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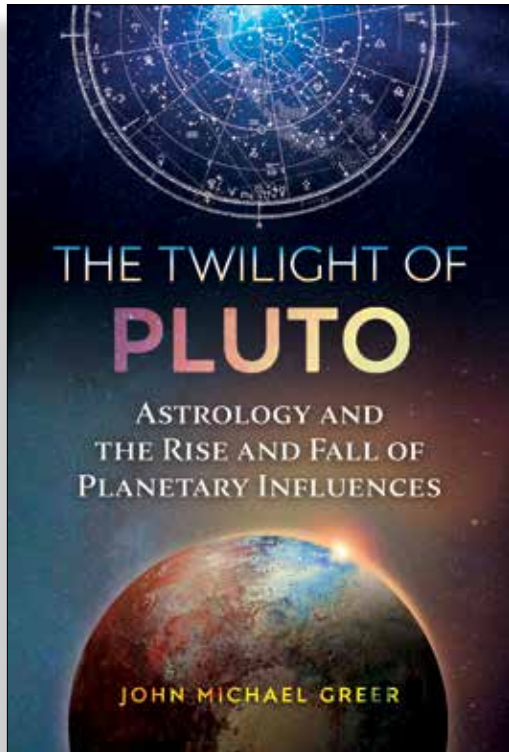
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March 2022

Inner Traditions
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192 pages, 6 x 9
3 black-and-white illustrations
Rights: World
Occult/Astrology



Author
John Michael Greer

The Twilight of Pluto

Astrology and the Rise and Fall of Planetary Influences

JOHN MICHAEL GREER

An examination of the waxing and waning influence of demoted planets

- Explains in detail how the demotion or proved nonexistence of a planet marks the beginning of a roughly 30-year period in which that planet's influence wanes
- Explores Pluto's arc of influence on individual and collective life in depth, from its discovery in 1930 to the end of its influence in 2036
- Offers examples from other demoted planets, such as Ceres, whose fifty-year reign as a planet corresponds very closely to the Romantic Era of history

Recent research in astrology has shown that the discovery of a new planet correlates with the emergence of a new set of influences in individual and collective life. As John Michael Greer reveals, the opposite is also true: the demotion of a planet correlates with the decline of a set of influences into the background. Although there are several instances of this over the last two centuries, Pluto, downgraded to minor planet status in 2006, is the most striking example.

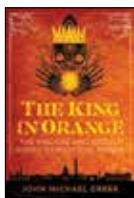
Exploring the waxing and waning of planetary influences in astrology, Pluto in particular, Greer explains in detail how the demotion or proved nonexistence of a planet marks the beginning of a roughly 30-year period in which that planet's influence fades out. He examines several examples of planet demotion, including Ceres, whose fifty-year reign as a planet corresponds closely to the Romantic Era of history. Ceres's influence began to take shape some 30 years before its discovery in 1801 and gradually faded over the three decades following its demotion in the 1850s.

Examining Pluto's astrological influence in depth, from the beginning of the search for "Planet X" in 1900 to the end of its influence in 2036, the author shows how during the Plutonian era the concept of *cosmos*—from the ancient Greek meaning "that which is beautifully ordered"—was in eclipse. Pluto's influence led to the rejection of unity, beauty, and order, exemplified through the splitting of the atom by physicists, the splitting of the individual into conscious and subconscious halves by psychoanalysts, and the splitting of the world into warring camps by politicians.

Offering an essential guide not only to the astrology of the future but to the twilight of the Plutonian era, Greer shows how as Pluto's influence fades out in the years ahead, a great many disruptive phenomena of the recent past will fade with it and the notion of *cosmos*—beautiful order—will regain its traditional role in our individual and collective worlds.

John Michael Greer is a writer, blogger, and independent scholar who has written more than 70 books, including *The King in Orange*, *Circles of Power*, and the award-winning *New Encyclopedia of the Occult*. A longtime student of astrology, he began working as a political astrologer in 2017. He lives in Rhode Island.

Also by John Michael Greer

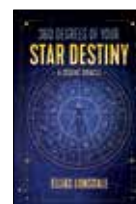


The King in Orange
John Michael Greer
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360 Degrees of Your Star Destiny
Elias Lonsdale
Destiny Books
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August 2021 release

Origins of the Gods

Qesem Cave, Skinwalkers, and Contact with Transdimensional Intelligences

ANDREW COLLINS and GREGORY L. LITTLE

Foreword by Erich von Däniken, author of *Chariots of the Gods*

A detailed examination of the role played by shamanism and communication with higher intelligences in the development of ancient civilizations

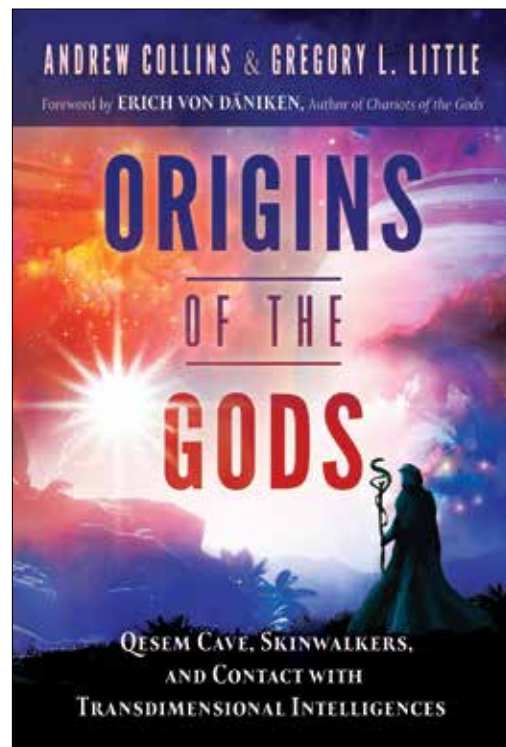
- Explores how our ancestors used shamanic rituals at sacred sites to create portals for communication with nonhuman intelligences
- Shares supporting evidence from the spiritual and shamanic beliefs of more than 100 Native American tribes
- Shows how the earliest forms of shamanism began at sites like Qesem Cave in Israel more than 400,000 years ago

From Göbekli Tepe in Turkey to the Egyptian pyramids, from the stone circles of Europe to the mound complexes of the Americas, Andrew Collins and Gregory L. Little show how, again and again, our ancestors built permanent sites of ceremonial activity where geomagnetic and gravitational anomalies have been recorded. They investigate how the earliest forms of animism and shamanism began at sites like the Denisova Cave in the Altai Mountains of Siberia and Qesem Cave in Israel more than 400,000 years ago. They explain how shamanic rituals and altered states of consciousness combine with the natural forces of the earth to create portals for contact with otherworldly realms—in other words, the gods of our ancestors were the result of an interaction between human consciousness and transdimensional intelligence.

