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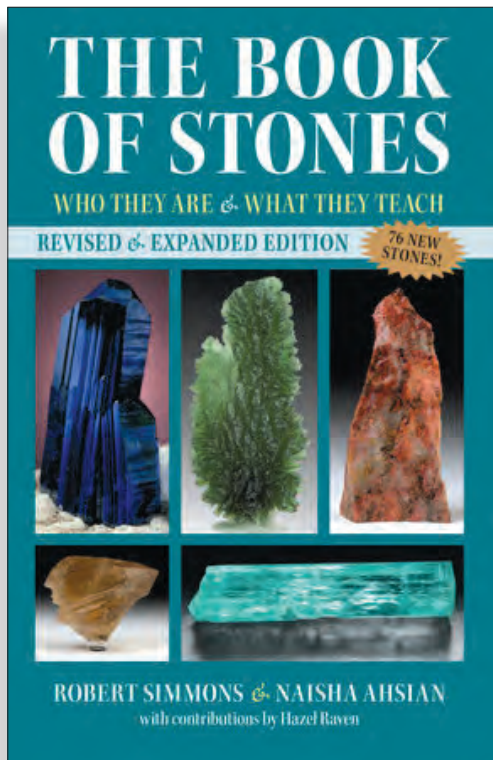


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Author
Robert Simmons

A Sacred Planet Book

The Book of Stones

Who They Are and What They Teach

ROBERT SIMMONS and NAISHA AHSIAN

With contributions by Hazel Raven

A full-color comprehensive reference guide to the spiritual and healing qualities of more than 400 sacred stones

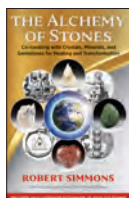
- Explores 455 crystals, minerals, gemstones, and their metaphysical energies, including vivid color photographs for each stone
- For each stone, shares its scientific information, its element and chakra correspondences, its history, and its physical, emotional, and spiritual benefits
- Includes guidance on how to work with crystals and stones and also explores the concept of crystal resonance

Offering an illuminating alphabetical journey through the mineral kingdom, this comprehensive reference guide takes you deep into the world of crystals and their uses for spiritual awakening and self-healing. Exploring 455 gemstones and their metaphysical energies, the encyclopedia includes vivid color photographs for each stone to aid identification and showcase its beauty, as well as listing each gem's physical, emotional, and spiritual benefits.

The book begins with two introductory chapters by authors Naisha Ahsian and Robert Simmons detailing how to work with crystals and stones and exploring the concept of crystal resonance. Each stone entry includes the mineral name and photo, its elemental and chakra correspondences, keywords that indicate its properties, and a description of the crystal structure, hardness, history, and known locations of each mineral, plus any relevant legend or lore from the past. Each author then offers personal insights on the subtle energy properties and spiritual applications of the stone. The entries conclude with the spiritual, emotional, and physical healing qualities of the stone and an affirmation for evoking its potential benefits. This edition also includes an index of the stones' healing and energetic properties, making it easy to find the stone best suited to your needs.

Robert Simmons has been working with crystals and stones for more than 35 years. He is the cofounder of Heaven and Earth, a company offering gem and jewelry creations for self-healing and spiritual and emotional development. The author of several books, including *The Alchemy of Stones*, he lives in New Zealand. **Naisha Ahsian**, now known as Samaya K. Aster, is an author, teacher, and healer with an international practice. She is the director of the Crystals Institute for Personal and Planetary Evolution and lives in Sedona, Arizona. **Hazel Raven** is an international writer, lecturer, and therapist and has been teaching professional crystal programs since 1990.

Also by Robert Simmons



The Alchemy of Stones

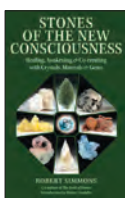
Robert Simmons

Destiny Books

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Stones of the New Consciousness

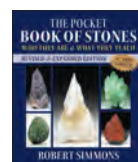
Robert Simmons

Destiny Books

ISBN 978-1-64411-384-4

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January 2021 release



The Pocket Book of Stones

Robert Simmons

Destiny Books

ISBN 978-1-64411-383-7

\$14.99 (CAN \$18.99) pb

January 2021 release

A Sacred Planet Book

The Pocket Book of Stones

Who They Are and What They Teach

ROBERT SIMMONS

A portable full-color reference guide to the spiritual and healing qualities of 390 crystals, gems, and minerals

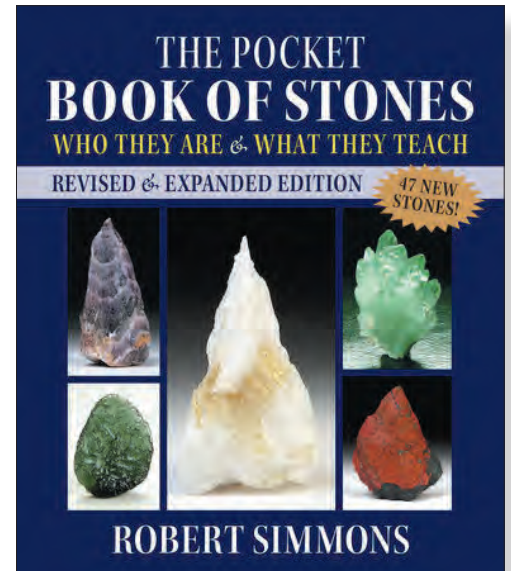
- Features beautifully lit color photos of each stone to aid in identification and to showcase the beauty of the crystals and gemstones
- Provides a description of each stone, a quick-look list of keywords, elemental and chakra correspondences, scientific data, and the story of each stone's beneficial physical, emotional, and spiritual qualities
- Based on the bestselling *The Book of Stones: Who They Are and What They Teach*

Detailing the spiritual and healing qualities of 390 members of the mineral kingdom, *The Pocket Book of Stones* is a condensed reference guide to crystals and gems based on the bestselling *The Book of Stones: Who They Are and What They Teach*. This portable A-to-Z guide features beautifully lit, full-color photos of each stone to aid in identification and to showcase the beauty of the crystals and gemstones. This updated edition describes 47 new stones not covered in the original *Pocket Book of Stones* and contains a comprehensive index of the spiritual, emotional, and healing qualities of the stones.

Every entry contains a vivid color photo, quick-look list of keywords, elemental and chakra correspondences, plus the beneficial physical, emotional, and spiritual qualities of each mineral, crystal, or gemstone. Author Robert Simmons provides a description of each stone, including scientific data and the story of each stone's spiritual and healing qualities, as well as recommendations for other stones that combine harmoniously with it. The scientific information offered provides a familiar frame of reference for those not yet familiar with crystal energies and also broadens the knowledge of those who come to stones primarily for spiritual purposes.

This book provides an ideal introduction to stones and their energies for those who are new to the field as well as an invaluable portable reference for well-versed readers.

Robert Simmons has been working with crystals and stones for more than 35 years. He is the cofounder of Heaven and Earth, a company offering gem and jewelry creations for self-healing and spiritual and emotional development. The author of several books, including *The Book of Stones*, *The Alchemy of Stones*, and *Stones of the New Consciousness*, he lives in New Zealand.



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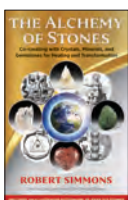
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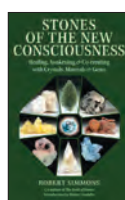
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416 pages, 4½ x 5¼
Full-color throughout
Rights: World
Spirituality/Crystals

Also by Robert Simmons



The Alchemy of Stones
Robert Simmons
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ISBN 978-1-64411-309-7
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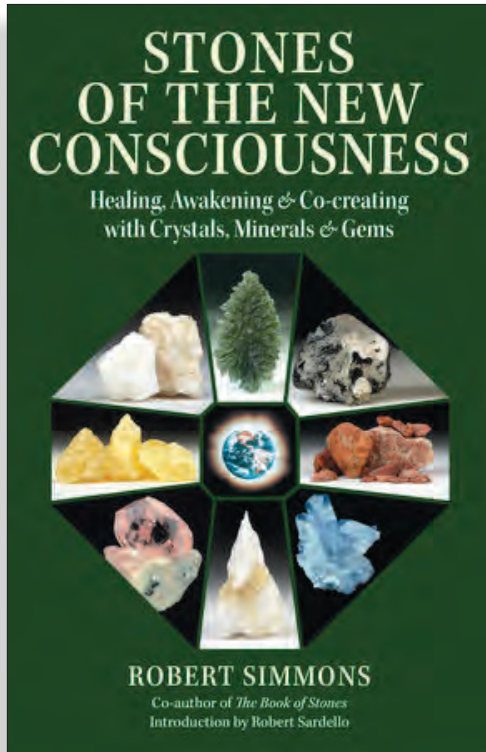


Stones of the New Consciousness
Robert Simmons
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The Book of Stones
Robert Simmons
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A Sacred Planet Book

Stones of the New Consciousness

Healing, Awakening, and Co-creating with Crystals, Minerals, and Gems

ROBERT SIMMONS

Introduction by Robert Sardello

A full-color exploration of 62 stones that can help accelerate and enhance conscious evolution and spiritual awakening

- Details the spiritual, healing, and energetic qualities of stones such as Moldavite, Nuummite, Circle Stones, Nirvana Quartz from the Himalayas, and high-vibrational Natrolite from the emerald mines of Russia
- Features color photos of exceptional examples of each of the stones
- Includes practices for deepening one's awareness of the stones' gifts—from expanding consciousness, to healing, to awakening the Light Body, to fulfilling one's personal and collective destiny

In *Stones of the New Consciousness* Robert Simmons examines the 62 most important stones to help accelerate and enhance conscious evolution and spiritual awakening. Each entry is illustrated with color photos of exceptional examples. The stones include Moldavite, the extraterrestrial amorphous crystal; Nuummite, the oldest gemstone on Earth; and Circle Stones, the highly energetic Flint found in crop circle formations. Other featured rarities include Nirvana Quartz from the Himalayas and high-vibrational Natrolite from the emerald mines of Russia.

Simmons begins with a new approach to meditation with stones and to the possibility of conscious relationship with the spiritual beings who express themselves in our world as crystals and minerals. He includes historical and mythological references for each stone, positing that the fabled Stone of the Holy Grail and the Philosopher's Stone of the alchemists may have physical counterparts among the minerals discussed. Simmons presents practices for deepening one's awareness of the stones' gifts—from expanding one's consciousness to healing to awakening the Light Body to fulfilling one's personal and collective destiny. While emphasizing direct contact with stones, the book also explores crystal energy tools, energy environments, and applications such as stone elixirs and essences that can aid anyone on a spiritual path.

Robert Simmons has been working with crystals and stones for more than 35 years. He is the cofounder of Heaven and Earth, a company offering gem and jewelry creations for self-healing and spiritual and emotional development. The author of several books, including *The Book of Stones* and *The Alchemy of Stones*, he lives in New Zealand.



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Destiny Books

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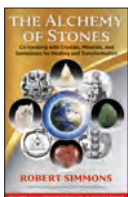
320 pages, 7 x 10^{7/8}

Full-color throughout

Rights: World

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Also by Robert Simmons



The Alchemy of Stones

Robert Simmons

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The Book of Stones

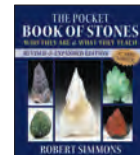
Robert Simmons

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The Pocket Book of Stones

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January 2021 release

Tuning the Human Biofield

Healing with Vibrational Sound Therapy

EILEEN DAY MCKUSICK

A guide to the basics of Biofield Tuning, using tuning forks to clear trauma stored in the human energy field

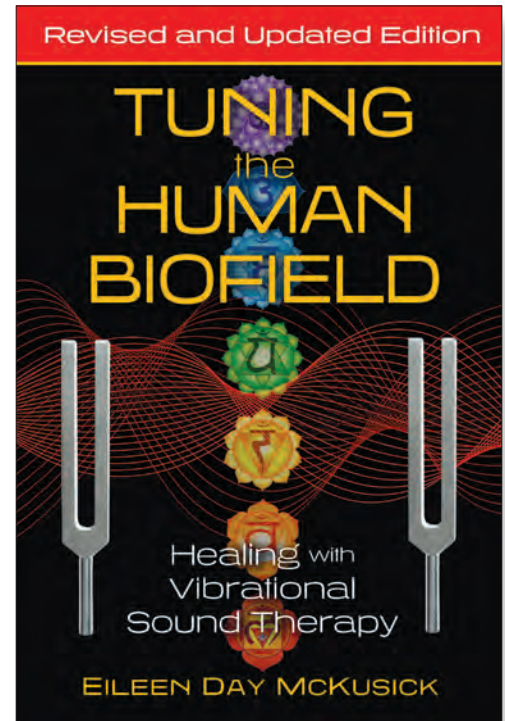
- Provides a precise map of the energetic biofield that surrounds the body, showing where specific emotions, memories, traumas, and pain are stored
- Details how to locate stored trauma in the biofield with a tuning fork and clear it
- Winner of the 2015 Nautilus Silver Award

When Eileen McKusick began offering sound therapy in her massage practice she soon discovered she could use tuning forks to locate and hear disturbances in the energy field, or biofield, that surrounded each of her clients. She found these energetic disturbances correlated with the emotional and physical traumas her clients had experienced throughout their lives, with the biofield acting as a record of pain, stress, and trauma from gestation onward. Passing the tuning forks through these areas in the biofield not only corrected the distorted vibrational sounds she was hearing but also imparted consistent, predictable, and sometimes immediate relief from pain, anxiety, insomnia, migraines, depression, fibromyalgia, digestive disorders, and a host of other complaints. Now, more than 20 years later, McKusick has fully developed her sound healing method, which she calls Biofield Tuning, and created a map of the biofield, revealing the precise locations where specific emotions, memories, ailments, and traumas are stored.

In this book, McKusick explains the basics of Biofield Tuning practice and provides illustrations of her Biofield Anatomy Map. She details how to use tuning forks to find and clear pain and trauma stored in the biofield and reveals how the traditional principles and locations of the chakras correspond directly with her biofield discoveries. Exploring the science behind Biofield Tuning, she examines scientific research on the nature of sound and energy and explains how experiences of trauma produce “pathological oscillations” in the biofield, causing a breakdown of order, structure, and function in the body.

Offering a revolutionary perspective on mind, energy, memory, and trauma, McKusick’s guide to Biofield Tuning provides new avenues of healing for energy workers, massage therapists, sound healers, and those looking to overcome chronic illness and release the traumas of their past.

Eileen Day McKusick, MA, has researched the effects of audible sound on the human body and its biofield since 1996. The creator of the sound therapy method Biofield Tuning, she has a master’s degree in integrative education and is the founder of the Biofield Tuning Institute, which conducts grant-funded and peer-reviewed studies on the human biofield. She is the inventor of the Sonic Slider sound healing tool and the CEO of BioSona LLC, which provides sound therapy tools and training globally. She lives in Winooski, Vermont.



September 2021

Healing Arts Press
ISBN 978-1-64411-318-9
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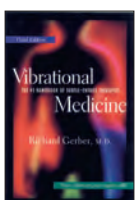
Replaces previous edition:
Healing Arts Press (ISBN 978-1-62055-246-9)

288 pages, 6 x 9
32 black-and-white illustrations
Rights: World
Bodywork/Energy Medicine



Author
Eileen Day McKusick

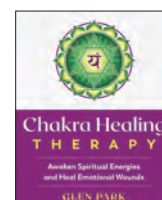
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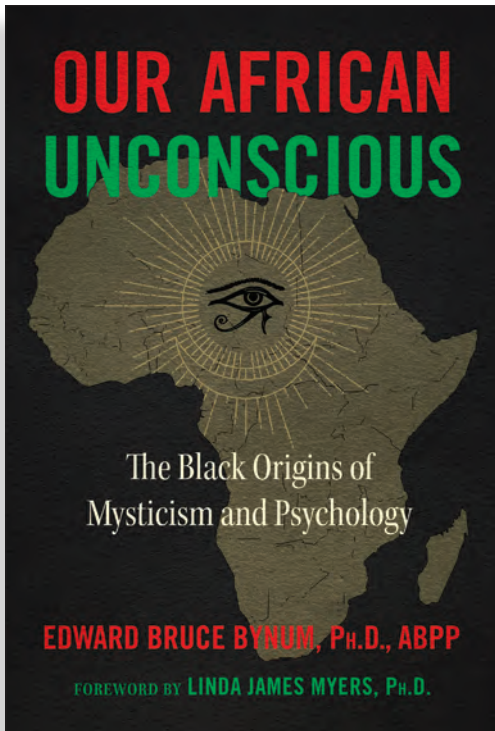
Vibrational Medicine
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Vibrational Sound Healing
Erica Longdon
Healing Arts Press
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Chakra Healing Therapy
Glen Park
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October 2020 release



Our African Unconscious

The Black Origins of Mysticism and Psychology

EDWARD BRUCE BYNUM, Ph.D., ABPP

Foreword by Linda James Myers, Ph.D.

Reveals how spirituality and the collective unconscious of all of humanity originated in Africa

- Examines the Oldawan, the Ancient Soul of Africa, and its correlation with what modern psychologists have defined as the collective unconscious
- Draws on archaeology, DNA research, history, and depth psychology to reveal how the biological and spiritual roots of religion and science came out of Africa
- Explores the reflections of our African unconscious in the present confrontation in the Americas, in the work of the Founding Fathers, and in modern psychospirituality

The fossil record confirms that humanity originated in Africa. Yet somehow we have overlooked that Africa is also at the root of all that makes us human—our spirituality, civilization, arts, sciences, philosophy, and our conscious and unconscious minds.

In this African-revisioned look at the unfolding of human history and culture, Edward Bruce Bynum reveals how our collective unconscious is African. Drawing on archaeology, DNA research, history, depth psychology, and the biological and spiritual roots of religion and science, he demonstrates how all modern human beings, regardless of ethnic or racial categorizations, share a common deeper identity, both psychically and genetically, connected with a primordial African unconscious.

Exploring the beginning of early religions, spirituality, and mysticism in Africa, along with philosophy, art, and science, the author looks at the Egyptian Nubian role in the rise of civilization and the emergence of Kemetic Egypt, revealing how and why ancient Egypt was separated from the rest of Africa in the Western mind—despite it being the most sophisticated expression of the Mother Continent. He examines the Oldawan, the Ancient Soul, and its correlation with what modern psychologists have defined as the collective unconscious. Revealing the spiritual and psychological ramifications of our shared African ancestry, the author examines its reflections in the present confrontation in the Americas, in the work of the Founding Fathers, and in modern Black spirituality, which arose from African diaspora religion and philosophy.

By recognizing our shared African unconscious, the matrix that forms the deepest luminous core of human identity, we can learn to see and feel that the differences between one person and another are merely superficial and ultimately there is no real separation between the material and the spiritual.

Edward Bruce Bynum, Ph.D., ABPP, is a clinical psychologist and former director of the behavioral medicine program at the University of Massachusetts Health Services. The 2005 recipient of the Abraham H. Maslow Award from the American Psychological Association and the author of several books, including *Dark Light Consciousness*, he is currently in private practice in Hadley, Massachusetts.

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The African Unconscious

ISBN 978-1-61640-666-0 (Cosimo Books)

Also available as an ebook

480 pages, 6 x 9

27 black-and-white illustrations

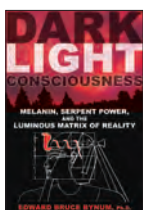
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Spirituality/African Studies



Author
Edward Bruce Bynum

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Dark Light Consciousness

Edward Bruce Bynum, Ph.D., ABPP

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The Inner Work of Age

Shifting from Role to Soul

CONNIE ZWEIG, Ph.D.

Foreword by Harry R. Moody, Ph.D., former VP of AARP

A guide to working through the inner obstacles of late life and embracing the spiritual gifts of aging

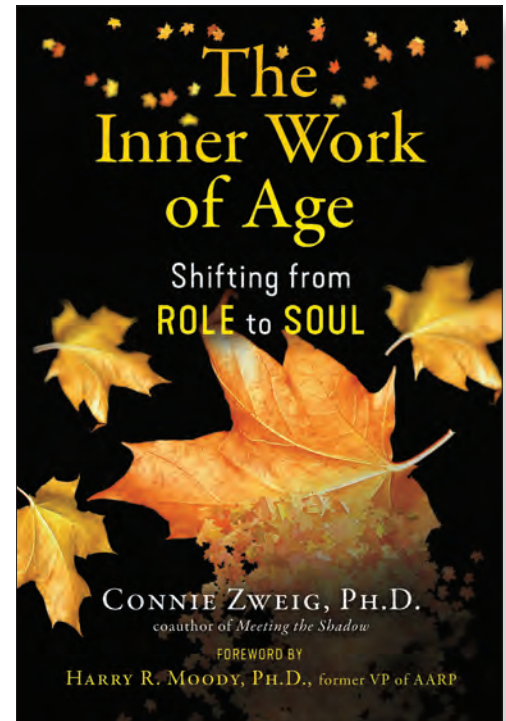
- Offers shadow-work and many diverse spiritual practices to help you break through denial to awareness, move from self-rejection to self-acceptance, repair the past to be fully present, and allow mortality to be a teacher
- Reveals how to use inner work to uncover and explore the unconscious denial and resistance that erupts around key thresholds of later life
- Includes personal interviews with prominent Elders, including Ken Wilber, Krishna Das, Fr. Thomas Keating, Anna Douglas, James Hollis, Rabbi Rami Shapiro, Ashton Applewhite, Roshi Wendy Nakao, Roger Walsh, and Stanislav Grof

With extended longevity comes the opportunity for extended personal growth and spiritual development. You now have the chance to become an Elder, to leave behind past roles, shift from work in the outer world to inner work with the soul, and become authentically who you are. This book is a guide to help get past the inner obstacles and embrace the hidden spiritual gifts of age.

Offering a radical reimagining of age for all generations, psychotherapist and bestselling author Connie Zweig reveals how to use inner work to uncover and explore the unconscious denial and resistance that erupts around key thresholds of later life, attune to your soul's longing, and emerge renewed as an Elder filled with vitality and purpose. She explores the obstacles encountered in the transition to wise Elder and offers psychological shadow-work and diverse spiritual practices to help you break through denial to awareness, move from self-rejection to self-acceptance, repair the past to be fully present, reclaim your creativity, and allow mortality to be a teacher. Sharing contemplative practices for self-reflection, she also reveals how to discover ways to share your talents and wisdom to become a force for change in the lives of others.

Woven throughout with wisdom from prominent Elders, including Ken Wilber, Krishna Das, Father Thomas Keating, Anna Douglas, James Hollis, Rabbi Rami Shapiro, Ashton Applewhite, Roshi Wendy Nakao, Roger Walsh, and Stanislav Grof, this book offers tools and guidance to help you let go of past roles, expand your identity, deepen self-knowledge, and move through these life passages to a new stage of awareness, choosing to be fully real, transparent, and free to embrace a fulfilling late life.

