-231-3 • \$19.95 **\$13.97** pb • 448 pages, 6 x 9



The Secret Legacy of Jesus

The Judaic Teachings That Passed from James the Just to the Founding Fathers

Jeffrey J. Bütz / Foreword by James D. Tabor, Ph.D.

"Bütz . . . is eminently readable and accessible to nonscholars while being thorough in [his] research. [He] challenges readers to rethink the nature of both orthodoxy and heresy."

—Publishers Weekly

The true teachings of Jesus are thought to have been expunged by the Church of Paul. But an underground stream of Christ's original teachings survived, surfacing eventually in America where the Founding Fathers used these principles to establish a "New Jerusalem."

978-1-59477-307-5 • \$22.99 **\$18.39** pb • 400 pages, 6 x 9 • 43 b&w illustrations • e-book available

Secret Societies of America's Elite

From the Knights Templar to Skull and Bones

Steven Sora

" . . . a simply fascinating, authoritative, strongly recommended study of a metaphysical aspect of human history not shown in most textbooks." —The Midwest Book Review

Secret societies have played critical roles in building the fortunes of America's elite. They continue to wield power even today as organizations such as Yale's Skull & Bones unite America's modern ruling families as strongly as Masonic Lodges once connected the Astors, Livingstons, and Roosevelts.

978-0-89281-959-1 • \$20.00 **\$16.00** pb • 336 pages, 6 x 9 • e-book available



The Lost History of the Little People

Their Spiritually Advanced Civilizations around the World

Susan B. Martinez, Ph.D.

All cultures have legends about prehistoric forebears of short stature who survived the Great Flood and initiated the first sacred traditions. From the squat "gods" of Mexico and Peru to the fairy kingdom of Europe and the blond pygmies of Madagascar, these little people are remembered as masters of stone carving, agriculture, navigation, writing, and shamanic healing.

978-1-59143-145-9 • \$22.00 **\$17.60** pb • 400 pages, 6 x 9 • 187 b&w illustrations • e-book available

The Sphinx Mystery

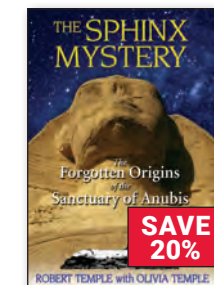
The Forgotten Origins of the Sanctuary of Anubis

Robert Temple with Olivia Temple

Robert Temple reveals that the Sphinx was originally a monumental Anubis, the Egyptian jackal god, and its head was later re-carved in the likeness of Pharaoh Amenemhet II.

Surrounded by a moat—called Jackal Lake in the Pyramid Texts—and containing hidden chambers, the Sphinx was a center for religious ceremonies in ancient times.

978-1-59477-271-9 • \$36.99 **\$29.59** pb • 576 pages, 6 x 9 • 338 color and b&w illustrations • e-book available



Dendera, Temple of Time

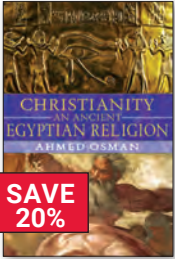
The Celestial Wisdom of Ancient Egypt

José María Barrera / Foreword by Bob Brier, Ph.D.

"Brilliant photographs are accompanied by the precise locations. This is an exceptionally well-suited introduction into early astronomy and concepts of time of this advanced civilization for interested non-professionals and professionals likewise." –Dr. Daniela Mendel-Leitz, Egyptology Department, Institute for Ancient Near Eastern Studies (IANES) at Tübingen University

Drawing on more than 5,000 high-resolution photographs he has taken at the Temple of Dendera in Egypt, photographer and computer scientist José María Barrera presents a complete full-color photographic reconstruction of the ceiling of the portico at Dendera and reveals in detail how each panel represents the sophisticated astronomical knowledge of ancient Egypt.

978-1-64411-834-4 • \$60.00 **\$39.00** hardcover • 208 pages, 12 x 9 • Full-color throughout • e-book available



Christianity: An Ancient Egyptian Religion

Ahmed Osman

Osman contends that the roots of Christian belief spring not from Judaea but from Egypt. Comparing the Old Testament with ancient Egyptian records, he shows that major characters—including Solomon, David, Moses, and Joshua—and major tenets of Christianity—the One God, the Trinity, the hierarchy of heaven, life after death, and the virgin birth—are Egyptian in origin. He likewise provides a convincing argument that Jesus himself came out of Egypt.

978-1-59143-046-9 • \$20.00 **\$16.00** pb • 304 pages, 6 x 9 • 16-page b&w insert and 12 b&w illustrations e-book available

Giza: The Tesla Connection

Acoustical Science and the Harvesting of Clean Energy

Christopher Dunn

"Giza: The Tesla Connection is by far the most important, detailed and convincing case ever made for a lost advanced technology of prehistory that left its mark on the sublime works of the ancient Egyptians."

—Graham Hancock, author of *Fingerprints of the Gods, Magicians of the Gods, and America Before*

Sharing extensive new evidence and cutting-edge research that the Great Pyramid at Giza was built as an energy-harvesting machine, Christopher Dunn details how the ancient Egyptians were generating clean power for their civilization and reveals how the pyramid builders and the great inventor Nikola Tesla were drawing from the same universal knowledge.

978-1-59143-461-0 • \$24.00 **\$20.40** pb • 368 pages, 6 x 9 • 16-page color insert and 91 b&w illustrations e-book and audiobook available



The Temple of Man

R. A. Schwaller de Lubicz

One of the 20th century's most important works on metaphysics and science is now available in English. R. A. Schwaller de Lubicz's masterwork is the culmination of his exhaustive 12-year study at the great temple of Amun-Mut-Khonsu at Luxor, which is revealed to be an architectural encyclopedia of humanity and the universe. This authoritative study reveals the depths of the mathematical, medical, and metaphysical sophistication of ancient Egypt.

978-0-89281-570-8 • \$195.00 **\$136.50** hardcover with slipcase • Two 544-page volumes, 9 x 12 • 400 b&w illustrations

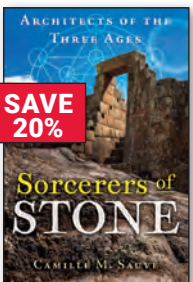
The Temples of Karnak

R. A. Schwaller de Lubicz

Photographs by Georges and Valentine de Miré

This magnificent volume is a detailed photographic record of the monuments, ruins, statues, and bas-reliefs of the ancient Egyptian temples of Karnak. In the years since these photographs were taken, vandalism has occurred at some of the sites, making this the most complete archaeological documentation available.

978-0-89281-712-2 • \$125.00 **\$87.50** hardcover with slipcase • 736 pages, 9 x 12 606 duotone photographs and 134 line illustrations



Sorcerers of Stone

Architects of the Three Ages

Camille M. Sauvé

Camille M. Sauvé examines sacred sites in Peru and their counterparts around the world, revealing how they share specific architectural characteristics that point to their creation by the same ancient culture. She explains the three architectural styles found at the majority of sacred sites and the sophisticated science behind their construction.

978-1-59143-508-2 • \$26.00 **\$20.80** pb • 304 pages, 6 x 9 • 16-page color insert and 134 b&w illustrations e-book available



SAVE 50%

\$168.00 if purchased separately

The Complete Earth Chronicles

Zecharia Sitchin

The culmination of the late Zecharia Sitchin's 30 years of research into the history and prehistory of humankind as recorded by the ancient civilizations of the Near East, this boxed set of hardcover collector's editions with enhanced maps and diagrams includes all 7 volumes of the Earth Chronicles series: *The 12th Planet*, *The Stairway to Heaven*, *The Wars of Gods and Men*, *The Lost Realms*, *When Time Began*, *The Cosmic Code*, and *The End of Days*.

978-1-59143-201-2 • \$99.00 **\$49.50** cased set of seven hardcover editions
384 pages, 336 pages, 384 pages, 304 pages, 416 pages, 304 pages, and 320 pages, 6 x 9

The Lost Book of Enki

Memoirs and Prophecies of an Extraterrestrial God

Zecharia Sitchin

What propelled the Anunnaki to settle on Earth and what drove them from their new home? Through meticulous research of every available primary source, Sitchin has recreated the memoirs of Enki, the leader of these ancient astronauts. An epic tale of gods and men unfolds that challenges every assumption we hold about our ancient history, our culture, and our future.

978-1-59143-037-7 • \$16.00 **\$12.00** pb • 336 pages, 6 x 9 • 14 b&w illustrations

e-book and audiobook available

978-1-879181-83-0 • \$24.00 **\$18.00** hardcover



SAVE 20%

African Temples of the Anunnaki

The Lost Technologies of the Gold Mines of Enki

Michael Tellinger

This book provides the physical proof of Zecharia Sitchin's theories on the Anunnaki origins of humanity. Michael Tellinger documents prehistoric ruins in South Africa that contain the remains of Tesla-like technology that was used to generate energy and carve immensely long tunnels straight into the Earth in search of gold—tunnels that still exist and whose origins have until now been a mystery.

978-1-59143-150-3 • \$30.00 **\$24.00** pb • 240 pages, 8 x 10 • Full-color throughout

Slave Species of the Gods

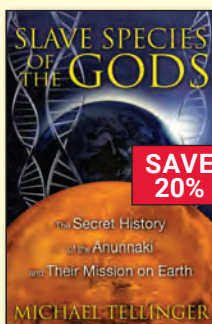
The Secret History of the Anunnaki and Their Mission on Earth

Michael Tellinger

Michael Tellinger proposes that the earliest civilization began in southern Africa with the arrival of the Anunnaki 200,000 years ago. Sent to Earth in search of gold, these ancient Anunnaki created the first humans as a slave race setting in place our traditions of gold obsession, slavery, and the notion of a dominating god.

978-1-59143-151-0 • \$25.00 **\$20.00** pb • 576 pages, 6.63 x 9.5 pb • 104 b&w illustrations

e-book and audiobook available



SAVE 20%

The Mysterious Origins of Hybrid Man

Crossbreeding and the Unexpected Family Tree of Humanity

Susan B. Martinez, Ph.D.

"Martinez's innovative and scalpel-like research upends the academy's cherished (but clearly warped) perspectives on evolution and humanoid history."

—Paul Von Ward, author of *We've Never Been Alone* and *The Soul Genome*

This provocative book posits that modern humanity did not evolve but is a mosaic of mixed ancestry, the result of eons of cross-breeding and retro-breeding among different groups, including Cro-Magnon, Neanderthal, hobbits, and giants. Thus there were multiple "Gardens of Eden" and each continent had its own blend of races prior to the Great Flood.

978-1-59143-176-3 • \$24.00 **\$19.20** pb • 576 pages, 6 x 9 • 147 b&w illustrations • e-book available



Futhark Rune Mysteries

Origins of Magic and Divination in the Primal Alphabet

Judith Dillon

"Futhark Rune Mysteries is a fascinating exploration of the origins and evolution of written language and the emergence of the runes, blending history, myth, and mystery into an engaging read. . . . valuable for anyone interested in linguistics, Norse heritage, or esoteric studies."

-Nicolette Miele, author of *Runes for the Green Witch* and *The Runes and Roots Oracle*

Judith Dillon reveals the lineage of the runes by tracing their journey from Egyptian hieroglyphs through the Semitic Phoenician language to northern Europe. Drawing on the sagas, she shows the runes' spiritual attributes by exploring the objects that represent them. She also illustrates how the runes reveal mysteries of passage through life, death, and the afterlife.

979-8-88850-263-1 • \$19.99 **\$16.99** pb • 192 pages, 6 x 9 • 50 b&w illustrations • e-book available



New

SAVE 15%



The Cunning Farmer

Agrarian Magical Practices, Mythology, and Folklore

Todd Elliott / Foreword by John Michael Greer

"The Cunning Farmer provides fertile ground to enrich the animistic, land-centered practices that are the legacy of ancestral traditions from around the world. . . . Todd Elliott brings together elements of ancient philosophy, traditional beliefs, folklore, and spiritual ecology, providing tools to reinforce one's connection to the land and its unseen. . . ."

-Coby Michael, author of *The Poison Path Herbal*, *The Poison Path Grimoire*, and *The Poison Path Oracle*

Magic and farming, in the minds of our ancestors, were not separate realms of life, but both were woven inextricably into the way people lived. Drawing on folk magic traditions of North America and Western Europe, this book explores how to use practical, nature-based magic for gardening and farming, fertility, and abundance.

979-8-88850-131-3 • ~~\$65.00~~ **\$55.25** hardcover • 512 pages, 8.5 x 11 • Full-color throughout • e-book available

New

The Gospel of Mary Magdalene

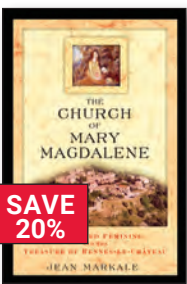
Jean-Yves Leloup / Foreword by Jacob Needleman

Jean-Yves Leloup's translation of the *Gospel of Mary* from the Coptic and his thorough and profound commentary on this text are presented here for the first time in English. The text emphasizes the eminence of the divine feminine. What emerges from this important source text and commentary is a renewal of the sacred feminine in the Western spiritual tradition.

978-0-89281-911-9 • \$14.95 **\$11.96** pb • 208 pages, 6 x 9 • e-book available



SAVE 20%



The Church of Mary Magdalene

The Sacred Feminine and the Treasure of Rennes-le-Château

Jean Markale

The church of Rennes-le-Château in France may hold proof of Mary Magdalene's marriage to Jesus. During church restorations in 1885 a mysterious discovery suggests an archaic role performed by Mary that could shake the very foundations of the Church if fully understood: that of the high priestess who anoints the priest king into his spiritual duties.

978-0-89281-199-1 • \$23.99 **\$19.19** pb • 328 pages, 6 x 9 • 8 b&w illustrations

SAVE 20%

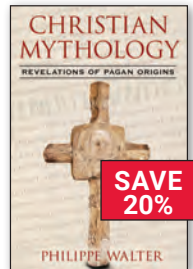
Christian Mythology

Revelations of Pagan Origins

Philippe Walter / Foreword by Claude Lecouteux

The church knowingly incorporated pagan elements into the Christian faith to ease the transition to the new religion. Indeed, the identities of saints and pagan figures became so intermingled that some saints were transformed into pagan incarnations. Providing extensive documentation, this book shows which major days of the Christian calendar are founded on pagan traditions, including Easter and Christmas.

978-1-62055-368-8 • \$16.99 **\$13.59** pb • 224 pages, 6 x 9 • e-book available



SAVE 20%



The Real Witches of New England

History, Lore, and Modern Practice

Ellen Evert Hopman / Foreword by Judika Illes

Ellen Evert Hopman reveals the history of the New England witch hysteria, its continuing repercussions, and the multilayered practices of today's modern witches. She shares the stories of 13 accused witches, explores the positive roles witches played in rural communities, and offers a treasure trove of practical information on herb lore, spells, and magic.

978-1-62055-772-3 • \$24.99 **\$19.99** pb • 400 pages, 6 x 9 • 58 b&w illustrations • e-book available

SAVE 20%



SAVE 15%

Norse-Gaelic Paganism

Viking and Irish Myth and Magic

Annie Cúglas Humphrey, Ph.D.

New

"Humphrey painstakingly details the history, beliefs, and intersection of Norse and Celtic peoples and offers an approach to modern practice that blends the two."

—Morgan Daimler, author of *Pagan Portals: Gods and Goddesses of Ireland*

Annie Humphrey shows that Norse and Irish heathen beliefs were uncorrupted by Roman influence and syncretized into a set of spiritual practices including ancestor veneration and a relationship with household and nature spirits. Humphrey also reveals Gaelic involvement in Iceland's settlement, drawing on Irish incantations in Icelandic grimoires and Norse-Gaelic ghosts that appear in Icelandic literature.

979-8-88850-255-6 • \$19.99 **\$16.99** pb • 160 pages, 6 x 9 • 1 b&w illustration • e-book available

The Goddess Casts the Runes

Divination and Wisdom of the Earth Mother

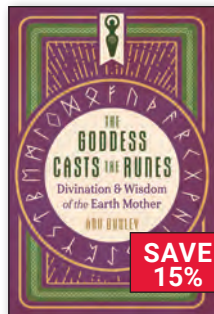
Anu Dudley

"A revelatory reimagining of the runes that reclaims them from the grip of patriarchal myth and returns them to their roots in Goddess lore and Earth-centered wisdom."

—Nicolette Miele, author of *Runes for the Green Witch* and *The Runes and Roots Oracle*

Dudley shows how the roots of the runes lie in Mother Goddess lore rather than the Odin-centric mythology that dominates interpretations. By examining each rune from an eco-feminist viewpoint, readers receive a more comprehensive understanding of their significance. Learn ways to interpret runes from an Earth-based spiritual perspective while exploring different casting and divination methods.

978-1-64411-726-2 • \$16.99 **\$14.44** pb • 128 pages, 6 x 9 • 35 b&w illustrations • e-book and audiobook available



SAVE 15%



SAVE 50%

The Sacred Herbs of Yule and Christmas

Remedies, Recipes, Magic, and Brews for the Winter Season

Ellen Evert Hopman / Foreword by Lucia Starza

"A festive hamper brimming over with magical and medicinal herbs found and used at Yule. A comprehensive guide to working magic and connecting with the energy of the season. Highly recommended." —Rachel Patterson, author of *A Witch for Every Season*

Presenting ways to honor and celebrate the darkest days of the year, Ellen Hopman shares lore, recipes, rituals, and crafts to enliven your Yuletide observance. She explores the origins of the Christmas tree and Santa Claus, how to perform Winter Solstice divinations, and looks in depth at the many herbs associated with the season.

978-1-64411-780-4 • \$29.99 **\$15.00** pb • 344 pages, 6 x 9 • Three 8-page color inserts • e-book available

Pagan Christmas

The Plants, Spirits, and Rituals at the Origins of Yuletide

Christian Rättsch and Claudia Müller-Ebeling

The day on which many commemorate the birth of Christ has its origins in pagan rituals that center on tree worship, agriculture, magic, and social exchange. The botanical elements of Christmas provide a unique view of the religion that existed in Europe before the introduction of Christianity.

978-1-59477-092-0 • \$29.95 **\$14.98** pb • 224 pages, 8 x 10 • 156 color and 40 b&w illustrations e-book available



SAVE 50%



SAVE 20%

The Pagan Book of Days

A Guide to the Festivals, Traditions, and Sacred Days of the Year

Nigel Pennick

In this revised edition the author provides details on auspicious and inauspicious days, holy days of the ancient gods and goddesses, and the eight stations of the year (the solstices, equinoxes, and cross-quarter days). He also includes lunar and solar charts indicating dates of major Pagan celebrations from the year 2011 through 2033.

978-0-89281-867-9 • \$14.95 **\$11.96** pb • 160 pages, 5.88 x 9 • 135 b&w illustrations

The Pagan Mysteries of Halloween

Celebrating the Dark Half of the Year

Jean Markale

One of humanity's most enduring myths is that the dead, on certain nights of the year, can leave the Other World and move freely about the land of the living. Every year, on October 31, children of the world re-enact a sacred ceremony whose roots extend to the dawn of time. Author Jean Markale meticulously examines the rituals and ceremonies of ancient festivities on this holiday and shows how they still shape the customs of today's celebration.

978-0-89281-900-3 • \$14.95 **\$7.48** pb • 160 pages, 6 x 9 • e-book available



SAVE 50%

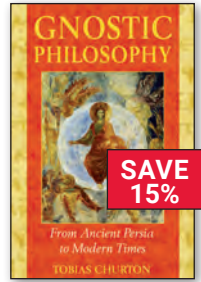
Gnostic Philosophy

From Ancient Persia to Modern Times

Tobias Churton

Gnosticism was a contemporary of early Christianity, and its demise can be traced to Christianity's efforts to silence its teachings. Its influence extended from the Middle Ages to the Sufis, Carl Jung, Rudolf Steiner, and the Rosicrucians and Freemasons. Today's heirs to Gnosticism continue to strive to create a Temple of new cosmic understanding.

978-1-59477-035-7 • \$27.99 **\$23.79** pb • 480 pages, 6 x 9 • e-book and audiobook available



Tears from the Mother of the Sun

A Secret History of the World

Pir Zia Inayat Khan / Illustrated by Amruta Patil

"A breathtaking, fresh, and ancient mystical biography of the world. A hypnotic weave of words and images leads us to that twilight place where history meets mystery, and tale meets truth. A tour de force where words find their place on the page with sacred inevitability."

—Arundhati Subramaniam, author of *When God Is a Traveller*

Pir Zia presents an astonishing sequence of legends revealing connections between ancient cultures and spiritual lineages. Written as a novella interspersed with metered quatrains, in the tradition of medieval Persian *belles-lettres*, he synthesizes ancient mythologies to resacralize the human experience. This book features paintings by Amruta Patil of myths including Sita, Yggdrasil, the Minotaur, and Quetzalcoatl.

979-8-88850-182-5 • \$24.99 **\$21.24** hardcover • 256 pages, 6 x 9 • Full-color throughout • e-book available

New

Divine Feminine Gnosis

The Lesser and Greater Mysteries of Sophia

Lee Irwin

"With breathtaking scope and insight, Lee Irwin takes us deep into a powerful spiritual promise within humanity and the world, providing an inspirational roadmap into a positive future."

—David Spangler, author of *Apprenticed to Spirit*

Drawing on Gnosticism and Hermeticism, Lee Irwin explores seven esoteric mysteries of feminine wisdom. He offers a practical wisdom teaching on integral spirituality and pansenitence, encounters with spiritual entities, and reincarnation. Irwin also explores the masculine principle of logos and how to integrate it with feminine eros in sacred marriage to achieve wholeness and mystical insight.

979-8-88850-253-2 • \$22.99 **\$18.39** pb • 304 pages, 6 x 9 • e-book and audiobook available



The Rosicrucian Counterculture

The Origins and Influence of the Invisible Society

Ronnie Pontiac

Ronnie Pontiac explores the historical context for the origin, development, and spread of the Rosicrucian movement and modern Western occultism in general. He considers the Rosicrucianism of Rene Descartes, Robert Fludd, and John Dee, as well as Rudolf II, Holy Roman Emperor. Pontiac shows how pop culture and modern psychedelic counterculture are informed by Rosicrucian ideas.