The authors show how the spiritual and shamanic beliefs of more than 100 Native American tribes align with their theory, and they reveal how some of these shamanic transdimensional portals are still active, sharing vivid examples from Skinwalker Ranch in Utah and Bempton in Northern England.

Ultimately, Collins and Little show how our modern disconnection from nature and lack of a fully visible night sky makes the manifestations from these ultraterrestrial intelligences seem random. If we can restore our spiritual connections, perhaps we can once again communicate with the higher dimensional beings who triggered the advancements of our earliest ancestors.

Andrew Collins has been investigating advanced civilizations in prehistory since 1979. He is the codiscoverer of a massive cave complex beneath the Giza plateau, now known as “Collins’ Cave.” The author of several books, including *Göbekli Tepe: Genesis of the Gods*, he lives in Essex, England. **Gregory L. Little, Ed.D.**, is the author of more than 30 books, including with Andrew Collins, *Denisovan Origins*. His research has been featured on the National Geographic Channel, MSNBC, Discovery, and the History Channel. He lives in Memphis, Tennessee.



March 2022

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368 pages, 6⁵/₈ x 9¹/₂
Includes a 16-page color insert
and 63 black-and-white illustrations
Rights: World
Ancient Mysteries

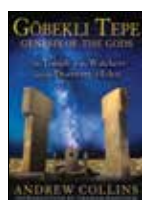


Author
Andrew Collins

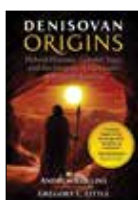


Author
Gregory L. Little

Also by Andrew Collins and Gregory L. Little



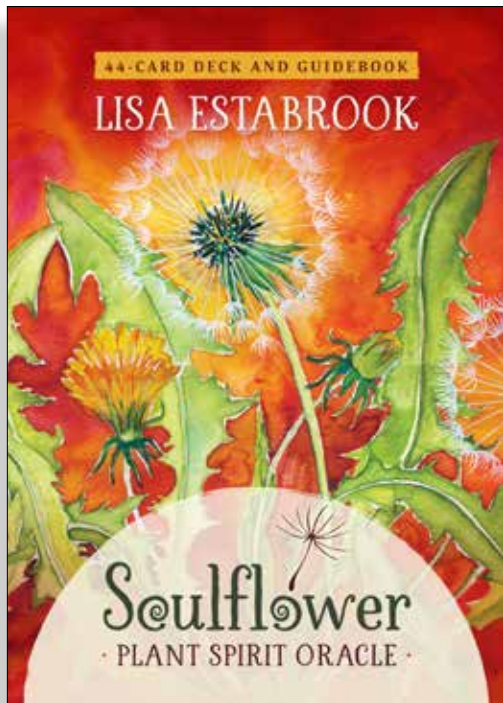
Göbekli Tepe: Genesis of the Gods
Andrew Collins
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38,000 copies sold



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Soulflower Plant Spirit Oracle

44-Card Deck and Guidebook

LISA ESTABROOK

A high-vibration oracle set to help you connect with the wisdom of plant spirits and tend the garden of your soul

- Includes 44 full-color cards featuring the author's vibrant Soulflower paintings along with empowering and insightful messages from the plant spirits
- Offers more in-depth guidance from each Soulflower plant spirit in the accompanying guidebook, along with suggestions to help you embody the lessons shared

Each flower or plant species has its own plant spirit, or deva, who radiates a unique healing energy and embodies specific soul qualities and universal spiritual truths. These soul energies are also present in each one of us like small seeds, dormant and waiting for the right conditions to sprout and grow.

In this high-vibration, full-color deck, artist and plant whisperer Lisa Estabrook presents 44 beautiful and vivid Soulflower oracle cards, along with empowering and insightful messages from each card's plant spirit, to help you tend the garden of your soul. The cards are designed to help you remember the simple truth that all of Nature is sharing—that we are cyclical beings intimately entwined with the Earth and all of life. Working with the cards will help you connect directly to your own inner wisdom, your intuition, like a mirror reflecting back at you the truth of what's in your heart. For example, Chamomile reflects the soul quality of stability and its plant spirit reveals how, even on a cloudy day, the sun is still shining—it is just obscured. For Bleeding Heart, the soul quality is independence and its plant spirit helps you to recognize and strengthen the true source of your heart's power.

In the accompanying guidebook Lisa offers ideas on how to use the Soulflower cards for daily self-reflection and personal growth. She includes a longer, deeper message from each Soulflower plant spirit as well as suggestions to help you embody the lessons shared. She shows how working with the cards provides potent plant spirit medicine to help you reconnect to Nature, recognize patterns in your thoughts, words, and actions, and expand your awareness of what is happening around and within you.

By working with the Soulflower cards, you can learn from the plant spirits and awaken the seeds of your own inner wisdom and intuition. As your understanding of the flowers and the interconnectivity of all of Nature deepens, so does your understanding of yourself. And understanding yourself is true empowerment.

Lisa Estabrook is an artist, wayshower, herbalist, and plant whisperer who has spent the last 30 years remembering how to create a meaningful, heart-led, healthy, and joyful life with plant spirits as her loving guides. The founder of the online Soulflower CommUNITY Garden, Lisa lives in Yarmouth, Maine.



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Findhorn Press

ISBN 978-1-64411-476-6

\$30.00 (CAN \$37.50)

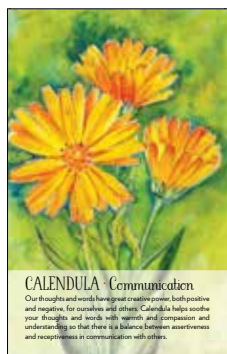
Boxed set, 5¼ x 7½

Includes 44 full-color cards and 176-page booklet

Rights: World Divination/Nature



Milk Thistle



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Nature Spirit Tarot

Jean Marie Herzel

Bear & Company

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February 2021 release



The Tree Angel Oracle Deck

Fred Hageneder

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Nadine Gordon-Taylor

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June 2021 release

Flower Essences from the Witch's Garden

Plant Spirits in Magickal Herbalism

NICHOLAS PEARSON

Foreword by Christopher Penczak

A hands-on guide to using flower essences in magick, spellcraft, alchemy, and healing