Connie Zweig, Ph.D., is a retired psychotherapist, former executive editor at Jeremy P. Tarcher Publishing, former columnist for *Esquire* magazine, and contributor to the *LA Times*. Known as the Shadow Expert, she is the coauthor of *Meeting the Shadow* and *Romancing the Shadow* and author of *Meeting the Shadow of Spirituality* and a novel, *A Moth to the Flame: The Life of Sufi Poet Rumi*. She lives in Topanga, California.



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384 pages, 6 x 9
Rights: World
Spirituality/Aging



Author
Connie Zweig, Ph.D.

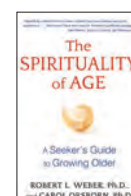
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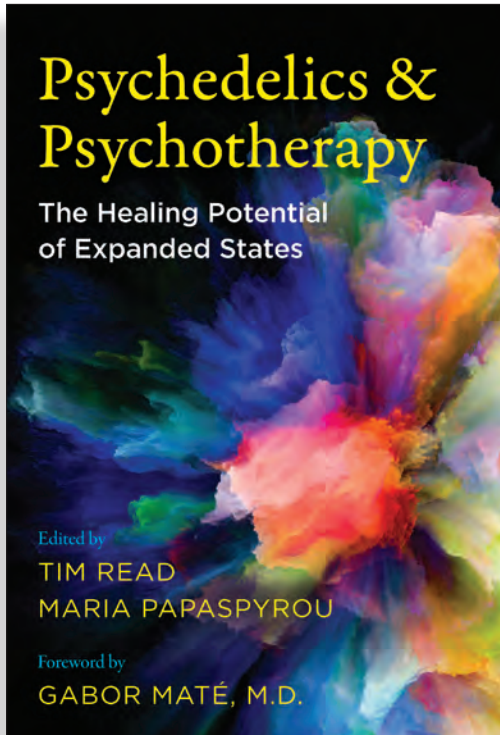
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Psychedelics and Psychotherapy

The Healing Potential of Expanded States

Edited by TIM READ and MARIA PAPASPYROU

Foreword by Gabor Maté, M.D.

An exploration of the latest developments from the flourishing field of modern psychedelic psychotherapy

- Examines the therapeutic potential of expanded states, underground psychedelic psychotherapy, harm reduction, new approaches for healing individual and collective trauma, and training considerations
- Addresses challenging psychedelic experiences, spiritual emergencies, and the central importance of the therapeutic relationship
- Details the use of cannabis as a psychedelic tool, spiritual exploration with LSD, micro-dosing with Iboga, and MDMA-assisted psychotherapy for PTSD

Exploring the latest developments from the flourishing field of modern psychedelic psychotherapy, this book shares practical experiences and insights from both elders and newer research voices in the psychedelic research and clinical communities.

The contributors examine new findings on safe and skillful work with psychedelic and expanded states for therapeutic, personal, and spiritual growth as well as addressing challenging psychedelic experiences and spiritual emergencies. They explain the dual process of opening and healing—how opening the mind and the heart with psychedelics and expanded states can help dissolve psychic barriers and encourage deep healing. They explore new approaches for individual inner work as well as for the healing of ancestral and collective trauma. They examine the power of expanded states for reparative attachment work and offer insights on the integration process through the lens of holotropic breathwork. The contributors also examine the use of cannabis as a psychedelic tool, spiritual exploration with LSD, micro-dosing with Iboga, treating depression with psilocybin, and MDMA-assisted psychotherapy for PTSD.

Revealing diverse ways of working with psychedelics in terms of set, setting, and type of substance, the book concludes with discussions of ethics and professional development for those working in the field as well as exploring considerations for training the next generation of psychedelic therapists.

Tim Read, M.D., is a psychiatrist and psychotherapist, with degrees in neuroscience and medicine. He is involved in clinical research at King's College and Imperial College, London University, on the therapeutic use of psychedelics. The author of *Walking Shadows* and co-author of *Breaking Open*, he lives in London. **Maria Papaspyrou** is an integrative psychotherapist, supervisor, and family constellations facilitator. The co-editor of *Psychedelic Mysteries of the Feminine*, she lives in Brighton, England. Together, the authors are co-directors of the Institute of Psychedelic Therapy in the UK.



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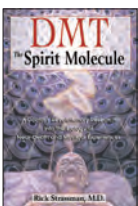


Editor
Tim Read

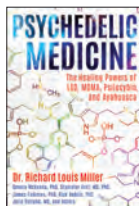


Editor
Maria Papaspyrou

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Rick Strassman, M.D.
Park Street Press
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Dr. Richard Louis Miller
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15,000 copies sold



Grandmother Ayahuasca
Christian Funder
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July 2021 release

Spiritual Healing in Hospitals and Clinics

Scientific Evidence that Energy Medicine Promotes Speedy Recovery and Positive Outcomes

SANDY EDWARDS

Reveals scientific evidence that spiritual healing improves physical, emotional, and mental health

- Presents the positive results of the author's two-year clinical trial of spiritual healing (energy medicine) involving 200 hospital patients
- Shares intriguing evidence from case studies as well as other research projects that negate the myth that energy healing is only a placebo
- Explores how spiritual healing not only led to improved outcomes for patients, but also faster recovery times and thus less time spent in hospitals

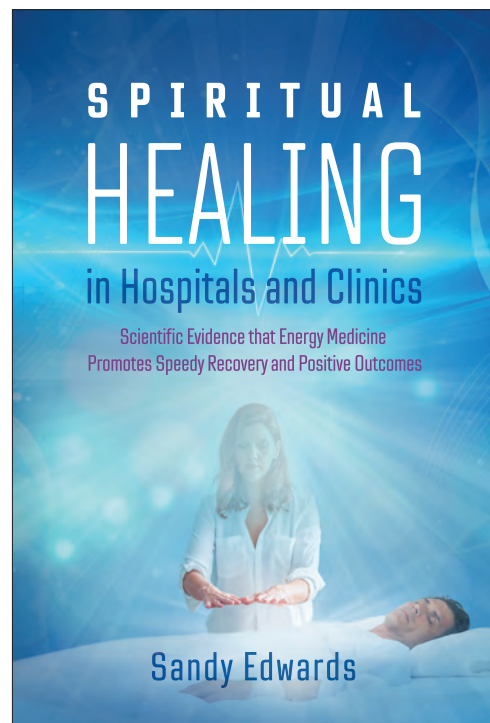
Seven years after qualifying to become a spiritual healer, Sandy Edwards approached a consultant gastroenterologist at a city hospital and offered to give healing to his patients as a volunteer. She provided healing sessions alongside conventional medical treatments, documenting the effects in a scientific way, and the doctor was surprised at the overwhelmingly positive outcomes. In partnership with the University of Birmingham, as well as a national grant to fund the study, Sandy instigated the largest clinical research trial of spiritual healing in the world.

Revealing the outstanding results of this two-year medical trial, which involved 200 chronically ill hospital patients, Sandy demonstrates that spiritual healing (energy medicine) can support the healing process of a patient, whether they are in pain, sick, stressed, or depressed. In many cases, these patients had been suffering for a long time with little hope of recovery. Yet they improved substantially in numerous ways after receiving just five 20-minute healing sessions.

Illustrating how spiritual healing helps a patient from pain and distress through to recovery, Sandy shares intriguing evidence from case studies as well as other research projects that negate the myth that energy healing is only a placebo. She offers statements from medical professionals who have witnessed the results firsthand and also details a quick technique to relieve pain that readers can apply in their own lives.

Showing how spiritual healing not only led to improved outcomes for patients, but also faster recovery times and thus less time spent in hospitals, Sandy moves us one step closer to widespread acceptance for spiritual healing and energy medicine.

Sandy Edwards is a fellow of the Healing Trust, UK. She set up a voluntary healing clinic, and volunteered in hospitals, before instigating the largest medical research trial of spiritual healing, the results of which she presented at the Houses of Parliament in London. Sandy has served as a trustee of the Healing Trust charity and lives in Dorset, UK.



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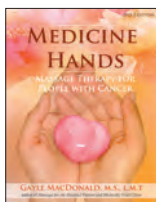
Rights: World, except German language

Energy Medicine



Author
Sandy Edwards

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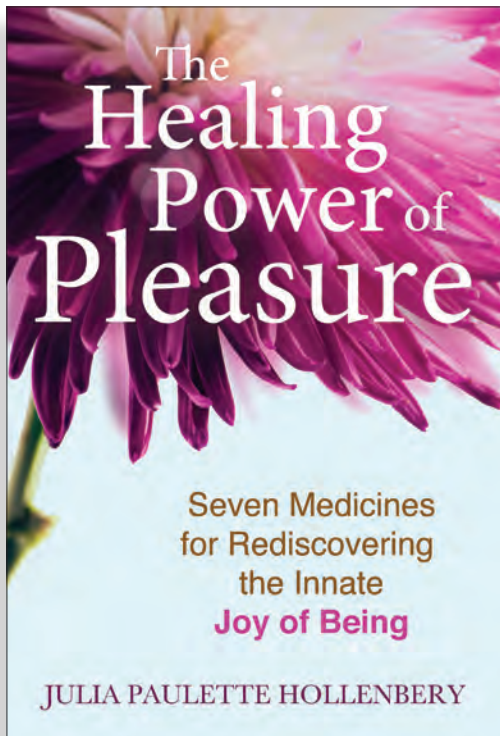
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The Healing Power of Pleasure

Seven Medicines for Rediscovering the Innate Joy of Being

JULIA PAULETTE HOLLENBERY

A step-by-step journey into sensuality to rediscover the delight that lies just below the surface of everyday experience

- Shares seven easily accessible spiritual “medicines”—slowing down, embodying, deepening, relating, pleasure, power, and potency—so you can discover more sensual pleasure and delight in your body, relationships, and way of being as well as inner confidence, instinctual power, and aliveness
- Presents reflections, practical somatic and breathing exercises, prompting questions, meditations, and energetic transmissions for each medicine
- Explores body awareness, managing emotions stored in the body, the five realms of relationship, the different kinds of love, sexuality, passionate intimacy, and pleasure as a source of nourishment and healing

Hidden just below the surface of ordinary everyday reality lies an abundance of pleasure and delight. By learning to look beyond your daily challenges, to ease your stressed mind and body, you can rediscover the magic, mystery, sensuality, and joy that is possible in everyday life.

Taking you through a step-by-step sensual journey of healing and transformation, Julia Hollenberg explains how pleasure is all around us and explores seven easily accessible spiritual “medicines” or pathways to discover more sensual pleasure and delight in your body, relationships, and way of being. She details each of the seven medicines in depth: slowing down, embodying, deepening, relating, pleasure, power, and potency. For each medicine, she presents reflections, practical somatic and breathing exercises, prompting questions, meditations, and energetic transmissions to help you reconnect body, mind, and soul in an integrated way and reclaim your innate source of pleasure.

The Healing Power of Pleasure combines scientific fact with ancient spirituality, insight, humor, and poetry. A visionary call to action to inhabit our universe of pleasure, this book presents an invitation to reconnect with your body, realize the depth and web of relationships within which we live, and embrace the pleasure, power, and potency that arise when we look inward as well as confidently relate outward with the world around us.

Julia Paulette Hollenberg is a bodyworker, therapist, mystic, healer, and facilitator. For more than 25 years she has guided countless clients into deep confidence and self-authority. She is passionate about sharing her life-long love of the mystery, real sensual relationship, and the life of the body. Julia lives and works in London.



September 2021

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Rights: World

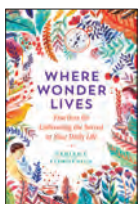
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Author

Julia Paulette Hollenberg

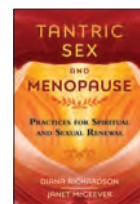
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Fabiana Fondevila
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Journeys with Plant Spirits

Plant Consciousness Healing and Natural Magic Practices

EMMA FARRELL

Foreword by Pam Montgomery, author of *Plant Spirit Healing*

A guide to communicating and working with plant and tree spirits for personal development, spiritual connection, inner peace, and healing

- Presents meditation journeys with specific plant and tree spirits, such as Mugwort, Rosemary, Dandelion, Yew, Elder, and Wormwood
- Details how to achieve a calm mind, cleanse your energy field, and connect with your heart in preparation for meditating with the plants
- Includes a progressive series of introductory meditations, adapted from wisdom traditions, to lay the foundation for working with plant spirits

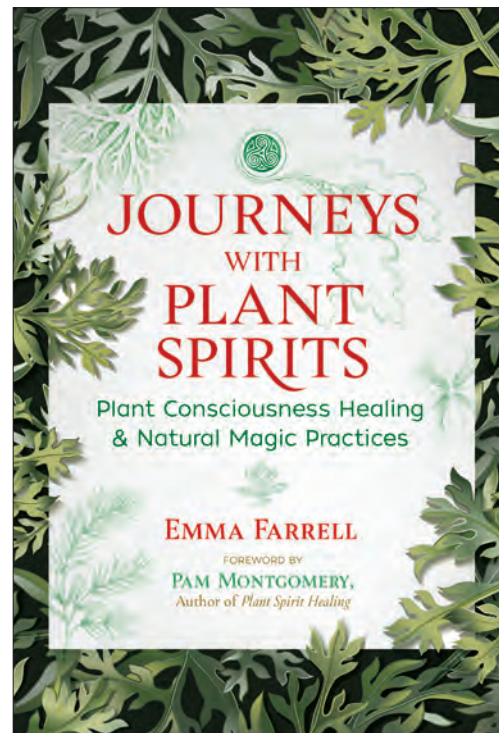
Our ancient ancestors understood the language of nature, enabling them to communicate innately with plants. By quieting the mind through meditation, we too can tap into the vibratory resonance of plants and receive their wisdom and healing.

In this guide, Emma Farrell explains how to take your connection and relationship with nature to a deeper level and access plant spirit healing through meditation with plants. She explores the nature of plant consciousness and how plants perceive, drawing on indigenous and shamanic teachings. She details how to achieve a calm mind, cleanse your energy field, and connect with your heart in preparation for meditating with plants and trees, showing how the plants can support us not only in the cleansing process but also in teaching us how to sense what is in our energy field.

Offering a progressive series of preparatory meditations, adapted from wisdom traditions, the author reveals how to lay the foundation for working, communicating, and developing relationships with plant and tree spirits for personal development, spiritual connection, and inner peace. She then presents meditation journeys with specific plant spirits, focusing on specific frequencies within the plant's bio-resonance to assist you. For example, the meditation with Mugwort works with the plant spirit's qualities of alignment and self-awareness to assist you with grounding and developing inner vision, while the meditation with Dandelion helps you break old habits by working with the plant's qualities of release, reconnection, and fearlessness.

Revealing how each plant is an expression of the soul force of Mother Nature and carries a unique blend of her medicine and wisdom, this guide details step-by-step how to effectively work with plant spirits for emotional and spiritual healing, enabling you to awaken the eternal spirit, or soul, to become truly multidimensional and whole.

Emma Farrell is a plant spirit healer, geomancer, shamanic teacher, and the co-founder, with her husband Davyd, of the ground-breaking London event Plant Consciousness. She is a lineage holder of the White Serpent teachings and has been initiated into ancient magical practices of the British isles. She currently runs a school of Warrior Healers and an Apothecary of plant spirit medicine. She lives in Powys, Wales.



September 2021



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288 pages, 6 x 9
15 black-and-white illustrations
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Author
Emma Farrell

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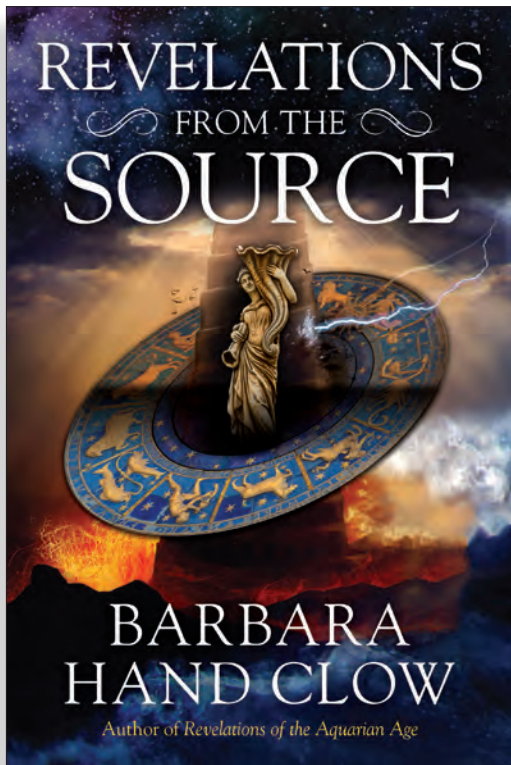
Plant Spirit Healing
Pam Montgomery
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Elizabeth E. Meacham, Ph.D.
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Marko Pogacnik
Findhorn Press
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Revelations from the Source

BARBARA HAND CLOW

An initiatic novel based on ancient teachings and astrological wisdom from bestselling author Barbara Hand Clow

- Offers an in-depth experience of alchemical transmutation to cleanse old parts of the psyche and clear space for the shift to 5D through 9D consciousness
- Reveals the astrological factors at play behind the multitude of crises hitting the world stage in 2018, 2019, and 2020, including the Covid-19 pandemic
- Continues the story from *Revelations of the Ruby Crystal* and *Revelations of the Aquarian Age*

With the Age of Aquarius dawning, six friends connected by ancient wisdom, spiritual revelation, past lives, and sexual alchemy discover the connections between seemingly disconnected events—environmental collapse, schisms in the Catholic Church, the refugee crisis, political breakdown in the United States, the shift out of the age of oil to the high-tech economy, and the Covid-19 pandemic. The characters, as well as readers, experience moving out of fear-based 4th-dimensional consciousness to the higher dimensions.

The story begins in Florence, Italy, at an art soirée in honor of Armando Pierleoni's visionary painting of Jesus and Mary Magdalene. In addition to the six friends—Armando, his photographer wife Jennifer, New York Times journalist Simon, his mystical wife Sarah, Jungian analyst Lorenzo, and exotically beautiful and astrologically insightful Claudia—the dinner party also includes Alessandro de Medici, later revealed to be a master alchemist, and Jesuit priest Father Giorgio Faccini, the Vatican archivist and a covert agent for the Church's secret agenda.

In the months following the soirée, political tension builds in Rome, Washington, and the Middle East. Armando struggles with his muse, and Simon is diagnosed with cancer. The US Justice Department goes after the Church, and the truth about sexual abuse is revealed globally. What the Age of Aquarius will bring is becoming apparent as the pace of change challenges the characters.

As the Aquarian vibrations intensify, Claudia sees the astrological factors at play behind the multitude of crises hitting the world stage and then Covid-19 hits Italy. In the rapidly escalating tension, the deepest fears and greatest joys of the characters' lives are revealed. Armando has a spiritual breakthrough and high initiation with Lorenzo in his tower, and the friends discover alchemical keys and the perennial wisdom—long suppressed by the Church—that will help humanity transcend.

Barbara Hand Clow's novel offers readers a nine-dimensional initiation encoded in visionary fiction that is a celebration for the arrival of the Aquarian Age.

Barbara Hand Clow is an internationally acclaimed astrologer, ceremonial teacher, author, and Mayan Calendar researcher. Her numerous books include *Revelations of the Ruby Crystal*, *Revelations of the Aquarian Age*, *The Pleiadian Agenda*, *Alchemy of Nine Dimensions*, *Awakening the Planetary Mind*, and *The Mayan Code*.

September 2021



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352 pages, 6 x 9

14 black-and-white illustrations

Rights: World

New Age/Fiction



Author
Barbara Hand Clow

Also by Barbara Hand Clow



Revelations of the Ruby Crystal

Barbara Hand Clow

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ISBN 978-1-59143-197-8

\$26.00 (CAN \$30.95) **hardcover**



Revelations of the Aquarian Age

Barbara Hand Clow

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Awakening the Planetary Mind

Barbara Hand Clow

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The Poison Path Herbal

Baneful Herbs, Medicinal Nightshades,
and Ritual Entheogens

COBY MICHAEL

A guide to safely working with the poisonous plants of the witches' pharmacopoeia for magic, healing, and visions

- Explains how to work with baneful herbs through rituals and spells, as plant spirit familiars, as potent medicines, and as visionary substances
- Details the spiritual, alchemical, astrological, and symbolic associations of each plant, its active alkaloids, how to safely cultivate and harvest it, and rituals and spells suited to its individual nature and powers
- Shares plant alchemy methods, magical techniques, and recipes featuring the plants, including a modern witches' flying ointment

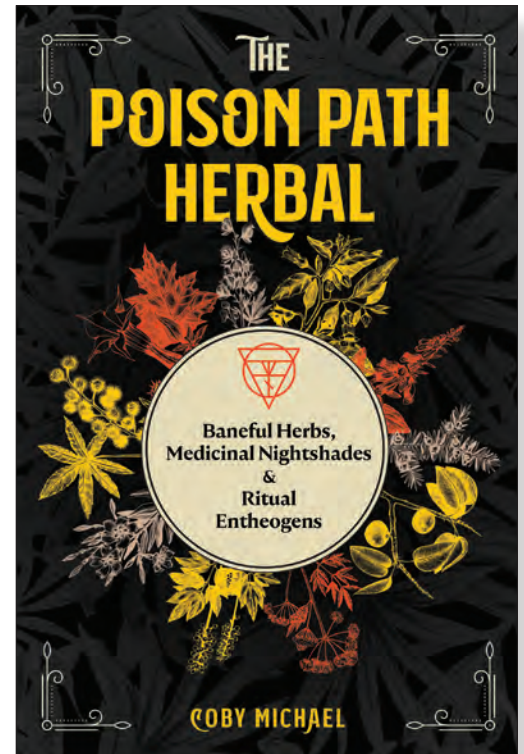
Part grimoire and part herbal formulary, this guide to the Poison Path of occult herbalism shares history, lore, and practical information regarding the use of poisonous, consciousness-altering, and magical plants. Author Coby Michael explains how, despite their poisonous nature, when approached with respect and reverence, baneful herbs can become powerful plant allies, offering potent medicine, magical wisdom, and access to altered states and the spirit realm.

Detailing the spiritual, alchemical, astrological, and symbolic associations of each plant, the author explores their magical uses in spells and rituals throughout history as well as their active alkaloids. He focuses primarily on the Nightshade family, or Solanaceae, such as Mandrake, Henbane, and Thornapple, yet also explores baneful plants from other families such as Wolfsbane, Hemlock, and Hellebore. He also examines plants in the witch's pharmacopoeia that are safer to work with but just as chemically active, such as Wormwood, Mugwort, and Yarrow.

The author shares rituals suited to the individual nature and powers of each plant and explains how to attract and work with plant spirit familiars. He offers plant alchemy methods for crafting spagyric tinctures and magical techniques to facilitate working with these plants as allies and teachers. He shares magical recipes featuring the plants, including a modern witches' flying ointment. He also explores safely cultivating baneful herbs in a poison garden.