979-8-88850-035-4 • \$22.99 **\$19.54** pb • 240 pages, 6 x 9 • e-book and audiobook available

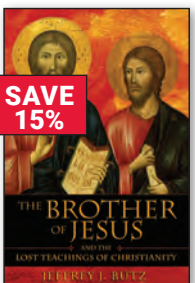
The Secret Life of Mother Mary

Divine Feminine Power for Personal Healing and Planetary Awakening

Marguerite Mary Rigoglioso, Ph.D.

As Marguerite Mary Rigoglioso, Ph.D., reveals in inspiring depth, Mother Mary was not just a docile maiden chosen by God to be the mother of Jesus. She was a powerful healer, spiritual teacher, and holy priestess with profound wisdom teachings on love, compassion, and inner power.

978-1-59143-524-2 • ~~\$18.00~~ **\$15.30** pb • 176 pages, 6 x 9 • e-book and audiobook available



The Brother of Jesus and the Lost Teachings of Christianity

Jeffrey J. Bütz

While Peter is traditionally thought of as the leader of the apostles, it was James who led the disciples after the crucifixion. Jeffrey Bütz offers a vision that is sometimes at odds with Christian doctrine and concludes that James links Christianity, Judaism, and Islam and can serve to heal centuries of enmity.

978-1-59477-043-2 • \$16.99 **\$14.44** pb • 240 pages, 6 x 9 • e-book available



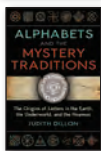
Decoding the Enochian Secrets: God's Most Holy Book to Mankind as Received by Dr. John Dee from Angelic Messengers. The original text with commentary by John DeSalvo, Ph.D. The ultimate source text of Enochian Magic never before available in book form.
978-1-59477-364-8 • 240 pages, 6 x 9 hardcover
100 b&w illustrations • e-book/ • \$24.99 **\$19.99**



Sacred Geometry for Artists, Dreamers, and Philosophers: Secrets of Harmonic Creation by John Oscar Lieben. An illustrated guide to harmonics—the sacred geometry principles that underlie the natural world—and its practical applications.
978-1-62055-701-3 • 256 pages, 8 x 10 hardcover
245 two-color illustrations • e-book/ • \$40.00 **\$32.00**



The Call of the Old Gods: My Occult Journey on the Pagan Path by Christopher McIntosh. Personal revelations on living a magical life.
979-8-88850-093-4 • 264 pages, 6 x 9 pb
8-page color insert and 59 b&w illustrations
e-book/ • \$24.99 **\$19.99**



Alphabets and the Mystery Traditions: The Origins of Letters in the Earth, the Underworld, and the Heavens by Judith Dillon. Reveals the esoteric mysteries encoded in the order of the alphabet.
978-1-64411-665-4 • 320 pages, 6 x 9 pb
109 b&w illustrations • e-book/ • \$29.99 **\$23.99**



Song of the Dark Man: Father of Witches, Lord of the Crossroads by Darragh Mason / Foreword by Peter Mark Adams. A study into the enigmatic devil of folkloric witchcraft and his many forms.
978-1-64411-909-9 • 208 pages, 6 x 9 pb
5 b&w illustrations • e-book and audiobook/
\$18.99 \$15.19



Celtic Druidry: Rituals, Techniques, and Magical Practices by Ellen Evert Hopman / Foreword by Kenneth Proefrock, NMD. A handbook for becoming a modern Druid.
978-1-64411-860-3 • 256 pages, 6 x 9 pb
80 b&w illustrations • e-book/ • \$19.99 **\$15.99**



A Druid's Herbal for the Sacred Earth Year by Ellen Evert Hopman. A guide to harnessing ancestral power in the Slavic Pagan tradition.
978-0-89281-501-2 • 224 pages, 6 x 9 pb • e-book/
\$14.95 \$11.96



Ancestral Slavic Magic: Transcend Family Patterns and Empower Ancestral Connections by Natasha Helvin. A guide to harnessing ancestral power in the Slavic Pagan tradition.
978-1-64411-957-0 • 288 pages, 6 x 9 pb
30 b&w illustrations • e-book and audiobook/
\$19.99 \$15.99



Celtic Tree Alphabets: Mystic Signs and Symbols of Ogham and Coelbren by Nigel Pennick. A guide to the ancient wisdom of the Ogham and Coelbren symbols as well as Celtic tree lore.
978-1-64411-748-4 • 192 pages, 6 x 9 pb
34 b&w illustrations • e-book/ • \$18.99 **\$15.19**



Ogam: The Celtic Oracle of the Trees Understanding, Casting, and Interpreting the Ancient Druidic Alphabet by Paul Rhys Mountfort. A comprehensive and practical guide to the ancient oracle based on the alphabet of the Druids.
978-0-89281-919-5 • 224 pages, 6 x 9 pb
24 b&w illustrations • \$16.95 **\$13.56**



Revolt Against the Modern World: Politics, Religion, and Social Order in the Kali Yuga by Julius Evola. Through a sweeping study of the structures, myths, beliefs, and spiritual traditions of the major Western civilizations, the author compares the characteristics of the modern world with those of traditionalism.
978-0-89281-506-7 • 412 pages, 6 x 9 hardcover
e-book and audiobook/ • \$29.95 **\$23.96**



Ride the Tiger: A Survival Manual for the Aristocrats of the Soul by Julius Evola / Translated by Joscelyn Godwin and Constance Fontana. Julius Evola's final major work, which examines the prototype of the human being who can give absolute meaning to his or her life in a world of dissolution.
978-0-89281-125-0 • 256 pages, 6 x 9 hardcover
e-book and audiobook/ • \$25.00 **\$20.00**



Eros and the Mysteries of Love: The Metaphysics of Sex by Julius Evola. A comprehensive work on the metaphysical aspects of sexuality.
978-0-89281-315-5 • 336 pages, 6 x 9 pb
e-book and audiobook/ • \$19.95 **\$15.96**



The Hermetic Tradition: Symbols and Teachings of the Royal Art by Julius Evola. Drawing from sources throughout the Western esoteric tradition, Evola shows that alchemy is a universal science of transformation.
978-0-89281-451-0 • 240 pages, 6 x 9 pb
e-book and audiobook/ • \$18.95 **\$15.16**



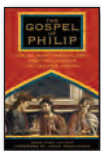
Soul Journey through the Tarot: Key to a Complete Spiritual Practice by John Sandbach. Integrating numerology, astrology, Kabbalah, and the contemplative life.
978-1-64411-709-5 • 384 pages, 6 x 9 pb
71 b&w illustrations • e-book/ • \$29.99 **\$23.99**



The Psychedelic Gospels: The Secret History of Hallucinogens in Christianity by Jerry B. Brown, Ph.D., and Julie M. Brown, M.A. Reveals evidence of visionary plants in Christianity and the life of Jesus found in medieval art and biblical scripture—hidden in plain sight for centuries.
978-1-62055-502-6 • 288 pages, 6 x 9 pb • 16-page color insert and 30 b&w illustrations • e-book/
\$19.95 \$15.96



Tantric Jesus: The Erotic Heart of Early Christianity by James Hughes Reho, Ph.D. / Foreword by Matthew Fox. Offers a new understanding of Jesus as guru and master of left-handed Tantra.
978-1-62055-561-3 • 392 pages, 6 x 9 pb • 8-page color insert and 10 b&w illustrations • e-book/
\$19.95 \$15.96



The Gospel of Philip: Jesus, Mary Magdalene, and the Gnosis of Sacred Union by Jean-Yves Leloup / Foreword by Jacob Needleman. A translation and analysis of one of the most controversial of the apocryphal gospels.
978-1-59477-022-7 • 192 pages, 6 x 9 pb
e-book/ • \$14.95 **\$11.96**



The Flowering Wand: Rewilding the Sacred Masculine by Sophie Strand. A deep exploration of the regenerative and magical secrets of sacred masculinity hidden in familiar myths both ancient and modern.
978-1-64411-596-1 • 208 pages, 6 x 9 pb
e-book and audiobook/ • \$18.99 **\$15.19**



The Hermetic Marriage of Art and Alchemy Imagination, Creativity, and the Great Work by Marlene Seven Bremner. An initiatory and practical guide to creative alchemy.
978-1-64411-290-8 • 376 pages, 7 x 10 hardcover
8-page color insert and 46 b&w illustrations
e-book and audiobook/ • \$40.00 **\$32.00**

Ars Notoria: The Notory Art of Solomon

A Medieval Treatise on Angelic Magic and the Art of Memory

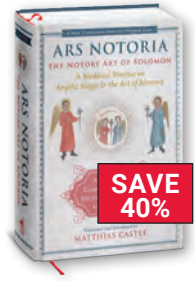
Translated and introduced by Matthias Castle

"One of the lost treasures of medieval occultism, the Ars Notoria is a system of Solomonian angelic magic used by students and scholars to attain knowledge of the arts and sciences. Matthias Castle has done an exemplary job in translating the original texts . . ."

—John Michael Greer, author and co-translator of *The Complete Picatrix: The Occult Classic of Astrological Magic*

The 13th-century magical treatise *Ars Notoria* offers a secret account of the sacred angelic magic revealed to King Solomon. This new complete translation features both the short and long versions based on Julien Veronese's critical Latin edition and includes all of the original figures (*notae*), essential for inspection during ritual.

978-1-64411-527-5 • \$195.00 **\$117.00** Deluxe hardcover with slipcase • 896 pages, 7 x 10 Full-color throughout • e-book available



The Bavarian Illuminati

The Rise and Fall of the World's Most Secret Society

René Le Forestier / Translated by Jon E. Graham

"Jon E. Graham's new translation of this classic study brings rigor, clarity, and an exquisitely rare dose of real historicism to our understanding of these esoteric and social renegades."

—Mitch Horowitz, PEN Award-winning author of *Occult America* and *The Miracle Club*

Charting the rise and fall of this infamous Order, this book, first published in French in 1915, explains the Bavarian Illuminati's grades, rituals, and ceremonies as well as its fundamental philosophies. It also examines the leaders of the Order and includes the only surviving record of documents destroyed during the World Wars.

978-1-64411-377-6 • \$125.00 **\$75.00** Deluxe hardcover edition • 912 pages, 7 x 10 • 6 b&w illustrations e-book available

The Light of Hermes Trismegistus

New Translations of Seven Essential Hermetic Texts

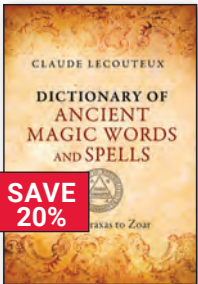
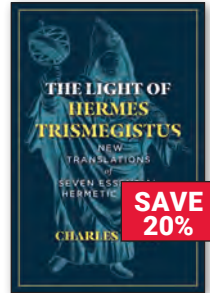
Charles Stein

"[Charles Stein's] commentaries are rigorous and impeccable, and the translations are an exaltation unto themselves. Stein has sounded the depths. These are more than documents, they are vitalities."

—Jed Rasula, Helen S. Lanier Distinguished Professor of English at the University of Georgia, Athens

Offering new translations from the earliest source languages, Charles Stein presents seven essential Hermetic texts alongside introductions and interpretive commentary, revealing their hidden gems of insight, suggesting directions for practice, as well as progressively weaving the texts together historically, poetically, hermeneutically, and magically.

978-1-64411-461-2 • \$50.00 **\$40.00** hardcover • 352 pages, 6 x 9 • e-book and audiobook available



Dictionary of Ancient Magic Words and Spells

From Abraxas to Zoar

Claude Lecouteux

This comprehensive dictionary includes magic words and phrases from many traditions including ancient Scandinavia, ancient Egypt, and the Hispano-Arabic magic of Spain before the Reconquista. It explains the origin and evolution of each spell through the centuries.

978-1-62055-374-9 • \$35.00 **\$28.00** hardcover • 448 pages, 6 x 9 • 214 b&w illustrations • e-book available

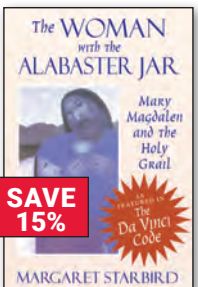
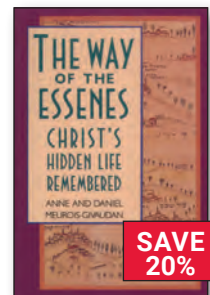
The Way of the Essenes

Christ's Hidden Life Remembered

Anne and Daniel Meurois-Givaudan

Through direct revelation, the authors received detailed knowledge of the Essene teachings and their role in preparing Christ for his mission. Their account complements the gospels, clarifying and enlarging upon mysterious parts of the record—including Christ's mystical and metaphysical teachings of Essene techniques for spiritual advancement.

978-0-89281-322-3 • \$19.95 **\$15.96** pb • 384 pages, 6 x 9



The Woman with the Alabaster Jar

Mary Magdalen and the Holy Grail

Margaret Starbird

Roman Catholic scholar Margaret Starbird's extensive study of history, symbolism, medieval art, mythology, psychology, and the Bible uncovers new and compelling evidence that Jesus Christ was married to Mary Magdalen. Starbird's investigation of this suppressed history calls for a restoration of the feminine principle to its intended place in the canon of Christianity.

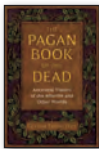
978-1-879181-03-8 • \$16.95 **\$14.41** pb • 240 pages, 6 x 9 • 16-page color insert • e-book available



Tales and Legends of the Devil:
The Many Guises of the Primal Shapeshifter
by Claude and Corinne Lecouteux.
Explores the many forms and abilities of the devil in stories from around the world.
978-1-64411-685-2 • 240 pages, 6 x 9 hardcover
5 b&w illustrations • e-book ✓ • \$30.00 **\$24.00**



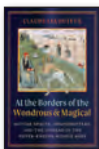
King Solomon the Magus: Master of the Djinns and Occult Traditions of East and West
by Claude Lecouteux. An in-depth portrait of Solomon revealing his magical powers and feats and his impact on esoteric traditions worldwide.
978-1-64411-243-4 • 288 pages, 6 x 9 hardcover
56 b&w illustrations • e-book ✓ • \$35.00 **\$28.00**



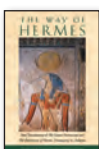
The Pagan Book of the Dead:
Ancestral Visions of the Afterlife and Other Worlds
by Claude Lecouteux. Offers an extensive look at the cartography and folklore of Hell, Purgatory, and Heaven as seen by our ancestors.
978-1-64411-047-8 • 320 pages, 6 x 9 pb
23 b&w illustrations • e-book ✓ • \$24.99 **\$19.99**



Encyclopedia of Norse and Germanic Folklore, Mythology and Magic
by Claude Lecouteux.
A thorough reference to the many deities, magical beings, mythical places, and ancient customs of the Norse and Germanic regions of Europe.
978-1-62055-480-7 • 352 pages, 6 x 9 hardcover
109 b&w illustrations • e-book and audiobook ✓
\$29.95 **\$23.96**



At the Borders of the Wondrous and Magical: Nature Spirits, Shapeshifters, and the Undead in the Never-Ending Middle Ages
by Claude Lecouteux / Forewords by Florence Bayard and Astrid Guillaume. Explores how the haunted, magical world of medieval times still surrounds us.
978-1-64411-993-8 • 288 pages, 6 x 9 hardcover
21 b&w illustration • e-book ✓ • \$35.00 **\$28.00**



The Way of Hermes:
New Translations of the Corpus Hermeticum and The Definitions of Hermes Trismegistus to Asclepius
Translated by Clement Salaman, Dorine van Oyen, William D. Wharton, and Jean-Pierre Mahé.
A resource for scholars and religious seekers alike.
978-0-89281-186-1 • 132 pages, 5.38 x 8.25 pb
4-page b&w insert • \$14.95 **\$11.96**



Hildegard of Bingen's Book of Divine Works: With Letters and Songs. Edited by Matthew Fox. A collection of mystic visions that describe a cosmology uniting religion, science, and art that are astonishingly symbiotic with contemporary physics.
978-0-93968-035-1 • 432 pages, 5.5 x 8.5 pb
e-book ✓ • \$24.99 **\$19.99**



Meditations with Meister Eckhart
Edited by Matthew Fox. Written by a 13th-century mystic, prophet, feminist, declared heretic, and an early advocate of creation-centered spirituality.
978-0-939680-04-7 • 132 pages, 5.5 x 8.5 pb • e-book ✓
\$14.00 \$11.20



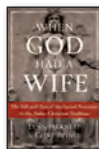
Radical Regeneration:
Sacred Activism and the Renewal of the World
by Andrew Harvey and Carolyn Baker / Forewords by Matthew Fox and Paul Levy. An inspiring manual for navigating humanity's collective dark night and enacting personal and planetary transformation.
978-1-64411-560-2 • 576 pages, 6 x 9 pb • e-book ✓
\$29.99 \$23.99



The Poison Path Grimoire: Dark Herbalism, Poison Magic, and Baneful Allies by Coby Michael. A practical guide to the magical and ritual use of poison plant allies.
978-1-64411-995-2 • 240 pages, 6 x 9 pb
15 b&w illustrations • e-book ✓ • \$19.99 **\$15.99**



The Return of Holy Russia:
Apocalyptic History, Mystical Awakening, and the Struggle for the Soul of the World by Gary Lachman.
A history of how mystical and spiritual influences have shaped Russia's identity and politics and what it means for the future of world civilization.
978-1-62055-810-2 • 448 pages, 6 x 9 hardcover
e-book and audiobook ✓ • \$32.00 **\$25.60**



When God Had a Wife:
The Fall and Rise of the Sacred Feminine in the Judeo-Christian Tradition by Lynn Picknett and Clive Prince. Reveals the tradition of goddess worship in early Judaism and how Jesus attempted to restore the feminine side of the faith.
978-1-59143-370-5 • 336 pages, 6 x 9 pb
e-book and audiobook ✓ • \$18.00 **\$14.40**



Ancient Goddess Magic:
Invoking the Queens of the Heavens
by Vanessa Lavallée. Connect with the celestial powers of ancient goddesses.
978-1-64411-645-6 • 176 pages, 6 x 9 pb • 7 b&w illustrations • e-book and audiobook ✓ • \$19.99 **\$15.99**



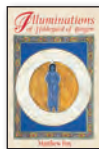
Muhammad: His Life Based on the Earliest Sources by Martin Lings.
An internationally acclaimed, comprehensive, and authoritative account of the life of the prophet.
978-1-59477-153-8 • 384 pages, 6 x 9 pb
\$19.95 **\$15.96**



The Lost Art of Resurrection:
Initiation, Secret Chambers, and the Quest for the Otherworld by Freddy Silva. Reveals the radical ancient practice of living resurrection.
978-1-62055-636-8 • 288 pages, 6 x 9 pb
134 b&w illustrations • e-book ✓ • \$18.95 **\$15.16**



The Mysteries of John the Baptist:
His Legacy in Gnosticism, Paganism, and Freemasonry
by Tobias Churton. The search for the real historical person known as John the Baptist and the traditions that began with him.
978-1-59477-474-4 • 288 pages, 6 x 9 pb
3 b&w illustrations • e-book ✓ • \$19.99 **\$15.99**



Illuminations of Hildegard of Bingen
by Matthew Fox. Reveals the life and teachings of one of the greatest female artists and intellectuals of the Western Mystical Traditions.
978-1-879181-97-7 • 216 pages, 6 x 9 pb
28 color illustrations • e-book ✓ • \$20.00 **\$16.00**



Alchemical Hermeticism:
The Secret Teachings of Marco Daffi on Initiation
by David Pantano / Foreword by Valerio Tomassini, N.D. An in-depth investigation into the Alchemical-Hermetic practices of Marco Daffi.
978-1-64411-997-6 • 352 pages, 6 x 9 hardcover
43 b&w illustrations • e-book ✓ • \$50.00 **\$40.00**



The First Alchemists: The Spiritual and Practical Origins of the Noble and Holy Art by Tobias Churton. Explores the origins and practices of early alchemy.
978-1-64411-683-8 • 320 pages, 6 x 9 pb
47 b&w illustrations • e-book ✓ • \$26.99 **\$21.59**



Witchcraft Medicine: Healing Arts, Shamanic Practices, and Forbidden Plants
by Claudia Müller-Ebeling and Christian Rättsch and Wolf-Dieter Storl, Ph.D.
An in-depth investigation of traditional European folk medicine and the healing arts of witches.
978-0-89281-971-3 • 272 pages, 8 x 10 pb
Three 8-page color inserts and 170 b&w illustrations
e-book ✓ • \$24.95 **\$19.96**

Surrealism and Operative Alchemy

The Secret Language at the Origins of the Surrealist Movement

Patrick Lepetit

"Lepetit's work is an invaluable contribution to understanding the history and practice of 20th-century alchemy in France and later elsewhere. Students of operative alchemy, particularly the writings of Fulcanelli, will find a tremendous amount of literary gold in these pages—and maybe even a few hints of the Stone as well. This is a book that readers will return to often."

—Mark Stavish, founder & director of the Institute for Hermetic Studies, author of *The Path of Freemasonry* and *Egregores*

Drawing on rare primary documents, Patrick Lepetit reveals connections between surrealism, 20th century alchemy, and 19th century occultism. He explores Jewish and Christian Kabbalah and Hermeticism to show how surrealist symbology contained an initiatory dimension. He also details collaborations between surrealists André Breton, Bernard Roger, and Salvador Dalí and alchemists René Alleau, Eugène Canseliet, and Fulcanelli.

979-8-88850-167-2 • \$45.00 **\$38.25** hardcover • 360 pages, 6 x 9 • 8-page color insert • e-book available



New

Three Books of Occult Philosophy

Heinrich Cornelius Agrippa / Translated with commentary by Eric Purdue

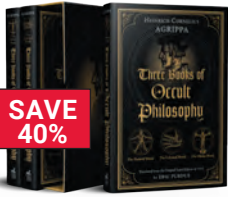
"Eric Purdue's fine new translation of H. C. Agrippa's Three Books of Occult Philosophy is a landmark edition of this essential work. . . . Agrippa's works are fundamental to the study of all branches and aspects of the tradition, and no esoteric book collection should be without this outstanding edition."