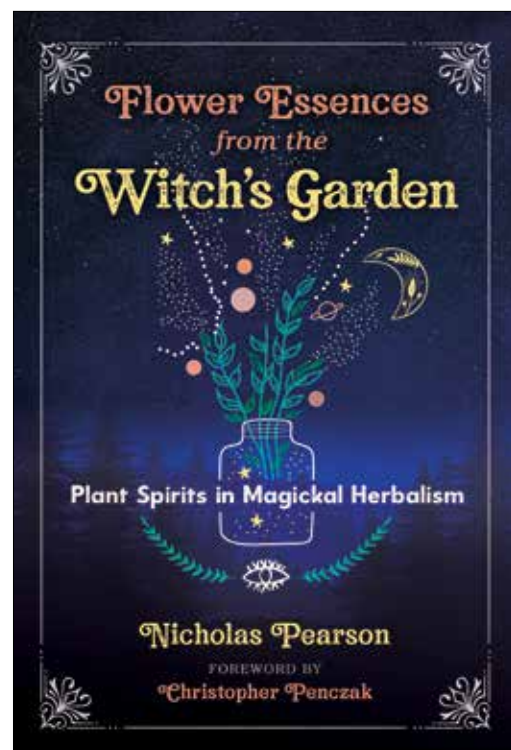
- Provides detailed instructions for making single-flower essences and magickal and therapeutic essence blends
- Shares new magickal uses for flower essences, from creating sacred space to dressing candles to preparing incense, as well as how to use essences in meditation, potions, spells, spagyrics, and ritual
- Includes a detailed directory of 100 flower and plant essences, complete with astrological, elemental, and magickal correspondences

In this practical guide to using flower essences in witchcraft, alchemy, and healing, Nicholas Pearson provides detailed instructions for making and using flower essences based on traditional Western magick practices. He shares new magickal uses for essences, from creating sacred space to dressing candles to preparing incense, as well as how to use them in meditation, potions, spells, spagyrics, and ritual. He shares exercises for attuning to plant spirits, finding your plant spirit allies, and connecting more deeply to the energies of the green world as well as exploring how essences can be used in traditional sacraments of witchcraft like the Great Rite.

In the hands-on formulary, the author details recipes for essence combinations for the eight sabbats and formulas based on familiar blends like traditional flying ointments of European witchcraft. He also includes blends for love, abundance, healing, and protection as well as a magickally inspired rescue remedy. He shares his method for creating flower essence spagyrics—alchemical preparations made from the body, mind, and soul of the plant that offer the highest vibrational potency for therapeutic and spiritual uses. The author also provides a detailed directory of 100 flower and plant essences, complete with astrological, elemental, and magickal correspondences, and the therapeutic indications for each essence.

Weaving together magickal herbalism, traditional plant lore, and flower essence therapy, this guide allows you to see flower essences not just as vibrational remedies, but also as powerful tools for transformation, magick, and spiritual practice.

Nicholas Pearson is a flower essence practitioner and researcher whose love for plants grew alongside his love for the mineral kingdom. Best known for his work with crystal healing and Reiki, Nicholas is also a practicing witch and occultist. An internationally acclaimed presenter, Nicholas is the author of several books, including *Crystals for Karmic Healing* and *Crystal Basics*. He lives in Orlando, Florida.



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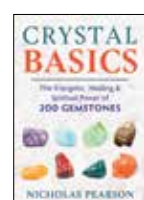
512 pages, 6 x 9
 5 black-and-white illustrations
 Rights: World
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Author
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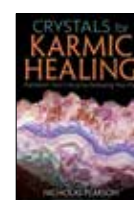
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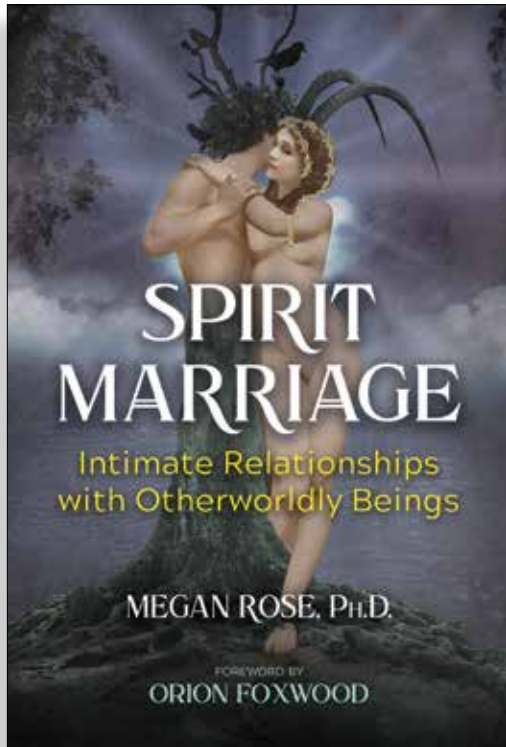
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Spirit Marriage

Intimate Relationships with Otherworldly Beings

MEGAN ROSE, Ph.D.

Foreword by Orion Foxwood

An in-depth exploration of the practice, relevance, and purpose of spirit marriage around the world

- Presents interviews with ten contemporary practitioners of spirit marriage, exploring how the relationship developed and the opportunities and challenges
- Discusses the author's own spirit marriage, including her awakening as an erotic mystic and her encounters with her Faery beloved
- Explains how to cultivate a spirit marriage, sharing precautions and practices to spiritually prepare yourself and navigate the potential challenges of spirit marriage

Exploring the phenomenon of the spirit spouse or spirit lover—an entity to which a human is psychically bonded—Megan Rose, Ph.D., examines the practice and purpose of spirit marriage around the world, presenting transcultural evidence of this form of sacred union in anthropological research, religious literature, mythology, folklore, and the oral tradition. She shares her in-depth interviews with ten contemporary practitioners of spirit marriage, including a Faery Seer, a Shakta Tantric, a West African Shrine Keeper, a New Orleans Voodoo Mambo, Haitian Vodou practitioners, and a ceremonial magician. Through these respectful interviews, the spirit-marriage practitioners tell their stories of initiation and of having a spouse who is both otherworldly and able to assist in waking-world activities. They offer intimate insight into this growing global practice and its larger evolutionary purpose. We learn about their experiences of first contact, the decision to marry, how the relationship is upheld by their community, and the impact on their other relationships. We also learn about the risks and challenges as well as one example of divorcing a spirit.

Sharing her personal experience, the author discusses in detail her own spirit marriage, including the erotic nature of being “spirit filled” and her encounters with her Faery beloved. She explains how to cultivate a spirit marriage, sharing precautions and practices to spiritually prepare yourself, interpret your paranormal encounters, and navigate the potential challenges of spirit marriage.