Revealing the magical secrets of the Poison Path, Coby Michael shows that although these plants can be deadly in nature, they are also wise spiritual teachers who can provide us with profound healing and bring us closer to the natural world.

Coby Michael is a practitioner of the Poison Path of occult herbalism and a cultivator of entheogenic herbs. He contributes to the Pagan Archives at Valdosta University, writes regularly for *The House of Twigs*, and maintains a blog, *Poisoner's Apothecary*, on Patheos Pagan. He teaches classes and online workshops on plant magic, baneful herbs, and traditional witchcraft. He lives in Fort Wayne, Indiana.



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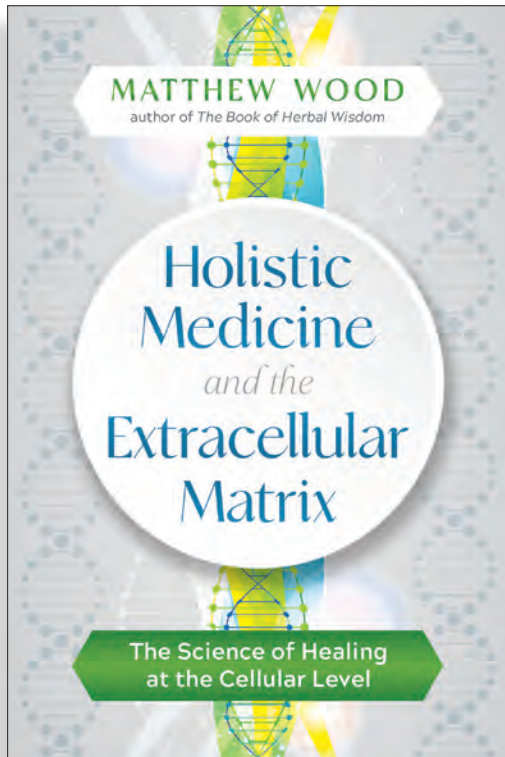
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Holistic Medicine and the Extracellular Matrix

The Science of Healing at the Cellular Level

MATTHEW WOOD

Reveals how the extracellular matrix offers scientific proof for holism

- Examines the function of the extracellular matrix, the inner ocean that unifies all our cells and controls them in a coordinated and integrated fashion
- Explores how the extracellular matrix builds and repairs itself and how holistic therapy can be applied based on this knowledge
- Introduces new and old holistic and herbal protocols for treatment of the matrix

The cells in our bodies are not independent units. They do not control their own feeding, elimination, migration, or reproduction; they are controlled by signals from the extracellular matrix (ECM) that surrounds them. This all-encompassing inner ocean unifies all our cells and controls them in a coordinated and integrated fashion.

Revealing the stunning implications of the extracellular matrix, Matthew Wood shows how it clearly explains the actions and efficacy of holistic therapies. He explores the ground-breaking research of Alfred Pischinger, who discovered the ECM in 1975, as well as the role of the matrix in transmitting and enacting the genetic code, including the roles of the mitochondria, the nucleus, and ribosomes. He explores how the matrix builds and repairs itself and investigates the complex processes and components involved in the self-healing of wounds and traumas.

Wood explains how modern drugs, directed at specific receptors on the cell membrane, interfere with bodily self-regulation. He details how holistic therapies modify the environment of the cell and strengthen the whole, bringing the body back to homeostasis and consequently offering true healing. He sheds new light on how herbs are utilized in the body based on the matrix and discusses the actions of several common herbs in this regard. Wood shows how, even before the discovery of the ECM, many holistic practitioners had already intuited its existence and were acting with advanced understanding of the interconnectedness of the internal cellular terrain.

Offering a cutting-edge understanding of the extracellular matrix, Wood reveals the importance of the ECM in treating the whole individual, the basis not only of medical herbalism but of all holistic medicine.

Matthew Wood has been a practicing herbalist for over thirty-five years. An internationally known author and lecturer in the field, he holds a master of science degree in herbal medicine from the Scottish School of Herbal Medicine. A professional member of the American Herbalists Guild, he is the author of several books, including *The Earthwise Herbal* and *The Book of Herbal Wisdom*. He lives in Spring Valley, Wisconsin.



October 2021

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ISBN 978-1-64411-294-6

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256 pages, 6 x 9

3 black-and-white illustrations

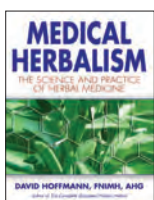
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Holistic Health

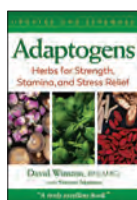


Author
Matthew Wood

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Psychedelic Cannabis

Therapeutic Methods and Unique Blends to Treat Trauma and Transform Consciousness

DANIEL McQUEEN

Foreword by Stephen Gray, editor of *Cannabis and Spirituality*

A step-by-step guide to using cannabis as a psychedelic therapy

- Explains how cannabis can be used to treat trauma and emotional pain, as a profound problem-solving tool, and as a potent catalyst for self-transformation and ongoing healing work
- Shares methods to minimize the unwanted effects, such as intensified anxiety and paranoia, and direct the experience to produce deep physical relaxation and, when needed, elevated healing states
- Details how to blend cannabis strains for specific kinds of psychedelic experiences and how to prepare for your sessions to ensure success

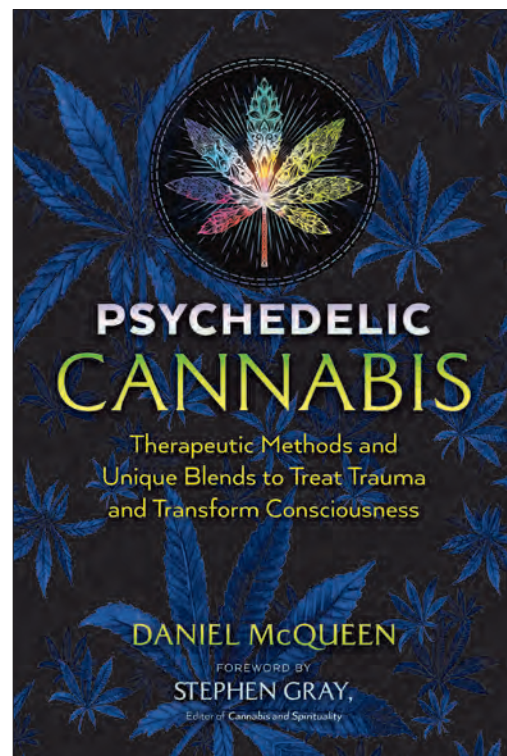
Despite the recent resurgence of interest in the therapeutic potential of psychedelics, *Cannabis sativa* as a psychedelic therapy has been completely overlooked. Yet, as psychedelic specialist Daniel McQueen, MA, reveals, when used skillfully and with intention, cannabis can be used to treat trauma and other mental health concerns just as psilocybin mushrooms and MDMA can. It can also be used as a problem-solving tool and as a potent catalyst for self-actualization and ongoing healing work.

Presenting a step-by-step guide, McQueen explores how to transform cannabis into a reliable and safe psychedelic medicine. Drawing on his years of experience working with clients to release traumas and emotional pain and step into their full potential, he explains the importance of proper dose, set, setting, and intention and details how to prepare for your psychedelic cannabis sessions to ensure success. He shares methods to use cannabis in a specialized and mindful way to minimize the unwanted effects, such as intensified anxiety and paranoia, and direct the experience to produce vivid psychedelic states, deep physical relaxation, and healing.

Looking at the unique qualities of different cannabis strains, the author explores the art of making a psychedelic cannabis blend, with the possibilities and hidden potentials of each strain discussed. He details how to blend strains for specific medicine experiences, ranging in similarity to MDMA, psilocybin, and even ayahuasca.

Unveiling new depth to this ancient spiritual and medicinal ally, McQueen shows how consciously using cannabis as a psychedelic can help transform your trauma into resilience and shift your mindset from surviving to thriving.

Daniel McQueen, MA, is a professional psychedelic therapist and executive director of the Center for Medicinal Mindfulness, a psychedelic harm-reduction program and international psychedelic therapy training program focusing on Cannabis-Assisted Psychedelic Therapy and Cannabis-Assisted Psychotherapy. He holds a master's in transpersonal counseling psychology and lives in Boulder, Colorado.



October 2021

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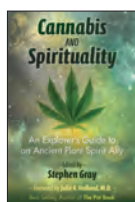
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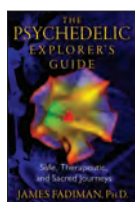


Author
Daniel McQueen

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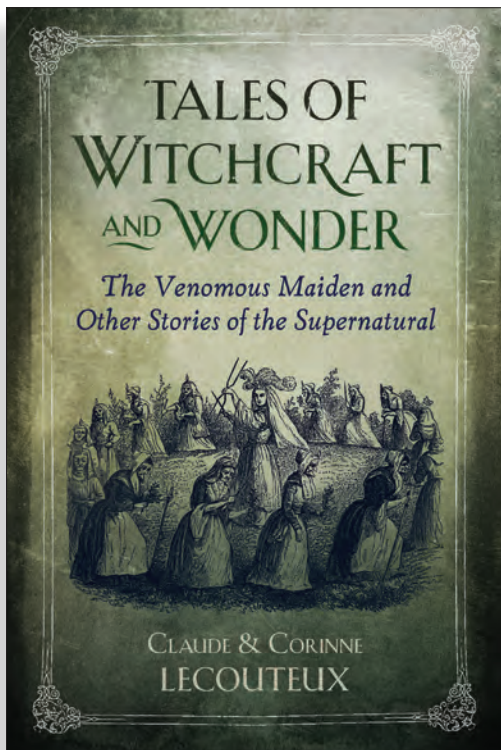
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Edited by Stephen Gray
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Psychedelic Consciousness
Daniel Grauer
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\$16.99 (CAN \$21.50) pb
July 2020 release



Tales of Witchcraft and Wonder

The Venomous Maiden and Other Stories of the Supernatural

CLAUDE and CORINNE LECOUTEUX

A collection of tales from the Middle Ages focused on otherworldly powers, magical animals, miracles, demonic apparitions, and supernatural events

- Offers commentary for each story, revealing its historical context, cultural and esoteric associations, and hidden pagan beliefs
- Explores how the tales transformed over the ages and their origins in Classical Antiquity, the Middle East, and India
- Includes stories never-before-translated from their original Latin and many purposely left in obscurity due to scandalous depictions of popes and other notables

The Middle Ages witnessed the blossoming of oral traditions whose echoes can still be found in many legends, fables, and tales today.

In this collection of medieval tales of witchcraft, wonder, and the supernatural, Claude and Corinne Lecouteux explain how many of these stories arose in Classical Antiquity while some made their way into Dark Ages Europe from the Middle East and India. Offering commentary for each tale, the authors place them in historical context and analyze their cultural and esoteric associations. They include stories never-before-translated from their original Latin or demotic versions and show how, unlike the well-known fairy tales made popular by the Brothers Grimm, many stories were purposely left in obscurity because they presented scandalous depictions of popes and other notables. Additionally, for many of the tales, the authors scrupulously peel back the Christian veneer to show how the stories were instrumental in assuring the survival of age-old pagan beliefs across the centuries.

These beliefs are explored through tales of animals with magical powers and the ability to converse with humans, including the tale of the Grateful Lion made famous through Aesop's fables; stories of individuals with supernatural or otherworldly powers, like the Venomous Maiden who poisons all men who have relations with her; legends of miracles and wondrous things that violate the laws of nature, such as people returning from the dead to help a descendent; and stories of witchcraft, magic, and demonic apparitions, including the pope who was a disguised demon. The authors also explore tales of supernatural spouses and illicit love affairs, wisdom teachings and parables of fools, as well as heroic legends.

Claude Lecouteux is a professor emeritus of medieval literature and civilization at the Sorbonne. He is the author of numerous books on medieval beliefs and magic, including *The Pagan Book of the Dead* and *Dictionary of Ancient Magic Words and Spells*. Corinne Lecouteux is a translator specializing in tales and legends. They live in Paris.



October 2021

Inner Traditions
ISBN 978-1-64411-170-3
\$29.99 (CAN \$37.50) **Hardcover**

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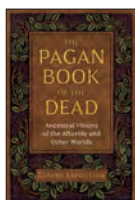
320 pages, 6 x 9
55 black-and-white illustrations

Rights: World English
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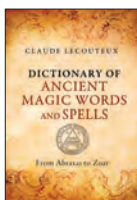


Author
Claude Lecouteux

Also by Claude Lecouteux



The Pagan Book of the Dead
Claude Lecouteux
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ISBN 978-1-64411-047-8
\$24.99 (CAN \$31.50) pb
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Dictionary of Ancient Magic Words and Spells
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The Path of Freemasonry

The Craft as a Spiritual Practice

MARK STAVISH

Foreword by Lon Milo DuQuette, 32°

Foreword by Arturo de Hoyos, Historian of the Scottish Rite,
Southern Jurisdiction

A practical guide to the symbols and rituals of Freemasonry as a path of spiritual development and self-realization

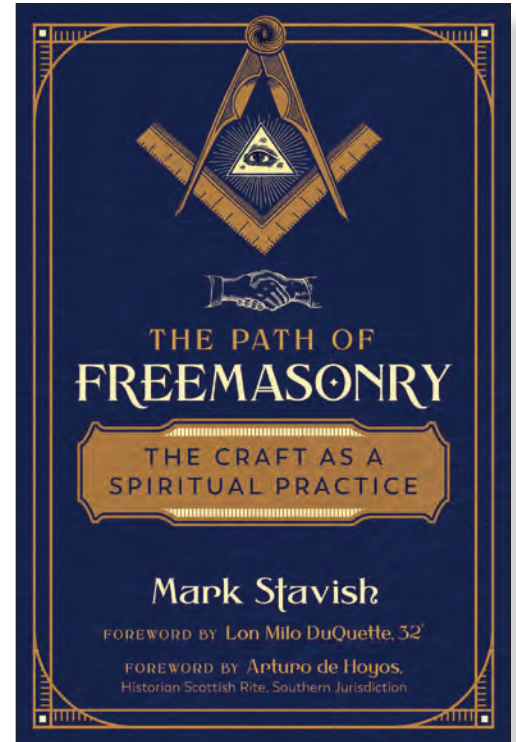
- Shares the history and meaning of Freemasonry and its symbols
- Offers thoughtful explorations of different areas of Masonic experience, drawing on esoteric doctrines and paralleling them with experiences found in daily life
- Provides simple exercises and practices to help internalize and personalize the lessons presented, including dreamwork, journaling, meditation, and prayer

In this practical guide, Mark Stavish details the spiritual lessons and rituals of Freemasonry as a step-by-step path of spiritual development and self-improvement for both Masons and non-Masons, men and women, alike. He explores the history and meaning of Freemasonry and its symbols—from its origins in the Temple of Solomon to the Medieval craft guilds to the Renaissance—and explains how the Craft promotes personal growth through the symbolic building of self and an inner Temple of Wisdom in much the same way that Masonry's rituals symbolize the building of Solomon's Temple in accordance with the mystical architectural instructions of Hiram.

Drawing on esoteric doctrines, including the Qabala, alchemy, sacred geometry, John Dee's angelic magic, and the secrets of the Gothic cathedral builders, each chapter addresses an area of the Masonic experience, paralleling them with experiences each of us finds in our own lives. The author provides simple practices to help internalize and personalize the lessons presented, including dreamwork, journaling, meditation, prayer, and understanding sacred architecture. The author also examines the crafting and use of the spiritual and symbolic tools of Freemasonry, such as the trestle or tracing board and the Chamber of Reflection.

Providing the tools to make the Craft an initiatic experience of self-improvement, the author shows that, ultimately, the Masonic experience is the human quest for self-realization and self-expression, so that we each may find our place in the Temple of Wisdom.

Mark Stavish is a respected authority on Western spiritual traditions. The author of 26 books, published in 9 languages, including *The Path of Alchemy* and *Egregores*, he is the founder and director of the Institute for Hermetic Studies and the Louis Claude de St. Martin Fund. He has appeared on radio shows, television, and in major print media, including *Coast to Coast AM*, the History Channel, BBC, and the *New York Times*. The author of the blog *VOXHERMES*, he lives in Wyoming, Pennsylvania.



October 2021

Inner Traditions

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Replaces previous edition:

Freemasonry: Rituals, Symbols & History of the Secret Society

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256 pages, 6 x 9

20 black-and-white illustrations

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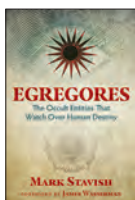
Freemasonry/Occult



Author
Mark Stavish



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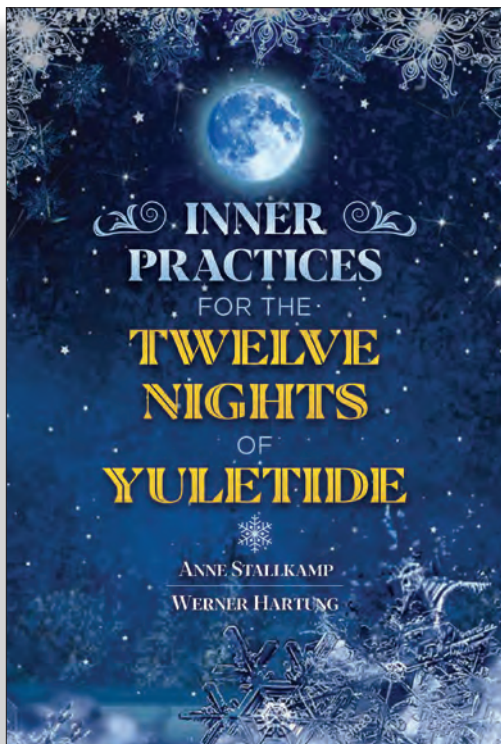
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Inner Practices for the Twelve Nights of Yuletide

ANNE STALLKAMP and WERNER HARTUNG

A practical guide to contemplative and spiritual practices for the magical season of Yuletide, December 21 through January 2

- Explains how the 12 nights after the winter solstice offer the ideal opportunity for inner focusing, seeing signs, and laying the foundation for the year to come
- Shares reflective themes and exercises for each night (and the day to follow) and guided meditations to deepen the experience

The season of Yuletide—the 12 nights following the winter solstice—offers the ideal opportunity for inner focusing, for seeing signs, and for planting seeds for the future. This guide explores inner practices for the magical Yuletide season, the period between December 21 and January 2, when the veil between worlds is thin.

Revealing the deeper meaning of the darkest time of the year, the authors discuss how the 12 nights of Yuletide were significant in pagan and Nordic traditions long before Christmas was grafted onto them. A special Yuletide channeling explains the ancient and modern significance of the heathen holy days. Each night (and the day that follows) has a particular energy quality and is dedicated to a theme upon which to reflect as you look at the 12 months past and ahead. The authors introduce and explain each of the respective themes of the 12 nights, such as humility and devotion, truth and clarity, the power of the heart, and self-care. They also share a series of ideas to consider for the year just gone by along with insights and guidance to contemplate for the one to come.

Through the questions, exercises, and tools linked to each specific night and its theme we can gain valuable insights and shape our future. Journaling is an essential part of this work, enabling us to reflect our thoughts actively as well as record them for use during the coming year. The authors also include guided meditations for each of the Yuletide nights, enabling readers to deepen their experience.

Working with the magical power of Yuletide and the 12 holy nights is a ritual that can be repeated year after year, offering the reader a completely new understanding of this very special time and a way to lay the foundations for the new year ahead.

Anne Stallkamp has been developing her own practice of geomancy since 2010. Together with her husband, Werner Hartung, she teaches geomancy, astrology, and spiritual healing. A Reiki master and healer, Anne is also a qualified interior designer and focuses on the energetic balancing and cleansing of living and working environments. **Werner Hartung** established his first spiritual healing practice in 2004. Together with Anne Stallkamp, he is developing a completely new approach to geomancy and creation wisdom. With his gifts as a medium and energy worker, he is able to awaken memories of long-forgotten knowledge. Reiki master and healer of people, animals, and the Earth, Werner also teaches geomancy, spiritual healing, and channeling. Both authors live in Hannover, Germany.



October 2021

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Authors
Anne Stallkamp and Werner Hartung

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The Tree Horoscope

Discover Your Birth-Tree and Personal Destiny

DANIELA CHRISTINE HUBER

A full-color guide to the tree horoscope calendar—where 22 archetypal trees are associated with different dates throughout the year

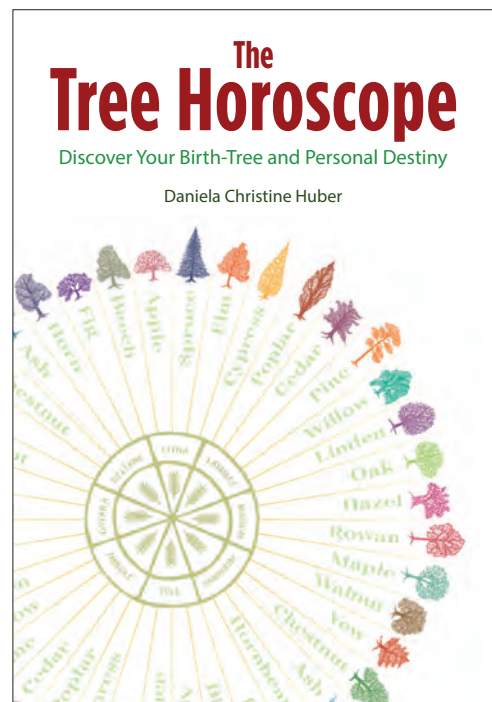
- Explains how to determine your personal tree of life depending on your date of birth and how this tree reveals your gifts, talents, and life path
- Features full-color photos that capture the true spirit of the trees
- Details each tree's spiritual meaning, element family, essential qualities, healing effects, gifts and talents, and symbolism

Drawing on her intimate knowledge of trees and connections to Celtic traditions, Daniela Christine Huber shares a new interpretation of the tree horoscope calendar—where 22 archetypal trees are associated with different dates throughout the year and just like birth stones or astrological signs can reveal your innate talents and unique life path.

Featuring full-color photos that capture the true spirit of the trees as well as in-depth descriptions of the characteristic qualities of the tree personality types, Huber's guide explains how to determine your personal tree of life depending on your date of birth and reveals how this tree stands by your side with its gifts and talents as a faithful friend and companion for a lifetime. The 22 trees of the calendar are Oak, Hazelnut, Rowan, Maple, Walnut, Yew, Chestnut, Ash, Hornbeam, Fig, Birch, Apple, Fir, Elm, Olive, Cypress, Poplar, Cedar, Pine, Willow, Linden, and Beech. Each tree species occurs twice in the annual cycle, except for Oak, Birch, Olive, and Beech, which are specially assigned to the equinoxes and solstices. Each tree description explores the tree's spiritual meaning, element family, essential qualities, healing effects, gifts and talents, and symbolism. The author also includes an everlasting birthday calendar to record the birthdates of your family and friends, and she looks at the birth-trees of several famous people.