—Nigel Pennick, founder of the Institute of Geomantic Research and the Library of the European Tradition

Restoring all of the original illustrations and correcting the many mistranslations, copyist mistakes, and errors introduced from other editions, this 3-volume deluxe

hardcover boxed set shares Agrippa's detailed explanation of the magical world, considered one of the most important texts in the Western magical tradition for nearly 500 years.

978-1-64411-416-2 • \$195.00 **\$117.00** • Three hardcover volumes in slipcase • 864 pages, 7 x 10 • 135 b&w illustrations • e-book available



Occult Germany

Old Gods, Mystics, and Magicians

Christopher McIntosh

No country is richer in occult and esoteric traditions than Germany. In this magical journey through the inner history of Deutschland, Christopher McIntosh explores evidence of many of these traditions, including prehistoric sacred sites, ancient shamanic traditions, Rosicrucianism, and the survival and revival of the old pre-Christian gods.

978-1-64411-734-7 • \$24.99 **\$19.99** pb • 264 pages, 6 x 9 • 8-page color insert and 29 b&w illustrations • e-book and audiobook available



Alchemical Lightwork

A Guide to Creating Cultures of Light and Spiritual Awakening

Arthur Versluis

Drawing on alchemical traditions, this book explores the significance of light in spiritual life to transcend materialism and seed new cultures rooted in perennial wisdom. Spiritual alchemy can offer a path to transformation and regeneration. Versluis shows how working with images can foster spiritual evolution and healing from detrimental cultures of materialism and technology.

979-8-88850-018-7 • \$18.99 **\$15.19** pb • 168 pages, 6 x 9 • 8-page color insert and 1 b&w illustration • e-book and audiobook available



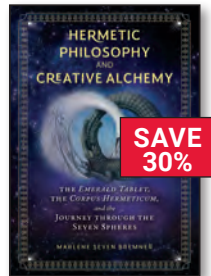
Hermetic Philosophy and Creative Alchemy

The Emerald Tablet, the Corpus Hermeticum, and the Journey through the Seven Spheres

Marlene Seven Bremner

Taking the reader on a Hermetic journey that speaks directly to the intuitive soul, Marlene Seven Bremner presents a profound synthesis of magical and occult teachings and an initiation into the alchemical opus that can awaken inner knowing and help you live a mystical, creative, and truly inspired life.

978-1-64411-288-5 • \$40.00 **\$28.00** hardcover • 376 pages, 7 x 10 • 8-page color insert and 58 b&w illustrations • e-book and audiobook available



The Way of the Eight Winds

Elemental Magic and Geomancy in the Pagan Tradition

Nigel Pennick

Nigel explores the history and practice of traditional European Pagan spirituality, which celebrates our relationship with nature. He looks at the Eight Directions and the powers of their Winds. Sharing geomancy practices, he reveals how to work with spirits of a place. Readers will learn runic practices, divination techniques, and how to craft magical tools.

979-8-88850-074-3 • \$29.99 **\$23.99** pb • 400 pages, 6 x 9 • 116 b&w illustrations • e-book available





Touched by the Presence

From Blondie's Bowery and Rock and Roll to Magic and the Occult

Gary Lachman

"With the perspective of time and the confirmation of evidence, Gary Lachman has proven himself to be a formidable writer with a serious, thoughtful, investigative mind. It seems obvious why we wanted Gary for Blondie the very first time Clem Burke introduced him to us. *Amor Fati.*" –Debbie Harry, lead vocalist of Blondie

This memoir traces Gary Lachman's journey from founding member of Blondie to writer on consciousness and the esoteric tradition. He explores his involvement in Gurdjieff's Fourth Way, Crowley's Thelema, and his relationship with author Colin Wilson. He also shares how an early love of comics, science fiction, and fantasy led him to the esoteric tradition.

979-8-88850-311-9 • \$30.00 \$24.00 hardcover • 392 pages, 6 x 9 • 8-page b&w insert • e-book available

The Occult Elvis

The Mystical and Magical Life of the King

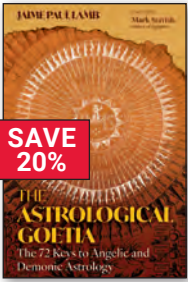
Miguel Conner

"A lively new book." –*The Guardian*

"Spine-chilling exposé." –*The Daily Mail*

Miguel Conner presents accounts from Elvis's wife, his friends and family, the Memphis Mafia, and his spiritual advisors to reveal Elvis the mystic, occultist, and shaman. By examining Elvis's efforts as a natural healer, his UFO encounters, and his telekinetic, psychic, and astral traveling abilities, Conner argues that Elvis was America's greatest magician.

979-8-88850-135-1 • \$19.99 \$15.99 pb • 288 pages, 6 x 9 • 19 b&w illustrations • e-book and audiobook available



The Astrological Goetia

The 72 Keys to Angelic and Demonic Astrology

Jaime Paul Lamb / Foreword by Mark Stavish

"A remarkably thorough and digestible look at the astrological wonders of the cascading fractals of consciousness known to kabbalists and magicians as the 72 angels of the Shem HaMephorash."

–Lon Milo DuQuette, author of *Understanding Aleister Crowley's Thoth Tarot*

Jaime discusses the Qabalistic angels of the Shem HaMephorash, the demons of the *Ars Goetia* and their origin in the Solomonian grimoire tradition, and how each demon is paired with an angel. He details the astrological meanings, significations, attributes, sigils, and seals of the 72 angels and their demon counterparts.

979-8-88850-133-7 • \$29.99 \$23.99 hardcover • 272 pages, 6 x 9 • 150 b&w illustrations • e-book available

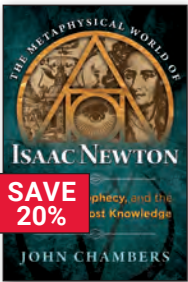
The Languages of Magic

Transform Reality through Words, Magical Symbols, and Sigils

Toby Chappell / Foreword by Stephen E. Flowers, Ph.D. / Afterword by Don Webb

Drawing on linguistics and semiotics, practicing magician Toby Chappell explores how we perceive and affect the world by treating it like a partner in communication. He explores how to apply effective communication techniques to your magical practice. By deepening your linguistic understanding of magic, this book empowers readers to perform magic with greater success.

979-8-88850-067-5 • \$24.99 \$21.24 pb • 352 pages, 6 x 9 • 11 b&w illustrations • e-book and audiobook available



The Metaphysical World of Isaac Newton

Alchemy, Prophecy, and the Search for Lost Knowledge

John Chambers

"Remarkably researched, exceptionally well-written, and extremely important."

–Richard Smoley, author of *Forbidden Faith: The Secret History of Gnosticism*

At the same time Newton was writing *Principia Mathematica*, he was writing a twin volume on theology. This book explores Newton's secret masterpiece, including his essays on alchemy, spirituality, Atlantis, metaphysics, "corrupted texts" in the Bible, and his prediction of an Apocalypse in the year 2060.

978-1-62055-204-9 • \$35.00 \$28.00 hardcover • 480 pages, 6 x 9 • e-book available

Esoterism and Symbol

R. A. Schwaller de Lubicz

This is an initiation into the tone, structure, and mentality of Egyptian knowledge, the basis of all Western theology and science. The author explores the "process of becoming"; the kinship between man and the mineral, plant and animal kingdoms; the stages of awareness leading to "Cosmic Consciousness"; and the mystery of the formation of substance into matter.

978-0-89281-014-7 • \$12.95 \$10.36 pb • 96 pages, 5.38 x 8.25 • e-book and audiobook available



Manual for the Awakening Warrior

The Special Forces Secret Mind-Body-Spirit Training Program

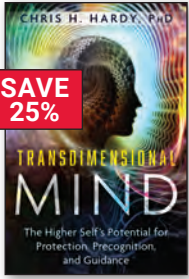
Joel Levey and Michelle Levey

"The Leveys have fifty-plus years of experience awakening the 'special forces' within all of us. Written as a memoir, the story of the Jedi Warrior training is packed with profound insights and practical advice for mastering the great challenges we all face together today."

–Jutta Tobias Mortlock, cofounder of Centre for Excellence in Mindfulness Research (CEMR), City University of London

Revealing the once-classified story of the "Jedi Warrior Training Program," this book explores the most advanced biocybernetic training in U.S. Special Forces history. Blending Aikido warrior wisdom and psychospiritual skills for self-transcendence, this program will help you develop inner "special forces," awaken courageous presence, and respond wisely to complex challenges.

978-1-64411-606-7 • \$29.99 **\$19.49** pb • 448 pages, 6.63 x 9.5 • 3 b&w illustrations • e-book available



Transdimensional Mind

The Higher Self's Potential for Protection, Precognition, and Guidance

Chris H. Hardy, Ph.D.

"Chris H. Hardy offers us a creative and imaginative synthesis of how multilevel superconscious psi works. By integrating hyperdimensional and quantum theories, she articulates how the higher Self integrates psi perceptions with collective consciousness. . . . A remarkable tour de force!" –Lee Irwin, author of *Divine Feminine Gnosis*

Inspired by the traditional keepers of secret mind powers, scientist and seer Chris Hardy explores how to connect with the higher Self and activate your psychic powers. Sharing real-life experiences both personal and collected, she reveals how the higher Self uses its faster-than-light energy to send precognitive dreams, perform self-defense, and alter spacetime events.

978-1-59143-552-5 • ~~\$26.00~~ **\$19.50** pb • 320 pages, 6 x 9 • 16-page color insert and 53 b&w illustrations • e-book available

Releasing the Emotional Wound

Shamanic and Psychological Tools to Transcend Trauma and Rebuild Your Life

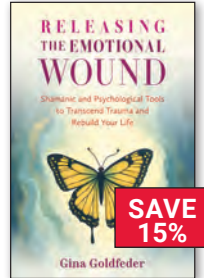
Gina Goldfeder, Ph.D.

"This book is a gift for the heart. Gina Goldfeder reminds us that behind every wound lies an opportunity to grow and trust in life again." –Marco Antonio Regil, TV host, public speaker, and activist

Gina Goldfeder details the emotional wound, its origin, and how our identification with it can obscure our self-perception. She shares mantras, emotional ceremonies, and amulets to facilitate the creation of a new personal identity and gives practices to maintain your new identity, such as encounters with yourself, working with the body/soul connection, and embracing forgiveness.

979-8-88850-368-3 • ~~\$18.99~~ **\$16.14** pb • 176 pages, 6 x 9 • e-book available

New



The Joy of Sleeping Alone

64 Rituals to Become the Sovereign of Your Bed and Your Life

Cynthia Zak

Cynthia Zak explains the energetic, emotional, and physical power of having your own sacred space to sleep. These 64 rituals will enable women to reclaim the power of intuition, renew energy, and connect with the intelligence of their hearts. Rediscover sleeping as a spiritual retreat to find answers to your most intimate and complex questions.

979-8-88850-186-3 • ~~\$16.99~~ **\$14.44** pb • 192 pages, 6 x 9 • e-book and audiobook available

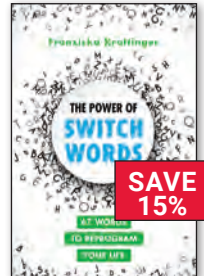
The Power of Switchwords

67 Words to Reprogram Your Life

Franziska Krattinger

The words we use influence our subconscious and send ripples through the energy field around us. Certain words, called "switchwords," have a stronger influence on our subconscious and energy fields. By using them intentionally, you can harness the power of the Law of Attraction to reprogram your reality and manifest your desires. This practical guide presents 67 switchwords and explores how to use them to manifest goals, change your subconscious mind, and shift the energies of your life.

978-1-64411-677-7 • ~~\$14.99~~ **\$12.74** pb • 128 pages, 5.75 x 8.25 • e-book available



The Privilege of Aging

Savoring the Fullness of Life

Kamla K. Kapur

Presenting a clarion call to the aging to awaken before they die, Kamla K. Kapur explores how we can become warriors on the spiritual path in order to navigate the challenges of aging, examine and face our fears, and realize the ultimate triumph of conscious living and dying.

979-8-88850-052-1 • ~~\$18.99~~ **\$15.19** pb • 256 pages, 6 x 9 • e-book available



Your Animal – Your Soul Mirror

Healing the Emotional Wounds of Animals and Their People

Tammy Billups / Foreword by Penelope Smith

"A must-read for anyone seeking a deeper emotional connection with their animal companion and a true path to both canine and human wellness." –Rita Hogan, C.H., canine herbalist and author of *The Herbal Dog*

• As seen on Gaia TV

Sharing ways to identify emotional wound patterns within your animal companion, and how to heal those wounds, this book offers techniques that can ameliorate negative behaviors, heighten levels of awareness, decrease suffering, increase love, and reveal one's truest self. Billups provides practical wisdom to enrich every animal-human relationship for increased happiness, well-being, and love.

978-1-59143-535-8 • \$20.00 **17.00** pb • 272 pages, 5.38 x 8.25 • 19 b&w illustrations • e-book and audiobook available

Animal Chakra Healing

Bringing Balance, Health, and Joy to Our Animal Companions

Joan Ranquet

"Joan Ranquet is a master animal communicator, energy healer, and teacher. Her book Animal Chakra Healing should be on every animal lover's and veterinarian's shelf. It is easy to read, fun, as well as scientific, and very informative." –Jill Todd, DVM, CVA, CVCP, holistic veterinarian

Understand common imbalances of the chakras in our animals and how to harmonize them. Ranquet details the differences of chakra systems of cats, dogs, and horses with case studies, chakra charts, and checklists. She also explores the eighth chakra, relating to the animal's aura and connective ecosystem, and techniques for working with subtle energetics.

979-8-88850-261-7 • \$24.99 **21.24** pb • 276 pages, 6 x 9 • 4-page color insert and 1 b&w illustration • e-book available



Jin Shin for Cats and Dogs

Healing Touch for Your Animal Companions

Tina Stümpfig

"Animals don't doubt if energy healing works. All of mine just soaked in the energy when I tried several of the techniques laid out in Jin Shin for Cats and Dogs. Tina Stümpfig has done a remarkable job of instructing the beginner and organizing the material..."

–Joan Ranquet, energy healer, animal communicator, and author of *Energy Healing for Animals*

This practical guide to Jin Shin Jyutsu shows how to support your animal companion's health and alleviate common ailments and injuries with simple hands-on healing. It presents body maps to clearly show the positions of the energy points on cats and dogs and step-by-step illustrations and explanations for point sequences.

978-1-64411-459-9 • \$19.99 **15.99** pb • 240 pages, 6 x 9 • Full-color throughout • e-book available

How Animals Talk

And Other Pleasant Studies of Birds and Beasts

William J. Long / Foreword by Rupert Sheldrake / Preface by Marc Bekoff

Not since the first publication of *How Animals Talk* in 1919 has the subject of animal telepathy and communication been so fully researched. Through his keen observations author William J. Long theorizes that animals are much more intelligent, emotional, and moral than we have traditionally thought, and his findings have amazing relevance today.

978-1-59143-056-8 • \$18.00 **15.30** pb • 312 pages, 6 x 9 • 50 b&w illustrations • e-book available



Enlightened Dog Training

Become the Peaceful Alpha Your Dog Needs and Respects

Jesse Sternberg

Combining mindfulness teachings with animal psychology, master dog trainer Jesse Sternberg teaches you how to communicate non-verbally with your dog using the signals dogs use with each other. He shares training exercises to help build a calm and peaceful mindset for both your dog and yourself and address many common canine behavioral problems.

978-1-64411-370-7 • \$14.99 **11.99** pb • 176 pages, 6 x 9 • 15 b&w illustrations • e-book and audiobook available

Know Your Dog's True Nature

Understanding Canine Personality through the Five Elements

Elizabeth Anne Johnson, EEBW, CBW / Foreword by Allen Schoen, DVM, M.S., Ph.D. (hon.), CVA

Presenting a gateway for truly understanding your dog, Elizabeth Johnson reveals how to apply the Five Element model of traditional Chinese medicine to our canine companions to reveal their personality archetype, their behavioral strengths and weaknesses, their relationship dynamics with us, and why they do what they do.

979-8-88850-064-4 • \$18.99 **\$16.14** pb • 192 pages, 6 x 9 • 10 b&w illustrations • e-book and audiobook available



The Book of Changes, Troubles, Problems, Lightness, and Calm

The I Ching as Oracle and Teacher

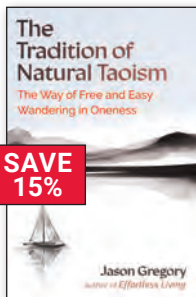
Peter Muller

"Peter Muller's new version of the I Ching follows in the footsteps of the great commentaries of countless scholars and sages throughout the ages."

—Richard Rudd, founder of Gene Keys and author of *The Gene Keys: Embracing Your Higher Purpose*

This new translation of the ancient classic teaches readers how to consult the oracle for divination. Muller details the 64 hexagrams and esoteric significance of each changing line. He also explores concepts that are culturally embedded in the Chinese understanding of the I Ching to give readers greater confidence in their interpretations.

979-8-88850-273-0 • \$29.99 **\$25.49** pb • 432 pages, 6 x 9 • 101 b&w illustrations • e-book available



The Tradition of Natural Taoism

The Way of Free and Easy Wandering in Oneness

Jason Gregory

"Jason opens the Tao and shows us how spirituality can be found by wandering in the natural world. Supporting his points with references to the Tao Te Ching and the Chuang-tzu texts, he shows us how to escape the socialization and distractions of our times to realize our true natures."

—Deng Ming-Dao, author of *365 Tao, Everyday Tao, and Chronicles of Tao*

Drawing on the *Tao Te Ching* and the writings of Chuang-tzu, Jason Gregory reveals how Taoism is a spiritual technology for deprogramming ourselves from socialization and dissolving the ego. He explores the concept of *xiaoyao you* (free and easy wandering) to reveal how we can realize our unfiltered true nature.

979-8-88850-235-8 • \$18.99 **\$16.14** pb • 224 pages, 6 x 9 • 3 b&w illustrations • e-book and audiobook available

The Cosmic Game of Snakes and Arrows

An Oracle for Mapping Your Destiny

Polina Rud

Polina Rud sheds light on the archetypal wisdom of the traditional Hindu board game, and its power as a divinatory tool. Offering a comprehensive guide to Lilā—a predecessor to Snakes and Arrows—Rud includes a three-color gameboard allowing readers to play. She analyzes archetypes of consciousness with the 72 squares of Lilā, enriched by spiritual references to deepen the game's messages. Instructions are provided for conducting personal development ceremonies and receiving guidance from the game.

979-8-88850-221-1 • \$19.99 **\$15.99** pb • 208 pages, 6 x 9 • Includes foldout gameboard



8 Steps to Living a Long Life

The Earth Path of Taoism

Peter Newton / Foreword by Mary Davies Turner, Ph.D

According to the legendary immortals of ancient China, the most achievable way to health, longevity, and enlightenment starts with the Earth Path of Taoism. Sifu Peter Newton explains the principles and practices underlying the life-prolonging and health-enhancing methodology of the Earth Path and provides an easy-to-follow eight-step process to integrate this longevity wisdom into daily life.

979-8-88850-140-5 • \$19.99 **\$16.99** pb • 208 pages, 6 x 9 • 140 b&w illustrations • e-book available

Spiral Dragon Dharma Gate

Six Key Tibetan Practices for Enlightenment

Johndennis Govert

This book explores how the Tibetan Buddhist Spiral Dragon practice can accelerate spiritual development and clarify one's life purpose. The system can transform how one absorbs and channels vital energy through the body, meridians, and consciousness. With these exercises, mantras, and mudras you can resolve acute and chronic physical ailments and optimize your emotional health.

979-8-88850-157-3 • \$18.99 **15.19** pb • 176 pages, 6 x 9 • 51 b&w illustrations • e-book available



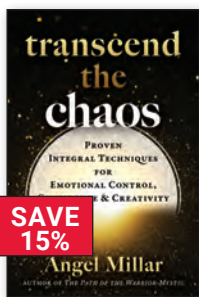
Flight of the Bön Monks

War, Persecution, and the Salvation of Tibet's Oldest Religion

Harvey Rice and Jackie Cole / Foreword by Dalai Lama

Providing an inside view into the occupation of Tibet and the tenets of Bön, one of the world's oldest but least known religions, this book chronicles the true story of three Bön monks who heroically escaped occupied Tibet during the Chinese invasion and went on to rebuild their culture through incredible resilience, determination, and passion.

978-1-64411-858-0 • \$29.99 **23.99** pb • 296 pages, 6 x 9 • 8-page color insert
e-book and audiobook available



SAVE 15%

Transcend the Chaos

Proven Integral Techniques for Emotional Control, Confidence, and Creativity

Angel Millar

"Angel Millar provides us with the tools to transcend the chaos of modernity by taking the axiom 'bring order to chaos'. . . . A must-have for every person of ambition, consider this an invitation to show up for a new level of self-understanding and self-empowerment."

—Alex Kazemi, author of *Pop Magick: A Simple Guide to Bending Your Reality*

With the Six Cs—Connection, Creativity, Craft, Culture, Character, and Consciousness—Angel Millar models how to integrate spiritual consciousness into one's life. He explores the use of trance and dreams among artists, philosophers, and inventors for making breakthroughs in highly-competitive fields and shares daily practices for stress management, more effective persuasion, and creative problem solving.

979-8-88850-243-3 • \$19.99 **16.99** pb • 192 pages, 6 x 9 • e-book and audiobook available

Shamanic Soul Retrieval

Calling Back Lost Parts of the Self

Lisa Biritz

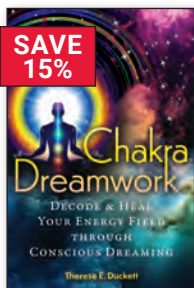
Trauma, abuse, and negative events can cause parts of the soul to split off, and this lowers one's self-esteem, energy, and light. Lisa Biritz gives practical techniques based on Core Shamanism, which has roots in Indigenous traditions such as the Australian Aborigines and the American First Nations, to heal from trauma and realize a balanced sense of self to overcome emotional, mental, and physical ailments. She offers visualization exercises and guided meditations rooted in these ancient traditions.