Presenting the first study of the transcultural, shamanistic practice of spirit marriage, this book shows how bonded relationships with spirits are needed now more than ever to assist with spiritual evolution.

Megan Rose, Ph.D., has a doctorate in East-West psychology from the California Institute of Integral Studies and a master's degree in religion in society from the Graduate Theological Union. She is an initiated ceremonial magician, a Shakta Tantric practitioner, and a senior apprentice in Faery Seership. She serves as an ordained interfaith minister and psycho-spiritual counselor and is the executive director of the Entheosis Institute. She lives in San Francisco.



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Rights: World

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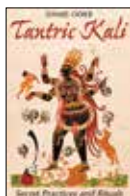


Author
Megan Rose, Ph.D.

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Field Guide to the Spirit World
Susan B. Martinez, Ph.D.
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The Fourteen Holy Helpers

Invocations for Healing and Protection

CHRISTIANE STAMM

A step-by-step guide to calling on the Fourteen Holy Helpers for healing, success, guidance, and love

- Shares modern updated versions of the medieval prayers of the Holy Helpers, one prayer for each of the 14 saints and one prayer to call on all of them together
- Explains how, even though these 14 saints are connected to Catholic belief, they are universal in their powers of assistance and will come to the aid of anyone who calls on them
- Recommends a healing stone to enhance the effect of each prayer and explains how to use the prayers to create protective amulets for you and your home and write a letter of invocation for love and success

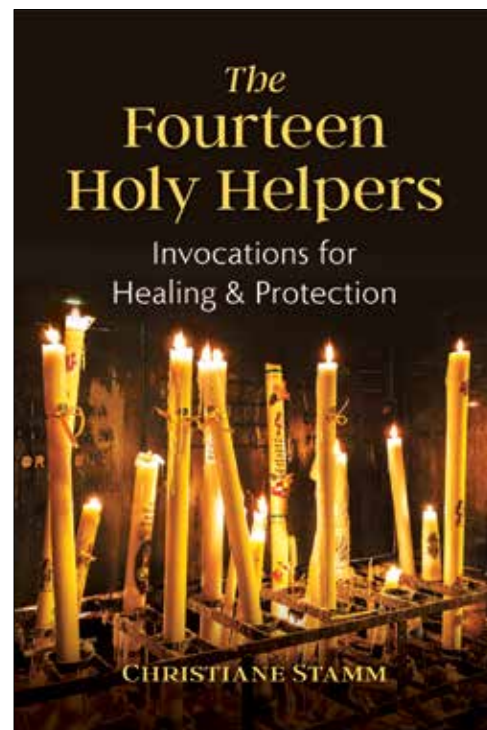
The art of invocation—calling on spirits and higher forces for assistance—has been practiced in folk magic traditions for centuries, with roots going back to early pagan and shamanic times. Called on for more than 1,000 years, the Fourteen Holy Helpers are a group of Catholic saints venerated together because their intercession has been shown to be particularly effective in difficult times. Although they are part of the Christian tradition, these spiritual helpers are universal in their powers of assistance and will come to the aid of anyone who calls on them.

In this guide to invoking the Fourteen Holy Helpers, Christiane Stamm presents modern updated versions of the medieval prayers of the Holy Helpers, which were transmitted to her directly from the spirit world. She explains how, even though these 14 saints are connected to Catholic belief, their invoked powers connect to the original energies dwelling within humans and the Earth and calling on them works as a form of natural magic. She shares short biographies of each saint and details how to access their powers of healing and protection through writing out and reciting their specific prayers during the full moon.

The author shares 15 prayers—one for each Holy Helper, used to support healing for specific ailments or issues, and one prayer that is especially powerful because it calls on all 14 Helpers together. For each prayer she recommends a healing stone that can be added to further enhance the effect. The author also explains how to use the prayers to create protective amulets for you and your home and write a letter of invocation for love and success.

Offering a step-by-step method to call for spiritual assistance, this book helps us realize the profound power of prayer and belief and reveals how magic still exists in our modern world.

Christiane Stamm works as a commercial trainer and relaxation educator. With the help of the spirit world, she has given the prayers to the Fourteen Holy Helpers a modern interpretation. She lives in the south of Germany.



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112 pages, 5¾ x 8¼
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Author
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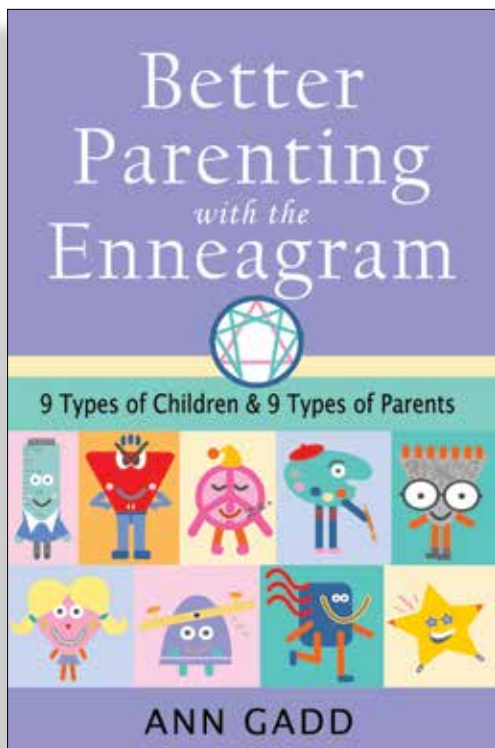
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Better Parenting with the Enneagram

Nine Types of Children and Nine Types of Parents

ANN GADD

A guide to using the Enneagram for harmonious parent-child relationships

- Examines each of the 9 Enneagram types as parents, including how to utilize your type's inherent skills to be a better parent
- Explores each of the 9 types as children and teens, including their positive and more challenging traits, their triggers and fears, and how you can help your child find emotional health and achieve their full potential
- Looks at each of the 81 parent-child type combinations and shows how each combination works at its best as well as what happens under pressure

In this practical guide to better parenting with the Enneagram, certified Enneagram practitioner and experienced parent Ann Gadd explores the 9 Enneagram parenting types and the 9 Enneagram child types, revealing each type's strengths and challenges, as well as exploring all 81 parent-child type combinations. She offers a quiz to determine your Enneagram type and explains how to discover your child's type. Examining each of the 9 Enneagram parenting types in detail, Gadd looks at what each parental type wants from their child, how to parent from the highest aspects of your type, and how to utilize your type's inherent skills to be an even better parent. She explores each of the 9 types as children, preteens, and teens, including their positive and more challenging traits—what drives them, what they fear, what inspires them—and offers suggestions for how you can best relate to and communicate with your child.