Showing how each of the 22 trees of the tree horoscope holds great power, Huber explains how your birth-tree is the guardian of your individual potential and reveals the abilities and talents available to you in your life. Recognizing and developing the gifts that your birth-tree reveals can help you dissolve entrenched habits and patterns, regain inner balance, and activate the full potential of your tree horoscope destiny.

Daniela Christine Huber grew up on a remote farm in Austria, where her love for nature and especially for trees developed very early. She holds a degree in biochemistry and genetic engineering but now works as an art teacher and artist. She gives seminars and individual consultations as a mediator between the wisdom of the trees and people. She lives in a small town in the heart of Austria between Vienna and Graz.



October 2021



Earthdancer Books
ISBN 978-1-64411-322-6
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144 pages, 5¾ x 8
Full-color throughout
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Astrology/Nature

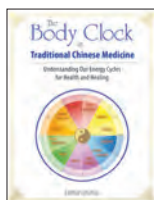


Author
Daniela Christine Huber

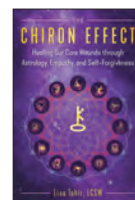
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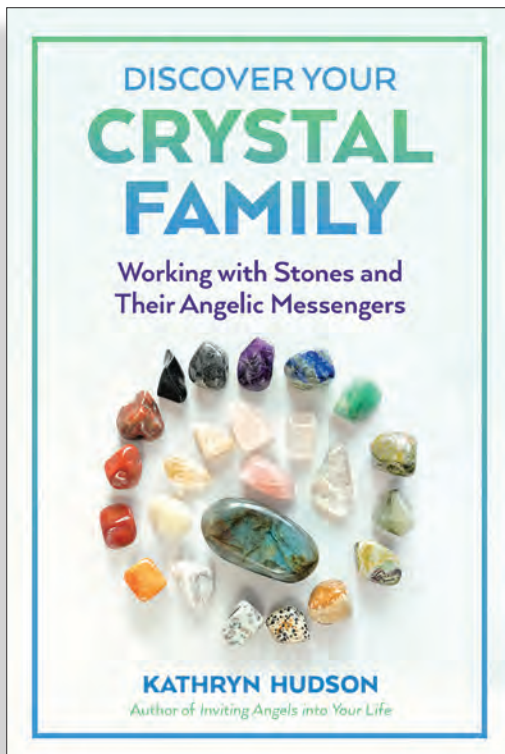
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The Chiron Effect
Lisa Tahir, LCSW
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November 2020 release



Discover Your Crystal Family

Working with Stones and Their Angelic Messengers

KATHRYN HUDSON

A full-color guide to working with crystals and their reflections in the angelic realm

- Provides exercises, meditations, and visualizations for working with crystals, including special protocols for balancing chakra energies and connecting to the Archangels for healing
- Offers guidance on how to choose or be chosen by a crystal and explains how we can consciously invite crystals into our lives
- Includes a compendium of 44 crystal allies and their angelic counterparts, explaining their uses and energies as well as their spiritual messages

Looking at the dynamics between crystals, humans, and the angelic kingdom, Kathryn Hudson explains why you might encounter crystals on your life path and shares her personal story of how a crystal gifted to her by a stranger helped her change the direction of her life. She discusses the vibrational resonance that draws us to certain crystals, especially in calling light workers into alignment with their soul purpose, and explains how crystals are energetic mirrors of the angelic realm. She shows how we can consciously invite crystals into our lives and provides a guided channel-opening exercise to create a clear connection between heaven and earth for more powerful work. She also explains how to work with crystals to protect yourself from negative energies, especially helpful for sensitives and empaths.

Kathryn discusses how to care for your crystal family, including clearing, purifying, and recharging protocols. She presents a 7-chakra crystal meditation where 7 crystals (clear quartz, amethyst, blue calcedony, green fluorite, orange calcite, carnelian, and red jasper) help you access the energies needed to balance the chakras. She explores 15 healing crystals with connections to specific Archangels who can be invited to help you. In the final section of the book, Kathryn presents a full-color alphabetical compendium of 44 crystal allies and their angelic counterparts, illustrating each and explaining their uses, such as protection, heart-opening, love, power, or health/healing, along with their spiritual messages.

When we take action with the crystals around us, call on the angels for help, and consciously build our crystal and angelic family, we become an agent of healing for our own heart and the hearts of those around us, as well as for the heart of the earth.

Kathryn Hudson is a certified Angel Therapy and Crystal Healing practitioner and teacher. Also a Reiki Master teacher, Kathryn writes, speaks, and teaches all over the world on opening up to the spiritual side of life. She lives in France and in the United States.



October 2021

Findhorn Press

ISBN 978-1-64411-302-8

\$24.99 (CAN \$31.50) Paper

Also available as an ebook

256 pages, 6 x 9

Full-color throughout

Rights: World, except French language

Crystals/Angels



Author
Kathryn Hudson

Also by Kathryn Hudson



Inviting Angels into Your Life

Kathryn Hudson

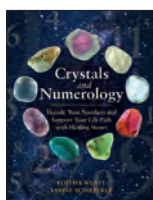
Findhorn Press

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February 2021 release



The Archangels and Gemstone Guardians Cards

Margaret Ann Lembo

Findhorn Press

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\$15.95 (CAN \$19.99) cards

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Love, God, and Everything

Awakening from the Long, Dark Night
of the Collective Soul

NICOLYA CHRISTI

A deep investigation of the Great Shift of Ages that is now occurring as well as a prophetic vision of our future after our collective awakening

- Explores how to consciously evolve, heal our generational trauma, and awaken to the amazing potential we each hold for transformation
- Shares unique maps and models for psychospiritual integration, spiritual awakening, and evolving consciousness
- Examines the evolutionary continuum of the soul and catalytic astrological events that will influence humanity in the years and decades ahead

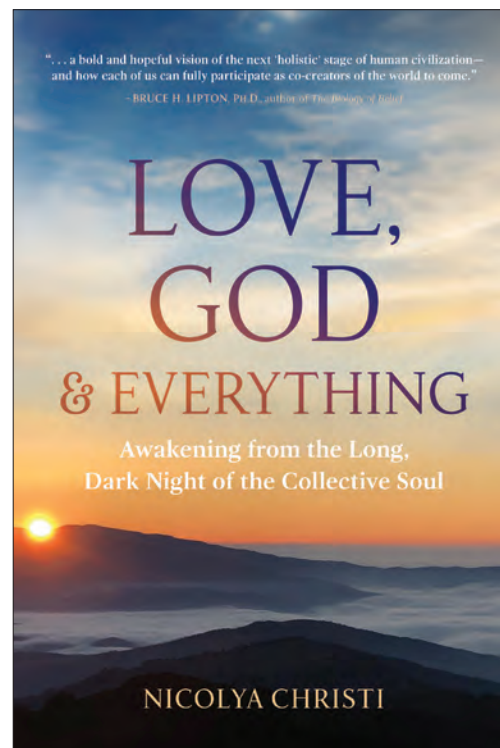
Humanity is undergoing a planetary wake-up call: in order to survive the global spiritual, ecological, and cultural crises we now face, the long, dark night of the collective soul, we need to consciously evolve, heal our generational trauma, and awaken to the amazing potential we each hold for profound transformation.

In this sweeping exploration of love, consciousness, and awakening, Nicolya Christi offers a deep investigation of the Great Shift of Ages that is now occurring. She shares detailed personal accounts of the extraordinary metaphysical, psychic, and out-of-body experiences she has had throughout her life along with the direct spiritual insights she gained as a result. She explores what consciousness is and examines the evolutionary continuum of the soul—including the voyage of the incarnate soul, the metaphysical-spiritual reality of the excarnate soul, and the beyond-soul reality. She also shares maps and models for psychospiritual integration, awakening, and evolving consciousness that she has pioneered.

Examining the personal and collective human shadow, the author looks at the central role epigenetics play in our current fear-based reality and explores the impact of stories of wounding from a personal, ancestral, and karmic perspective. Focusing on healing generational and collective trauma, she shows how by changing our “story,” we can change the world and transcend the shadow of human experience. She explores spiritual wisdom from ancient cultures spanning millennia, especially the Classic Maya, and highlights evolutionary astrological events that will influence humanity in the years and decades ahead as we more fully awaken.

Sharing her vision for the New Earth, Nicolya reveals how deeply feeling and envisioning our post-transformation future as if it has already happened will help bring it into being. She also shares a look into the new epoch of wellness, regeneration, psychology, biology, and technology that will unfold as humanity transitions from the dysfunctional old paradigm into a conscious and awakened new world.

Nicolya Christi is a writer, visionary, renowned spiritual teacher, and the author of *Contemporary Spirituality for an Evolving World*.



November 2021



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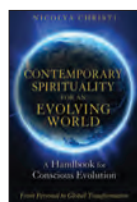
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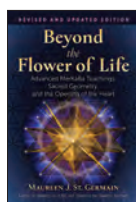
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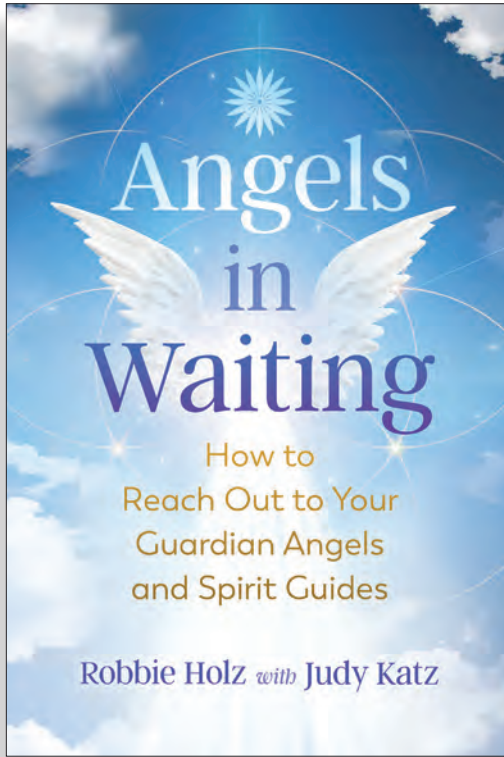
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April 2021 Release



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Christine R. Page, M.D.
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Angels in Waiting

How to Reach Out to Your Guardian Angels and Spirit Guides

ROBBIE HOLZ with JUDY KATZ

A step-by-step guide to engaging powerful angelic assistance to overcome challenges and manifest your desires

- Explains specifically how to initiate contact with angels and spirit guides, how to recognize their signs, and how to appeal to your guardian angel
- Reveals the various forms angels take, from archangels to guardian angels, their strong desire to assist us, and how they can help you find your soul's purpose
- Shares real stories of angelic assistance for common problems, from financial matters to emotional and physical healing to finding new love after heartbreak

Even if you are unaware of their presence, angels are always available to help you. If you have experienced a lucky break or happy coincidence, it was most likely orchestrated by your guardian angel. And, as Robbie Holz reveals, if we give angels permission to enter our lives, if we ask for their help in navigating life's many challenges, their assistance is much more profound and effective.

In this step-by-step guide to calling on angels and benevolent spirit guides, Holz explores how to initiate and nurture your angelic relationships and engage their powerful assistance to overcome struggles and manifest your desires. She explains the various forms angels take, from archangels to guardian angels, their strong desire to help us, and how the angelic realm assists humanity. The author reveals specifically how to contact angels and spirit guides, how to recognize their signs, and how to differentiate between guidance from your own mind and from the angels. She provides exercises and guided meditations to help strengthen your intuition and develop a closer connection to your celestial team.

Sharing real stories of angelic assistance, Holz shows how our celestial guides can help with financial matters, job searches, and dealing with difficult people. They can help those who need physical and emotional healing as well as offer relief from stress, anxiety, fears, self-doubt, self-hatred, and depression. Your spiritual team can aid in mending damaged relationships and finding love after heartbreak, helping you to open your heart once again. They can also support you in discovering your soul's purpose, accelerating conscious evolution, and shifting into the love-based Fifth Dimension.

By engaging your angelic team, you will have access to a powerful and unlimited source of help that is always on call and always ready to work miracles on your behalf.

Robbie Holz is an internationally respected healer and speaker. She has also worked widely as a medium, helping countless people connect to "the other side." Robbie is co-author of the award-winning books *Secrets of Aboriginal Healing* and *Aboriginal Secrets of Awakening*. She lives in the Pacific Northwest. **Judy Katz** is a book collaborator, publisher, and marketer. She lives in New York, New York.



November 2021

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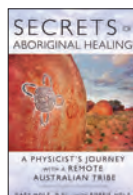


Author
Robbie Holz

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Enlightened Dog Training

Become the Peaceful Alpha Your Dog Needs and Respects

JESSE STERNBERG

A complete guide to raising and relating to your pet in a mindful way that leads to calm, intuitively obedient dogs

- Reveals the principles of the secret language of the animal kingdom to help you communicate with your pet and read their signals
- Offers cutting-edge, unique solutions to everyday canine problems by looking at behavioral issues through the lens of your pet's emotions
- Shares training exercises and powerful meditative practices to do with your pet as well as on your own to help soothe anxiety, overcome aggression issues, and transform tension into harmony

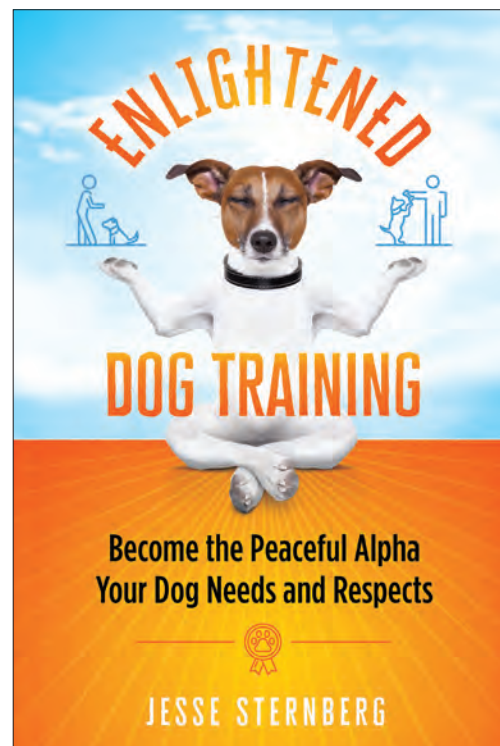
There is a secret language that dogs use, and you can learn it to understand and communicate with your pet, help resolve common behavioral issues, and transform your dog into a calm, intuitively obedient companion you can share your life with.

Sharing his complete approach to raising and relating to your pet in an enlightened way, meditation teacher and master dog trainer Jesse Sternberg reveals the principles of the secret language of the animal kingdom and offers commonsense yet unique solutions to everyday canine behavioral problems. Using case studies that resonate with every pet owner and dog lover, he shows how dogs want to behave for their masters and how they communicate nonverbally using postures, angles, and subtle gestures of body language. He explains how most of our pets' issues arise from intense feelings caused by the environment, ourselves, or prior conditioning and how these emotions are acted out by the dog, hence its jumping, lunging, biting, or chewing.

Combining mindfulness teachings with animal psychology, the author shares training exercises and powerful meditative practices to do with your pet as well as on your own to help build a calm and peaceful mindset for both your dog and yourself, so eventually you will find yourselves aligned in every situation and gracefully master even the unexpected ones. He explores unique training techniques for soothing anxiety, healing neuroses, overcoming aggression issues, and transforming tension into harmony. He teaches you how to communicate nonverbally with your dog using the signals dogs use with each other and details how to address problems with resource guarding, territory, leash training, and a host of other issues as well as the unique situations that can arise with children, puppies, and aging pets.

Helping you cultivate empathy, awareness, and confidence to become the "peaceful alpha" your dog craves, this guide shows how to strengthen your human-animal bond, communicate with actions, read body language, and command with respect and love.

Jesse Sternberg is a mindfulness teacher, meditation instructor, and master dog trainer. The founder of the Peaceful Alpha Project, he has been working with animals for more than 30 years. He lives in Toronto, Canada.



November 2021

Findhorn Press
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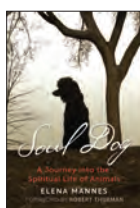
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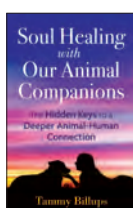


Author
Jesse Sternberg

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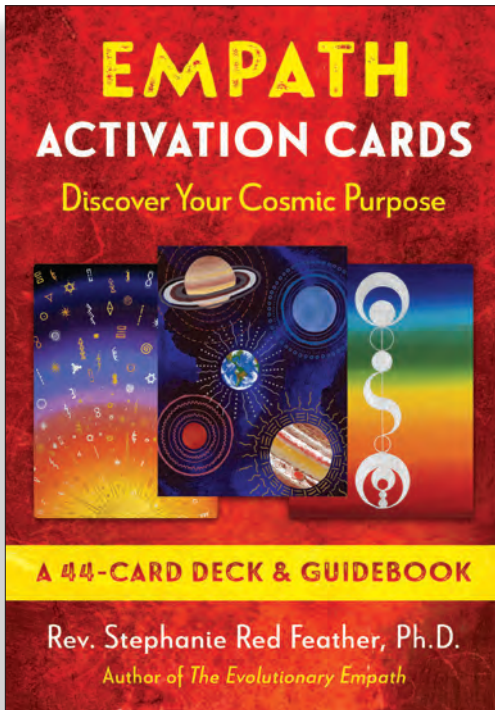
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Empath Activation Cards

Discover Your Cosmic Purpose

Rev. STEPHANIE RED FEATHER, Ph.D.

A full-color oracle deck and guidebook to activate your light codes, raise your frequency, and awaken to your cosmic mission

- Includes 44 full-color cards, embedded with activation frequencies and imbued with sacred geometric symbols and patterns from nature and the cosmos
- For each card, the book explains its meaning and message and includes a ritual activity, such as an incantation, guided journaling, meditation, or ceremony, to help you engage more deeply and experientially with the message
- The book demonstrates how the cards represent 4 distinct initiatory paths, which can act as a cosmic mission activation launch sequence, helping you in the next steps of your soul purpose

Presenting high-vibration activation messages, this oracle deck and book set is designed to help you remember your true nature as a being of light, access your cosmic mission, and raise your vibratory frequency. Rev. Stephanie Red Feather hand-painted the art on each of the 44 full-color cards, imbued with sacred geometric symbols and patterns from nature and the cosmos, to serve as a tool of transmission, engaging you on multiple levels of consciousness and allowing you to receive whatever activation, message, or inspiration from Source you need in the moment. The art is also intentionally embedded with activation frequencies to help you “turn on” your light codes, retrieve ancient wisdom stored in your soul’s memory from enlightened times, and transmit signals from Source, which land like seeds in the mind and flower into higher knowledge.

In the accompanying guidebook, Red Feather explains how the oracle can be used as a self-guided initiation into the mysteries of higher consciousness. Drawing on astrophysics, biology, geology, quantum mechanics, as well as ancient mystical traditions, she shows how the cards can be divided into four groups, each representing a distinct initiatory path and acting as a cosmic mission activation launch sequence. For each card, she explains its meaning and message and includes a ritual activity, such as an incantation, guided journaling, meditation, or ceremony, to help you engage more deeply and experientially with the message.

Offering a hands-on tool to discover and activate the next steps of your cosmic mission, this oracle helps you prepare your light body for the next octave of your soul purpose on Earth as well as drawing you into higher, wider, and deeper dimensions of consciousness.

Rev. Stephanie Red Feather, Ph.D., is the founder and director of Blue Star Temple. An ordained shamanic minister, she holds a bachelor’s degree in applied mathematics and master’s and doctorate degrees in shamanic studies from Venus Rising University. The author of *The Evolutionary Empath*, she lives near Kansas City, Missouri.



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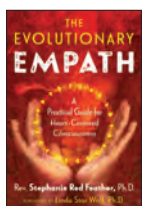


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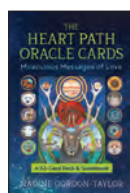
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My Life among the Navajo People

ERICA M. ELLIOTT, M.D.

Foreword by Joan Borysenko, Ph.D.

An intimate look at the mystical world of the Navajo people

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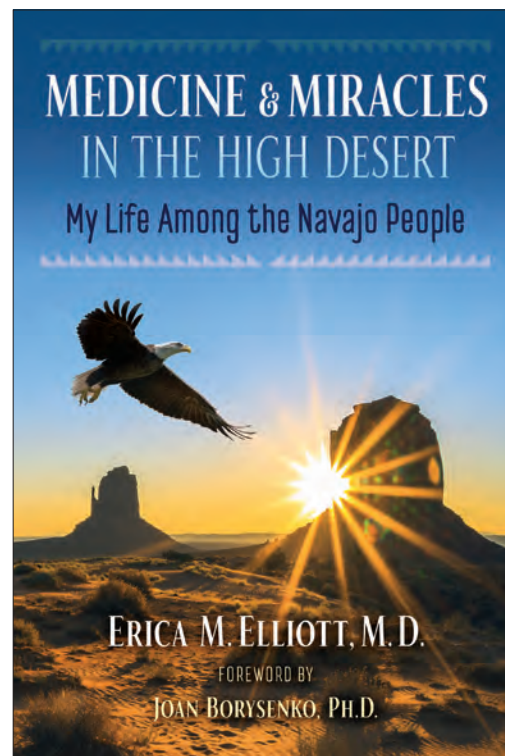
In 1971, Erica Elliott arrived on the Navajo Reservation as a newly minted school-teacher, knowing nothing about her students or their culture. After a discouraging first week, she almost leaves in despair, unable to communicate with the children or understand cultural cues. But once she starts learning the language, the people begin to trust her, welcoming her into their homes and their hearts. As she is drawn into the mystical world of Navajo life, she has a series of profound experiences with the people, animals, and spirits of Canyon de Chelly that change her life forever.

In this compelling memoir, the author details her time living with the Navajo, the Diné people, and her experiences with their enchanting land, healing ceremonies, and rich traditions. She shares how her love for her students transformed her life as well as the lives of the children. She reveals the miracles she witnessed during this time, including her own miracle when the elders prayed for healing of a tumor on her neck. She survives fearsome encounters with a mountain lion and a shape-shifting "skin walker." She learns how to herd sheep, make fry bread, and weave traditional rugs, experiencing for herself the life of a traditional Navajo woman.

Fulfilling a Navajo grandmother's prophecy, the author returns years later to serve the Navajo people as a medical doctor in an underfunded clinic, delivering numerous babies and treating sick people day and night. She also reveals how, when a medicine man offers to thank her with a ceremony, more miracles unfold.