979-8-88850-402-4 • \$9.99 **\$8.49** pb • 112 pages, 4.5 x 6.5 • 37 full-color illustrations • e-book available

New



SAVE 15%



SAVE 15%

Chakra Dreamwork

Decode and Heal Your Energy Field through Conscious Dreaming

Therese E. Duckett

"This book is a guiding light for the soul's healing path, offering deep insights into the powerful connection between our chakras and our dreams. A potent weave of timeless wisdom and modern practices."

—Mara Branscombe, author of *Ritual as Remedy* and *Sage, Huntress, Lover, Queen*

The vibrational frequencies of our chakras impact everyday life. As each chakra transmits specific symbols in dreams to convey how energy flow is impeded, we can use dreams to heal our chakras. This book offers sound therapy techniques, meditation practices, movement exercises, and ways to use essential oils and color visualization to raise our frequency.

979-8-88850-241-9 • \$18.99 **\$16.14** pb • 192 pages, 6 x 9 • Full-color throughout • e-book available

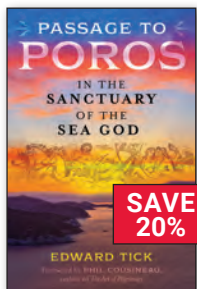
Passage to Poros

In the Sanctuary of the Sea God

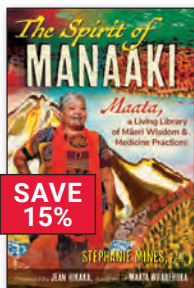
Edward Tick, Ph.D. / Foreword by Phil Cousineau

Experience divine presence and the transformative power of sanctuary on a mystical journey to the sacred island of Poros. Exploring the 3,000-year tradition of pilgrimage and healing on Poros, Edward Tick reveals the ancient Greek foundations of *asylia*, the original practice of sanctuary that provides safety and inspiration while facilitating healing and connection to divinity.

978-1-64411-379-0 • \$22.99 **\$18.39** pb • 264 pages, 6 x 9 • 8-page color insert and 32 b&w illustrations
e-book available



SAVE 20%



SAVE 15%

The Spirit of Manaaki

Maata, a Living Library of Māori Wisdom and Medicine Practices

Stephanie Mines, Ph.D. / Foreword by Jean Hikaka

Transmitting Maata Wharehoka's wisdom to the world, Stephanie Mines explores Maata's pioneering efforts in healthcare and social justice as well as her interpretations of traditional Māori teachings. Stephanie examines how Maata integrated her experiences of trauma and colonialism, and she also tells the story of Parihaka, the birthplace of nonviolent protest.

979-8-88850-095-8 • \$18.99 **\$16.14** pb • 168 pages, 6 x 9 • 8-page color insert and 25 b&w illustrations
e-book and audiobook available

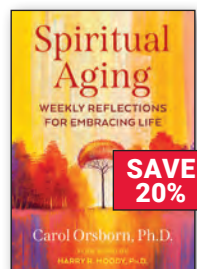
Spiritual Aging

Weekly Reflections for Embracing Life

Carol Orsborn, Ph.D. / Foreword by Harry R. Moody, Ph.D.

Designed to be read weekly in two-year cycles, this book provides inspiring support and guidance to help you navigate the path of aging consciously. Through wise stories and practices, Carol Orsborn, Ph.D., helps point the way forward through every conceivable mood, opportunity, and stumbling block on the spiritual journey through the second half of life.

978-1-64411-667-8 • \$19.99 **\$15.99** pb • 384 pages, 4 x 5.75 • e-book and audiobook available



SAVE 20%



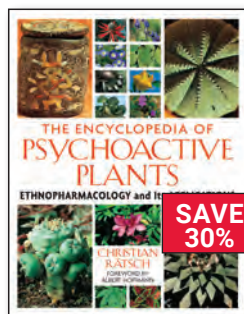
The Encyclopedia of Psychoactive Plants

Ethnopharmacology and Its Applications

Christian Rätsch / Foreword by Albert Hofmann

In the traditions of every culture, psychoactive plants—those known to transport the mind to other dimensions of consciousness—have been regarded as sacred. This book details the history, botany, and use of psychoactive plants and is lavishly illustrated with color photographs of the people, ceremonies, and art related to the ritual use of psychoactive plants.

978-0-89281-978-2 • \$125.00 **\$87.50** hardcover • 944 pages, 8.5 x 11 • 797 color photographs and 645 b&w illustrations • e-book available



The Warrior of Love Tarot

A 78-Card Deck and Guidebook

Luna Marie / Illustrated by Lilia Danchenko

"This beautifully illustrated deck adds another layer of understanding and integration using astrology. . . . The guidebook is clear, concise, and comprehensive. The Warrior of Love Tarot is an excellent tarot deck!"

—Margaret Ann Lembo, author of *The Archangels and Gemstone Guardians Cards* and *The Animal Allies and Gemstone Guardians Cards*

This deck offers help in navigating the complexities of love and relationships with insight and empowerment. Luna Marie symbolizes the many facets of love, including intimacy, connection, trust, and commitment. Offering guidance in transforming your relationships, increasing self-awareness, or developing grace and strength, *The Warrior of Love Tarot* can help you facilitate meaningful growth.

979-8-88850-391-1 • \$22.99 **\$19.54** boxed set • 3.4 x 5.5 • 78 full-color cards and 192-page full-color book



The Poison Path Oracle

Plant Allies for Divination, Spirit Communication, and Trance States

Coby Michael

"This book is an absolute must-have for anyone who works with plant allies. It's packed with history, insight, and hands-on ways to divine with the green spirits themselves. Coby doesn't just teach the poison path, he walks it, and this book." —Eron Mazza, author of *The Living Lenormand*

Focusing on the most important and recurring poisonous plant spirits that appear throughout history, such as the nightshade family, foxglove, and fly agaric, occult herbalist and magical practitioner Coby Michael explores how to incorporate plant spirit work with divinatory methods, including trancework, dream work, scrying, cartomancy, and runes.

979-8-88850-317-1 • \$18.99 **\$16.14** pb • 224 pages, 6 x 9 • 15 b&w illustrations • e-book available



Celtic Elemental Tarot

78-Card Deck and Book

Ayn Cates Sullivan, M.F.A., Ph.D.

Illustrated by Belle Crow duCray / Foreword by Caitlín Matthews

"Beauty. Magic. Illumination. Ayn Cates Sullivan's Celtic Elemental Tarot is all of that and so much more!"

—Peggy O'Neill, host of the podcast *From Adversity to Awakening*

This deck presents the Major Arcana as allies, challenges, virtues, and cosmic forces, while the elemental Minor Arcana offers court cards featuring characters of Arthurian and Grail lore. The author shares four sample spreads, divinatory meanings, challenges, and three Grail questions; along with tree lore, animal totems, gemstones, and flower essences depending on the element.

979-8-88850-280-8 • \$30.00 **\$24.00** boxed set, 6.5 x 8.75 • 78 color cards and 320-page book



Ending Unnecessary Suffering

How to Create a Powerful, Complete, and Peaceful Life

Peter Ralston

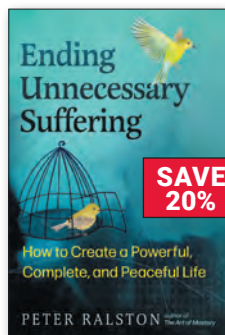
"Peter Ralston has created a mighty tome that clearly lays out why we suffer, the mechanics behind our suffering, and solutions that we can actually use to end our personal suffering."

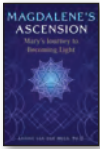
... Ending Unnecessary Suffering is a gift to us all."

—Selina Maitreya, author of *Raise Your Frequency, Transform Your Life*

Peter Ralston reveals how to free yourself from mentally created suffering by exploring the dynamics of the mind. With contemplative practices and exercises to help you end your inner turmoil and foster growth, awareness, and freedom, this book provides an empowering way to create a more complete and peaceful life experience.

979-8-88850-118-4 • \$19.99 **\$15.99** pb • 256 pages, 6 x 9 • e-book and audiobook available

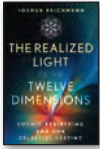




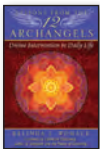
Magdalene's Ascension:
Mary's Journey to Becoming Light
by **Annine van der Meer, Ph.D.** A new, integrative account of the life and work of Mary Magdalene.
978-1-59143-526-6 • 416 pages, 6 x 9 pb
68 b&w illustrations • e-book ✓ • \$29.99 **\$23.99**



Feng Shui with Archangels, Unicorns, and Dragons: *How to Transform the Energies of Your Home and Life* by **Franziska Siragusa** / Foreword by Diana Cooper. Create harmony and balance with 5D Feng Shui.
979-8-88850-225-9 • 160 pages, 6 x 9 pb
1 b&w illustration • e-book and audiobook ✓
\$16.99 **\$13.59**



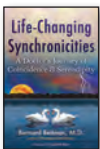
The Realized Light of the Twelve Dimensions: *Cosmic Rebirthing and Our Celestial Destiny* by **Joshua Reichmann**. Pleiadian guide to navigate our cosmic rebirth and energetic upgrade.
978-1-59143-490-0 • 336 pages, 6 x 9 pb • 16-page color insert • e-book and audiobook ✓ • \$26.00 **\$20.80**



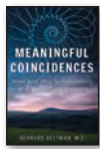
Lessons from the Twelve Archangels: *Divine Intervention in Daily Life* by **Belinda J. Womack** / Foreword by Catherine Shainberg. A powerful guide to open your life to the wisdom and healing of the Angels and their love for us.
978-1-59143-223-4 • 224 pages, 6 x 9 pb
e-book and audiobook ✓ • \$15.00 **\$12.00**



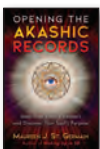
The Call to the Far Shore: *Carrying Our Loved Ones through Dying, Death, and Beyond* by **Nancy MacMillan** / Foreword by Robert Sardello. How to care for the dying for their healing, ours, and the world's.
979-8-88850-109-2 • 256 pages, 6 x 9 pb
e-book and audiobook ✓ • \$19.99 **\$15.99**



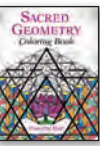
Life-Changing Synchronicities: *A Doctor's Journey of Coincidence and Serendipity* by **Bernard Beitman, M.D.** / Foreword by Roderick Main. A psychiatrist's review of a lifetime of synchronicities.
979-8-88850-184-9 • 240 pages, 6 x 9 pb • 12 b&w illustrations • e-book and audiobook ✓ • \$18.99 **\$15.19**



Meaningful Coincidences: *How and Why Synchronicity and Serendipity Happen* by **Bernard Beitman, M.D.** A comprehensive exploration of the potential of coincidences to expand our understanding of reality and inspire psychological, interpersonal, and spiritual growth.
978-1-64411-570-1 • 224 pages, 6 x 9 pb
e-book and audiobook ✓ • \$16.99 **\$13.59**



Opening the Akashic Records: *Meet Your Record Keepers and Discover Your Soul's Purpose* by **Maureen J. St. Germain**. A clear and simple manual of precise instructions for accessing the Akashic Records and confirming the accuracy of the information you receive.
978-1-59143-338-5 • 176 pages, 6 x 9 pb • 20 b&w illustrations • e-book and audiobook ✓ • \$16.00 **\$12.80**



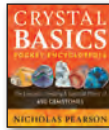
Sacred Geometry Coloring Book by **Francene Hart**. Beautiful line-art depictions of the intricate paintings of visionary artist Francene Hart.
978-1-62055-652-8 • 96 pages, 8.5 x 11 pb • 45 b&w illustrations and 2 color images • \$14.95 **\$11.96**



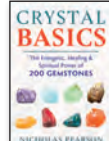
Light Messages from the Pleiades: *A New Matrix of Galactic Order* by **Pavlina Klemm**. Pleiadian healing techniques to assist humanity in the ascension process.
978-1-64411-825-2 • 192 pages, 5.5 x 8.5 pb
e-book and audiobook ✓ • \$19.99 **\$15.99**



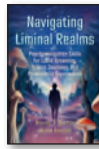
The Path of Elemental Witchcraft: *A Wyrd Woman's Book of Shadows* by **Salicrow**. A comprehensive guide to connecting with the magic of each of the four elements: Water, Earth, Air, and Fire.
978-1-64411-336-3 • 576 pages, 6 x 9 pb
e-book and audiobook ✓ • \$24.99 **\$19.99**



Crystal Basics Pocket Encyclopedia: *The Energetic, Healing, and Spiritual Power of 450 Gemstones* by **Nicholas Pearson**. A full-color pocket reference guide to the healing properties of crystals.
978-1-64411-503-9 • 288 pages, 4.5 x 5.25 pb
Full-color throughout • e-book ✓ • \$19.99 **\$15.99**



Crystal Basics: The Energetic, Healing, and Spiritual Power of 200 Gemstones by **Nicholas Pearson**. A full-color practical handbook of essential techniques with an in-depth directory of healing stones.
978-1-62055-934-5 • 416 pages, 6.63 x 9.5 pb
Full-color throughout • e-book ✓ • \$29.99 **\$23.99**



Navigating Liminal Realms: *Psychonavigation Skills for Lucid Dreaming, Trance Journeys, and Altered States* by **Norma J. Burton and Nisha Burton**. Safely explore inner worlds through altered states of consciousness.
979-8-88850-165-8 • 272 pages, 6 x 9 pb • 13 b&w illustrations • e-book and audiobook ✓ • \$19.99 **\$15.99**



Wetiko: Healing the Mind-Virus That Plagues Our World by **Paul Levy** / Foreword by Larry Dossey, M.D. How to break free from the collective mind parasite of wetiko.
978-1-64411-410-0 • 336 pages, 6 x 9 pb
e-book and audiobook ✓ • \$19.99 **\$15.99**



Undreaming Wetiko: Breaking the Spell of the Nightmare Mind-Virus by **Paul Levy**. The Native American idea of "wetiko," a virus of the mind, underlies the collective insanity and evil that is destructively playing out around the world.
978-1-64411-566-4 • 416 pages, 6 x 9 pb
e-book and audiobook ✓ • \$24.99 **\$19.99**



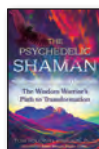
Recentering Seth: Teachings from a Multidimensional Entity on Living Gracefully and Skillfully in a World You Create But Do Not Control by **John Friedlander** / Foreword by Richard Grossinger. A new synthesis and expansion of the groundbreaking Seth teachings.
978-1-59143-437-5 • 448 pages, 6 x 9 pb • e-book ✓
\$20.00 **\$16.00**



Numerology for Healing: Your Personal Numbers as the Key to a Healthier Life by **Michael Brill**. A unique approach to using numerology to identify life challenges and karmic lessons to heal emotional and physical problems.
978-1-59477-236-8 • 176 pages, 6 x 9 pb • e-book ✓
\$14.95 **\$11.96**



Confident Empath: *A Complete Guide to Multidimensional Empathing and Energetic Protection* by **Suzanne Worthley**. Practices for empaths to protect themselves, heal energetically, and discover self-empowerment.
978-1-64411-752-2 • 288 pages, 6 x 9 pb
e-book and audiobook ✓ • \$22.99 **\$18.39**



The Psychedelic Shaman: *The Wisdom Warrior's Path to Transformation* by **Tom Soloway Pinkson, Ph.D.** / Foreword by Rabbi Michael Ziegler, D.Min. Discover healing and purpose with psychedelic shamanism.
978-1-59143-539-6 • 208 pages, 6 x 9 pb • Full-color throughout • e-book and audiobook ✓ • \$18.00 **\$14.40**



The Light and Shadow Tarot by Michael Goepferd and Brian Williams / Illustrated by Michael Goepferd. Draws its inspiration from many spiritual traditions, including Celtic, Native American, East Indian, African, Medieval and Renaissance European.
978-0-89281-503-6 • Boxed set, 4.25 x 5.5 • 78 b&w cards and 208-page book • \$24.99 **\$12.50**



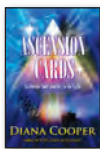
Astrology Reading Cards: Your Personal Guidance from the Stars by Alison Chester-Lambert, MA / Illustrated by Richard Crookes. Self-help astrological advice has never been easier to attain than with this spirit guiding card deck.
978-1-84409-581-0 • Boxed set, 5.13 x 7.63
96-page full-color booklet and 36 full-color cards
\$19.95 **\$9.98**



The Unicorn Cards by Diana Cooper / Illustrated by Damian Keenan. The unicorns stand ready to help and guide humanity through this beautiful deck of affirmations.
978-1-84409-144-7 • Boxed set, 4.13 x 5.75
44 full-color cards and 28-page booklet
\$16.95 **\$8.48**



The Archangels and Gemstone Guardians Cards by Margaret Ann Lembo / Illustrated by Richard Crookes. Used regularly this oracle deck will bring insights and guidance from the gemstones and the archangels.
978-1-84409-690-9 • Cards, 3.88 x 5.5
44 full-color illustrated cards • \$19.99 **\$10.00**



Ascension Cards: Accelerate Your Journey to the Light by Diana Cooper / Illustrated by Richard Crookes. These cards are designed to assist those seeking to start on a personal ascension path or to accelerate journeys to the light.
978-1-84409-600-8 • Boxed set, 5.13 x 7.38
80-page booklet and 52 full-color cards
\$19.95 **\$9.98**



The Mayan Oracle: A Galactic Language of Light by Ariel Spilsbury and Michael Bryner / Illustrated by Oceanna. Contains 44 full-color cards depicting archetypal Mayan symbols and an in-depth guidebook.
978-1-59143-123-7 • Boxed set, 6 x 9 • 44 full-color cards and 320-page book with 56 b&w illustrations
\$30.00 **\$15.00**



Messages from Heaven Communication Cards: Love & Guidance from the Other Side of Life by Jacky Newcomb. This deck helps people to reach out to the other side of life in a familiar way.
978-1-84409-638-1 • Boxed set, 4.13 x 5.88
64-page booklet and 44 color cards • \$19.99 **\$10.00**



Atlantis Cards by Diana Cooper / Illustrated by Damian Keenan. Capturing the positive vibrations of Atlantean times, this card set provides insight and inspiration from the Atlanteans.
978-1-84409-059-4 • Cards, 3.88 x 5.25
45 full-color cards • \$19.95 **\$9.98**



The Minchiarte Tarot: The 97-Card Tarot of the Renaissance, Complete with the 12 Astrological Signs and the 4 Elements by Brian Williams. The first modern presentation of the unique Italian Renaissance Tarot deck.
978-0-89281-651-4 • Boxed set, 6 x 9 • 97 full-color cards and 272-page book with 393 b&w illustrations
\$35.00 **\$17.50**



Nature Spirit Tarot: A 78-Card Deck and Book for the Journey of the Soul by Jean Marie Herzl. A vibrant 78-card Tarot deck and guidebook featuring flora, fauna, and esoteric symbols.
978-1-59143-399-6 • Boxed set, 6 x 9 • 78 full-color cards and 192-page full-color book • \$35.00 **\$17.50**



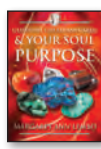
Orbs Cards by Diana Cooper and Kathy Crosswell. Provides inspiration and empowerment from the mysterious spirit guides that are concealed in the orbs often found in digital photographs.
978-1-84409-176-8 • Cards, 3.75 x 3.75
44 halftone color cards • \$16.95 **\$8.48**



The Heart Path Oracle Cards: Miraculous Messages of Love by Nadine Gordon-Taylor. An intuitive oracle deck illustrated with images of animals and esoteric symbols along with channeled messages of Universal love.
978-1-59143-390-3 • Boxed set, 5.25 x 7.5
53 full-color cards and 128-page full-color book
\$30.00 **\$15.00**



Masters, Mystics, Saints & Gemstone Guardians Cards by Margaret Ann Lembo. Each card poses a question for contemplative thought, Divine Guidance, and a positive affirmation.
978-1-84409-718-0 • Cards, 3.88 x 5.5
44 halftone color cards • \$16.95 **\$8.48**



Gemstone Guardians Cards and Your Soul Purpose by Margaret Ann Lembo. A deck and guidebook set to help you discover your life's work with the assistance of the inspiring gemstone guardians.
978-1-64411-067-6 • Boxed set, 4 x 5.5 • 44 full-color cards and 128-page booklet • \$19.99 **\$10.00**



Animal Love Oracle Cards: Advice, Compassion, and Wisdom from Our Animal Mentors by Nadine Gordon-Taylor. An intuitive oracle deck that resonates with the compassionate wisdom of animals and universal love.
978-1-59143-404-7 • Boxed set, 5.25 x 7.5
52 full-color cards and 128-page full-color book
\$30.00 **\$15.00**



Empath Activation Cards: Discover Your Cosmic Purpose by Rev. Stephanie Red Feather, Ph.D. A full-color oracle deck and guidebook to activate your light codes, raise your frequency, and awaken to your cosmic mission.
978-1-59143-417-7 • Boxed set, 5.25 x 7.5 • 44 full-color cards and 224-page book • \$30.00 **\$15.00**



The Keys to the Universe Cards by Diana Cooper and Kathy Crosswell. Diana Cooper created these cards to accelerate the journey to enlightenment.
978-1-84409-609-1 • Cards, 4 x 5.85 • 52 cards and 1 color illustration • \$19.99 **\$10.00**



Crystal Oversoul Cards: Attunements for Lightworkers by Michael Eastwood. A card deck and guidebook set to help you access the higher energies of the Crystal Oversouls and accelerate the awakening process.
978-1-64411-176-5 • Boxed set, 5.25 x 7.5
66 full-color cards and 224-page book
\$30.00 **\$15.00**



The Amazonian Angel Oracle: Working with Angels, Devas, and Plant Spirits by Howard G. Charing. A deck and guidebook inspired by the visionary art and shamanic wisdom of Pablo Amaringo.
978-1-64411-426-1 • Boxed set, 5.25 x 7.5
33 full-color cards and 192-page book
\$30.00 **\$15.00**



The Pride of Dragons Oracle: A 44-Card Deck and Guidebook by Angelo Thomas and Sonja Hedger. A hands-on tool to connect with the celestial wisdom of Dragons.
978-1-59143-492-4 • Boxed set, 4 x 5.5 • 44 color cards and 128-page book • \$20.00 **\$10.00**



The Council of Horses Oracle

978-1-59143-493-1
~~\$19.99~~ **\$15.99**
 Boxed set



Oracle of the Phoenix

979-8-88850-248-8
~~\$19.99~~ **\$15.99**
 Boxed set



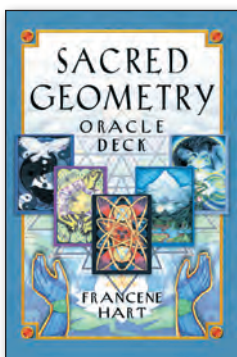
The Hoodoo Tarot

978-1-62055-873-7
~~\$35.00~~ **\$28.00**
 Boxed set



Magdalene Manifestation Cards

978-1-59143-480-1
~~\$30.00~~ **\$24.00**
 Boxed set



Sacred Geometry Oracle Deck

978-1-879181-73-1
~~\$35.00~~ **\$28.00**
 Boxed set



Archetypal Astrology Oracle

979-8-88850-092-7
~~\$30.00~~ **\$24.00**
 Boxed set



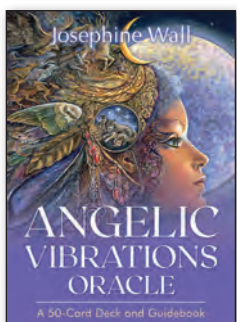
Soulflower Plant Spirit Oracle

978-1-64411-476-6
~~\$30.00~~ **\$24.00**
 Boxed set



The Jolanda Witch Tarot

979-8-88850-066-8
~~\$40.00~~ **\$32.00**
 Boxed set



Angelic Vibrations Oracle

979-8-88850-139-9
~~\$19.99~~ **\$15.99**
 Boxed set



The New Orleans Voodoo Tarot

978-0-89281-363-6
~~\$35.00~~ **\$28.00**
 Boxed set



Celtic Healing Oracle

978-1-64411-496-4
~~\$19.99~~ **\$15.99**
 Boxed set



Archangel Fire Oracle

978-1-64411-278-6
~~\$25.00~~ **\$20.00**
 Boxed set

The Metaverse of Consciousness

Mapping the Multiple Dimensions of Reality

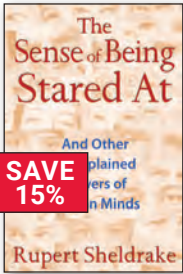
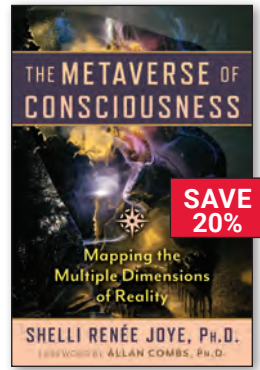
Shelli Renée Joye, Ph.D. / Foreword by Allan Combs

"This book investigates the true nature of reality from a psychonaut's point of view. Through awareness of perceiving the Whole, we can envision and participate in evolution of human consciousness, rising above apparent divisions and polarities. Shelli Renée Joye invites us to experience the richness of our living Cosmos and the dawning of a new awareness."