Looking at each of the 81 parent-child combinations, Gadd suggests how each combination works at its best as well as what happens under pressure. She reveals how to improve your overall parent-child relationship by recognizing not only your child's triggers but also your own and how to navigate them, leading to more harmonious relationships and interactions within your family.

Offering an opportunity to understand your child and yourself on a much deeper level, the author's systematic approach to parenting with the Enneagram reveals why we and our children behave in certain ways, how to release our habits, and how to be fully present as a parent. And being present with our children is the best gift we can give them to help them feel safe, heard, and understood.

Ann Gadd is an accredited Enneagram practitioner (iEQ9 certified), holistic therapist, artist, and journalist. A professional member of the International Enneagram Association, she offers Enneagram workshops for beginners and advanced students. Ann is the author of 35 books, including *The Enneagram of Eating, Sex and the Enneagram*, and a series of Enneagram children's books. She lives in Cape Town, South Africa.



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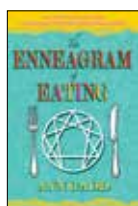
256 pages, 6 x 9
18 black-and-white illustrations
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PHOTO BY ANTHONY GADD

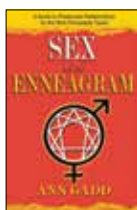


Author
Ann Gadd

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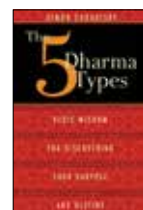


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Ann Gadd
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Sex and the Enneagram
Ann Gadd
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Simon Chokoisky
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Revised and Expanded Edition of *The Clay Cure*

Healing with Clay

A Practical Guide to Earth's Oldest Natural Remedy

RAN KNISHINSKY

Reveals how to eat clay for health and well-being

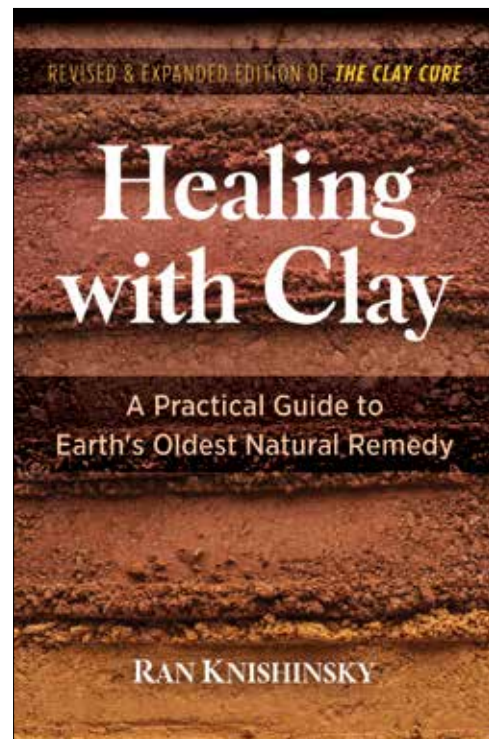
- Explores the science and long history behind eating clay, citing many clinical studies on the beneficial effects of clay consumption
- Explains how clay can be used for detoxification, protection, and nutritional supplementation
- Details how to select the appropriate type and form of clay, how and when to consume, and how to purchase a high-quality clay product

An exceptional detoxification agent, clay has been ingested as a traditional remedy and nutritional supplement throughout the world for thousands of years. It is still eaten on a daily basis by more than 200 cultures worldwide for better digestion, internal protection, and overall well-being.

In this revised and expanded edition of *The Clay Cure*, Ran Knishinsky explores the science and history behind eating clay, citing many clinical studies on the beneficial effects of clay consumption and revealing that clay eating is neither a crazy nor an aberrant behavior. He details how clay can be used as a protectant and detoxificant. He explains how clay is naturally absorbent and extremely gentle on the system and reveals how it's safe to use, even during pregnancy. He also explores the newest scientific research around its detoxifying properties, antibacterial and antiviral effects, its potential use in obesity, and its role in the treatment of a handful of gastrointestinal conditions.

The author examines the extraordinarily rich mineral content of clay and its benefits throughout the body. He details how to select the appropriate type and form of clay, when to consume, and how to purchase a high-quality clay product. Revealing how eating clay can truly benefit your health, this practical guide details everything you need to know about healing with Earth's oldest natural remedy.

Ran Knishinsky has been eating clay daily for more than 30 years. He has worked in both the naturopathic and allopathic medicine industries, first as the owner of a homeopathic dispensary and later as a consultant and marketing executive in the hospital and pharmaceutical sectors. He holds an MBA from Arizona State University and is the developer of the edible clay supplement Detox Dirt. The author of *Prickly Pear Cactus Medicine* and *The Prozac Alternative*, he lives in Phoenix, Arizona.



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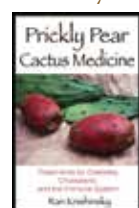
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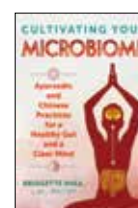


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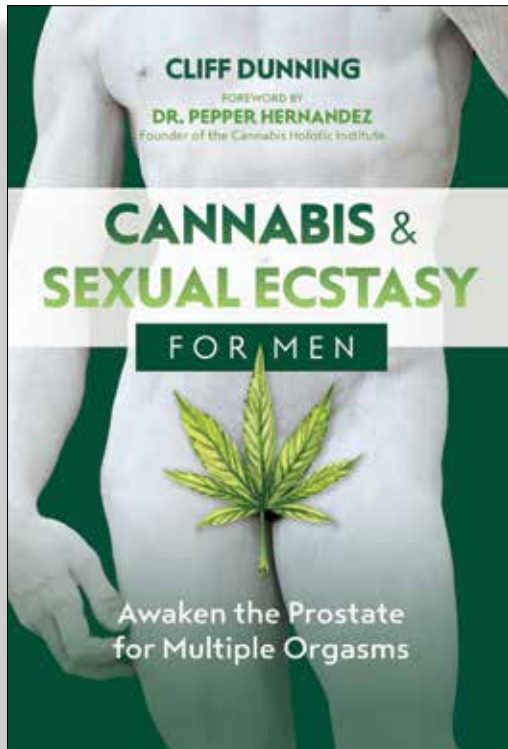
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Cannabis and Sexual Ecstasy for Men

Awaken the Prostate for Multiple Orgasms

CLIFF DUNNING

Foreword by Dr. Pepper Hernandez, N.D., Ph.D., founder of the Cannabis Holistic Institute

A step-by-step guide to using cannabis and prostate massage for multiple male orgasms

- Details how to awaken the prostate using internal massage techniques, intention, and microdosing with cannabis
- Examines the importance of the prostate as a sex organ and why maintaining its good health is vital for overall wellness and longevity
- Explores the ability of particular strains of cannabis to increase sexual pleasure, sensitize the genitals, and trigger potent orgasms

The secret to multiple male orgasms has been discovered. At the root of this multi-orgasmic pleasure is the prostate gland (the male G-spot) as well as cannabinoids, a group of chemical compounds found in cannabis that relax the mind and body, sensitize the genitals, and arouse the prostate gland.