Sharing her life-changing deep dive into Navajo culture, Erica Elliott's inspiring story reveals the transformation possible from immersion in a spiritually rich culture as well as the power of reaching out to others with joy, respect, and an open heart.

Erica M. Elliott, M.D., is a medical doctor with a busy private practice in Santa Fe, New Mexico. Referred to as "the Health Detective," she has successfully treated patients from across the country with difficult-to-diagnose health conditions. She served in the Peace Corps in Ecuador and lives in Santa Fe, New Mexico.



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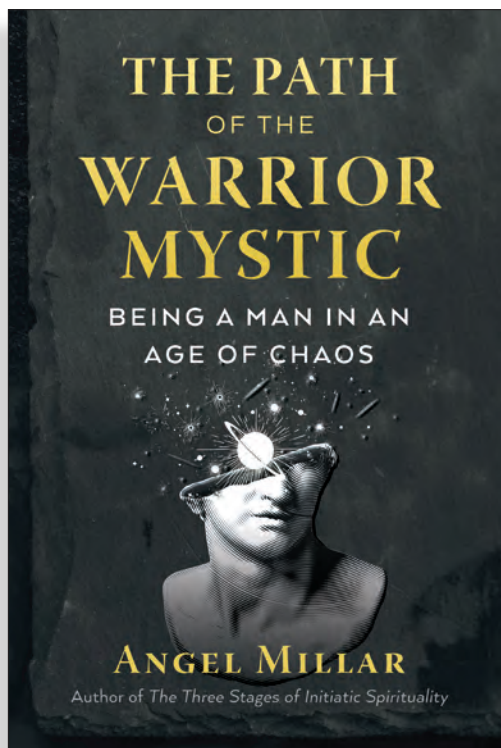
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The Path of the Warrior-Mystic

Being a Man in an Age of Chaos

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Takes you on a journey to cultivate yourself mentally, physically, and spiritually to become the archetypal Higher Man

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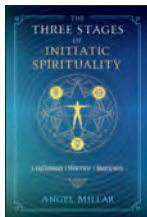
Ancient and classical societies have always had an ideal of manhood. In Japan, the samurai cultivated not only the art of the sword but also poetry, calligraphy, and spiritual practice. In Confucianism, the ideal man was the *Chun-Tzu* (the Higher Man), who cultivated both the arts of war and the arts of peace. And, in medieval Europe, the knight lived by the comparable code of chivalry. Such men, considered both warriors and mystics, exemplified wholeness. Yet, today, men exist in a chaotic world without role models, guidance, or a sense of the sacred masculine.

Exploring how to reconnect with the archetypal male ideal and develop the different sides of your being, author Angel Millar offers a journey of self-development to help cultivate yourself as a whole, mentally, physically, and spiritually. He examines some of the problems facing men in the world today—lack of strong friendships, distracting technology, constant criticism—and shares practices to develop yourself in the face of these problems. He shares techniques for enhancing your focus, overcoming fear, integrating your shadow, developing inner silence, and creating a self-image more appropriate to who you are and aspire to be. He also explores the importance of relaxing tension in your body to help you break free from pattern-induced behavior and self-defeating thoughts embedded through muscle memory.

Examining influential figures both contemporary and historical like Steve Jobs and Swami Vivekananda, powerful myths from East and West such as the tale of *Sir Gawain and the Green Knight*, warrior and brotherhood traditions, as well as literature and fine art, this guide will help you discover your inner sacred masculine, a better understanding of the world and your place in it, and ultimately how to become a confident, strong, and dynamic contemporary Higher Man and a leader in your own life.

Angel Millar is a well-known lecturer on initiation, symbolism, and self-development as well as an artist and student of the martial arts. The author of several books, including *The Three Stages of Initiatic Spirituality*, he lives in New York City.

Also by Angel Millar



The Three Stages of Initiatic Spirituality

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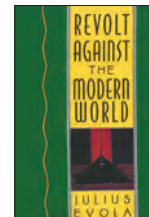
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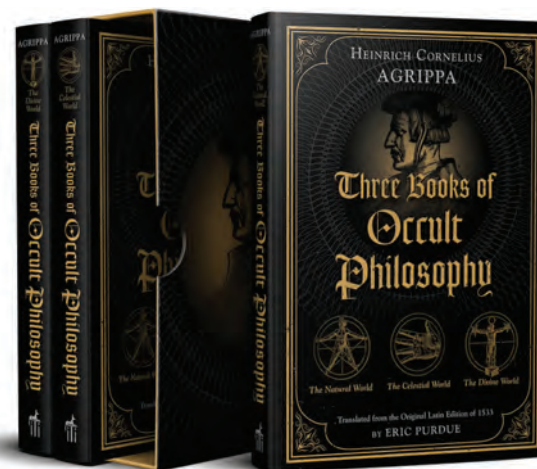
One of the most important texts in the Western magical tradition for nearly 500 years, Heinrich Cornelius Agrippa's 1533 work *Three Books of Occult Philosophy* collates a multitude of sources from the Classical, Medieval, and Renaissance periods and organizes them into a coherent explanation of the magical world. Divided into three parts—the natural world, the celestial world, and the divine world—the book systematically explains the philosophy, logic, and methods of magic and astrology and how they work, offering numerous examples, diagrams, techniques, and analogies.

Agrippa's seminal masterpiece provided the basis for 19th-century magical orders such as the Golden Dawn and has been a primary source for countless books on magical uses of stones, herbs, incense, and astrology. Additionally, Agrippa's many lists and diagrams, especially the planetary seals and magic squares, have proven invaluable to magicians since the 16th century. Yet, up until now, all English editions of Agrippa's *Three Books* were based on the same flawed 1651 translation from the mysterious "J.F."

In this new translation from the original 1533 Latin edition, Eric Purdue corrects the many mistranslations, copyist mistakes, and errors introduced from other editions, as well as restores all of Agrippa's original illustrations. He notates every correction from earlier editions and offers commentary to rectify the original translator's mistranslations. Drawing on major developments in the research of older magical and astrological texts since the 1990s, Purdue also presents a nearly complete bibliography of Agrippa's primary sources, revealing how Agrippa was not writing from missing or secret texts but was a mainstream scholar of his day.

Presenting the first new English translation of *Three Books of Occult Philosophy* in more than 350 years, this three-volume hardcover boxed set repairs the gaps in knowledge pervasive in the original translation as well as restores the magical spirit of Agrippa's masterpiece, allowing us to hear Agrippa speak again.

Eric Purdue is a practitioner of medieval astrology and an active santero/olorisha. He has studied metaphysics and magic for over 30 years, with a particular focus on practical planetary and folk magic. He lives in Seattle, Washington.



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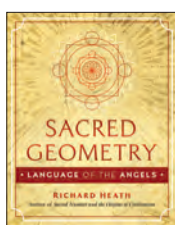
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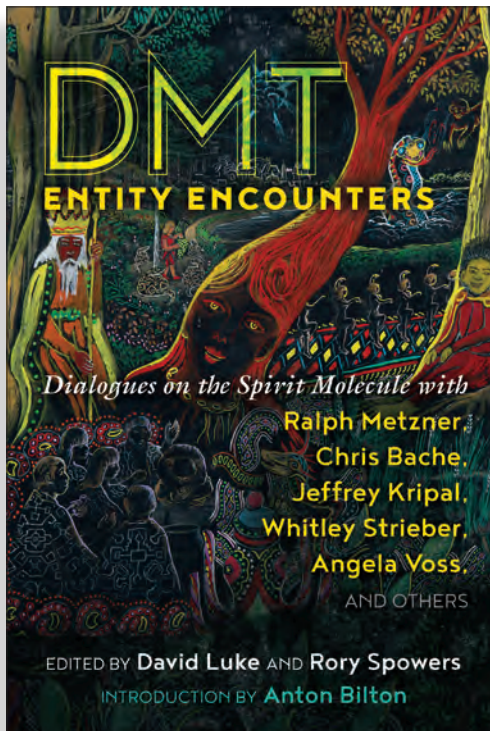
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Dialogues on the Spirit Molecule with Ralph Metzner, Chris Bache, Jeffrey Kripal, Whitley Strieber, Angela Voss, and Others

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Explorations and discussions with leading luminaries in the field of psychedelic research

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- Explores DMT beings, alien abduction, plant sentience, neuroscientific DMT research, the connections between LSD and DMT entities, and the nature of mind and reality

Found throughout the plant and animal kingdom, DMT (dimethyltryptamine) is also naturally occurring in humans, where it is released during near-death and actual death experiences, earning it the title “the spirit molecule.” When taken as a psychedelic, either via ayahuasca or in pure form, DMT is experientially considered to be the strongest and strangest of all entheogens. The majority of high-dose users report visions of unknown yet curiously familiar alien worlds and encounters with sentient nonhuman presences.

At a four-day symposium at Tyringham Hall in England in 2017, twenty of the world’s psychedelic luminaries gathered to discuss entheogenic entity encounters, consciousness expansion, visionary experiences, and the future of research in this field. Contributors to the talks and discussions include many leading thinkers, including the late Ralph Metzner, Chris Bache, Whitley Strieber, Jeffrey Kripal, Angela Voss, Bill Richards, Chris Timmerman, Michael Winkelman, Luis Eduardo Luna, Anton Bilton, Bernard Carr, Daniel Pinchbeck, Dennis McKenna, Ede Frecska, and David Luke.

This book distills the potent exchange of ideas that occurred at Tyringham Hall, including discussions on DMT beings, encounter experiences, alien abduction, plant sentience, the shamanic use of ayahuasca, neuroscientific DMT research, the connections between LSD and DMT entities, and the nature of mind and reality.

David Luke, Ph.D., is an associate professor of psychology at the University of Greenwich and an honorary senior lecturer at the Imperial College London. He has published over 100 academic papers on transpersonal experiences and altered states of consciousness and regularly gives public lectures and conference presentations. A cofounder and director of Breaking Convention, a biennial international conference on psychedelic research, he lives in East Sussex, England. **Rory Spowers** is an ecological writer and filmmaker, most recently working with BBC presenter Bruce Parry on the film *Tawai*. He is the founder of the Web of Hope, a UK charity and ecological education resource, and the creative director for the Tyringham Initiative. He lives in Ibiza, Spain.



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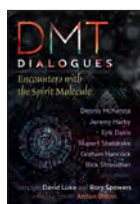
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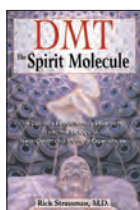
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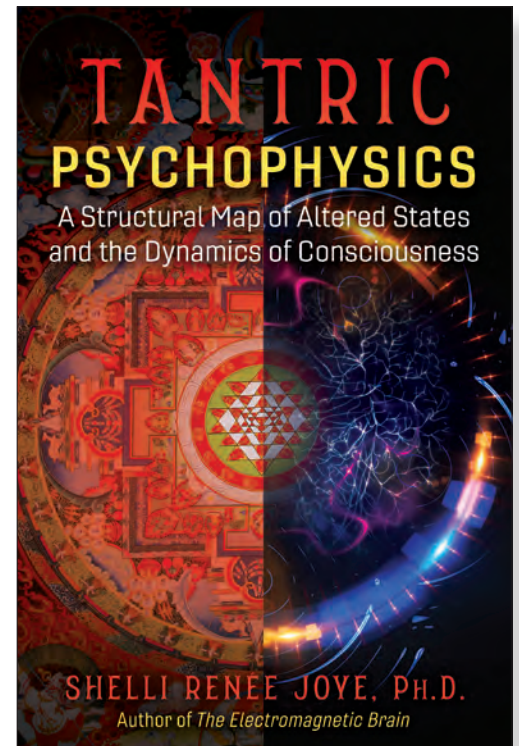
- Explores how esoteric teachings from India and Tibet offer specific methods for tuning and directing consciousness to reach higher stages of awareness
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- Develops an integrated structural map of higher consciousness by viewing Tibetan and Indian Tantra through the work of Steiner, Gurdjieff, Teilhard de Chardin, Aurobindo Ghose, and quantum physicists Planck and Bohm

Throughout the millennia shamans, saints, and yogis have discovered how the brain-mind can be reprogrammed to become a powerful instrument facilitating access to higher states of consciousness. In particular, the written Tantric texts of India and Tibet describe, in extraordinarily precise detail, interior transformations of conscious energy along with numerous techniques for stimulating, modulating, and transforming consciousness to reach increasingly higher states and stages of awareness.

In this in-depth examination of esoteric Tantric practices, Shelli Renée Joye, Ph.D., presents a wide-ranging collection of psychophysical techniques integrating Tibetan Vajrayana and Patanjali's Yoga to induce altered states of consciousness for the exploration of heightened mystical states. Sharing numerous figures and diagrams, she shows how these theories and techniques are not only fully supported by modern biophysics, brain science, and quantum physics but are also in line with the work of Rudolf Steiner, G. I. Gurdjieff, Pierre Teilhard de Chardin, Aurobindo Ghose, Max Planck, and David Bohm. The author also shares insights from her own personal practices for consciousness exploration, which include prayer, mantra, emptying the mind, psychedelics, yoga, and visualization of interior physiology.

Offering a structural map of the dynamics of consciousness, Joye reveals that one can develop new ways of tuning and directing consciousness to reach extraordinary modes of being and intense levels of lucid awareness, the requisites for the direct exploration of supersensible dimensions and sailing in the ocean of consciousness.

Shelli Renée Joye, Ph.D., entered Rice University on a physics scholarship and graduated with a B.S. in electrical engineering. In 1970 she began studying psychonautics with John Lilly and contemplation with Chögyam Trungpa Rinpoche. She completed a master's degree in Sanskrit and Indian philosophy and a doctorate in philosophy, cosmology, and consciousness at the California Institute of Integral Studies. The author of several books, including *The Electromagnetic Brain*, she lives in Viola, California.



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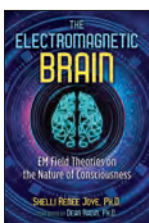
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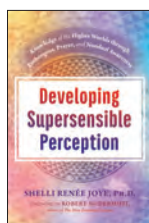
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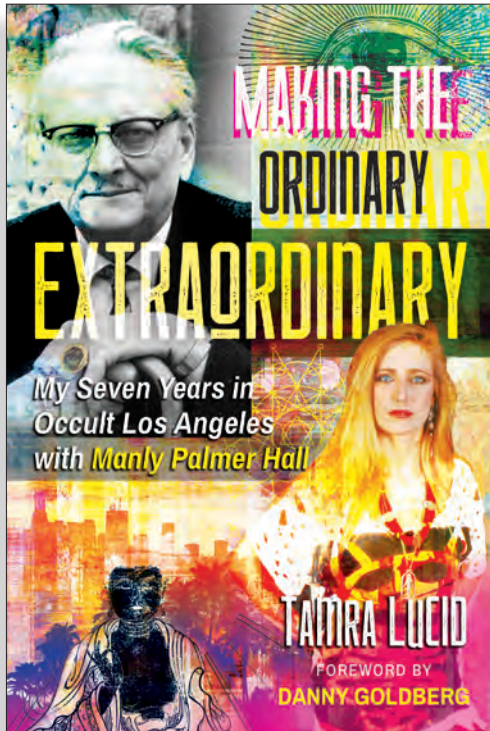
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Making the Ordinary Extraordinary

My Seven Years in Occult Los Angeles with Manly Palmer Hall

TAMRA LUCID

Foreword by Danny Goldberg

An intimate, funny, yet tragic portrait of extraordinary esoteric scholar Manly P. Hall and the occult scene of 1980s Los Angeles

- Details how the author and her boyfriend developed a close friendship with Manly Hall and how Hall at first mistook her boyfriend as his heir apparent
- Explains how Hall adopted the author as his “girl Friday” and personal weirdo screener, giving her access to the inner circles of occult Los Angeles
- Richly depicts the characters who worked and gathered at Hall’s Philosophical Research Society, including Hall’s wife, the famed “Mad Marie”

In the early 1980s, underground musicians Tamra Lucid and her boyfriend Ronnie Pontiac discovered the book *The Secret Teachings of All Ages* at the Bodhi Tree bookstore in Los Angeles. Poring over the tome, they were awakened to the esoteric and occult teachings of the world. Tamra and Ronnie were delighted to discover that the book’s author, Manly Palmer Hall (1901–1990), master teacher of Hermetic mysteries and collector of all things mystical, lived in LA and gave lectures every Sunday at his mystery school, the Philosophical Research Society (PRS). After their first tantalizing Sunday lecture, Tamra and Ronnie soon started volunteering at the PRS, beginning a seven-year friendship with Manly P. Hall, who eventually officiated their wedding in his backyard.

In this touching, hilarious, and ultimately tragic autobiographical account, Tamra shares an intimate portrait of Hall and the occult world of New Age Los Angeles, including encounters with astrologers, scholars, artists, spiritual seekers, and celebrities such as Jean Houston and Marianne Williamson. Tamra vividly describes how she used her time at the PRS to learn everything she could not only about metaphysics but also about the people who practice it. But when Tamra begs Hall to banish a certain man from the PRS—the same man who inherited Hall’s estate and whom his wife Marie later alleged was Hall’s murderer—Tamra and Ronnie are the ones banished.

Tamra’s noir chronicle of an improbable friendship between a twenty-something punk and an eighty-year-old metaphysical scholar reveals Hall not only as an inspiring esoteric thinker but also as a genuinely kind human being who simply wanted to share his quest for inner meaning and rare wisdom with the world.

Tamra Lucid is a founding member of the experimental rock band Lucid Nation. She was a writer and editor for *Newtopia Magazine* and the principal interviewer for the original Reality Sandwich. She has produced documentary films, including *Exile Nation: The Plastic People*, *End of the Line: The Women of Standing Rock*, and the award-winning *Viva Cuba Libre: Rap Is War*. She lives in Los Angeles with her husband, Ronnie Pontiac.

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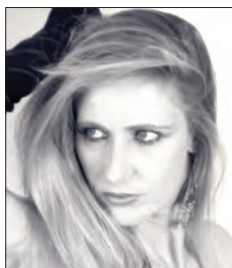
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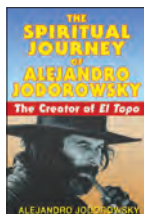
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Aleister Crowley in England

The Return of the Great Beast

TOBIAS CHURTON

A detailed examination of the last 15 years of Crowley's life

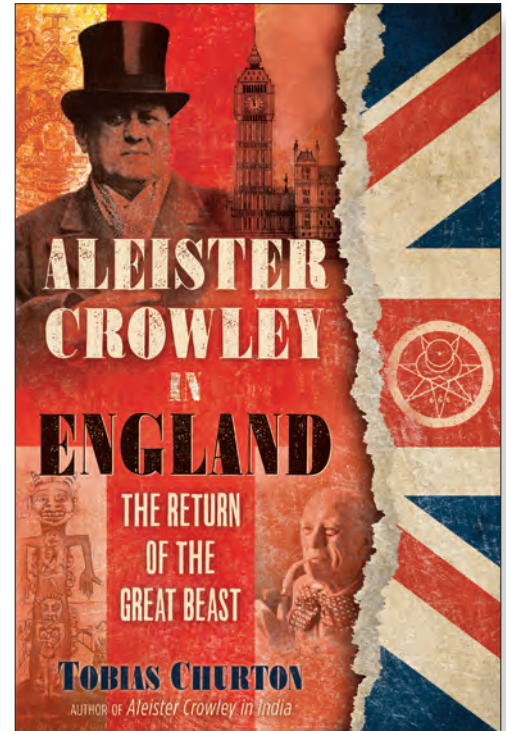
- Reveals Crowley's sex magick relations in London and his contacts with important figures, including Dion Fortune, Gerald Gardner, Jack Parsons, Dylan Thomas, and black equality activist Nancy Cunard
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- Examines the development of Crowley's later publications and his articles in reaction to the Nazi Gestapo actively persecuting his followers in Germany

After an extraordinary life of magical workings, occult fame, and artistic pursuits around the globe, Aleister Crowley was forced to spend the last fifteen years of his life in his native England, nearly penniless. Much less examined than his early years, this final period of the Beast's life was just as filled with sex magick, espionage, romance, transatlantic conflict, and extreme behavior.

Drawing on previously unpublished diaries and letters, Tobias Churton provides the first detailed treatment of the final years of Crowley's life, from 1932 to 1947. He opens with Crowley's nick-of-time escape from the Nazi takeover in Germany and his return home to England, flat broke. Churton offers extensive confirmation of Crowley's work as a secret operative for MI5 and explores how Crowley saw World War II as the turning point for the "New Aeon." He examines Crowley's notorious 1934 London trial, which resulted in his bankruptcy, and shares inside stories of Crowley's relations with Californian O.T.O. followers, including rocket-fuel specialist Jack Parsons, and his attempt to take over H. Spencer Lewis's Rosicrucian Order. The author reveals Crowley's sex magick relations in London and his contacts with spiritual leaders of the time, including Dion Fortune and Wicca founder Gerald Gardner. He examines Crowley's dealings with artists such as Dylan Thomas, Alfred Hitchcock, Augustus John, Peter Warlock, and Peter Brooks and dispels the accusations that Crowley was racist, exploring his work with lifelong friend, black equality activist Nancy Cunard.

Churton also examines the development of Crowley's later publications such as *Magick without Tears* as well as his articles in reaction to the Nazi Gestapo who was actively persecuting his remaining followers in Germany. Presenting an intimate and compelling study of Crowley in middle and old age, Churton shows how the Beast still wields a wand-like power to delight and astonish.

Britain's leading scholar of Western Esotericism, **Tobias Churton** is an authority on Gnosticism, Hermeticism, Freemasonry, and Rosicrucianism. Appointed Honorary Fellow of Exeter University in 2005, he holds a master's degree in Theology from Brasenose College, Oxford, and is the author of many books, including *Aleister Crowley: The Beast in Berlin*. He lives in the heart of England.



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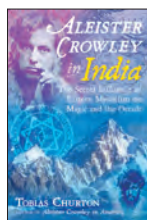


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Tobias Churton

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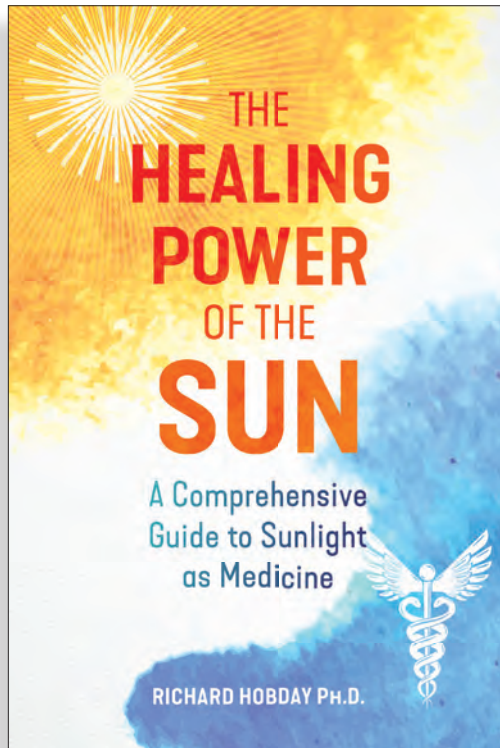
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The Healing Power of the Sun

A Comprehensive Guide to Sunlight as Medicine

RICHARD HOBDAY, Ph.D.