—Cynthia Sue Larson, Ph.D., author of *Quantum Jumps* and *Reality Shifts*

Shelli Renée Joye explores the metaverse as interwoven, hidden dimensions operating in parallel with space and time. Integrating theories of consciousness, Joye explores how the metaverse is rooted in one consciousness, encompassing not only space and time, but also previously unknown dimensions recently detected by experiments at the high-energy particle collider in Switzerland.

978-8-88850-012-5 • \$24.99 **\$19.99** pb • 320 pages, 6 x 9 • 68 b&w illustrations • e-book available



The Sense of Being Stared At

And Other Unexplained Powers of Human Minds

Rupert Sheldrake

Rupert Sheldrake proves that our minds and intentions extend into our surroundings with invisible connections that link us to each other and the world. His 25 years of research into telepathy, the power of staring, remote viewing, precognition, and animal premonitions draws on case histories, questionnaire responses, and the results of experiments carried out with more than 20,000 people.

978-1-62055-097-7 • \$22.99 **\$19.54** pb • 400 pages, 6 x 9 • 17 b&w illustrations • e-book available

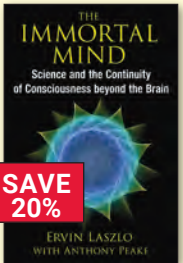
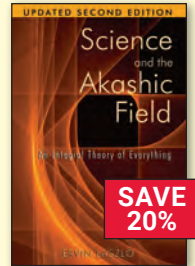
Science and the Akashic Field

An Integral Theory of Everything

Ervin Laszlo

Recent discoveries in vacuum physics show that at the roots of reality there exists an interconnecting cosmic field that conserves and conveys all information. This field, the Akashic record, is the constant and enduring memory of the universe, holding the record of all that has happened in the cosmos and reflecting all that is yet to come.

978-1-59477-181-1 • \$14.95 **\$11.96** pb • 208 pages, 6 x 9 • e-book available



The Immortal Mind

Science and the Continuity of Consciousness beyond the Brain

Ervin Laszlo with Anthony Peake

The notion that consciousness can exist without connection to a living organism is supported by evidence from near-death experiences, after-death communication, and neurosensory information received in altered states. Indeed, cutting-edge physics now posits that things in our plane of time and space are not intrinsically real but are manifestations of a dimension where they exist as superstrings and energy matrices.

978-1-62055-303-9 • \$16.95 **\$13.56** pb • 176 pages, 6 x 9 • e-book available

Secrets of Antigravity Propulsion

Tesla, UFOs, and Classified Aerospace Technology

Paul A. LaViolette, Ph.D.

"One of the boldest and most exciting books on gravity control to be put forward in our times. Paul LaViolette is an outstanding scientist." —Eugene Podkletnov, Ph.D., Professor of Chemistry, Tampere, Finland

Physicist Paul LaViolette offers a complete investigation of the development and suppression of antigravity and field propulsion technologies, including those capable of revolutionizing energy production. This book shows how NASA is part of a cover-up to block adoption of advanced technologies under military development.

978-1-59143-078-0 • \$26.00 **\$19.50** pb • 512 pages, 6 x 9 • 130 b&w illustrations • e-book and audiobook available



Sacred Forest Bathing

The Healing Power of Ancient Trees and Wild Places

Ellen Dee Davidson

Advancing forest bathing and nature therapy to mystical levels, Ellen Dee Davidson explores the healing, heightened creativity, and intuitive states available to us when we commune with nature. Weaving environmental science, wilderness adventure, goddess mythology, and the sentience of redwoods, Davidson shows how to cultivate sensitivity to the forest and open to its wisdom.

978-1-59143-547-1 • \$20.00 **\$17.00** pb • 224 pages, 6 x 9 • e-book available



SAVE 15%

7 Reasons to Believe in the Afterlife

A Doctor Reviews the Case for Consciousness after Death

Jean Jacques Charbonier, M.D.

"Charbonier's book should be compulsory reading for every poor skeptic who still believes that he disappears when his brain stops." —Ervin Laszlo, author of *The Immortal Mind*

As an anesthesiologist and intensive care physician, Dr. Charbonier studied hundreds of accounts of patients who returned from clinical death. He distills his findings into seven cogent arguments, refuting the objections of materialists point by point. Death is simply a transition, and understanding this can enable us to live more fully and peacefully in the now.

978-1-62055-380-0 • \$14.95 **\$12.71** pb • 160 pages, 6 x 9 • e-book and audiobook available

A New Science of the Afterlife

Space, Time, and the Consciousness Code

Daniel Drasin

"By dismantling the structures of an outworn materialistic worldview, Drasin reveals that the afterlife constitutes a legitimate arena of scientific research. . . . This groundbreaking book provides solid grounds for believing that death is anything but a dead end." —Kenneth Ring, Ph.D., author of *Lessons from the Light*

Sharing his more than three decades of research into the afterlife and paranormal phenomena, Daniel Drasin shows that human consciousness continues after death and constitutes a legitimate area of scientific inquiry with convincing evidence. He shares 15 promising avenues of post-materialist scientific investigation currently underway and explores what the "next life" is like.

978-1-64411-681-4 • \$16.99 **\$14.44** pb • 128 pages, 6 x 9 • e-book and audiobook available



SAVE 15%



SAVE 15%

The Luminous Landscape of the Afterlife

Jordan's Message to the Living on What to Expect after Death

Matthew McKay, Ph.D.

"A thought-provoking and expansive book about the afterlife that will challenge you, offer comfort, and reconnect you with who and what you are and why you're here."

—John P. Forsyth, Ph.D., coauthor of *The Mindfulness and Acceptance Workbook for Anxiety and Anxiety Happens*

There is no better source of information on death and the afterlife than someone who has died and lives in spirit. Channeling his late son, Jordan, psychologist Matthew McKay offers a post-death guide for the living, revealing in vivid detail what to expect when we die and how to prepare for the wonders of the afterlife.

978-1-64411-284-7 • \$14.99 **\$12.74** pb • 144 pages, 6 x 9 • e-book and audiobook available

Quantum Spirituality

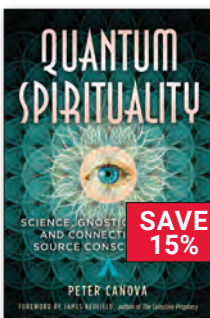
Science, Gnostic Mysticism, and Connecting with Source Consciousness

Peter Canova / Foreword by James Redfield

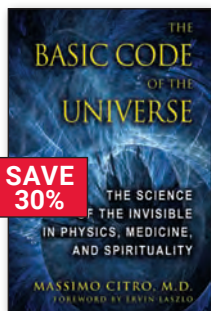
"Quantum Spirituality stirs me in a special way. I love Peter's concepts relating to the mysterious and mystical aspects of life. It resonates with my own experience. . . . Please read this book, and let it become a part of your life experience too." —Bernie Siegel, M.D., author of *No Endings, Only Beginnings*

Exploring the perennial principles of Gnosticism, Peter Canova explains how they describe major theories of quantum physics, such as the Big Bang, parallel universes, the Holographic Universe theory, and Einstein's Relativity. He reveals how to harness quantum spirituality for personal empowerment, access to higher levels of consciousness, and manifestation.

978-1-59143-463-4 • \$20.00 **\$17.00** pb • 256 pages, 6 x 9 • 48 b&w illustrations • e-book and audiobook available



SAVE 15%



SAVE 30%

The Basic Code of the Universe

The Science of the Invisible in Physics, Medicine, and Spirituality

Massimo Citro, M.D. / Foreword by Ervin Laszlo

Linking the work of Ervin Laszlo, Rupert Sheldrake, Richard Gerber, and Masaru Emoto, this book shows how a basic code connects every person, plant, animal, and mineral.

978-1-59477-391-4 • \$28.00 **\$19.60** hardcover • 288 pages, 6 x 9 • 40 b&w illustrations • e-book available

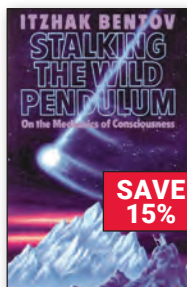
Stalking the Wild Pendulum

On the Mechanics of Consciousness

Itzhak Bentov

In this exciting and original view of the universe, Itzhak Bentov provides a new perspective on human consciousness and its limitless possibilities. Widely known and loved for his delightful humor and imagination, Bentov dazzles the imagination and causes us to rethink everything about the nature of reality.

978-0-89281-202-8 • \$16.99 **\$14.44** pb • 208 pages, 5.38 x 8.25 • Black-and-white illustrations throughout • e-book and audiobook available



SAVE 15%

Alchemy of Nine Dimensions

Activating the Full Spectrum of Consciousness

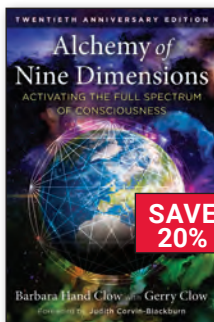
Barbara Hand Clow with Gerry Clow / Foreword by Judith Corvin-Blackburn, LCSW, DMIn

"Barbara Hand Clow is the preeminent ambassador and decoder for the burgeoning spiritual awakening of our era. . . . One can't get any closer to a complete work on the most important topics for our time. Read or re-read this awe-inspiring work by a true, unparalleled visionary teacher!"

—Joshua Reichmann, author of *The Realized Light of the Twelve Dimensions*

Presenting a scientific analysis of Earth's nine dimensions of consciousness, Barbara Hand Clow examines how each dimension influences Earth, its levels of creative expression, and the sciences that describe each one. She also provides meditations to open you to the experience of each dimension and all nine dimensions as an integrated whole.

978-1-59143-543-3 • \$24.00 **\$19.20** pb • 320 pages, 6 x 9 • 62 b&w illustrations • e-book and audiobook available



Astrological Ages and the Galactic Center

Ancient Wisdom for This Time of Transition

Heather M. Ensworth, Ph.D. / Foreword by Barbara Hand Clow

"This is a magisterial, revelatory work—a brilliant manual of instruction that offers us a long historical perspective, showing us where we have come from and where we are going. . . . There is so much wisdom in this book." — Anne Baring Ph.D. (hons.), author of *The Dream of the Cosmos* and *Divine Wisdom and the Holy Spirit*

We are approaching the end of a 24,000-year precessional cycle and the cusp of a new age. This transition can lead to an evolutionary leap, but also bring inevitable challenges. Heather Ensworth shows that the universe is sentient and guiding us through this transition and into new paradigms of thought and higher levels of consciousness.

978-1-59143-555-6 • ~~\$20.00~~ **\$17.00** pb • 256 pages, 6 x 9 • 11 b&w illustrations • e-book and audiobook available

New

Ask Your Angel Guides

How to Work with Celestial Energies to Create Abundance and Well-Being

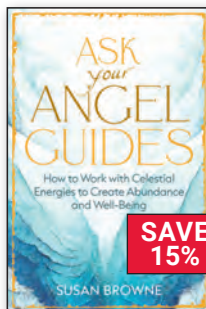
Susan Browne

"Ask Your Angel Guides takes you on a journey from creating a good relationship with your guardian angel to connecting with some of the beautiful, high-frequency spiritual energies that enhance your spiritual growth. I love this book and highly recommend it."

—Diana Cooper, author of *The Golden Future* and *The Wonder of Unicorns*

The author explains how to ask the angels for guidance through all of life's challenges by offering coaching exercises, techniques, and visualizations as well as practical life hacks to realize your full potential.

979-8-88850-350-8 • \$16.99 **\$14.44** pb • 224 pages, 6 x 9 • e-book and audiobook available



Pleiadian Activation of Our Sacred Heart Space

Liberating the Human Soul

Pavlina Klemm

The Pleiadians guide humanity during our collective ascension process. Pavlina Klemm teaches how to channel Pleiadian wisdom through our sacred heart space. She introduces Pleiadian sun and earth symbols that activate the pineal gland to connect us to a higher order. She also gives practical tools for growth, allowing readers to realign consciousness for a positive future.

979-8-88850-319-5 • \$19.99 **\$15.99** pb • 192 pages, 5.5 x 8.5 • 4 b&w illustrations • e-book and audiobook available

Seeking Your Loved One on the Other Side

Communications with the Invisible Universe

Matthew McKay, Ph.D. / Foreword by Ralph Metzner, Ph.D.

After the tragic death of his son, Jordan, Matthew McKay embarked on a journey to communicate with Jordan across the veil. He discovered not only successful methods to connect with lost loved ones but also profound truths about the afterlife, the illusion of loss, and how pain is integral to our life purpose.

979-8-88850-233-4 • \$16.99 **\$14.44** pb • 160 pages, 6 x 9 • e-book and audiobook available



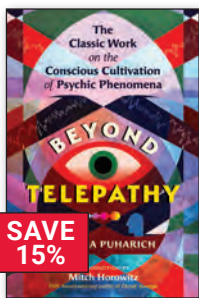
The UFO Paradox

The Celestial and Symbolic World of Unidentified Aerial Phenomena

Keith Thompson

Focusing on the possibilities found by exploring both witnesses' reports and the theories of skeptics, veteran UFO observer and reporter Keith Thompson shares profound insights and experiences from his several decades of research, revealing that the UFO phenomenon is decidedly real, yet perhaps not what either side of the debate expects.

978-1-59143-488-7 • ~~\$20.00~~ **\$17.00** pb • 272 pages, 6 x 9 • 11 b&w illustrations • e-book and audiobook available



Beyond Telepathy

The Classic Work on the Conscious Cultivation of Psychic Phenomena

Andrija Puharich / Introduction by Mitch Horowitz

"Anyone interested in parapsychology and extraphysical cognition should cheer the reappearance of this volume. This heterodox intellect has not yet received his due in our culture. I believe that is about to change." –Mitch Horowitz, author of *Occult America* and *The Miracle Club*

Neurologist Andrija Puharich pioneered research in psi phenomena in the 1950s and 60s. This book provides profound examples of telepathy, clairvoyance, and mind powers that he recorded in labs and clinical settings while also drawing on ancient spiritual practices to show how one might activate these abilities.

978-1-64411-689-0 • \$19.99 **\$16.99** pb • 320 pages, 6 x 9 • 9 b&w illustrations • e-book and audiobook available

New

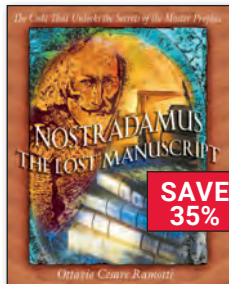
Nostradamus: The Lost Manuscript

The Code That Unlocks the Secrets of the Master Prophet

Ottavio Cesare Ramotti

Paintings by Nostradamus discovered in 1994 in the Italian National Library provide the key to decoding his prophecies, revealing a chronology of his quatrains that has been hidden for 400 years. Ramotti has cracked the code and produced a book that is required reading for those who want to know what the next millennium has in store.

978-0-89281-915-7 • \$29.99 **\$19.49** pb • 192 pages, 8 x 10 • 21 color and 80 b&w illustrations
e-book available



Telepathic Tales

Precognition and Clairvoyance in Legend, Lyric, and Lore

Daniel Bourke / Foreword by Gregory Shushan, Ph.D.

"An extraordinary compendium that unveils a hidden dimension of human experience, revealing the uncanny reality of mind-to-mind communication and psychic phenomena across cultures and throughout history. . . . Telepathic Tales is a captivating journey into the unexplained powers of the human mind." –David Jay Brown, author of *Dreaming Wide Awake*

Taking readers on a cross-cultural voyage through extrasensory experiences, the author documents and contextualizes these mysterious phenomena. Daniel shares accounts from ancient Greek myth as well as traditional North and South American, African, and Polynesian stories. He considers unexplained ESP-related happenings, including bilocation, the ability to locate lost items, and early knowledge of one's own death.

979-8-88850-173-3 • \$24.99 **\$19.99** pb • 320 pages, 6 x 9 • e-book and audiobook available

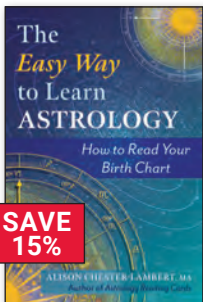
Angels in Waiting

How to Reach Out to Your Guardian Angels and Spirit Guides

Robbie Holz with Judy Katz

Revealing the angels' strong desire to assist us, Robbie Holz explains how to initiate contact with angels and spirit guides, how to recognize their signs, and how to appeal to your guardian angel. She provides exercises and guided meditations to help strengthen your intuition and develop a closer connection to your celestial team.

978-1-64411-316-5 • \$14.99 **\$12.74** pb • 144 pages, 6 x 9 • e-book and audiobook available



The Easy Way to Learn Astrology

How to Read Your Birth Chart

Alison Chester-Lambert, MA

Presenting a simple way to learn astrology, professional astrologer and astropsychologist Alison Chester-Lambert breaks down the complexities of a birth chart into easy-to-understand, bite-sized pieces, revealing how to quickly decode a person's strengths, weaknesses, challenges, and opportunities with psychological astrology. Sharing sample charts and interpretations, she explains key astrological terms and concepts in an uncomplicated way, from the 4 Elements to the 12 Zodiac Signs to the Houses, allowing you to begin reading charts right away.

979-8-88850-039-2 • \$16.99 **\$14.44** pb • 176 pages, 6 x 9 • 4 b&w illustrations • e-book and audiobook available

The New Sirian Revelations

Galactic Prophecies from the Sixth Dimension

Patricia Cori

In 1996, Patricia Cori experienced a galactic out-of-body journey—a transformational awakening that attuned her to a group of interdimensional light beings known to her as the Sirian High Council. In this book, she shares revelations from the Sirians to help us understand the darkness and focus on light for all humanity and the earth.

978-1-59143-474-0 • \$24.00 **\$19.20** pb • 256 pages, 6 x 9 • 19 b&w illustrations
e-book and audiobook available



The Complete Smudging Handbook

67 Herbs, Woods, and Resins for Clearing and Emotional Balance

Markus Schirner

"The Complete Smudging Handbook offers a modern interpretation of smudging and incense burning that will anchor and deepen any reader's approach to this ancient practice." —Jacquie C., *Mystic Living Today*

This modern interpretation of smudging and incense burning includes an A–Z catalog of 67 herbs, resins, and woods. Markus Schirner explores the history and traditional and contemporary uses of these materials, and shares 34 spiritual and physical smudging protocols for divination, grounding, improving health, confidence, and dreaming. Learn how to properly collect, store, and prepare smudging ingredients. Immerse yourself in the ancient practice of smudging and plant wisdom for improved physical health and emotional wellbeing.

979-8-88850-283-9 • \$22.99 **\$19.54** pb • 176 pages, 6.5 x 9.25 • Full-color throughout • e-book available



Moss Medicine

Indigenous Wisdom and Modern Pharmacology

Robert Dale Rogers, RH(AHG) / Foreword by Seán Pádraig O'Donoghue

"This richly informed and deeply researched book opened my eyes to clinical possibilities from a source I wasn't previously aware of. Reading it inspired recognition of the huge number of moss species, which offer hope for novel medical treatments. . . . I cannot recommend this book highly enough."