In this step-by-step guide, Cliff Dunning details how to awaken the prostate, or P-spot, using internal massage, intention, and microdosing with cannabis in order to experience powerful multiple orgasms. He examines the importance of the prostate as a sex organ, why maintaining its good health is vital for overall wellness and longevity, the role the prostate plays in sexual satisfaction, as well as why men need regular orgasms.

Examining how cannabis can act as an aphrodisiac, the author explores its ability to increase sexual pleasure, lower inhibitions, enhance blood flow, open neural pathways, sensitize the genitals, and trigger potent orgasms through the endocannabinoid system of the human body. He investigates the cannabis strains developed to induce high states of arousal and explains how to use this plant medicine as a sexual sacrament to activate your pleasure centers and open the door to multiple orgasms. He details techniques for successfully stimulating the prostate to non-ejaculatory orgasm with internal massage, including specific recommendations for prostate massagers. He also discusses the many health benefits of multiple orgasms, including not only reproductive health but also psychological balance, personal development, and new levels of consciousness.

Offering a road map to multiple male orgasms and sexual wellness, this guide reveals the prostate and cannabis as the keys to a lifetime of sexual pleasure.

Cliff Dunning is program director for the San Francisco Cannabis Summit and is host of the award-winning podcast *Earth Ancients*. He writes for several magazines and is a regular guest on a variety of podcasts and radio programs. He lives in El Sobrante, California.



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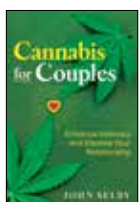
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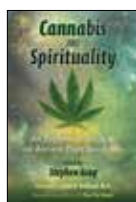


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The Healing Practices of the Knights Templar and Hospitaller

Plants, Charms, and Amulets of the Healers of the Crusades

JON G. HUGHES

A detailed exploration of the remedies and methods used by the healers who journeyed along with the Crusading knights

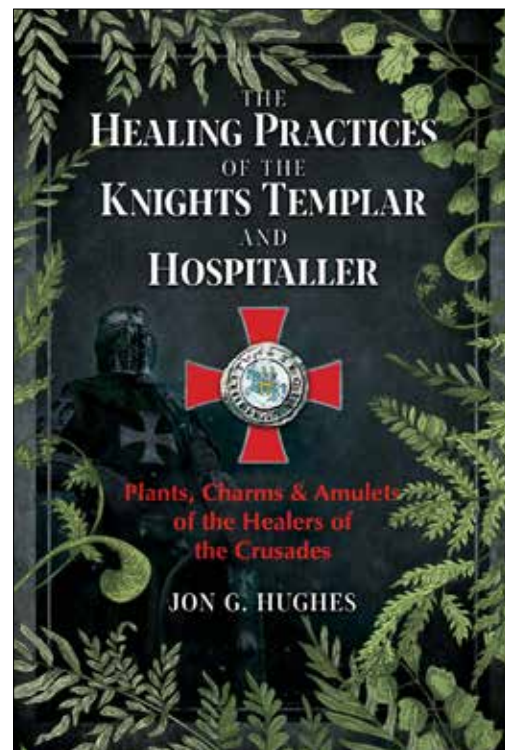
- Presents a traditional “cure-all” or leechbook of the ailments the Crusaders would have encountered and the remedies their mediciners would have employed, including recipes for many cures and instructions
- Includes a comprehensive herbal, listing all the medicinal plants and materials needed to make the remedies, potions, elixirs, and unctions of the cure-all
- Details the author’s travels in the steps of the Crusader physicians where he met with healers still employing the mediciners’ practices

During the Crusades, chivalric knightly orders, such as the Knights Templar and the Knights Hospitaller, brought along monastic mediciners to treat the sick and wounded. These mediciners not only employed the leading cures of medieval Europe but also learned new methods from the local folk-healers and Arabic healing traditions they encountered on their journeys.

Presenting a traditional “cure-all” or leechbook of the Crusader physicians, the author shares a comprehensive encyclopedia of the ailments the Crusaders would have encountered and the remedies their mediciners would have employed. He details recipes for many cures and a range of magico-medical applications such as charms, spells, enchantments, and amulets used to address the new illnesses of strange and foreign lands. The author includes a detailed and comprehensive herbal, listing all the plants and materials needed to make and administer the remedies of the cure-all. He also details his travels in the steps of the Crusader physicians throughout Poland, the Czech Republic, Hungary, Malta, Morocco, and the island of Rhodes where he met with healers still following this healing path who shared their practices with him.

Revealing how the healers of the Crusades helped elevate Western medical knowledge through the integration of wisdom from their Middle Eastern counterparts, Hughes shows how their legacy continues through the many effective remedies and healing modalities still in use today.

Jon G. Hughes is part of a lineage of Druids that has been practicing for five generations in a remote area of Wales. He teaches the tradition in Ireland and gives workshops and seminars throughout Europe. He is the director of the Irish Centre for Druidic Practices and the author of *A Druid’s Handbook to the Spiritual Power of Plants* and *The Druidic Art of Divination*. He lives in Killarney, County Kerry, Ireland.