Explores the many beneficial effects of sunlight to prevent and treat illness and boost health and well-being

- Shares scientific research on sunlight therapy and tuberculosis, as well as studies on sunlight with regard to osteoporosis, diabetes, multiple sclerosis, tooth decay, psoriasis, heart disease, and several forms of cancer
- Reveals how the sun can act as a natural disinfectant, killing viruses and bacteria, and how this wisdom was put into use by doctors
- Explains how sunlight affects eyesight, sleep, mental health, and the immune system

For thousands of years, the human race lived in harmony with the sun and used its heat and light as medicine. In recent history, however, with skin cancer on the rise, we have become too focused on the negative effects of the sun. Fortunately, science has made new discoveries showing just how beneficial the sun truly is to our lives.

In this new edition of *The Healing Sun*, Richard Hobday draws on historical and scientific evidence to explore the many ways that sunlight affects our health and well-being. He shows how the sun acts as a natural disinfectant, killing viruses and bacteria outdoors as well as inside buildings. The author highlights how sunlight therapy has been used to prevent and treat serious health problems like tuberculosis and other infections in the years before antibiotics were developed. Explaining how doctors of the past realized that sunlight and fresh air helped patients recover, he shows how this wisdom was put into use by doctors such as Niels Finsen, Oskar Bernhard, and Auguste Rollier, who each contributed substantially to the development of heliotherapy.

Hobday also examines the role of sunlight in regard to conditions like osteoporosis, rickets, diabetes, multiple sclerosis, tooth decay, psoriasis, heart disease, and several forms of cancer. Exploring the sun's effects on body and mind, the author reveals how our modern artificially lit lifestyles can throw off our biological rhythms, create stress within the body, and lead to poor sleep as well as worsening eyesight, cataracts, obesity, depression, and weakened immune systems from lack of vitamin D.

Showing why and how we should welcome the healing sun back into our lives, this seminal book reveals how humanity needs sunlight for health and well-being and for vitality and happiness.

Richard Hobday, MSc, Ph.D., is an internationally recognized researcher and author. He has many years of experience in solar building design and is a leading authority on the history of sunlight therapy.



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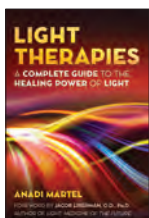
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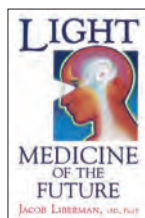
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How to Become a Mermaid

Embodying the Elemental Energy of Water

ELYRRIA SWANN

Foreword by William R. Mistele

A practical guide to developing mermaid energies

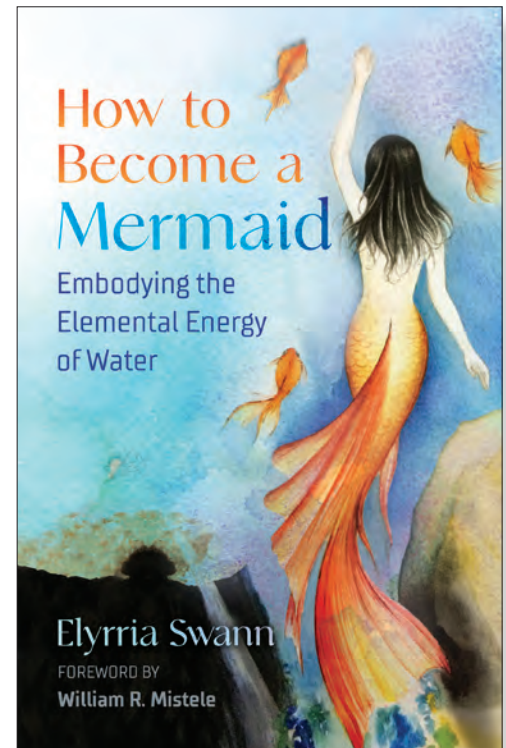
- Details how to connect to water as a living presence and develop personal and spiritual connections with fish and other aquatic animals
- Explains how to embody the vibration of water in your energy field by integrating archetypes of water spirits and watery concepts such as empathy, unconditional love, eco-consciousness, and stillness
- Shares the author's personal experiences, beginning at age 10, with astral mermaids, water spirits, and other magical creatures

Anyone can become a mermaid. To do so, you must develop the vibration of water in your energy field and learn to perceive as mermaids do. In this how-to guide, Elyrria Swann shares her personal experiences, beginning at age 10, with astral mermaids, water spirits, and other magical creatures and offers wisdom and practical lessons from the watery kingdom to reveal the path to becoming a mermaid.

Swann details how to connect to water as a living presence and awaken to its magic, as she did as a child. Exploring how to develop mermaid energies, she shows how to make friends with fish and develop personal and spiritual connections with them and other aquatic animals, including how to communicate through dreams, meditations, and visions. She explains how to embody the vibration of water in your energy field by integrating archetypes of water spirits and watery concepts such as empathy, unconditional love, eco-consciousness, and stillness. She explores how to develop relationships with astral allies like krakens, gorgon medusas, and selkies as well as protection techniques to use when making contact with spiritual beings. Channeling the merfolk she has built personal relationships with, Swann sheds light on the inner workings of the mermaid realm, offering insight into their innermost thoughts, states of being, and how they live.

Presenting a user's manual for incarnated merpeople, the author shares the message of the mermaids to help unite the mermaid and human worlds and protect our oceans, as well as to help us develop emotionally, evolve spiritually, and ascend to higher vibrational dimensions.

Elyrria Swann lives in Sedona, Arizona where she can be found meditating at vortex sites, mermaiding in natural rivers and streams, and serving as an ambassador for the elemental and extraterrestrial beings who make contact with her. She maintains a career in the health sciences and devotes as much time as possible to taking care of the land and natural wildlife in the High Sonoran Desert.



December 2021



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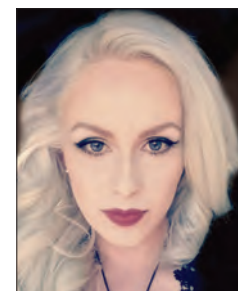
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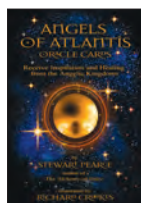
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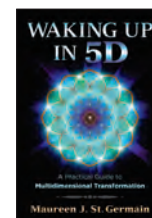
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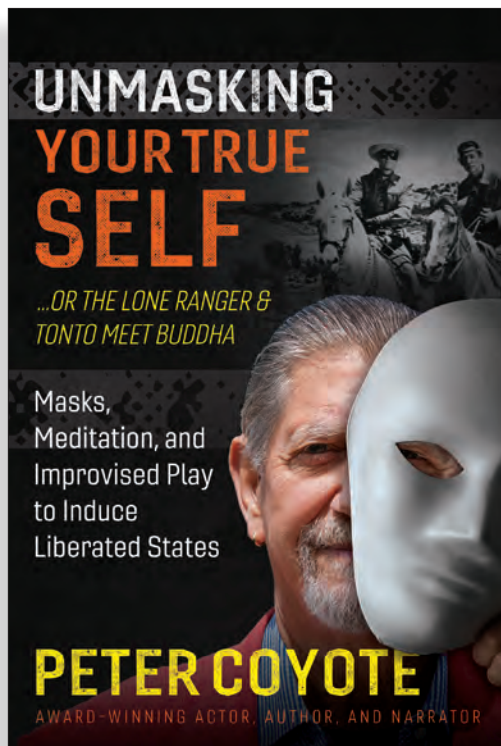
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Unmasking Your True Self

(or the Lone Ranger and Tonto Meet Buddha)

Masks, Meditation, and Improvised Play to Induce Liberated States

PETER COYOTE

Reveals how to use masks, meditation, and improvisation to free yourself from overthinking, self-doubt, and fixed ideas of who you think you are

- Shares a series of mindfulness techniques and improv exercises with masks to suppress the ego, calm the mind, and allow spontaneous playfulness and spaciousness to arise from your deepest nature
- Draws on Buddhist philosophy to describe how and why the exercises work
- Woven throughout with a lighthearted parable of an overweight and out-of-work Lone Ranger and Tonto who meet Buddha and experience spiritual awakening

Sharing a series of mindfulness techniques and acting exercises that show how malleable the self can be, award-winning actor, narrator, and Zen Buddhist priest Peter Coyote reveals how to use masks, meditation, and improvisation to free yourself from fixed ideas of who you think you are and help you release your ego from constant defensive strategizing, calm the mind's overactivity, and allow spontaneous playfulness to arise out of your deepest nature. Developed through 40 years of research and personal study, Coyote's synthesis of mask-based improv games and Zen practices is specifically designed to create an ego-suppressed state, akin to the mystical experiences of meditation or the spiritual awakenings of psychedelics. After preparatory exercises, seeing yourself in a mask will temporarily displace your familiar self and the spirit of the mask will take over.

Likening the liberated state induced by mask-work to "Enlightenment-lite," Coyote draws on Buddhist philosophy to describe how and why the exercises work as well as how to make your newly awakened and confident self part of daily life. In true Zen form, woven throughout the narrative is a lighthearted parable of an out-of-work Lone Ranger and Tonto, who meet Buddha and experience spiritual awakening. Illuminating the lessons of mask-work, the transformation of the Lone Ranger mirrors that of the individual pursuing this practice, revealing how you will come to realize that the world is more magical and vaster than you thought possible.

Peter Coyote is an award-winning actor, author, director, screenwriter, and narrator who has worked with some of the world's most distinguished filmmakers. Recognized for his narration work, he narrated the PBS series *The Pacific Century*, winning an Emmy award, as well as eight Ken Burns documentaries, including *The Roosevelts*, for which he won a second Emmy. In 2011 he was ordained as a Zen Buddhist priest and in 2015 received "transmission" from his teacher, making him an independent Zen teacher. The author of several books, he lives in northern California.



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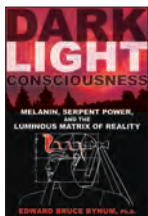
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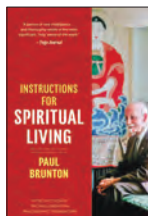


Author
Peter Coyote

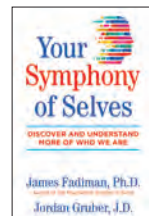
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Wetiko

Healing the Mind-Virus That Plagues Our World

PAUL LEVY

Foreword by Larry Dossey, M.D.

How to break free from the collective mind parasite of wetiko

- Explores how wetiko covertly operates both out in the world and within our minds and how it underlies every form of self-destruction, both individual and collective
- Reveals how wetiko's power lies in our blindness to it and examines how people across the ages have symbolized wetiko to help see it and heal it
- Examines the concept of wetiko as it appears in the teachings of the Kabbalah, Hawaiian Kahuna shamanism, mystical Christianity, and the work of C. G. Jung

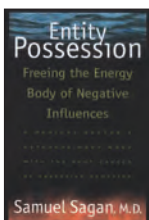
In its Native American meaning, *wetiko* is an evil cannibalistic spirit that can take over people's minds, leading to selfishness, insatiable greed, and consumption as an end in itself, destructively turning our intrinsic creative genius against our own humanity. Revealing the presence of wetiko in our modern world behind every form of destruction our species is carrying out, both individual and collective, Paul Levy shows how this mind-virus is so embedded in our psyches that it is almost undetectable—and it is our blindness to it that gives wetiko its power. Yet, as Levy reveals in striking detail, by recognizing this highly contagious mind parasite, by seeing wetiko, we can break free from its hold and realize the vast creative powers of the human mind.

Levy explores how artists, philosophers, and spiritual traditions across the ages have been creatively symbolizing this deadly pathogen of the psyche so as to help us see it and heal it. He examines the concept of wetiko as it appears in the teachings of the Kabbalah, Hawaiian Kahuna shamanism, Buddhism, and mystical Christianity and through esoteric concepts like egregores, demons, counterfeiting spirits, and psychic vampires. He reveals how visionary thinkers such as C. G. Jung, Sri Aurobindo, Philip K. Dick, Colin Wilson, Nicolas Berdyaev, and Rene Girard each point to wetiko in their own unique and creative way. He explores how the projection of the shadow self—scapegoating—is the underlying psychological mechanism fueling wetiko and examines wetiko in the context of the Covid-19 pandemic, showing that we can reframe the pandemic so as to receive the lessons and opportunities embedded in it.

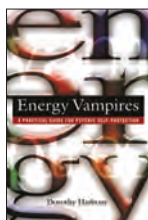
Revealing how the power of imagination can cure the wetiko mind-virus, Levy underscores how important it is for each of us to bring forth the creative spirit within us, which helps shed the light of consciousness on wetiko, taking away its power over us while simultaneously empowering ourselves.

Paul Levy is a pioneer in the field of spiritual emergence and a Tibetan Buddhist practitioner for more than 35 years. He is the founder of the Awakening in the Dream Community in Portland, Oregon, and the author of several books, including *Dispelling Wetiko*. He lives in Portland, Oregon.

Of Related Interest



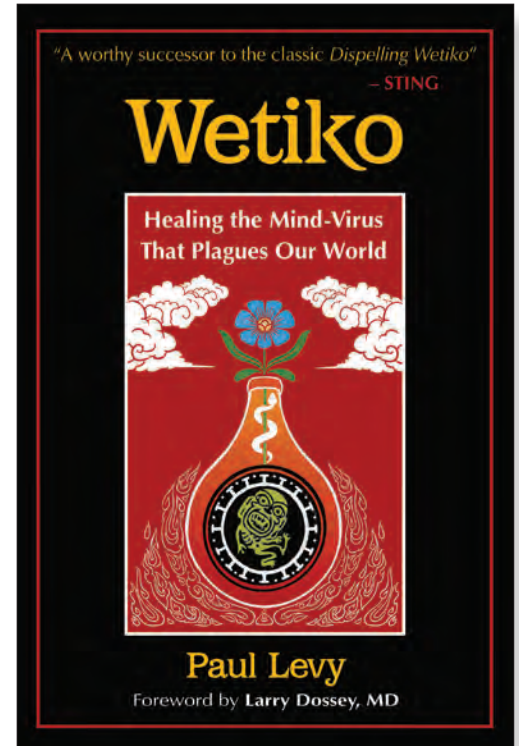
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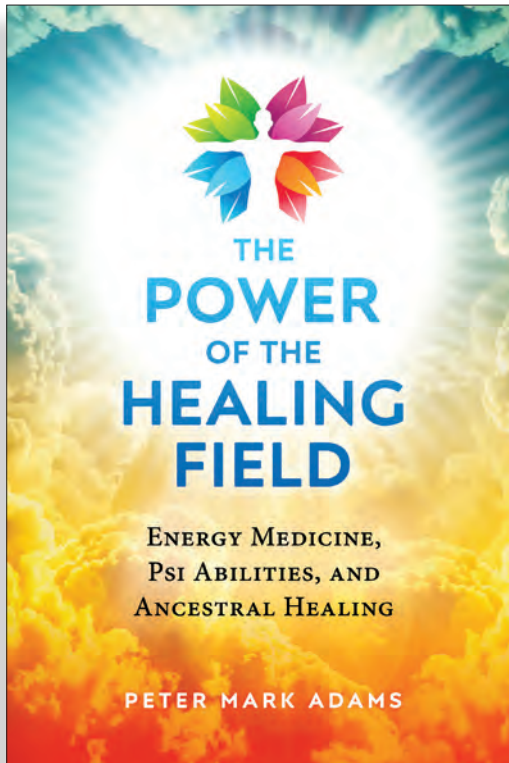
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- Illustrates the role of transpersonal fields of consciousness in healing a range of issues, from inherited family and ancestral problems, to past lives and womb trauma, to near-death experiences, merged identities, and spirit attachment
- Shares remarkable cases of healing and personal transformation from the author's more than 20 years of energy healing work, as well as experiences from other gifted healers, psychics, and shamans
- Provides diagrams of the human energy body, the spectrum of states of awareness, the multilayered fields of consciousness, and the psycho-energetic dynamics of the transformation process

Sharing remarkable cases of healing and personal transformation from his and his wife's more than 20 years of intensive professional energy healing work, as well as experiences from other gifted healers, psychics, and shamans, Peter Mark Adams illustrates the role of transpersonal fields of consciousness in healing a range of issues, from inherited family and ancestral problems, to past lives and womb trauma, to near-death experiences, merged identities, and spirit attachment. Drawing on esoteric tradition as well as scientific research, such as Rupert Sheldrake's morphic field studies, the author maps out the human energy field in all its subtleties, providing diagrams of the human energy body, the spectrum of states of awareness, the multilayered fields of consciousness, and the psycho-energetic dynamics of the transformation process.

Through compelling testimonials of powerful healings, Adams demonstrates how the processes of healing and of peak spiritual experience are closely aligned with harmony within the larger energetic field of consciousness. Proposing a new model of consciousness, reality, and energy healing that incorporates the anomalous phenomena that occurs on the outermost edges of human experience, the author draws these many strands together to outline not only a multilayered approach for different kinds of energy healing modalities, such as Reiki, breathwork, EFT, and remote healing, but also a useful program of self-help that anyone can follow to make lasting improvements to their physical, emotional, and spiritual health.

Peter Mark Adams and his wife, Kenzie, have shared a healing and personal development practice for more than 20 years where they specialize in energy and meridian therapies, breathwork, and meditation. For more than 45 years, he has practiced a range of meditative and energy-based techniques, including Mind Connection Healing, Reiki, EFT, mindfulness, Vivation, and Rebirthing Breathwork.



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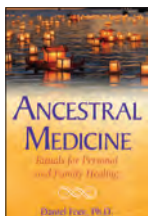
Rights: World

Energy Medicine



Author
Peter Mark Adams

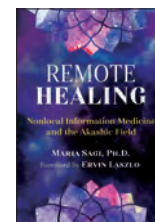
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Neuroaffective Meditation

A Practical Guide to Lifelong Brain Development,
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MARIANNE BENTZEN

Foreword by Peter A. Levine, Ph.D.

Reveals how meditation can be used for emotional growth, releasing trauma, and accessing inner wisdom

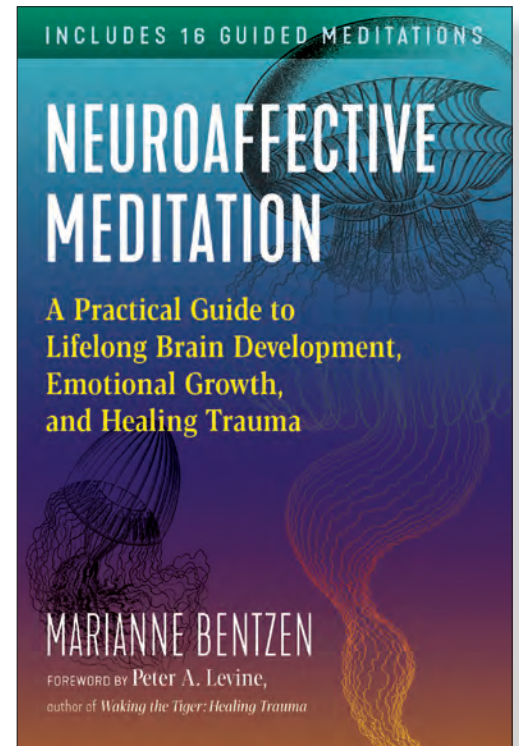
- Shares 16 guided meditations for neuroaffective brain development and emotional maturation, along with links to online recordings
- Explores the stages of emotional development, from childhood to old age, and their potentials for developing new ways of functioning
- Reveals the biopsychological effects of meditation on the human brain, including how it affects us at the autonomic, limbic, and prefrontal levels

Drawing on her 25 years of research into brain development as well as decades of meditation practice, psychotherapist Marianne Bentzen shows how neuroaffective meditation—the holistic integration of meditation, neuroscience, and psychology—can be used for personal growth and conscious maturation. She also explores how the practice can help address embedded traumas and allow access to the best perspectives of growing older while keeping the best psychological attitudes of being young—a hallmark of wisdom. She explains that there is a sequence to emotional maturation, just as there is for the development of cognitive or athletic skills, and details the central developmental processes of childhood and adolescence and the adult stages of psychological development. She then explores the biopsychological effects of meditation on the human brain, including how it affects us at the autonomic, limbic, and prefrontal levels.

The author shares 16 guided meditations for neuroaffective brain development (along with links to online recordings), each designed to gently interact with the deep, unconscious layers of the brain and help you reconnect to yourself, your relationships, and the world around. Each meditation explores a different theme, from breathing in “being in your body” to feeling love, compassion, and gratitude in “the songs of the heart” to balancing positive and negative experiences in “mandala.” The author also shares a 5-part meditation centered on breathing exercises designed to balance your energy.

Presenting an authentic, stepwise approach to spiritual growth, emotional maturation, and brain development, this guide explains the science behind neuroaffective meditation and offers detailed practices for a truly personal and ever-evolving experience of inner wisdom and growth.

Marianne Bentzen is a psychotherapist and trainer in neuroaffective development psychology. The author and coauthor of many professional articles and books, including *The Neuroaffective Picture Book*, she has taught in 17 countries and presented at more than 35 international and national conferences. She lives in Denmark.



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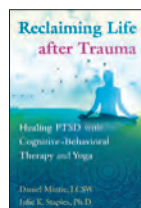


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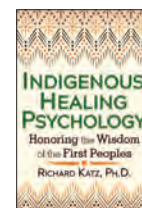
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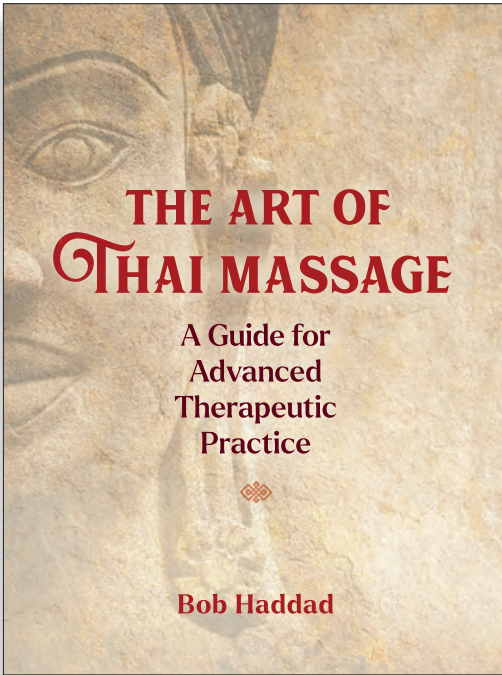
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The Art of Thai Massage

A Guide for Advanced Therapeutic Practice

BOB HADDAD

An illustrated guide to enrich and develop the practice of Thai massage

- Presents guidelines for effortless and effective practice, including body mechanics, breathing patterns, flowing movements, incremental pressure, and exercises to improve sensing and to strengthen intuition as you work
- Offers ways to refine and improve classic techniques that are often performed incorrectly, explains broad healing concepts behind individual techniques, and discusses the awareness and sensitivity with which they should be performed
- Answers common questions, clarifies misunderstandings, and presents ways to work with focused intention on a deeper level, and with more grace, ease, and efficiency

Unlike most books about Thai massage, this guide offers a deep and insightful view of important and often neglected aspects of Thai bodywork. Many of the concepts presented in the book also apply to table massage, physical therapy, yoga, and other healing arts.