—Peter Silverstone, MD, FRCPC, professor of psychiatry, University of Alberta

This full-color encyclopedia explores more than 600 species of the bryophyte family of plants—mosses, liverworts, and hornworts—through the lens of ethnobotany, folklore, chemistry, pharmacology, and their healing applications in homeopathy and aromatherapy. It examines indigenous uses of bryophytes, scientific and medical research on their compounds, and their environmental benefits.

979-8-88850-099-6 • \$29.99 **\$25.49** pb • 416 pages, 6.63 x 9.5 • Full-color throughout • e-book available

Medicinal Lichens

Indigenous Wisdom and Modern Pharmacology

Robert Dale Rogers, RH(AHG) / Photographs by Jason Hollinger

In this full-color encyclopedia, Robert Dale Rogers, RH(AHG), explores more than 400 species of North American lichens, detailing their traditional indigenous uses, mythology, chemistry, pharmacology, and possible healing applications, along with naturalist observations from the 19th and 20th centuries. Includes photographs by renowned lichen macrophotographer Jason Hollinger.

979-8-88850-024-8 • \$29.99 **\$23.99** pb • 384 pages, 6.63 x 9.5 • Full-color throughout • e-book available



Della Medicina

The Tradition of Italian-American Folk Healing

Lisa Fazio / Foreword by MaryBeth Bonfiglio

Building upon the folk wisdom she learned from her immigrant grandparents as well as from local healers in Southern Italy, second-generation Italian-American and experienced herbalist Lisa Fazio shares herbal traditions and practices from the Italian diaspora and reveals how working with traditional plant medicines can help us connect to ancestral traditions for deep inner healing.

978-1-64411-753-8 • \$24.99 **\$19.99** pb • 448 pages, 6 x 9 • 25 b&w illustrations • e-book available

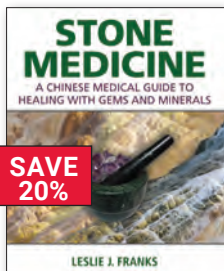
A Shamanic Herbal

Plant Teachers and Animal Medicines

Matthew Wood

Sharing profound experiences from his long career as well as his first years growing up on a remote Seminole reservation in the Everglades, renowned herbalist Matthew Wood interweaves practical herbalism and the spiritual potency of Nature to explore the plant teachers, animal medicines, and foundational principles of shamanism.

979-8-88850-020-0 • \$29.99 **\$23.99** pb • 416 pages, 6 x 9 • e-book and audiobook available



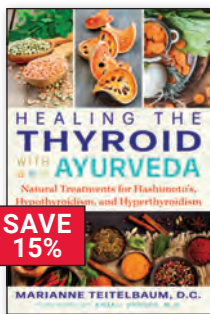
Stone Medicine

A Chinese Medical Guide to Healing with Gems and Minerals

Leslie J. Franks

Detailing the properties of 200 gems, stones, minerals, and crystals, Leslie Franks explains the physical, emotional, and spiritual conditions each stone can treat and how their color, form, hardness, and energetic qualities affect us according to Chinese Medicine. Including a thorough primer on Traditional Chinese Medicine, this book explains how stones access our deepest layers.

978-1-62055-529-3 • ~~\$60.00~~ **\$48.00** hardcover • 544 pages, 8.5 x 11 • 32-page color insert and 40 b&w illustrations • e-book available



SAVE 15%

Healing the Thyroid with Ayurveda

Natural Treatments for Hashimoto's, Hypothyroidism, and Hyperthyroidism

Marianne Teitelbaum, D.C. / Foreword by Anjali Grover, M.D.

"This excellent work beautifully blends ancient Ayurvedic wisdom and modern endocrinology. I strongly recommend this book to all readers, practitioners, and students of the healing sciences."

—Vasant Lad, BAM&S, MAsC, Ayurvedic physician and author of *Ayurveda: The Science of Self-Healing*

In this comprehensive guide based on the treatment of thousands of patients, the author integrates Ayurveda with modern scientific findings to address thyroid disease, providing treatment protocols for Hashimoto's thyroiditis, hypothyroidism, and hyperthyroidism. She explores underlying causes of thyroid malfunction and includes remedies for insomnia, depression, fatigue, osteoporosis, weight gain, and hair loss.

978-1-62055-782-2 • \$16.99 **\$14.44** pb • 288 pages, 6 x 9 • 6 b&w illustrations • e-book and audiobook available

The Tao of Addiction and Recovery

Chi Kung Practices for Restoring the Energy Flow in Mind and Body

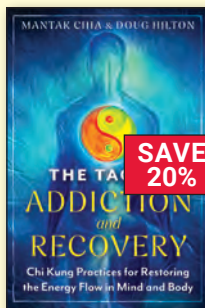
Mantak Chia and Doug Hilton

"The Tao of Addiction and Recovery is a profound guide to getting to the roots of addictive behavior in order to restore balance and harmony through Chi Kung, breathwork, diet, and lifestyle practices."

—Brigitte Mars, A.H.G., author of *Addiction-Free Naturally*

With easy-to-perform Chi Kung practices to aid with recovery, the authors systematically explain the nature and development of addictions, the process of recovery, and how the *Tao Te Ching* can provide guidance. With Taoist Emotional Recycling, they show how to heal stuck emotions and address the urges and attitudes that often cause relapse.

979-8-88850-281-5 • \$24.99 **\$19.99** pb • 272 pages, 6 x 9 • Full-color throughout • e-book available



SAVE 20%



SAVE 15%

The Six Healing Sounds (w/CD)

Taoist Techniques for Balancing Chi

Mantak Chia

"Grand Master Mantak Chia brings together The Six Healing Sounds for those who are beginning training in the Taoist tradition. This informative book includes detailed drawings of the different poses, plus a calming CD of the practices of balancing chi." —Vicki Burr, *New Connexion*

Taoists discovered that a healthy organ vibrates at a particular frequency and identified six sounds to keep each organ healthy. Regular practice of the Six Healing Sounds promotes optimal health for the organs, increased sexual pleasure, emotional balance, and the prevention of illness. The accompanying includes practices for balancing chi.

978-1-59477-156-9 • \$19.99 **\$16.99** pb • 96 pages, 6 x 9 • Illustrations throughout • e-book available w/out CD



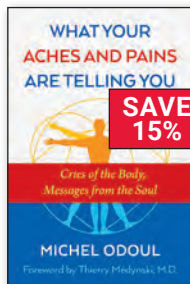
What Your Aches and Pains Are Telling You

Cries of the Body, Messages from the Soul

Michel Odoul / Foreword by Thierry Médynski, M.D.

Revealing the clear correspondences between emotional and mental tensions and specific ailments of the body, the author shows how the part of the body affected pinpoints what your soul is trying to tell you and what you need to work through emotionally.

978-1-62055-675-7 • \$16.95 **\$14.41** pb • 208 pages, 6 x 9 • 24 b&w illustrations • e-book available



SAVE 15%



SAVE 15%

Restoring Your Eyesight

A Taoist Approach

Doug Marsh / Foreword by Thomas R. Quackenbush

Doug Marsh shows readers how to improve their eyesight by taking conscious control of their vision health. Combining proven methods pioneered a century ago by William Bates with the ancient Chinese wisdom of Taoism, Marsh draws upon their core values—rhythm, softness, return, balance, and wholeness—to provide guidelines for a holistic healing of outer and inner vision.

978-1-59477-150-7 • \$16.95 **\$14.41** pb • 240 pages, 6 x 9 • e-book available

Your Heart Knows How to Heal You

The Sacred Medicine of the Four Chambers of the Heart

Cissi Williams / Foreword by HeatherAsh Amara

Sharing the teachings of her healing transformation, Cissi Williams invites you on a shamanic journey of feminine heart-centered initiation to connect deeply with the four chambers of the heart and the ancient wisdom of spirit animal guides and Goddess archetypes, including Persephone, Inanna, Mary Magdalene, the Valkyries, Freya, Hecate, and Ceridwen.

979-8-88850-204-4 • \$19.99 **\$15.99** pb • 256 pages, 6 x 9 • 2 b&w illustrations • e-book available



SAVE 20%



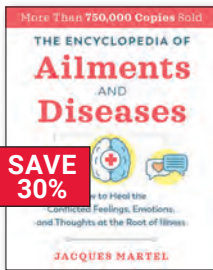
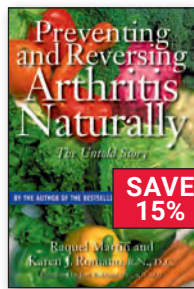
Preventing and Reversing Arthritis Naturally

The Untold Story

Raquel Martin and Karen J. Romano, R.N., D.C. / Foreword by Joel Robbins, D.C., N.D., M.D.

Discover how to relieve arthritis by addressing its causes through lifestyle changes—from medicinal herbs, nutritional supplements, and natural hormone therapy to whole foods, exercise, and chiropractic care. It guides readers through the labyrinth of medical studies related to the effects and treatment of this disease.

978-0-89281-891-4 • \$19.95 \$16.96 pb • 272 pages, 6 x 9 • e-book available



The Encyclopedia of Ailments and Diseases

How to Heal the Conflicted Feelings, Emotions, and Thoughts at the Root of Illness

Jacques Martel

In this reference and healing tool, Jacques Martel explains how to uncover the conflicted conscious or unconscious feelings, thoughts, and emotions at the root of many illnesses and conditions. He offers healing prompts and affirmations to effect change for nearly 900 different ailments and diseases.

978-1-64411-189-5 • \$34.99 \$24.49 pb • 608 pages, 8 x 10 • e-book available

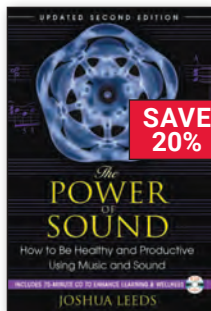
The Power of Sound (w/CD)

How to Be Healthy and Productive Using Music and Sound

Joshua Leeds

We are surrounded by sound, and what we hear can either energize or deplete our nervous system. Joshua Leeds shows how sound can be a powerful ally. It includes a CD of psychoacoustically designed classical music for a direct experience of the effect of simplified sound.

978-1-59477-350-1 • \$22.99 \$18.39 pb • 320 pages, 6 x 9 • Includes a 75-minute CD



Restore Hearing Naturally

How to Use Your Inner Resources to Bring Back Full Hearing

Anton Stucki

"Anton Stucki provides practical exercises and tools that will enable you to retrain your ears to hear better and listen with joy to what is meaningful in your life."

—Vatsala Sperling, M.S., Ph.D., PDHom, CCH, RSHom, author of *The Ayurvedic Reset Diet*

In this guide, Anton Stucki provides detailed instructions for 20 simple, practical exercises to improve your hearing through enhanced perception with all five senses. He also explains the mind-body connection between hearing loss and emotional stress and trauma and the positive effect restored hearing has for patients with dementia and Alzheimer's.

978-1-62055-893-5 • \$29.99 \$23.99 pb • 288 pages, 6 x 9 • Full-color throughout • e-book available

Alzheimer's, Aromatherapy, and the Sense of Smell

Essential Oils to Prevent Cognitive Loss and Restore Memory

Jean-Pierre Willem, M.D.

"This timely book is a valuable resource, not only for those affected by Alzheimer's disease but also for anyone interested in maintaining their cognitive alertness, function, and well-being."

—Heather Dawn Godfrey P.G.C.E., B.Sc., author of *Healing with Essential Oils*

Sharing the striking results seen in France where aromatherapy has been used as a therapy for Alzheimer's for more than 10 years, Jean-Pierre Willem, M.D., details how to use essential oils to stimulate memory, prevent cognitive loss, and counter the isolation, withdrawal, and depression these patients are likely to feel.

978-1-64411-443-8 • \$24.99 \$19.99 pb • 256 pages, 6 x 9 • e-book available



The Healing Power of the Sun

A Comprehensive Guide to Sunlight as Medicine

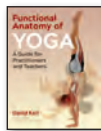
Richard Hobday, Ph.D.

"This is such a potent and timely book, advocating the life-giving, health enhancing benefits of pure, neat sunshine." —Michael Hawkins, counselor, in National Health Service (UK) and private practice

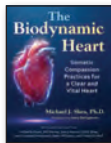
In this new edition of *The Healing Sun*, Hobday draws on historical and recent scientific evidence, and explores the many ways that sunlight affects our minds and bodies.

He shows how the sun acts as a natural disinfectant, killing viruses and bacteria, and examines how sunlight therapy affects the immune system and conditions like osteoporosis, diabetes, and several forms of cancer.

978-1-64411-402-5 • \$17.99 \$15.29 pb • 224 pages, 6 x 9 • 35 b&w illustrations



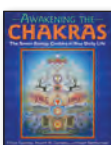
Functional Anatomy of Yoga: A Guide for Practitioners and Teachers by David Keil. A full-color illustrated exploration of the body in motion during yoga practice. 978-1-64411-627-2 • 328 pages, 7.44 x 9.69 pb Full-color throughout • e-book ✓ • \$29.99 **\$23.99**



The Biodynamic Heart: Somatic Compassion Practices for a Clear and Vital Heart by Michael J. Shea, Ph.D. / Foreword by Mary Bolingbroke. A guide to biodynamic manual therapy practices for spiritual and heart health. 979-8-88850-062-0 • 600 pages, 8.5 x 11 pb 24-page color insert and 444 b&w illustrations e-book ✓ • \$60.00 **\$48.00**



Jin Shin Healing Touch: Quick Help for Common Ailments by Tina Stümpfig. A full-color, step-by-step guide to the simple two-point touch method of Jin Shin Jyutsu for quick relief from many common conditions and injuries. 978-1-64411-076-8 • 176 pages, 6 x 9 pb Full-color throughout • e-book ✓ • \$17.99 **\$14.39**



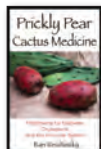
Awakening the Chakras: The Seven Energy Centers in Your Daily Life by Victor Daniels, Kooch N. Daniels, and Pieter Weltevrede / Illustrated by Pieter Weltevrede. An in-depth guide to understanding and balancing the chakras. 978-1-62055-587-3 • 288 pages, 8 x 10 pb • 16-page color insert and 15 b&w illustrations • e-book ✓ • \$19.95 **\$15.96**



Breathing through the Whole Body: The Buddha's Instructions on Integrating Mind, Body, and Breath by Will Johnson. Explores the Buddha's own words on breathing meditation for healing, wholeness, and a deeper understanding of his teachings. 978-1-59477-434-8 • 96 pages, 5.38 x 8.25 pb e-book ✓ • \$12.95 **\$10.36**



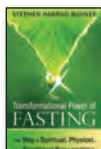
Addiction-Free Naturally: Free Yourself from Opioids, Pharmaceuticals, Alcohol, Tobacco, Caffeine, Sugar, and More by Brigitte Mars, A.H.G. A guide to designing a personal program to break your addictions safely, gently, and naturally. 978-1-64411-111-6 • 320 pages, 6 x 9 pb • 2 b&w illustrations • e-book and audiobook ✓ • \$16.99 **\$13.59**



Prickly Pear Cactus Medicine: Treatments for Diabetes, Cholesterol, and the Immune System by Ran Knishinsky. The first complete guide to natural healing properties and uses of the prickly pear cactus. 978-0-89281-149-6 • 144 pages, 5 x 7.75 pb e-book ✓ • \$12.95 **\$10.36**



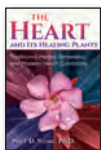
The Sexual Herbal: Prescriptions for Enhancing Love and Passion by Brigitte Mars, A.H.G. A self-help guide to herbal and natural remedies for lifelong sexual vitality. 978-1-59477-286-3 • 512 pages, 6 x 9 pb 18 b&w illustrations • e-book ✓ • \$29.99 **\$23.99**



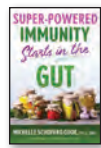
The Transformational Power of Fasting: The Way to Spiritual, Physical, and Emotional Rejuvenation by Stephen Harrod Buhner. Fasting practices to reconnect with the sacred, regain a sense of your life's purpose, and heal physically and emotionally. 978-1-59477-466-9 • 224 pages, 5.38 x 8.25 pb e-book and audiobook ✓ • \$16.95 **\$13.56**



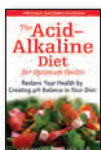
Cannabis Healing: A Guide to the Therapeutic Use of CBD, THC, and Other Cannabinoids by Franjo Grotenhermen, M.D. Everything you need to know to use cannabinoids safely and effectively for better health and healing of a wide range of conditions. 978-1-62055-831-7 • 240 pages, 6 x 9 pb 24 b&w illustrations • e-book ✓ • \$19.99 **\$15.99**



The Heart and Its Healing Plants: Traditional Herbal Remedies and Modern Heart Conditions by Wolf D. Stori, Ph.D. An ethnobotanical look at ancient heart beliefs, heart-strengthening herbs, and folk remedies for cardiovascular diseases. 978-1-64411-838-2 • 320 pages, 6 x 9 pb Full-color throughout • e-book ✓ • \$29.99 **\$23.99**



Super-Powered Immunity Starts in the Gut by Michelle Schoffro Cook, Ph.D., DNM. A research-backed guide to healing your gut and boosting immunity. 978-1-64411-740-8 • 160 pages, 6 x 9 pb • e-book ✓ • \$16.99 **\$13.59**



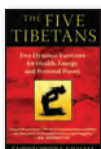
The Acid-Alkaline Diet for Optimum Health: Restore Your Health by Creating pH Balance in Your Diet by Christopher Vasey, N.D. This expanded second edition provides the latest information on restoring your body's acid-alkaline balance. 978-1-59477-154-5 • 208 pages, 5.38 x 8.25 pb e-book and audiobook ✓ • \$12.95 **\$10.36**



The Complete Guide to Reflexology by Ruth Hull. A full-color illustrated and comprehensive study guide for reflexology. 978-1-64411-625-8 • 312 pages, 7.44 x 9.69 pb Full-color throughout • e-book ✓ • \$29.99 **\$23.99**



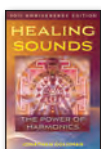
The Healing Drum (CD): African Ceremonial and Ritual Music by Yaya Diallo. This authentic, traditional chanting and singing expresses the full potential for the sacred and the magical in music. 978-0-89281-505-0 • CD • \$16.99 **\$13.59**



The Five Tibetans: Five Dynamic Exercises for Health, Energy, and Personal Power by Christopher S. Kilham. Provides illustrated instructions for the five yogic exercises known as the Five Tibetans. 978-1-59477-444-7 • 96 pages, 5.38 x 8.25 pb 18 b&w photographs • e-book ✓ • \$9.95 **\$7.96**



The Book of Tapping: Emotional Acupressure with EFT by Sophie Merle. A step-by-step guide to the simple acupressure self-care technique of tapping for acute and chronic emotional, psychological, and physical ailments. 978-1-62055-601-6 • 112 pages, 5.38 x 8.25 pb 4 b&w illustrations • e-book ✓ • \$12.95 **\$10.36**



Healing Sounds: The Power of Harmonics by Jonathan Goldman. New edition of the classic guidebook on sound healing. 978-1-64411-582-4 • 240 pages, 6 x 9 pb • 10 b&w illustrations • e-book and audiobook ✓ • \$19.99 **\$15.99**



Chi Self-Massage: The Taoist Way of Rejuvenation by Mantak Chia. Energetic massage techniques that dispel negative emotions, relieve stress, and strengthen the senses, internal organs, and nervous system. 978-1-59477-110-1 • 128 pages, 6 x 9 pb 105 b&w illustrations • e-book ✓ • \$12.95 **\$10.36**



Hildegard of Bingen's Medicine by Dr. Wighard Strehlow and Gottfried Hertzka, M.D. Includes information on ways to treat nervous disorders, indigestion, heart problems, and cancer. 978-0-93968-044-3 • 180 pages, 5.5 x 8.5 pb \$16.00 **\$12.80**

Medical Herbalism

The Science and Practice of Herbal Medicine

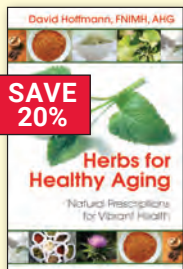
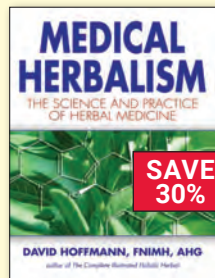
David Hoffmann, FNIMH, AHG

"A well-written compendium of herbal medicine that cannot be found elsewhere in a single book."

—The Bloomsbury Review, May/June 2004, Vol 24 Issue 3

The comprehensive textbook all students and practitioners of clinical herbalism need to develop their healing practices. It contains comprehensive information concerning the identification and use of medicinal plants by chemical structure and physiological effect. It also includes information on toxicology, contraindications, and dosages.

978-0-89281-749-8 • \$60.00 **\$42.00** hardcover • 672 pages, 8.5 x 11 • 487 b&w illustrations • e-book available



Herbs for Healthy Aging

Natural Prescriptions for Vibrant Health

David Hoffmann, FNIMH, AHG

David Hoffmann discusses how to treat and prevent the health concerns brought about by aging. He provides herbal treatments to restore and protect the body's major systems as well as herbal remedies for specific ailments such as prostate enlargement, hot flashes, hypertension, insomnia, varicose veins, and arthritis. Herbs can help minimize dependence on conventional medical treatments and provide a safe alternative to the dangers of synthetic drugs.

978-1-62055-221-6 • \$24.99 **\$19.99** pb • 384 pages, 6 x 9 • e-book available

The Dictionary of Modern Herbalism

A Comprehensive Guide to Practical Herbal Therapy

Simon Mills

This clear and comprehensive reference on the full range of healing herbs is an indispensable guide to the herbal remedies most used in the Anglo-American and European traditions. Each remedy is defined in terms of its main pharmacological actions and its therapeutic application to modern health problems.

978-0-89281-238-7 • \$16.99 **\$14.44** pb • 224 pages, 5.38 x 8.25



The Divine Nature of Plants

A Medical Intuitive's Guide to Plant Spirit Medicine

Laura Aversano / Foreword by John Beaulieu, N.D., Ph.D.