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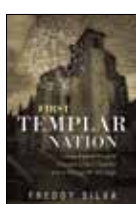
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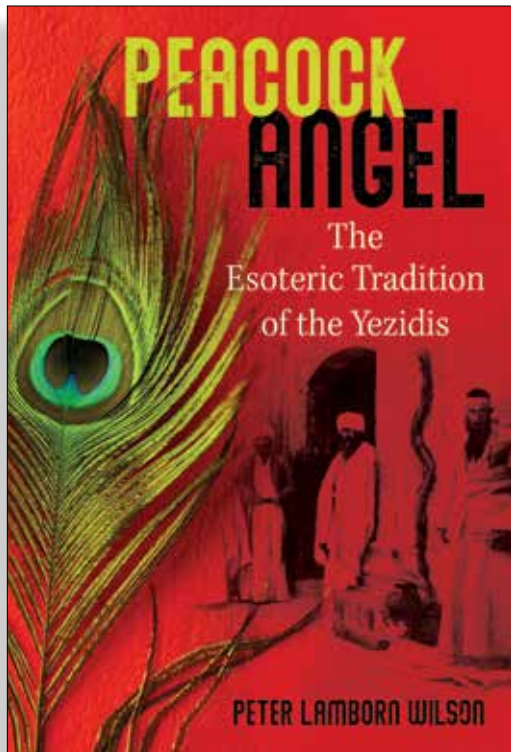
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Peacock Angel

The Esoteric Tradition of the Yezidis

PETER LAMBORN WILSON

An examination of the beliefs and history of the secretive Yezidi sect

- Explains how the Yezidis worship Melek Ta'us, the Peacock Angel, an enigmatic figure often identified as “the devil” or Satan, yet who has been redeemed by God to rule a world of beauty and spiritual realization
- Examines Yezidi antinomian doctrines of opposition, their cosmogony, their magical lore and taboos, the role of angels, ritual, and symbology, and how the Yezidi faith relates to other occult traditions such as alchemy
- Presents the first English translation of the poetry of Caliph Yazid ibn Muawiya, venerated by the Yezidis as Sultan Ezi

The Yezidis are an ancient people who live in the mountainous regions on the borders of Turkey, Syria, Iraq, and Iran. This secretive culture worships Melek Ta'us, the Peacock Angel, an enigmatic figure often identified as “the devil” or Satan, hence the sect is known as devil-worshippers and has long been persecuted.

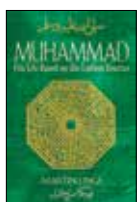
Presenting a study of the interior, esoteric dimensions of Yezidism, Peter Lamborn Wilson examines the sect's antinomian doctrines of opposition, its magical lore and taboos, and its relation to other occult traditions such as alchemy. He explains how the historical founder of this sect was a Sufi of Ummayyad descent, Sheik Adi ibn Musafir, who settled in this remote region around 1111 AD and found a pre-Islamic sect already settled here. Sheik Adi was so influenced by the original sect that he departed from orthodox Islam, and by the 15th century the sect was known to worship the Peacock Angel, Melek Ta'us, with all its “Satanic” connotations.

Revealing the spiritual flowering that occurs in an oral culture, the author examines Yezidi cosmogony, how they are descended from the androgynous Adam—before Eve was created—as well as the role of angels, ritual, alchemy, symbology, and color in Yezidi religion. He also presents the first English translation of the poetry of Caliph Yazid ibn Muawiya, venerated by the Yezidis as Sultan Ezi.

Showing the Yezidi sect to be a syncretic faith of pre-Islamic, Zoroastrian, Christian, Pagan, Sufi, and other influences, Wilson reveals how these worshippers of the Peacock Angel do indeed worship “the Devil”—but the devil is not “evil.” God has redeemed him, and he rules a world of beauty and spiritual realization.

Peter Lamborn Wilson has traveled and worked in India and Persia, including Iranian Kurdistan (1968–1980), where he studied the historical and mystical dimensions of Sufism with many great Sufi masters. In the 1980s, he produced a series of biweekly radio broadcasts known as the *Moorish Orthodox Radio Crusade* on WBAI-FM (NYC). The author of more than 60 books and monographs, he lives in the Hudson Valley.

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Muhammad

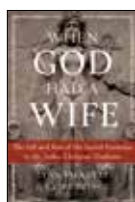
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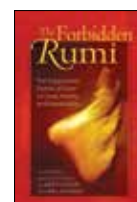
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Becoming a Garment of Isis

A Nine-Stage Initiatory Path of Egyptian Spirituality

NAOMI OZANIEC

A step-by-step guide to developing an embodied relationship with Egyptian divinities

- Details the nine stages of the ancient Egyptian initiatory path, describing each stage's powers as well as the culminating ceremony called "The Crown of Isis"
- Provides profound guided meditations for each of the nine stages and illustrates the manifestation of this path's principles through stories of awakening
- Shares the author's personal journey as a Garment of Isis and her own powerful interactions with Isis, which culminated in her serving as Oracle of Isis at the Parliament of World Religions in Chicago in 1993

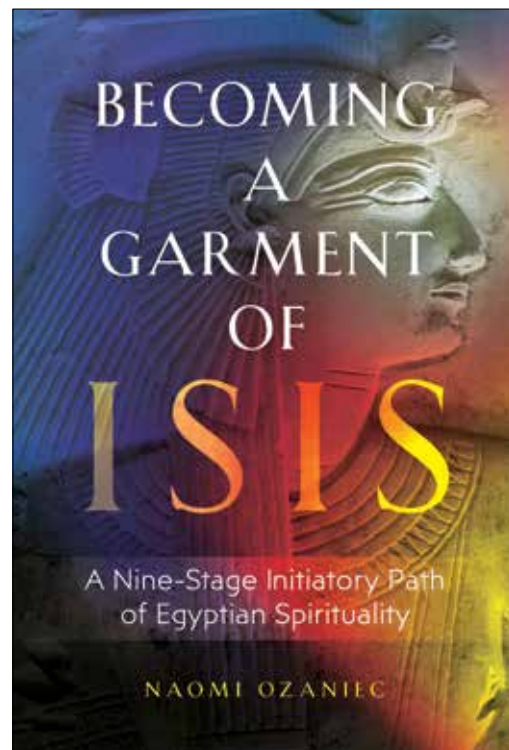
The Sacred Science of ancient Egypt was an initiatory spiritual system, a technology of consciousness designed to birth a mystical communion with the divinities, an embodied union of being between the eternal and the mortal. After initiation was completed, the re-identified being, now divinely possessed, was known as a "Garment of Isis," signifying that the goddess Isis dwelt within them.

As Naomi Ozaniec reveals, it is still possible to enter into these ancient Mysteries, to encounter the living mysticism of Khemetic Sacred Science and become a vessel for the divine. Offering a practical guide to the key principles within the Egyptian temple tradition, she explores the process of creating and developing a personal relationship with the *neteru*, the divinities and living forces of creation of ancient Egypt. She details the nine stages of this initiatory path, which are divided into three phases—Heartmind, Spiritmind, and Soulmind. This step-by-step, interactive process culminates in a ceremony called "The Crown of Isis."