Sharing insights from his many years of practice and teaching, Bob Haddad takes a deeper look at the conceptual, spiritual, and practical approaches behind effective bodywork. An entire section is dedicated to awareness of breath for massage, movement, and everyday activities. Assessment guidelines are offered to work with others based on physical appearance, pre-existing conditions, and elemental predisposition. Exercises to sharpen sensing abilities and intuition are presented, and ways to find, coax, and release blockages in the body are discussed. The author demonstrates in detail the execution of twelve important Thai massage techniques that are often taught and performed incorrectly. The chapters on Upper Body, Lower Body, and Flow offer ways to structure a customized sequence for each individual and help therapists to move from one technique to another with grace and ease. Finally, the chapter on medicinal herbs discusses the preparation, use, and benefits of hot and cold compresses, medicinal poultices, balms, oils, and herbal baths, as well as easy recipes for all of these traditional therapies.

This exciting and valuable guide contains information that has never been previously available in print. Full of exercises and insights to help therapists hone their bodywork skills, this book reveals the key principles that give way to effective treatment, and it explores traditional Thai massage with a special focus on intention, awareness, sensitivity, breath, movement, stillness, and spirituality.

Bob Haddad is a Thai massage therapist and a respected teacher in the field of Thai healing arts. The founder of Thai Healing Alliance International (THAI), he teaches courses and workshops in the Americas, Europe, and Thailand and is the author of *Thai Massage & Thai Healing Arts*.



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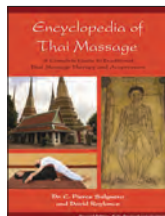
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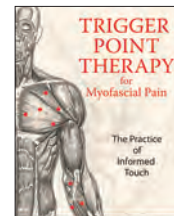


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Shamanic Creativity

Free the Imagination with Rituals, Energy Work,
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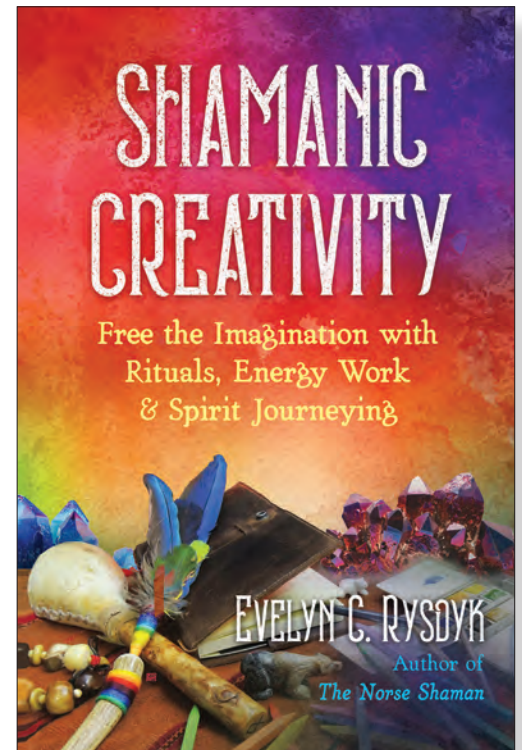
A step-by-step practical guide to enhancing creative energy

- Explains how creativity—or creative energy—is a life-giving force that frees the imagination, supports innovation, and awakens unique ways of thinking and feeling that can transform your life
- Explores how to use spirit journeying and ceremony alongside experiential shamanic exercises to release creativity-blocking patterns, reprogram the subconscious, engage the “right brain,” boost imagination, and overcome anxiety and other destructive emotions
- Provides suggestions for when your creative energy is at a low tide

In this step-by-step practical guide to enhancing creative energy, Evelyn Rysdyk explains how, from the shamanic perspective, creativity—or creative energy—is a life-giving force that frees the imagination, supports innovation, and awakens unique ways of thinking and feeling that can transform your life. She explores how to use the shamanic technologies of spirit journeying and ceremony alongside experiential shamanic exercises to release creativity-blocking patterns, reprogram the subconscious, engage the “right brain,” boost imagination, overcome anxiety and destructive emotions, and become much more creative in daily life. Examining creative energy as a natural phenomenon similar to the tides, the author provides suggestions for when your creative energy is at a low tide as well as offering shamanic techniques for dealing with insecurities related to your creative pursuits and overcoming dysfunctional subconscious perceptions.

Presenting a wealth of experiential exercises, rituals, and shamanic principles, this guide gives you the keys to unlock your own creative birthright.

Evelyn C. Rysdyk is an internationally recognized shamanic practitioner and author of several books, including *The Norse Shaman*, *Spirit Walking*, and *The Nepalese Shamanic Path*. Along with her writings, she is an impassioned teacher and a featured presenter for Sounds True, The Shift Network, and other international and online programs. She finds creative inspiration and renewal on the coast of Maine.



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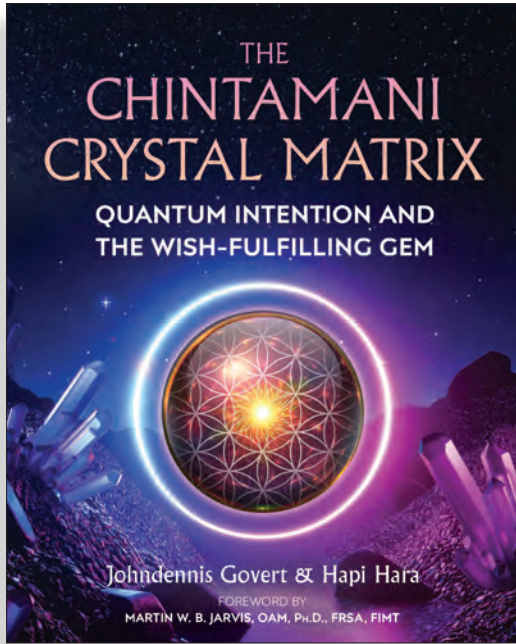
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The Chintamani Crystal Matrix

Quantum Intention and the Wish-Fulfilling Gem

JOHNDENNIS GOVERT and HAPI HARA

Foreword by Martin W. B. Jarvis, OAM, Ph.D., FRSA, FIMT

Explores the gem archetype of the Chintamani, the wish-fulfilling jewel known in legends around the world, and how to access it energetically

- Examines myths of the Chintamani from East and West, including from China, India, and South America; in legends of the Holy Grail and Atlantis; and in Nicholas Roerich's real-life quest for Shambhala
- Explains the Chintamani Matrix—the multidimensional field of light, energy, and consciousness that forms networks of gems on the etheric and physical levels
- Provides simple and advanced practices with crystal grids and meditation to help you access the Chintamani matrix and realize your innermost heart's desires



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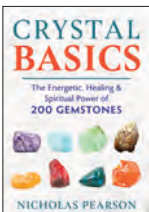
Space, time, intention, matter, and consciousness all entangle in crystals. Nowhere is this more evident than in the ancient gem archetype of the Chintamani, the wish-fulfilling jewel known in legends around the world as the stone that grants your heart's desires. As authors Johndennis Govert and Hapi Hara reveal, the Chintamani's "tachyolithic" technology of wish-granting and spiritual enlightenment creates a vehicle for positive transformation. They show how the Chintamani energy matrix can be accessed using tangible crystals and gemstones, meditation, yoga, and the powerful science of intention.

Exploring the many Chintamani myths and legends from East and West, the authors explain how there are three types of Chintamani: the mythical gemstone, the power crystals of history, such as the Koh-i-Noor diamond, and the multidimensional field of light, energy, and consciousness that forms a network of all gems in what is known as "the jewel net of Indra" in Hinduism and Buddhism. Activating this crystal energy matrix provides a way to manifest your intentions and help you create the subtle diamond body.

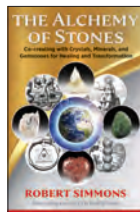
The authors detail specific gems and crystal spiritual technology that can affect material reality and trigger profound spiritual growth. They provide a number of simple practices with crystal grids and meditation to help you access the Chintamani matrix and become aware of the interconnected jewel net of consciousness. They examine the science of intention, which provides a basis for connecting to gemstones and crystals, and share advanced meditations to realize and activate your innermost heart's desires.

Johndennis Govert is a Zen Roshi and Tibetan Buddhist Lama, feng shui master, astrologer, shodo calligrapher, and qi gong healer. He is the author of *Feng Shui: Art and Harmony of Place* and *REALty Feng Shui*. **Hapi Hara, MA**, is a Reiki practitioner, crystal astrologer, and crystal and earth energy grid researcher. She offers consultations at Canyon Ranch Resort in Tucson, Arizona, where both authors live.

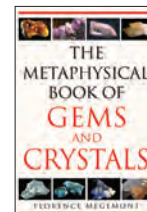
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The Empires of Atlantis

The Origins of Ancient Civilizations and Mystery Traditions throughout the Ages

MARCO M. VIGATO

Establishes the historical and geological reality of Atlantis and reveals its continuing influence around the world

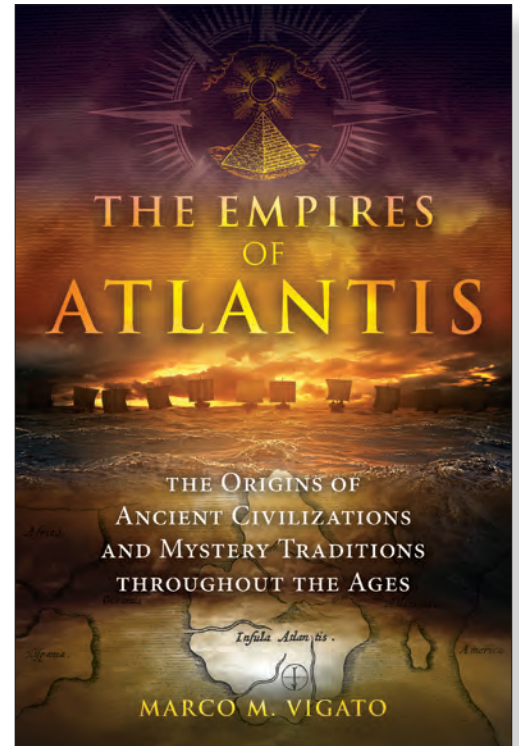
- Traces the course of Atlantean civilization through its three empires, as well as the colonies and outposts formed by its survivors in Egypt, Göbekli Tepe, India, Mesopotamia, the Mediterranean, and North and South America
- Shows how pyramids and other megalithic monuments testify to the survival of a “Sacred Science” of Atlantean origin and how this Sacred Science provided the foundation for esoteric traditions and secret societies throughout the ages
- Draws on more than 500 ancient and modern sources and the author’s own personal exploration of hundreds of archaeological sites

Exploring more than 100,000 years of Earth’s history, Marco Vigato combines recent discoveries in the fields of archaeology, geology, anthropology, and genetics with the mystery teachings of antiquity to investigate the true origins of civilization. Establishing the historical and geological reality of Atlantis stretching all the way back to 432,000 BCE, he traces the course of Atlantean civilization through its three empires, revealing how civilization rose and fell several times over this lengthy span of time.

The author shows that Atlantis did not vanish “in one terrible day and night” but survived in a variety of different forms well into the historical era. He reveals how the first Atlantean civilization lasted from 432,000 to 33,335 BCE, the second one from 21,142 to 10,961 BCE, and the third Atlantis civilization—the one celebrated by Plato—collapsed in 9600 BCE, after the Younger Dryas cataclysm. The author examines the role of Atlantean survivors in restarting civilization in different parts of the world, from Göbekli Tepe and Egypt to India, Mesopotamia, and the Americas. He explains how they created colonies and outposts around the globe, as evidenced by the colossal network of pyramids, earthen mounds, and other megalithic monuments they left behind. He shows how these monuments testify to the survival of a “Sacred Science” of Atlantean origin, and he documents the survival of the primeval Atlantean Tradition through various secret societies into the modern era.

Drawing on more than 500 ancient and modern sources and his own personal exploration of hundreds of archaeological sites around the world, the author shows not only that Atlantis was real but that the whole world is now being called to become a New Atlantis and awaken into a new Golden Age.

Marco M. Vigato is an independent researcher who has dedicated the past 15 years to documenting the evidence of ancient advanced civilizations around the world. The author of several research papers and documentaries, he holds degrees from Harvard Business School and Bocconi University. A native of Italy, he lives in Mexico City.



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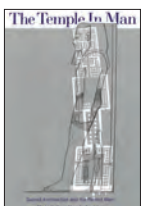
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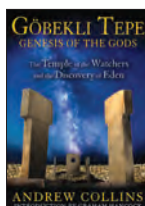


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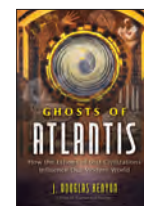
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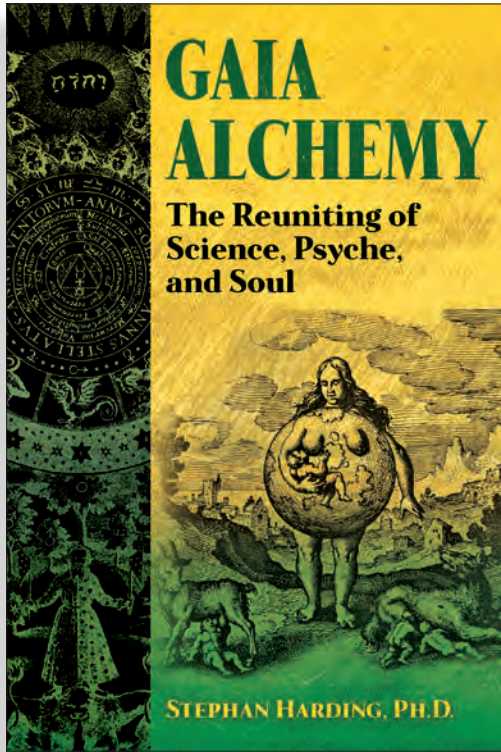
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Gaia Alchemy

The Reuniting of Science, Psyche, and Soul

STEPHAN HARDING, Ph.D.

Foreword by Stephen Harrod Buhner

A bold exploration of the reintegration of rationality and intuition, science and soul, to foster individual and planetary healing

- Examines how integrating important alchemical images with Gaian science can offer insights into our interconnectedness with Gaia
- Looks at how the four components of the living earth—biosphere, atmosphere, hydrosphere, and lithosphere—mesh with the four elements of alchemical theory and the four functions of consciousness as understood by depth psychology
- Offers guided meditations and contemplative exercises to open your receptivity to messages from the biosphere and help you connect more deeply with Gaia

During the scientific revolution, science and soul were drastically separated, propelling humanity into four centuries of scientific exploration based solely on empiricism and rationality. But, as scientist and ecologist Stephan Harding, Ph.D., demonstrates in detail, by reintegrating science with profound personal experiences of psyche and soul, we can reclaim our lost sacred wholeness and help heal ourselves and our planet.

Harding begins with compelling introductions to depth psychology, alchemy, and Gaia theory—the science of seeing the Earth as an intelligent, self-regulating system, a theory pioneered by his mentor James Lovelock. He then explores how alchemy, as understood through the depth psychology of C. G. Jung, offers us powerful methods of reuniting rationality and intuition, science and soul. He examines the integration of important alchemical engravings, including *L'Azoth des Philosophes* and the *Rosarium Philosophorum*, with Gaian science. He shows how the seven key alchemical operations in the Azoth image can help us develop deeply transformative experiences and insights into our interconnectedness with Gaia. He then looks at how the four components of the living Earth—biosphere, atmosphere, hydrosphere, and lithosphere—mesh not only with the four elements of alchemical theory but also with the four functions of consciousness from depth psychology.

Woven throughout with the author's own experiences of Gaia alchemy, the book also offers guided meditations, shamanic practices, and contemplative exercises to open your receptivity to messages from the biosphere and help you develop your own Gaia alchemical way of life, full of wonder and healing.

Stephan Harding, Ph.D., obtained his doctorate in behavioral ecology from Oxford University and is one of the founders of Schumacher College, where he is Deep Ecology Research Fellow and Senior Lecturer in holistic science. A student of James Lovelock, he has taught Gaia theory, deep ecology, and holistic science all over the world. The author of several books, including *Animate Earth*, he lives in Dartington, Devon, England.

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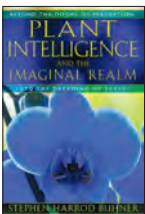
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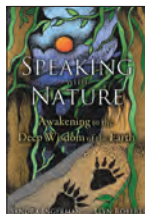


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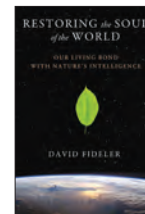
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The Way of Abundance and Joy

The Shamanic Teachings of don Alberto Taxo

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Foreword by Hank Wesselman

Shares the ancient Andean wisdom and practices of *Sumak Kausay*, the way of Abundant Life, as taught by master shaman don Alberto Taxo

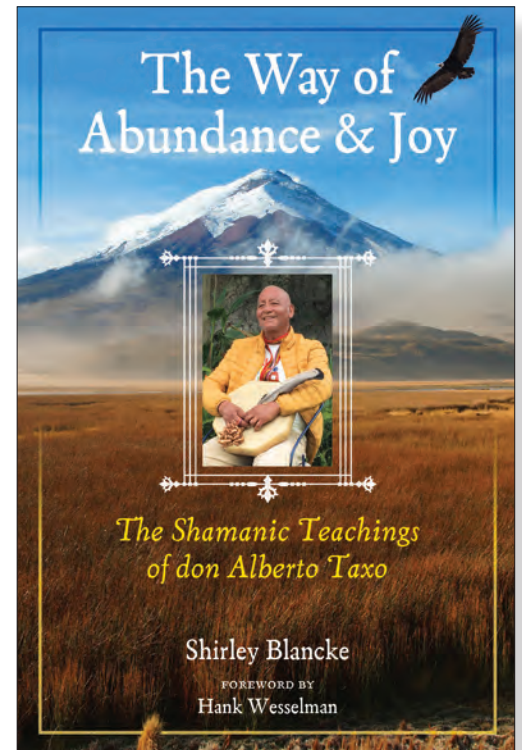
- Shows how to relate to and receive help from the elements, reconnect with nature to access abundance and joy, connect with plants, animals, water, air, and fire
- Explores don Alberto's upbringing in a family of *yachaks*, his initiation, and his personal work to fulfill the Andean prophecy of the Eagle and the Condor
- Includes reflections and essays from several of don Alberto's students and others who have worked with him, including Itzhak Beery and John Perkins

Recognized as a master *yachak*, don Alberto Taxo is a celebrated spiritual elder, shaman, and healer of the pre-Inca Atik (Kichwa) people from the Andes Mountains of Ecuador. He has been sharing ancient Andean shamanic wisdom and practices in the United States for more than 20 years—his personal quest to fulfill the Andean prophecy that the Eagle and the Condor will fly together in the same sky in harmony.

Written with don Alberto's permission and as further fulfillment of the Eagle-Condor prophecy, this book shares don Alberto's teachings and his simple approaches for building a reciprocal relationship with nature, centered on *Sumak Kausay*, the way of joy and abundance. As a *yachak*, a shaman of the elements, don Alberto shows how to relate to and receive help from nature. When we are connected with nature on an emotional and spiritual level it creates joy that is deeply healing and can be accessed during life's difficulties. The book discusses traditional Ecuadorian shamanic beliefs and practices, including Andean Inca cosmology; how to connect with plants, animals, air, fire, and water in sacred springs, the ocean, or your shower; and Inca concepts like Pacha, the space-time era in which we live that is now transitioning to a new one of connection and love after 500 years.

The book explores don Alberto's upbringing in a family of *yachaks*, his initiation, and his assumption of the role of shaman for his community. It also includes reflections and essays from don Alberto's students and others who have worked with him, including shamanic teachers Itzhak Beery and John Perkins, showing how he influenced their lives and awakened them to the path of *Sumak Kausay*, Abundant Life.

Shirley Blancke is an archaeologist and anthropologist, who has worked with Native Americans in Massachusetts, learned traditional sacred dance from Hawaiian *kahunas*, and hosted ceremonies for an Oglala Lakota medicine man. She studied shamanic traditions with Hank Wesselman for 10 years and has worked with Ecuadorian *yachak* don Alberto Taxo for seven years. She lives in Concord, Massachusetts.



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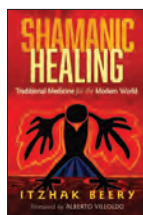


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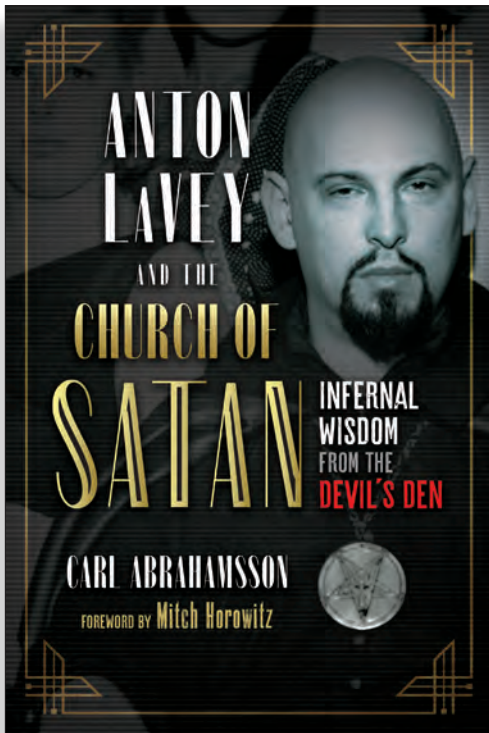
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Anton LaVey and the Church of Satan

Infernal Wisdom from the Devil's Den

CARL ABRAHAMSSON

Foreword by Mitch Horowitz

An intimate exploration of the life, philosophy, and lasting occult influence of Anton LaVey, the founder of the Church of Satan

- Includes never-before-published material from LaVey, including transcripts from his never-released “Hail Satan!” video
- Shares in-depth interviews with intimate friends and collaborators, including LaVey’s partner Blanche Barton, his son Xerxes LaVey, and current heads of the Church of Satan Peter Gilmore and Peggy Nadramia
- Provides inside accounts of the Church of Satan and activities at the Black House, personal stories and anecdotes from the very colorful life of the Black Pope, and firsthand explanations of key principles of LaVey’s philosophy

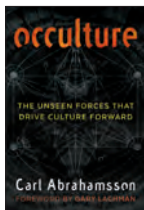
With his creation of the infamous Church of Satan in 1966 and his bestselling book *The Satanic Bible* in 1969, Anton Szandor LaVey (1930–1997) became a controversial celebrity who basked in the attention and even made a successful career out of it. But who was Anton LaVey behind the public persona that so easily provoked Christians and others intolerant of his views?