"What a blessing to have Laura Aversano share the incredible wisdom and healing gifts she has received from her deep relationship with both the plant and spirit worlds." —Jen Frey, author of *Communicating with Plants*

Sharing her story of awakening to the divine powers of plant spirits, Laura Aversano takes readers into the elemental world of nature where plants are intelligent beings. She presents the spiritual, emotional, and physical healing properties of 30 common plants and explains how to intuitively, energetically, and spiritually connect with their spirits and healing medicine.

978-1-64411-445-2 • \$19.99 **\$15.99** pb • 288 pages, 6 x 9 • Full-color throughout • e-book available

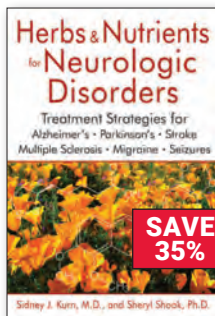
Herbs and Nutrients for Neurologic Disorders

Treatment Strategies for Alzheimer's, Parkinson's, Stroke, Multiple Sclerosis, Migraine, and Seizures

Sidney J. Kurn, M.D. and Sheryl Shook, Ph.D.

In this guide Sidney Kurn, M.D., and Sheryl Shook, Ph.D., explain how to safely and easily incorporate herbs, antioxidants, and nutritional supplements into the standard conventional treatments for 6 common neurologic disorders. Integrating neuroscience, biochemistry, herbalism, and clinical experience, the authors lay the scientific foundation for a holistic, naturopathic approach to neurologic disorders.

978-1-62055-553-8 • \$29.95 **\$19.47** hardcover • 256 pages, 6 x 9 • e-book available



Tuning the Human Biofield

Healing with Vibrational Sound Therapy

Eileen Day McKusick

"Tuning the Human Biofield is a groundbreaking introduction to the art and science of applying these principles. It will take you on an intellectually juicy ride." —Donna Eden, author of *Energy Medicine*

In this award-winning book, Eileen McKusick provides a precise map of the energetic biofield that surrounds the body, showing where specific emotions, traumas, and pain are stored. Sharing her sound-healing method of Biofield Tuning, she details how to use tuning forks to locate and clear unresolved pain and trauma and restore order to the biofield.

978-1-64411-318-9 • \$16.99 **\$13.59** pb • 288 pages, 6 x 9 • 32 b&w illustrations • e-book and audiobook (1st edition) available



SAVE 15%

Good Sugar, Bad Sugar

How to Power Your Body and Brain with Healthy Energy

Christopher Vasey, N.D.

"This book is a wonderful gem when it comes to understanding that sugar is the critical factor in determining all health, from weight control and diabetes reversal to avoiding and healing cancer."

—Emma Mardlin, Ph.D., author of *Mind Body Diabetes Type 1 and Type 2* and *Out of Your Comfort Zone*

Sugar supplies the essential energy, but there are healthful and harmful forms of sugar. In this guide, Dr. Vasey explains the harmful effects of bad sugars as well as how to replace them with good sugars for physical, emotional, and mental healing and more energy.

978-1-62055-808-9 • \$14.99 **\$12.74** pb • 176 pages, 5.38 x 8.25 • 4 b&w illustrations • e-book available

The Water Prescription

For Health, Vitality, and Rejuvenation

Christopher Vasey, N.D.

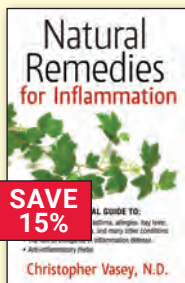
Drinking sufficient quantities of water is a necessity for optimal physical functioning, but it can also play a major role in the prevention and treatment of many diseases.

Christopher Vasey explains why water is so essential to our health, what quantities we should drink and when, and also what types of water will best address certain conditions.

978-1-59477-095-1 • \$14.99 **\$11.99** pb • 160 pages, 5.38 x 8.25 • e-book available



SAVE 20%



SAVE 15%

Natural Remedies for Inflammation

Christopher Vasey, N.D.

This illustrated guide presents 33 anti-inflammatory herbs and remedies, such as bay laurel, basil, turmeric, propolis, and fish oil, explaining which conditions each addresses most effectively, the proper dosage, and the best methods of ingestion. It shows how to deacidify the body, as acids have an inflammatory effect, and how to use hydrotherapy to calm inflammation.

978-1-62055-323-7 • \$16.99 **\$14.44** pb • 192 pages, 5.38 x 8.25 • Color illustrations throughout • e-book available

Freedom from Constipation

Natural Remedies for Digestive Health

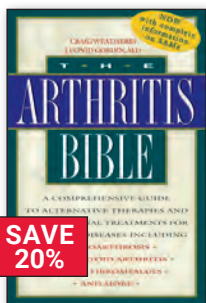
Christopher Vasey, N.D.

In *Freedom from Constipation*, Christopher Vasey details the 8 main causes of constipation and offers advice to determine the right natural remedy for your unique case. Vasey reveals how treating constipation properly can restore full function not only to the digestive system but to the liver and kidneys as well.

978-1-62055-585-9 • \$14.95 **\$12.71** pb • 192 pages, 5.38 x 8.25 • 60 b&w illustrations • e-book available



SAVE 15%



SAVE 20%

The Arthritis Bible

A Comprehensive Guide to Alternative Therapies and Conventional Treatments for Arthritic Diseases including Osteoarthritis, Rheumatoid Arthritis, Gout, Fibromyalgia, and More

Craig Weatherby and Leonid Gordin, M.D.

A specialist in functional medicine provides a complete guide to alternative and conventional treatments, including drugs, exercise, diet, vitamins, herbs, nutraceuticals, and homeopathy.

978-0-89281-825-9 • \$19.99 **\$15.99** pb • 272 pages, 6 x 9 • e-book available

Overcoming Chronic Digestive Conditions

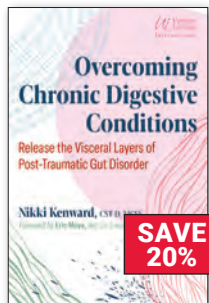
Release the Visceral Layers of Post-Traumatic Gut Disorder

Nikki Kenward, CST-D, MCSS / Foreword by Eric Moya, RMT, CST-D, MS/Mfct

"Nikki's personal story takes us into that lived reality. It helps to bring the anatomy of the gut to life. . . This book provokes questions and encourages us to look further into this dynamic and fast-evolving area of research and study." —Margaret Anne Gill, MBA, CST-D, MCSS, coauthor of *The Inner Power of Stillness*

As Nikki Kenward explains, past challenges and traumas are held in the enteric nervous system embedded in our digestive system. Exploring in depth what she calls "the Post-Traumatic Gut," she shares a hands-on process of listening to the gut layer by layer to help heal gut issues, renew the microbiome, and release intergenerational trauma.

978-1-64411-788-0 • \$19.99 **\$15.99** pb • 224 pages, 6 x 9 • 11 b&w illustrations • e-book available



SAVE 20%

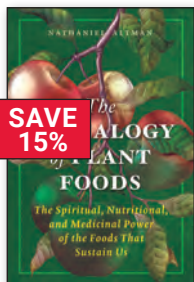
Garlic

Nature's Original Remedy

Stephen Fulder, Ph.D., and John Blackwood

Garlic has been renowned for centuries as a healing food. Now current research is showing garlic to be an effective preventive against cardiovascular disease, cancer, and bacterial and fungal infections. Here is the complete guide to this remarkable natural medicine, explaining how garlic works and how to get the most benefit from it.

978-0-89281-725-2 • \$9-99 **\$8.49** pb • 144 pages, 5 x 7.75



The Genealogy of Plant Foods

The Spiritual, Nutritional, and Medicinal Power of the Foods That Sustain Us

Nathaniel Altman

"Beautifully illustrates how people across the world are interconnected through the foods we share as a global humanity." —Wouter Bijdendijk, author of *Plant Power*

Nathaniel Altman profiles 106 plant foods, including their origins, histories, religious significance, and culinary and medicinal uses. He covers fruits, vegetables, grains, herbs, nuts, and seeds, as well as "specialty" foods like chocolate, pasta, sugar, and coffee. Based on the latest findings on nutraceuticals and phytochemicals, he provides nutritional and healing properties for each food.

979-8-88850-309-6 • \$29-99 **\$25.49** pb • 384 pages, 6 x 9 • Full-color throughout • e-book available

New

The Culinary Pharmacy

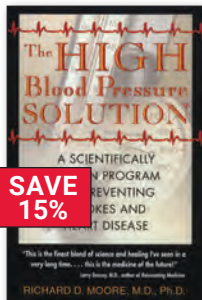
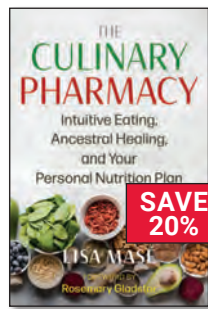
Intuitive Eating, Ancestral Healing, and Your Personal Nutrition Plan

Lisa Masé / Foreword by Rosemary Gladstar

"Food is what heals, and where our food comes from and how it's prepared and savored all matter. Lisa kindly and wisely directs us to the kitchen, to food, and to the wise intelligence of our enteric brain, the gut. And she does so with such deliciousness." —Rosemary Gladstar, author of *Medicinal Herbs*

Exploring the healing power of food, holistic nutritionist Lisa Masé weaves together three ancestral healing philosophies—Ayurveda, traditional Chinese medicine (TCM), and the Mediterranean diet—with modern nutrition science to help you discover your ideal foods for vibrant health. Includes recipes, meal plans, food lists, and stories to illustrate the concepts discussed.

978-1-64411-864-1 • \$24-99 **\$19.99** pb • 274 pages, 6 x 9 • 2-page color insert • e-book available



The High Blood Pressure Solution

A Scientifically Proven Program for Preventing Strokes and Heart Disease

Richard D. Moore, M.D., Ph.D.

Dr. Moore's approach is simple: by maintaining the proper ratio of potassium to sodium in the diet, blood pressure can be regulated at the cellular level, preventing the development of hypertension. This revised second edition is updated with scientific evidence from Finland, where, for several decades, sodium chloride has been replaced nationwide with a sodium/potassium mixture, resulting in a 60% decline in deaths from strokes and heart attacks.

978-0-89281-975-1 • \$19-99 **\$16.99** pb • 400 pages, 6 x 9 • 20 b&w illustrations • e-book available

Tai Chi for Kids

Move with the Animals

Stuart Alve Olson / Illustrated by Gregory Crawford

This tai chi book for children appeals to their sense of play to teach them the eight basic forms of a tai chi practice. Children ages 4-8 will have fun imitating animals while learning skills that offer a lifetime of physical fitness.

978-1-87918-165-6 • \$16-95 **\$13.56** hardcover • 32 pages, 11 x 8.5 • Full color illustrations throughout e-book available



Qigong Teachings of a Taoist Immortal

The Eight Essential Exercises of Master Li Ching-yun

Stuart Alve Olson

The first English translation of Master Li Ching-yun's teachings on the Eight Brocades, the central practice of qigong. Master Li Ching-yun is reliably chronicled to have lived more than 250 years, during which he practiced the Eight Brocades on a daily basis. His longevity and personal endorsements attest to the Eight Brocades as the quintessence of qigong practice.

978-0-89281-945-4 • \$24-99 **\$19.99** pb • 192 pages, 8 x 10 • 85 b&w illustrations • e-book available



SAVE 15%

No-Risk Abs

A Safe Workout Program for Core Strength

Blandine Calais-Germain

"This book is especially valuable for those who work with the elderly or who are returning to exercise after an absence. It would be very hard to go wrong with these moves."

—Publishers Weekly

Blandine Calais-Germain reveals how to build your core without hurting yourself. Using her trademark anatomical style, this book shows that strength alone is not the sole factor in a flat stomach and includes tips to get rid of belly fat.

978-1-59477-389-1 • \$29.99 **\$25.49** pb • 176 pages, 8 x 10 • Full-color throughout • e-book available

Tantric Sex for Lovers

Diana Richardson and Michael Richardson

In this boxed set, tantric sex teachers Diana and Michael Richardson present practices to help couples enrich their sex life with the spiritual, healing power of sex. Exploring Tantra from both female and male perspectives, they look at how couples can use their love-making to strengthen their relationship as well as offering techniques to awaken the body's innate mechanism for ecstasy. Includes three books: *Tantric Orgasm for Women*, *Tantric Sex for Men*, and *Slow Sex*.

978-1-64411-956-3 • \$50.00 **\$25.00** Three paperback volumes in slipcase • 576 pages, 6 x 9
68 b&w illustrations • e-book available



Sexual Secrets: Twentieth Anniversary Edition

The Alchemy of Ecstasy

Nik Douglas and Penny Slinger

Sexual Secrets is the definitive guide to sex and mysticism, revealing the wisdom of the sages of India, Nepal, Tibet, China, and Japan, whose teachings on sexuality unveil how physical love can be the pathway to spiritual liberation. Containing 600 illustrations and with more than one million copies sold in more than 19 languages, *Sexual Secrets* unlocks for everyone the experience of ecstasy once sealed in the ancient texts and art of the East.

978-0-89281-805-1 • \$40.00 **\$34.00** pb • 352 pages, 8.5 x 11 • 199 color and 401 b&w illustrations

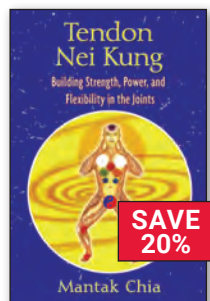
Tendon Nei Kung

Building Strength, Power, and Flexibility in the Joints

Mantak Chia

A guide to strengthening and repairing the tendons to fight aging. *Tendon Nei Kung* shows how strengthening the tendons can lead to more energy, healthier organs, and prevention of arthritis. The author explains how to practice the postures alone or with a partner.

978-1-59477-187-3 • \$22.99 **\$18.39** pb • 144 pages, 6 x 9 • 268 color and b&w illustrations • e-book available



The Complete Illustrated Kama Sutra

Edited by Lance Dane

This complete and illustrated version of the *Kama Sutra* augments the text with 269 full-color illustrations and great works of art including palm leaf manuscripts, sculptures, ancient toys, jewelry, architecture, paintings, and scrolls. Gathered from museums and private collections around the world, these rare images clearly illustrate all 64 sexual positions and the erotic instructions set forth in the *Kama Sutra*, the most famous work on sex ever created.

978-0-89281-138-0 • \$25.00 **\$20.00** hardcover • 320 pages, 6.5 x 9.25 • 269 color illustrations • e-book available

Lingam Massage

Awakening Male Sexual Energy

Michaela Riedl and Jürgen Becker

Lingam massage draws on tantric and taoist practices for conserving and cultivating sexual energy. It provides the deep relaxation that supports sustained erection, deeper orgasm, and energizes the perineum and prostate gland. This tantric massage practice for awakening and honoring male creative energy allows a man conscious, loving contact with his own masculinity.

978-1-59477-314-3 • \$18.99 **\$15.19** pb • 224 pages, 6 x 9 • 135 b&w illustrations • e-book available



The Complete I Ching – 10th Anniversary Edition

The Definitive Translation by Taoist Master Alfred Huang

Taoist Master Alfred Huang

"A careful comparison of Huang's translation with the Wilhelm, Legge, and Blofeld versions reveals its superiority in nearly every respect. Readers interested in acquainting themselves with the I Ching for the first time need to look no further; those who have formed a deep personal attachment to a previous translation owe it to themselves to explore this one as well." —Intuition

As a native Chinese speaker, Master Huang has imbued this I Ching with an accuracy and authenticity not achieved in other English translations. He also returns to prominence the Ten Wings, the commentaries by Confucius that are essential to the I Ching's insights.

978-1-59477-386-0 • \$19.95 **\$15.96** pb • 576 pages, 6 x 9 • Two-color throughout • e-book available

978-1-59477-385-3 • \$35.00 **\$28.00** hardcover



Oracle of the Birds

A 46-Card Deck and Guidebook

Jeanne Ruland / Illustrated by Petra Kühne

A hands-on tool to work with birds as spiritual messengers, this deck shares the spiritual messages and powers that birds can bring to us. The deck consists of 46 beautifully illustrated cards featuring different birds. Each card shares the medicine of the bird shown and a brief message about the meaning of their presence. In the accompanying guidebook, the meaning of each bird card is detailed along with an affirmation focused on the bird's unique gifts.

978-1-64411-961-7 • \$25.00 **\$20.00** boxed set • 5 x 6.75 • 46 color cards and 112-page book

Ancestral Medicine

Rituals for Personal and Family Healing

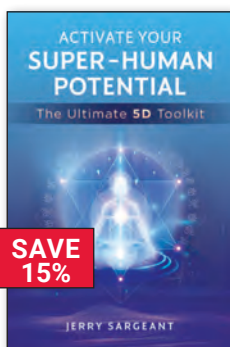
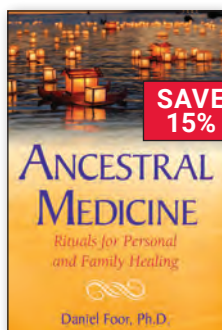
Daniel Foor, Ph.D.

"Ancestor reverence is one of the pillars of Yoruba traditional religion, and it is my pleasure to recommend this book on ancestral healing by my student (omo awo), Daniel Foor (Ifabo wale). Through numerous visits to our home in Nigeria, I have overseen his initiations to Ifa, Orisa, and the ancestral medium society (Egungun), and I know him to be a person of good character. I urge everyone to benefit from his guidance on ancestral reconnection. Remain blessed."

—Oluwo Falolu Adesanya Awoyade, Ode Remo, Ogun State, Nigeria

Offering a practical guide to understanding and navigating relationships with the spirits of those who have passed, Daniel Foor, Ph.D., details how to relate safely and effectively with your ancestors for personal, family, and cultural healing. He provides exercises and rituals to help you initiate contact with your ancestors.

978-1-59143-269-2 • \$20.00 **\$17.00** pb • 336 pages, 6 x 9 • 16-page color insert and 4 b&w illustrations • e-book and audiobook available



Activate Your Super-Human Potential

The Ultimate 5D Toolkit

Jerry Sargeant

"Offering one of the most powerful healing systems on the planet, Jerry is the real deal, a true and gifted healer and an amazing teacher. I have used Jerry's tools in my medical practice and the results are fast, lasting, and truly breathtaking."

—Shawn K. Centers, M.D.H, D.O., FACOP, chief medical officer at Children's Hope Center, Arizona

In this practical workbook, Jerry Sargeant explores how to prepare the mind and body for 5D. He shares a Star Magic Qi Gong sequence to recalibrate the body and self-heal as well as exercises to create a unified Heart Field, manifest with the Merkaba, protect yourself from psychic attacks, and reprogram yourself for abundance.

978-1-64411-529-9 • \$29.99 **\$25.49** pb • 312 pages, 8 x 10 • 8-page color insert and 105 b&w illustrations • e-book available

Activating Our 12-Stranded DNA

Secrets of Dodecahedral DNA for Completing Our Human Evolution

Ruslana Remennikova

"A thought-provoking guide that bridges the gap between science and spirituality. This book invites readers to embark on a journey of self-discovery, healing, and evolution, guided by the transformative power of sound and intention."

—Anirban Bandyopadhyay, senior scientist at the National Institute for Materials Science and author of *Nanobrain*

In this vibrant guidebook, sound healer and former corporate scientist Ruslana Remennikova reveals how, through vibration and intention, you can shapeshift DNA from the standard double helix to its 12-stranded, dodecahedral form—unlocking your spiritual potential and opening the way for deep healing of the past, the present, and the future of your deeper self.

978-1-64411-845-0 • \$24.99 **\$19.99** pb • 296 pages, 6 x 9 • 8-page color insert • e-book and audiobook available





SAVE 15%

The Suppressed History of America

The Murder of Meriwether Lewis and the Mysterious Discoveries of the Lewis and Clark Expedition

Paul Schrag and Xaviant Haze / Foreword by Michael Tsarion

"Authors Schrag and Haze teach a fascinating lesson in what we will never be taught but what every American should know." —Edward F. Malkowski, author of *Sons of God-Daughters of Men*, *Before the Pharaohs*, *The Spiritual Technology of Ancient Egypt*, and *Ancient Egypt 39,000 BCE*

Lewis and Clark found evidence that the American continent was visited and settled long before Columbus. The authors reveal that these discoveries threatened powerful interests in Washington—including the Smithsonian Institution—and culminated in Lewis's murder.

978-1-59143-122-0 • \$15.00 **\$12.75** pb • 176 pages, 6 x 9 • e-book available

The Suppressed History of American Banking

How Big Banks Fought Jackson, Killed Lincoln, and Caused the Civil War

Xaviant Haze

"I can say with enthusiasm that this is one of the best high overviews of the subject I have read."

—Joseph P. Farrell, author of *Hidden Finance*, *Rogue Networks*, and *Secret Sorcery*

Author Xaviant Haze reveals how the powerful Rothschild banking family and the Central Banking System, now known as the Federal Reserve Bank, provide a continuous thread of connection between the War of 1812, the Civil War, the financial crises of the 1800s, and assassination attempts on Presidents Jackson and Lincoln.

978-1-59143-233-3 • \$16.00 **\$13.60** pb • 240 pages, 6 x 9 • 79 b&w illustrations • e-book available



SAVE 15%



SAVE 15%

The Ancient Giants Who Ruled America

The Missing Skeletons and the Great Smithsonian Cover-Up

Richard J. Dewhurst

"This is the most comprehensive and level approach to the subject of giant humanoids in Earth's past to have ever been published. . . . One valuable and entertaining read! Highly recommended."

—Robert R. Hieronimus, Ph.D., author of *Founding Fathers*, *Secret Societies* and host of 21st Century Radio

Drawing on 400 years of compelling evidence, Richard J. Dewhurst reveals that North America was once ruled by an advanced race of giants and that the Smithsonian has been actively suppressing the physical evidence for nearly 150 years. This suppression began after the Civil War and became a cover-up in 1879 when John Wesley Powell, as Smithsonian director, launched a strict pro-evolution, pro-Manifest Destiny agenda.