One of privileged few who spent time with the “Black Pope” in the last decade of his life, Carl Abrahamsson met Anton LaVey in 1989, sparking an “infernally” empowering friendship. In this book Abrahamsson explores what LaVey was really about, where he came from, and how he shaped the esoteric landscape of the 1960s. The author shares in-depth interviews with the notorious Satanist’s intimate friends and collaborators, including LaVey’s partner Blanche Barton, his son Xerxes LaVey, current heads of the Church of Satan Peter Gilmore and Peggy Nadramia, occult filmmaker Kenneth Anger, LaVey’s personal secretary Margie Bauer, film collector Jack Stevenson, and film historian Jim Morton. Abrahamsson also shares never-before-published material from LaVey himself, including discussions between LaVey and Genesis P-Orridge and transcripts from LaVey’s never-released “Hail Satan!” video.

Providing inside accounts of the Church of Satan and activities at the Black House, this intimate exploration of Anton LaVey reveals his ongoing role in the history of culture and magic.

Carl Abrahamsson is a writer, publisher, magico-anthropologist, photographer, and filmmaker, most recently producing the documentary *Anton LaVey: Into the Devil’s Den*. The author of *Occulture* and *Reasonances* as well as the editor and publisher of the annual anthology of occulture, *The Fenris Wolf*, he lives in Stockholm, Sweden.

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The Bavarian Illuminati

The Rise and Fall of the World's Most Secret Society

RENÉ LE FORESTIER

Translated by Jon E. Graham

The definitive history of the Bavarian Order of the Illuminati and their founder, Adam Weishaupt

- Details the rise and fall of this famous and infamous Order, including its penetration of Bavarian society and its destruction by the Bavarian government
- Explains the Bavarian Illuminati's grades, rituals, ceremonies, and fundamental philosophies and examines the leaders of the Order
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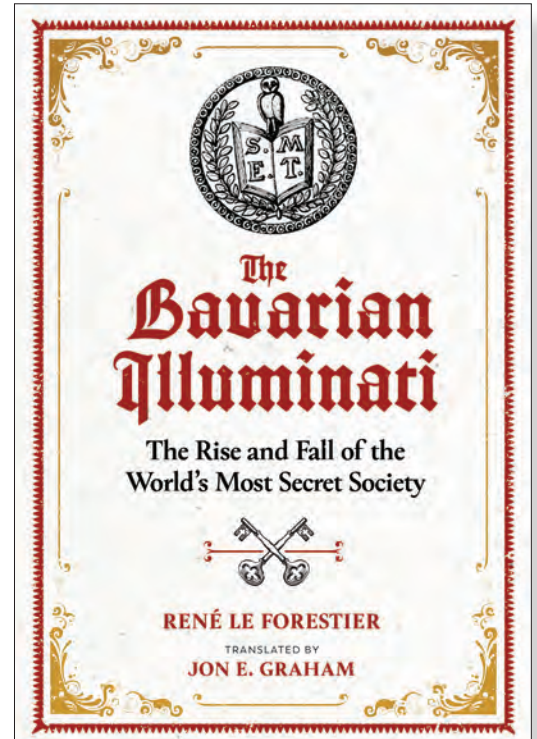
The most celebrated secret society in the world, the original Order of the Illuminati was founded by Bavarian professor Adam Weishaupt in 1776. Although the Order was banned and brought down by the Bavarian Elector when he became aware of the extent to which it had infiltrated the courts, schools, and his own administration.

Charting the rise and fall of this infamous Order, this book first published in French in 1915 and never before available in English remains the definitive history of the order of the Bavarian Illuminati and their founder, Adam Weishaupt. Many of the documents the author consulted for the writing of this book were destroyed during the two World Wars, making this book the only surviving record of many of the order's secrets. It is also significant for its history of contemporary Masonic Orders such as the Templar Strict Observance and Von Hund's Templar Freemasonry.

The author explains the Bavarian Illuminati's grades, rituals, and ceremonies as well as its fundamental philosophies. He examines the leaders of the Order, including Weishaupt, Baron Knigge, and Xavier von Zwack. He reveals how Weishaupt early on decided to subvert the existing German Freemason Lodge as a shortcut to gain esoteric hegemony over the occult world, all in order to extend Illuminati influence into the society at large and the government. The author also provides extensive detail of the Order's eventual destruction by the Bavarian government.

In addition to its revelation of little known secrets of the Illuminati Order, the author also sheds new light on much of the occult life of this time, including the activities of figures such as Cagliostro and Mirabeau and other active groups such as Freemason chapters, the Rosicrucians, and the Martinists.

René Le Forestier (1868–1951) was one of the preeminent historians of the occult worlds of the 17th and 18th centuries. His work explored the relations between the many secret societies that existed during this time, with a special emphasis on Freemasonry and Martinism. **Jon E. Graham** is an award-winning translator, artist, and writer specializing in esoteric topics and Surrealism. He lives in Vermont.



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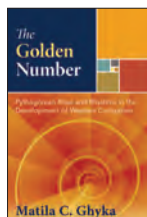
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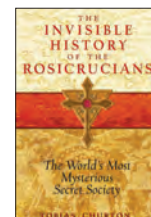
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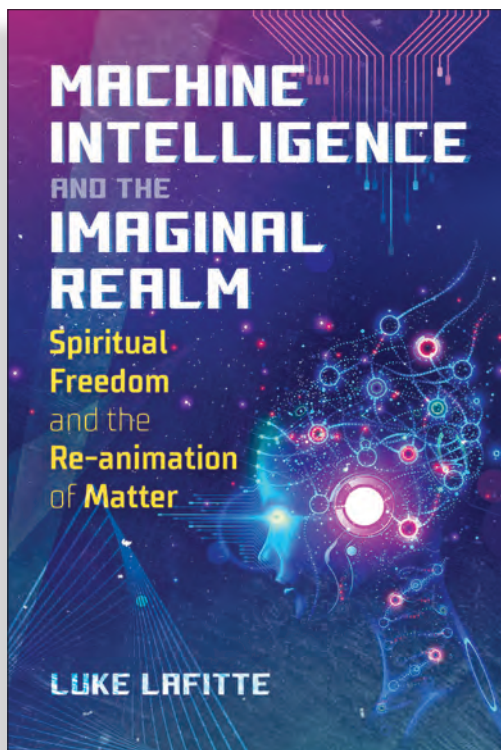
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Humans invented and constructed machines to aid them, as far back as the Stone Age. As the machines became more complex, they became extensions of the body and mind, and we naturally began projecting consciousness onto them. As Luke Lafitte shows in detail, although machines complicate the already complicated issue of identity, because they are “ours” and “of us,” they are part of our spiritual development.

In this sweeping exploration of the history of the machine as a tool, as a transpersonal object to assist human activity, and as a transitional artifact between spirits and the humans who interact with them, Lafitte examines the role that machines play in the struggle between “spiritual man” and “mechanical man” throughout history. He interprets the messages, archetypes, and language of the unconscious in the first popular stories related to mechanical men, and he demonstrates a direct connection between consciousness and the history of machines in American history, specifically between the inventors of these machines and the awakening of our imaginations and our powers of manifestation. He examines the influence of Philip K. Dick, Nikola Tesla, Thomas Edison, Grace Hopper, Richard Feynman, Elon Musk, David Bohm, and others and shows how the Nag Hammadi gospels explain how we can take back our myth and spirit from the machine.

Although the term “mechanical man” is a catch-all phrase, Lafitte shows that the term is also a meeting ground where extra-dimensional communications between different forms of matter occur. Every machine, android, robot, and cyborg arose from consciousness, and these mechanical men, whether real or fictive, offer us an opportunity to free ourselves from enslavement to materialism and awaken our imaginations to create our own realities.

Luke Lafitte, J.D., Ph.D., is a trial attorney, American history teacher, and co-founder of Dead White Zombies, an award-winning theater group in Dallas, Texas. Partner in a leading law firm in Dallas, he is the author of the three-volume series *Chronicles of a Curious Mind*. He lives in Dallas, Texas.



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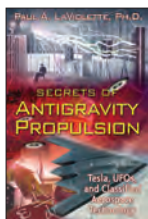
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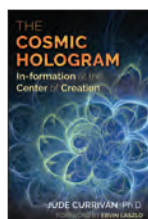
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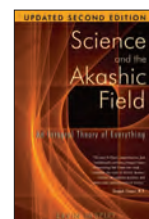
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Editor's Foreword by Richard Grossinger

A new synthesis and expansion of the groundbreaking Seth teachings

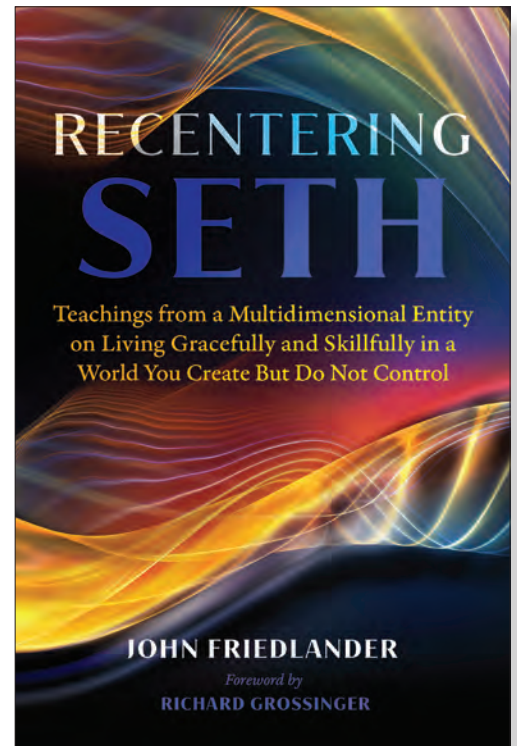
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The Seth books, channeled by the late Jane Roberts in the 1970s, galvanized a whole generation of spiritual explorers. The entity known as Seth turned familiar mystical concepts into a radically new framework and introduced little known truths, including a unique understanding of how we create our own reality with our conscious beliefs. But in important ways, the Seth information hit a temporary dead end, especially through confusion about just what creating your own reality means.

After nearly 5 decades exploring Seth's ideas, along with many other spiritual approaches, John Friedlander, a member of Jane Roberts's original Seth classes in 1974, has reframed the groundbreaking Seth teachings, recentering them in the awareness that all consciousness expands in all directions. He synthesizes Sethian teachings with an eclectic variety of concepts, schools, and influences, from aura reading, healing, and interpersonal engagement as taught by Lewis Bostwick, to Buddhism, reincarnation, karma, and the Theosophical practice of the seven planes, to conscious dying, nondual awareness, multipersonhood, and communication theory. Sharing engaging discussions from his classes, the author examines how you *do* create your own reality, but that no one controls reality, which is spontaneous and surprisingly creative.

By recentering Seth in the awareness that all consciousness expands in all directions Friedlander reveals many ways to support the meaningful engagement of life as it is, bringing more pleasure not just to what is easy, but even to your tensions and contradictions.

John Friedlander holds degrees from Duke University and Harvard Law School. He began a formal meditation practice in 1970 and was introduced to Seth's books in 1972. He attended Jane Roberts's Seth classes in Elmira throughout much of 1974, and he studied psychic meditation and aura reading with Lewis Bostwick beginning in 1973. He is the coauthor of 3 books, *The Practical Psychic*, *Basic Psychic Development*, and *Psychic Psychology*. He lives in Saline, Michigan.



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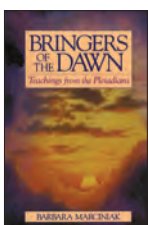
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The Findhorn community has cultivated a loving partnership with the subtle realms since its very beginning when one of the founders, Dorothy Maclean (1920–2020), began communicating with the devic world in the original Findhorn gardens. Following this lineage of communication with nature and the elemental beings, the *Findhorn Spirit Oracle Cards* were brought to life in the Findhorn gardens and sanctuaries through a special technique called touch-drawing. In a meditative state, artist Swan Treasure simply allowed the images to appear from her hands onto paper, trusting the powerful energy that asked to be made visible. It was only once all 44 of the touch-drawings were done that their purpose as an elemental-inspired oracle deck became evident.

Each card depicts a spirit being as they chose to reveal themselves, in order to pass on wisdom to help us navigate these times of transition. The cards function as energy activators and, through their messages and energies, offer support, companionship, and practical guidance that can be applied to the challenges of daily life. They can also assist us in establishing and deepening a partnership with the divine. Divided into 6 groups, each associated with one of the Findhorn gardens, the cards share the community principles of co-creation with nature, inner listening, and love in action that inspire life in Findhorn.

A longer message connected to the essence of the elemental depicted can be found in the accompanying booklet. It also offers a suggestion for a spiritual practice to open communication and engage more deeply with the nature spirits. The cards call us to express a greater sensitivity toward all creation; to slow down, open our hearts, and fine-tune our perceptions to retrace our steps to a more authentic, alive, and lighter living on this planet. A potent tool for fine-tuning our intuitive senses as well as for self-discovery and healing, this deck is your invitation to reclaim wholeness and open to co-creation with the subtle realms. May it bring joy and light to your path.

Swan Treasure is an art therapist, life coach, NLP master, and systemic constellator. She enjoys living in affinity with the spirit world and is passionate about assisting people to discover their soul alignment and fully engage their creativity. An artist and writer, Swan lives in the Findhorn Community, Scotland.



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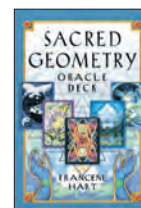
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The Path of Love in the Time of Transition

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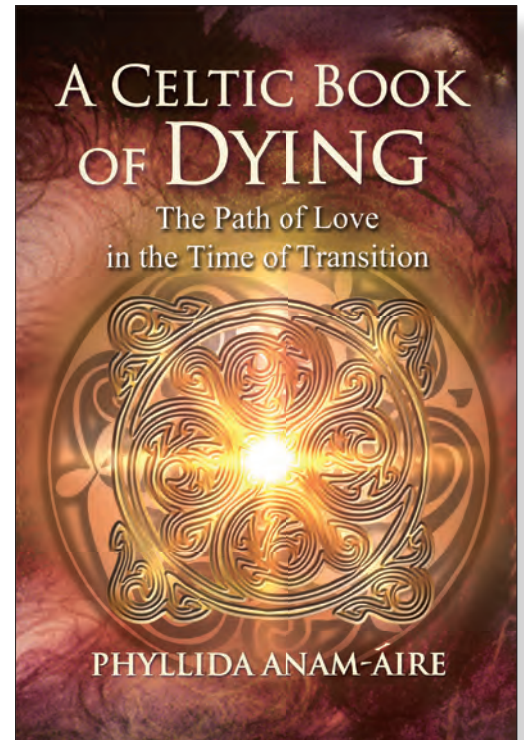
Through her decades of hospice work, Phyllida Anam-Áire has revived the ancient Celtic tradition of “watching” with the dying and traveling with the soul after death. Drawing on her Celtic background, she integrates the wisdom of her ancestors with modern knowledge of the death process. She shows how a peaceful transition for the leaving person is possible and how this process can be consciously supported for relatives or friends.

In *A Celtic Book of Dying*, Phyllida details the Celtic rituals of honoring death and dying, revealing how these rituals act as a catalyst that allows the change of form for our essence to pass on into the afterlife. She shows how becoming familiar with the dying process and acknowledging our own personal death forms an important aspect of preparing for this natural transformation. The author guides us with reflective questions, exercises, and meditations to help us become aware of and evaluate our own beliefs, attitudes, and fears around dying and learn to live our life more consciously and with joy. Once we have come to terms with our own passing, we will also find it easier to assist family and friends in their last hours.

Phyllida presents the sacred meditation of traveling with the dead as held by an *anam-áire* or soul carer. She also offers suggestions for Celtic rituals, prayers, and blessings for support. She addresses many practical questions around care for the dying during and after the process, including the importance of silence.

A practical yet soulful guidebook, *A Celtic Book of Dying* deepens our spiritual understanding of the internal journey of the dying and the adventurous after-death journey to come. Through the eyes of an *anam-áire*, we see death not as the end or something to be feared, but just as the moment of being called home again.

Phyllida Anam-Áire, a former Irish nun, as well as grandmother and therapist, who trained with Elisabeth Kübler-Ross, has worked extensively with the sick and dying. She offers Conscious Living, Conscious Dying retreats in Europe and gives talks on children and dying to nurses and palliative care workers. Also a songwriter, she teaches Celtic Gutha or Caoineadh, Irish songs or sounds of mourning. The author of *The Last Ecstasy of Life*, Phyllida lives in Edinburgh, Scotland.



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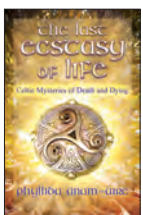
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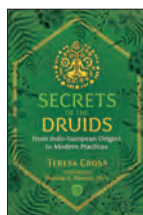
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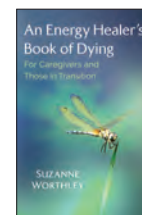


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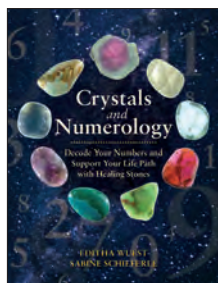


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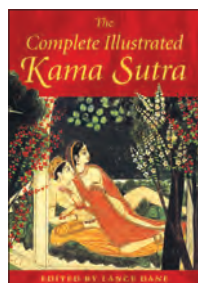


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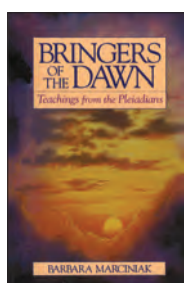


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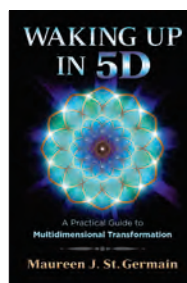
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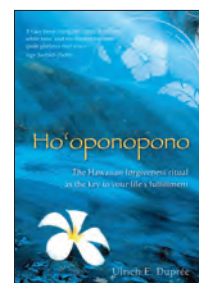
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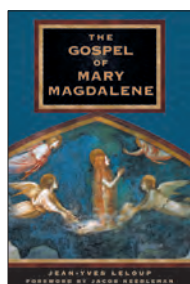
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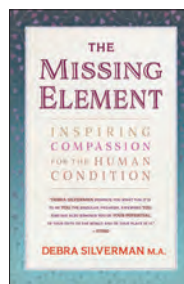
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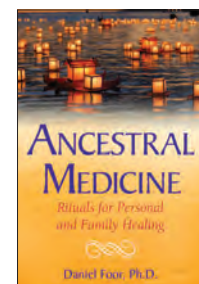
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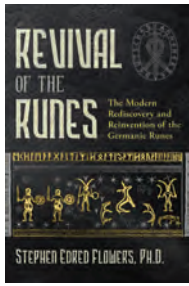


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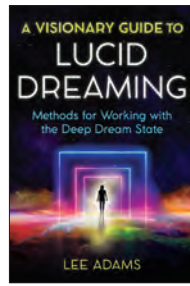


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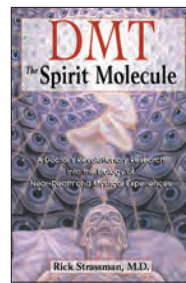
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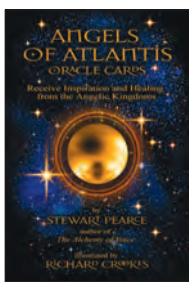
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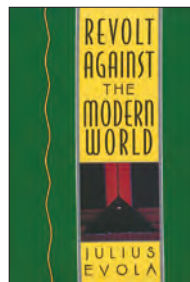
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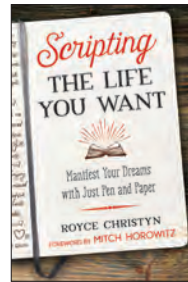
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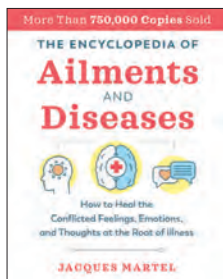


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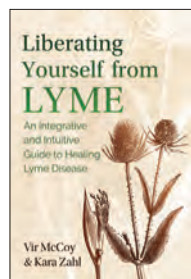


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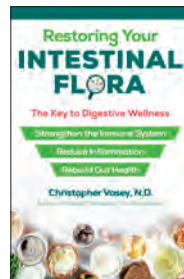
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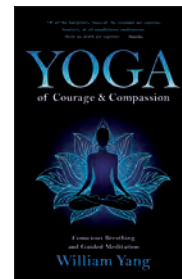
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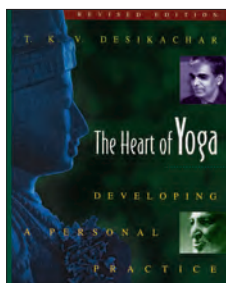


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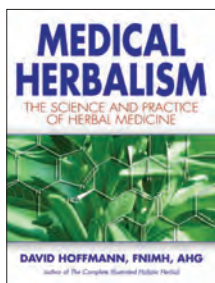


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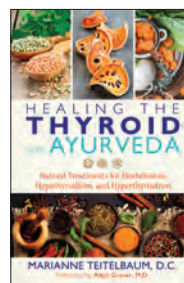
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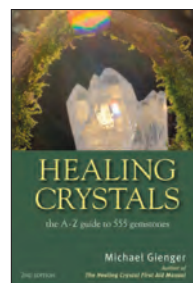
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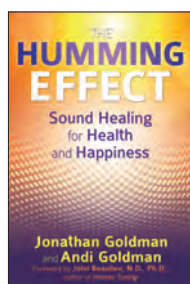
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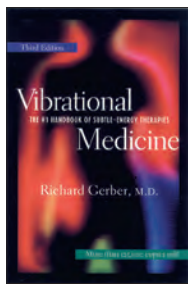
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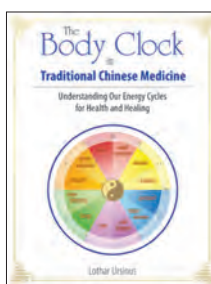
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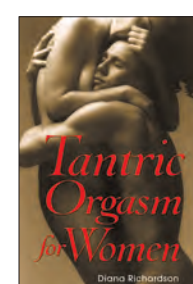
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