978-1-59143-171-8 • \$22.00 **\$18.70** pb • 368 pages, 6 x 9 • 92 b&w illustrations • e-book and audiobook available

The Great Architects of Mars

Evidence for the Lost Civilizations on the Red Planet

George J. Haas / Forewords by John E. Brandenburg, Ph.D., and James S. Miller

"George Haas has done it with The Great Architects of Mars. An exciting investigation into the billions of years of what could very well be remnants of ancient civilizations." —George Noory, host of *Coast To Coast AM*

Exploring evidence of a lost Martian civilization and its contact with life on Earth more than 800,000 years ago, investigator George Haas examines a wide variety of anomalous structures and geoglyphs on Mars's surface that display a high degree of geometric and symbolic design.

978-1-59143-516-7 • \$24.00 **\$19.20** pb • 336 pages, 6.63 x 9.5 • 355 b&w illustrations • e-book available



SAVE 20%



SAVE 15%

Secret Journey to Planet Serpo

A True Story of Interplanetary Travel

Len Kasten

In July 1965, an alien spacecraft from the Zeta Reticuli star system landed in Nevada and welcomed aboard twelve military personnel for a 10-month journey to their home planet, Serpo. In 2005, members of the Defense Intelligence Agency revealed the operation, including details from the 3,000-page debriefing of the seven team members who returned.

978-1-59143-146-6 • \$18.00 **\$15.30** pb • 304 pages, 6 x 9 • 16-page color insert and 57 b&w illustrations e-book and audiobook available

Black Genesis

The Prehistoric Origins of Ancient Egypt

Robert Bauval and Thomas Brophy, Ph.D.

The theory that an advanced civilization of black Africans preceded the Pharaohs has been dismissed by Egyptologists. Uncovering compelling new evidence, this book places black Africa in its rightful place at the center of mankind's origins.

978-1-59143-114-5 • \$20.00 **\$17.00** pb • 384 pages, 6 x 9 • 16-page color insert and 47 b&w illustrations e-book available



SAVE 15%

Acupressure Self-Care Handbook

Healing at Your Fingertips

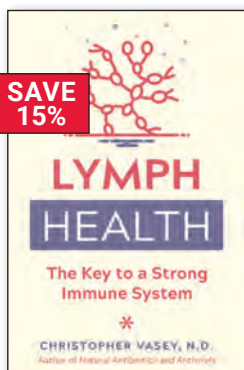
Roger Dalet, M.D.

"Easy to use. . . [with] the combination of diagrams and photos to aid in precisely locating acupoints for treatment. Acupressure Self-Care Handbook sits high on my shelf of essential resources for maintaining and enhancing health."

—Mary Bond, author of *Body Mandala* and *The New Rules of Posture*

With the simple touch of your fingertips you can quickly and easily bring comfort and relief from pain and illness. In this illustrated guide, Roger Dalet, M.D., shares step-by-step treatment protocols for more than 150 diseases and disorders, from cold and flu to emotional issues to chronic conditions such as arthritis and thyroid disorders.

978-1-64411-903-7 • \$29.99 **\$23.99** pb • 352 pages, 6 x 9 • 350 b&w illustrations • e-book available



Lymph Health

The Key to a Strong Immune System

Christopher Vasey, N.D.

"The lymphatic system is the unsung hero of the body. Vasey has written about this system with precision and expertise, allowing you to understand the intrinsic and vital role the lymphatic system plays in the body . . ."

—Vatsala Sperling, Ph.D., author of *The Ayurvedic Reset Diet*

Christopher Vasey explores the essential role played by the lymphatic system in the body's detoxification process, the immune system, and your overall health. He offers 12 self-care methods for strengthening and maintaining lymph health, including drainage therapies, detox methods, simple dietary changes, herbal remedies, compression therapies, breathing practices, and physical exercises.

978-1-64411-635-7 • \$16.99 **\$14.44** pb • 176 pages, 5.38 x 8.25 • 11 b&w illustrations • e-book available

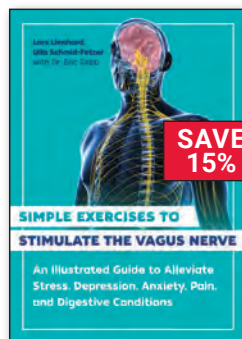
Simple Exercises to Stimulate the Vagus Nerve

An Illustrated Guide to Alleviate Stress, Depression, Anxiety, Pain, and Digestive Conditions

Lars Lienhard and Ulla Schmid-Fetzer with Dr. Eric Cobb

Backed up by the latest scientific research, this book will guide you through more than 100 effective exercises to naturally and gently stimulate your vagus nerve and in turn help manage anxiety, depression, inflammation, sleep, and digestive disorders. The simple techniques include a variety of balance, hearing, sight, breathing, and touch exercises.

978-1-64411-629-6 • \$19.99 **\$16.99** pb • 320 pages, 6.69 x 9.44 • Full-color throughout • e-book available



The Honey Prescription

The Amazing Power of Honey as Medicine

Nathaniel Altman

"For millennia the honeybee has kept humans healthy by pollinating so many of our fruits and vegetables and by providing two of nature's most sacred healing substances: honey and propolis. After decades of ignorance, doctors are rediscovering the power of these miracle medicines, and Nathaniel Altman is here to spread the good news. The Honey Prescription will amaze you, delight you, and, most important, give you a fantastic new ally to promote natural wellness."

—Rowan Jacobsen, author of *Fruitless Fall: The Collapse of the Honey Bee and the Coming Agricultural Crisis*

Nathaniel Altman explores both modern and ancient medicinal uses of honey and how these remedies can be used safely at home as well as by health practitioners. He also examines the problem of Colony Collapse Disorder, suggesting methods for protecting our precious hives.

978-1-59477-346-4 • \$16.95 **\$14.41** pb • 256 pages, 6 x 9 • 25 b&w illustrations • e-book available

Spine Vibrations (CD)

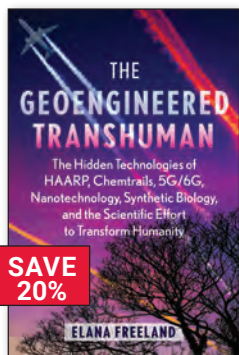
Healing Music for the Spine, Muscles, Organs and Subtle Body

Karen Grace

With this CD, the 12 spine vibrations of color and sound are fed back to the body via the brain to re-mind the body of its original healthy frequency. By troubleshooting the problematic part of the spine a person can heal a specific area of the body as well as improve a certain emotion.

978-1-84409-723-4 • \$16.99 **\$14.44** CD





The Geoengineered Transhuman

The Hidden Technologies of HAARP, Chemtrails, 5G/6G, Nanotechnology, Synthetic Biology, and the Scientific Effort to Transform Humanity

Elana Freeland

"The greatest fear of the Deep State operatives pursuing this madness is an awakened public. Elana Freeland brings it all together—she exposes crimes against humanity and planet Earth and includes exploration of the all-important solutions in her must-read book."

—Bob Frissell, author of *Nothing in This Book Is True, But It's Exactly How Things Are*

Building on decades of research, Elana Freeland offers a comprehensive exposé of the transhumanist agenda—the transformation of humanity into a slave class by means of biotechnology, genetic engineering, molecular nanotechnology, and artificial intelligence. She shows how synbio tech is being delivered via chemtrail aerosols, reveals the reality of the secret space program, and more.

978-1-59143-512-9 • \$30.00 **\$24.00** pb • 480 pages, 6 x 9 • 54 b&w illustrations • e-book and audiobook available

Between Lives

Past-Life Regression, Near-Death Experiences, and the Evolution of Consciousness

Andy Tomlinson and Reena Kumarasingham

"Absolutely life-changing! Between Lives is a powerful, inspiring guide to understanding the soul's journey and unlocking your true potential. A must-read for anyone ready to embrace their spiritual awakening." —Sue Stone, transformational speaker and author of *The Power Within You Now!*

Tomlinson and Kumarasingham draw on the latest research on savant syndrome, lucid dreaming, telepathy, out-of-body experiences, and past-lives to show that consciousness exists independently of the brain. Drawing insights from case studies of between-lives regression and near-death experiences—including Reena's own—they offer tools to raise one's consciousness, clear past traumas, and transcend limitations.

979-8-88850-144-3 • \$19.99 **\$16.99** pb • 224 pages, 6 x 9 • 2 b&w illustrations • e-book and audiobook available



8 Universal Laws

Exercises and Meditations for Self-Realization

Fer Broca

"[Fer Broca] achieves a lyrical simplicity. . . . thought-provoking advice."

—Kirkus Reviews

Learn the principles of oneness, generation, resonance, karma, *dharma* (responsibility), *wu wei* (effortless action), *ollin* (aligning with the world's rhythm for perfect timing), and peace. These laws govern the flow and vibration of everything and Broca offers practices to access the inner knowledge where these laws can be realized to achieve balance and self-transcendence.

979-8-88850-227-3 • \$18.99 **\$16.14** pb • 208 pages, 6 x 9 • e-book and audiobook available

The Complete Introduction to Magic

Julius Evola and the UR Group

In 1927 Julius Evola and other leading esotericists formed the UR Group to study ancient rituals from the mystery traditions of the world. In 1971, Evola gathered their writings into three volumes. Available together as a deluxe boxed set for the first time in English, these volumes include translations of rare texts, authentic initiatic wisdom, esoteric practices, as well as magical rites and exercises to purify the soul with the light of knowledge and the fire of dedication.

978-1-64411-955-6 • \$125.00 **\$87.50** Three deluxe hardcover volumes in slipcase • 1328 pages, 6 x 9
5 b&w illustrations • e-book available



Nothing in This Book Is True, But It's Exactly How Things Are

The Secret History of the Earth, Merkaba Activation, and Breath Alchemy

Bob Frissell / Foreword by Richard Grossinger

" . . . Nothing in This Book Is True, But It's Exactly How Things Are remains an essential read, particularly in the context of our current era. Frissell's masterful storytelling and meticulous research make it an indispensable resource for seekers of truth and enlightenment."

—Maureen St. Germain, author of *Waking Up in 5D*

Sharing an updated account of Earth's ancient past as seen through the eyes of the Ascended Masters, in particular Thoth, Bob Frissell explores our impending planetary ascent into higher consciousness—and what you can do to support it. He describes Earth's forgotten history and provides exercises to support ascension, including Merkaba Light Body activation meditation.

978-1-59143-518-1 • \$24.99 **\$21.24** pb • 384 pages, 6 x 9 • 95 b&w illustrations • e-book and audiobook available

The Prophecies of Merlin

The First English Translation of the 15th-Century Text

John Matthews and Maarten Haverkamp / Foreword by R. J. Stewart

"This fine work, with its perceptive analysis of the state of the Merlin tradition in the fourteenth and fifteenth centuries, provides an important addendum to the seer's influence throughout the Middle Ages and beyond." –Nikolai Tolstoy, historian, biographer, and author of *The Quest for Merlin*

Presenting the first English translation of *The Prophecies of Merlin*, a French text from 1498 that shares forgotten stories of early Arthurian literature and magic. Learn the tale of Merlin's birth as the son of a demon, how he was born able to speak, and details of his affair with the Lady of the Lake.

979-8-88850-219-8 • \$35.00 **\$29.75** hardcover • 320 pages, 6 x 9 • 16-page color insert and 2 b&w illustrations • e-book available



Plant Power

Heal Yourself with Medicinal Mushrooms, Roots, Flowers, and Herbs

Wouter Bijdendijk with Joris Bijdendijk

"An excellent resource about the natural properties of plants." –Kirkus Reviews

Wouter Bijdendijk explores the ethnobotany and applications of thirty plants, fruits, nuts, bulbs, roots, flowers, and mushrooms that support the immune system, digestion, endurance, vitality, and the brain. He also examines ritual and mind-expanding plants such as blue lotus, cannabis, and peyote cactus. Each entry includes vegetarian recipes shared by Michelin star chef Joris Bijdendijk.

979-8-88850-269-3 • \$35.00 **\$29.75** hardcover • 288 pages, 8 x 10 • Full-color throughout • e-book available

Karahan Tepe

Civilization of the Anunnaki and the Cosmic Origins of the Serpent of Eden

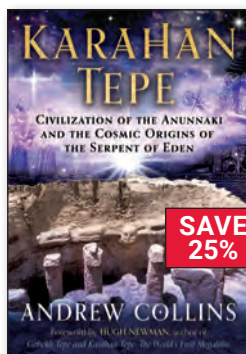
Andrew Collins / Foreword by Hugh Newman

"I highly recommend Karahan Tepe by Andrew Collins. Thoroughly researched, hugely informative, deeply thought-provoking, and filled with intriguing excursions into esoteric lore, this is a must-read for anyone interested in the mysterious origins of civilization."

–Graham Hancock, host of Netflix's hit documentary series *Ancient Apocalypse* and author of *Fingerprints of the Gods*

Considered the most important archaeological discovery of the 21st century, Karahan Tepe is an enormous complex of stone structures in southeastern Turkey built more than 11,000 years ago. Chronicling his explorations of the site, Andrew Collins presents the first in-depth investigation of the carvings and constructions at Karahan Tepe.

978-1-59143-478-8 • \$26.00 **\$19.50** pb • 440 pages, 6.63 x 9.5 • 24-page color insert and 110 b&w illustrations • e-book and audiobook available



Otto Rahn, Grail Hunter

The Secret of the Cathars and the Return of the White Lady

Richard Stanley

"As the foremost authority on Otto Rahn, Richard Stanley has crafted the definitive account of the true Indiana Jones! He is the only one capable of unraveling the legend of the greatest grail hunter in history. His unparalleled insight makes this an essential read for any seeker of truth."

–Andrew Gough, history television presenter, author, and researcher

Richard Stanley traces the journey of Otto Rahn, occultist and one-time SS member who sought the Holy Grail and scoured Europe until his mysterious death in 1939. The author shares his investigations into the location of the Grail, the Cathar sect, and Rahn's legacy, taking readers on an uncanny journey through occult Europe.

979-8-88850-155-9 • \$29.99 **\$25.49** pb • 448 pages, 6 x 9 • Full-color throughout • e-book and audiobook available

The Gospel of Thomas

The Gnostic Wisdom of Jesus

Jean-Yves Leloup / Foreword by Jacob Needleman

"Among all the astonishing documents unearthed in 1945 near the desert village of Nag Hammadi, the Gospel of Thomas has made the greatest impact on our understanding of Christianity. . . . The words in this text have the power to touch an unknown part of ourselves that brings with it an undeniable recognition of truth and hope."

–Jacob Needleman, author of *Lost Christianity* and *The American Soul*

In this new translation of the *Gospel of Thomas*, Jean-Yves Leloup shows that the teachings of Jesus recorded by Thomas have much in common with gnostics of non-dualistic schools. Like them, Jesus preaches the coming of a new man of knowledge, moving from limited to unlimited consciousness.

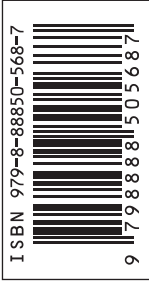
978-1-59477-046-3 • \$14.95 **\$11.96** pb • 240 pages, 6 x 9 • e-book and audiobook available



Print Std
U.S. Postage
PAID
Aberdeen, SD
Permit #200

INNER TRADITIONS


One Park Street • P.O. Box 388 • Rochester, VT 05767

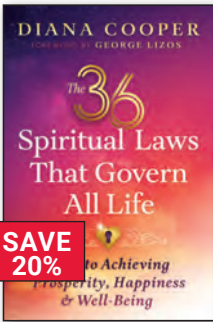


"Congratulations on 50 years of Inner Traditions!
As a customer for at least 30 of those years, I'm
so thankful you folks are still around."
— Jerilynn, Tucson, AZ

1-800-246-8648
FREE SHIPPING
(within the U.S.—see order form for details)



Scan here to shop



SAVE 20%

The 36 Spiritual Laws That Govern All Life

Keys to Achieving Prosperity, Happiness, and Well-Being

Diana Cooper

"With clarity and grace, Diana Cooper illuminates the spiritual laws that govern our lives, offering a mystical roadmap to higher consciousness and soul alignment."

—Theresa Cheung, bestselling author of *The Dream Dictionary from A to Z* and *The Akashic Records*

Diana Cooper provides a modern-day approach to each of the 36 spiritual laws, grouped into the Basic Laws of Life, Laws of Creation, Laws of Higher Awareness, and Laws of Higher Frequency. She explains and illustrates each law through examples, vivid metaphors, and true stories while offering prescriptions, prompts, and inspirational anecdotes so you can work with these laws for self-development. Understanding these universal truths will offer readers a path toward greater happiness, well-being, and spiritual realization.

979-8-88850-364-5 • \$16.99 **\$13.59 pb** • 192 pages, 5.5 x 8.5 • e-book available

Cats

Keepers of the Spirit World

John A. Rush

"John A. Rush has created both a whimsical and deeply thought-provoking book about the mysterious creatures that humans refer to as cats. He thoughtfully explores the evolution of these highly intelligent psychic beings and their parallel journey with humans." —Linda Star Wolf, Ph.D., author of *Shamanic Breathwork*

John A. Rush looks at humanity's fascination and fear of cats through the ages. He examines spiritual and occult beliefs connected to cats, including their "psychic" abilities, and explores the similarities between cat and human emotions. He also looks at modern biological research into cat behavior and their highly sophisticated sensory systems.

978-1-64411-746-0 • \$18.99 **\$15.19 pb** • 208 pages, 6 x 9 • e-book and audiobook available



SAVE 20%



SAVE 15%

Mini Tarot de Marseille

Nicolas Galkowski

New

One of the oldest Tarot designs in use, the Marseille Tarot traces back to the card-playing traditions of the early Italian Renaissance. Introduced into Southern France at the turn of the 16th century, the deck developed its particular visual style and symbolism during the 1600s and is today seen as a precursor to many modern Tarots. This beautifully designed mini edition of the Marseille Tarot merges the traditional visual approach with French illustrator Nicolas Galkowski's distinctive style.

979-8-88850-467-3 • \$19.99 **\$16.99 boxed set** • 3 x 4.33 • 78 color cards with gilded edges and 104-page full-color booklet

1-800-246-8648 / www.InnerTraditions.com

Name _____

Address _____

City _____ State _____ Zip _____

Check here if new address



P.O. Box 388
Rochester, VT 05767-0388



PLACE
STAMP
HERE

Alien World Order

The Reptilian Plan to Divide and Conquer the Human Race

Len Kasten

Author of the bestselling book *Secret Journey to Planet Serpo*, Kasten shows how Eisenhower's treaty with the Grey Aliens, signed in 1954, gave reptilian aliens the authority to abduct humans for "research." Contrasting the Reptilians with benevolent aliens who crashed at Roswell, Kasten exposes the stealthy tactics of the Reptilians, their relationship with the Greys, and what we need to do to defeat their plans.

978-1-59143-239-5 • \$18.00 **\$14.40** pb • 336 pages, 6 x 9 • 16-page color insert and 59 b&w illustrations • e-book and audiobook available



Questions about your order?

Call us toll free at 800-246-8648 M-F 8:30 am to 5:00 pm EST
or email us at customerservice@innertraditions.com

How to Order! There are 4 ways to order:

- give us a call at 800-246-8648 and order over the telephone, order 24 hours a day, 7 days a week
- order online at www.InnerTraditions.com
- complete the order form and return it to us with payment
- fax your order to 802-767-3726 (24 hours a day)

Orders may be charged to a Mastercard, Visa, Discover, or American Express

FREE SHIPPING

within the U.S.

until July 13, 2026

Use coupon code* **FREESHIP**
when placing your order.

(Enter the code when you check out)

**only one coupon code can be used per order*



Sign up and Save 25% at InnerTraditions.com



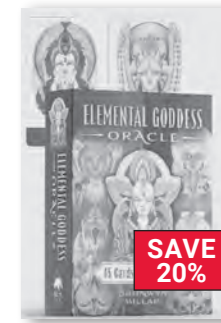
Elemental Goddess Oracle

45 Cards and Guidebook

Bronwyn Millar

Artfully blending interdimensional Goddess wisdom, the five elements of Chinese medicine, trauma healing techniques, and hands-on acupoint practices, this evocative deck and guidebook introduces 45 Goddesses, each from dimensions where the sacred feminine is active. Marrying our physical, earthly elemental experience with our inner divinity, this oracle enables deep, elemental healing.

978-1-59143-545-7 • \$19.99 **\$15.99** boxed set, 4 x 5.5 • 45 color cards and 224-page book



Zen in the Vernacular

Things As It Is

Peter Coyote / Foreword by Lewis Richmond

In this engaging guide to Zen Buddhism, award-winning actor, narrator, and Zen Buddhist priest Peter Coyote explores the fundamental teachings of the Buddha as they apply to modern life. He presents his own contemporary interpretations of the Four Noble Truths, the Three Treasures, the Eightfold Path, and other core Buddhist ideas.

978-1-64411-975-4 • \$29.99 **\$22.49** pb • 352 pages, 6 x 9 • e-book and audiobook available

Crystals for Psychic Self-Defense

145 Gemstones for Banishing, Binding, and Magickal Protection

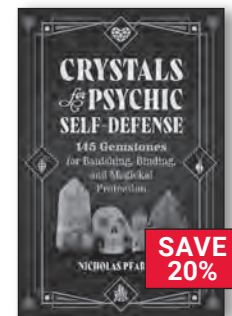
Nicholas Pearson

"In Pearson's unique and comprehensive guide, readers will discover effective methods for harnessing the power of rocks, gems, and stones to safeguard their own energies. A must-have for the witch's library!"

—Nicolette Miele, author of Runes for the Green Witch

Nicholas Pearson presents magickal techniques with crystals and gemstones for warding off harmful energies, cleansing your energy field, binding, and curse breaking, including crystal grids, amulets, spells, and rituals. He also shares an in-depth directory of 145 of the most powerful and effective crystals for protection, banishing, and recovery from psychic attack.

978-1-64411-671-5 • \$24.99 **\$19.99** pb • 352 pages, 6 x 9 • Full-color throughout
e-book available



Angel Abundance

Revelations on True Wealth from the 12 Archangels

Belinda J. Womack

You are personally invited by the 12 Archangels to receive all that you desire from Source, especially the true happiness that often seems out of reach. Your Soul has the clear guidance and tools to help you move from lack to abundance and attract wealth and healing and the Archangels will show you how.

978-1-59143-498-6 • \$18.00 **\$14.40** pb • 272 pages, 6 x 9 • e-book and audiobook available