For each of the nine stages, the author provides profound guided meditations and illustrates the manifestation of the initiate's powers through stories of awakening brought on by this spiritual path. She also shares her personal journey as a Garment of Isis and her own powerful interactions with Isis, which culminated in the author holding the office of Oracle of Isis at the Parliament of World Religions in Chicago in 1993.

Offering an accessible yet substantive guide to initiation into the Egyptian mysteries, this book details how to gradually awaken and attune your mind to the symbolic, open access to higher realms of consciousness, and enter into a mystical marriage between personal and divine consciousness.

Naomi Ozaniec has worked within the realm of Western esotericism since the 1970s, following a Kundalini awakening experience in 1976. As a priestess of Isis, she served as the Oracle of Isis at the Parliament of World Religions in Chicago in 1993. The founder of The House of Life: Mystery School of Divine Partnership, An Aquarian Revelation, she is the author of several books on Egyptian wisdom, the tarot, the Qabalah, chakras, and meditation. She lives in Portugal.



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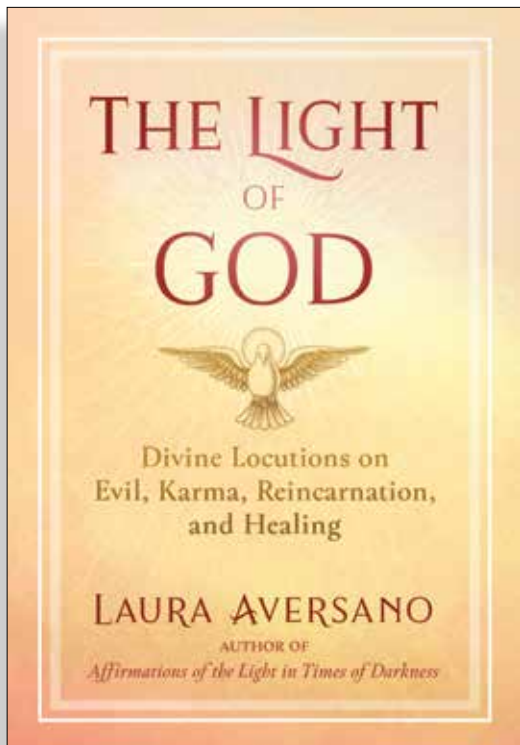
When we quiet our minds and hearts long enough to be still, we can hear the voice of God and feel His presence within us. But how does one find the inner stillness necessary to feel the presence of the Divine? How can you awaken to the light of God?

In this book of profound spiritual teachings, modern-day mystic and spiritual healer Laura Aversano shares the wisdom she received from ecstatic states of union with the Divine while she prayed. These writings offer a living experience of the Divine, imparting knowledge of the spiritual life as well as healing. Laura feels she had direct contact with the Holy Spirit and shares wisdom on love, creation, healing with Christ, karma, reincarnation, and the nature of evil.

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By reading these sacred writings, you can release your fear of the light and the darkness that you carry, bring your soul to the threshold of the heavens, and fill your heart and mind with God's ineffable love.

Laura Aversano is a medical and spiritual intuitive, an ancestral empath, and a spiritwalker. Descended from an ancient lineage of Sicilian adepts and seers, she has been communicating with the spirit world since childhood. She is trained in the divine mysteries of esoteric Christianity, in plant medicine and shamanism, and in many modes of hands-on therapy. The author of *Affirmations of the Light in Times of Darkness*, she lives in New York.



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Mastering Your 5D Self

Tools to Create a New Reality

MAUREEN J. St. GERMAIN

A guide to anchoring yourself in 5D consciousness

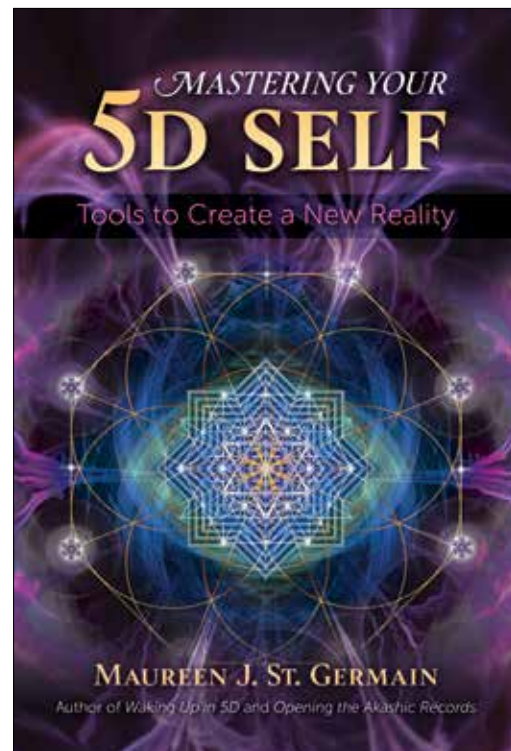
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Humanity is shifting into the fifth dimension, but this transformation from 3D to 5D will not be a linear process. Our evolution follows a sine wave, moving from ideal expressions back to old familiar ones then on to even higher ideal expressions. It is the same with the shift to 5D.

In this guide to anchoring yourself in 5D consciousness, Maureen St. Germain explores many tools and shortcuts, such as activating meditations, sound healing, and crystals, along with channeled wisdom and advanced insights from angels and other higher beings, all to help you understand and master your own circumstances. She explains how to identify the progress you have made on the path of ascension and looks at ways to detach from the old paradigms of 3D reality and anchor yourself in 5D, sharing case histories to illustrate regressive tendencies and the dimensional shifts that can free you from falling backward. She reveals how you no longer need to “heal” emotional wounds through long processes to be fifth dimensional and shares practices to transform and transmute emotions instantly so they can be released and resolved into their highest expression. Maureen also addresses concerns such as the electrification of the planet, showing how you can work around EMFs and other kinds of unseen toxicity. She shares meditations to clear out old emotional wounds, activate the pineal gland, manifest with crystals, discover your sixth sense, and open yourself to communication with higher intelligences. She also shares a revolutionary new chakra meditation based on the Divine Feminine spiral, which progresses from the Heart Chakra outward.

Showing how to operate proactively within the new 5D paradigm, this book reveals how to change your ways of thinking, doing, and vibrating to open the portals of light within yourself as well as the stargate into the fifth dimension.

Maureen J. St. Germain is the founder of Transformational Enterprises and Akashic Records Guides International. An internationally recognized teacher and intuitive, she is also the author, musician, and producer of more than 15 guided-meditation CDs. She is the author of 7 books, including *Waking Up in 5D*. She lives in New York City.



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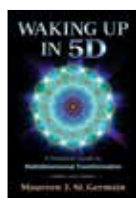
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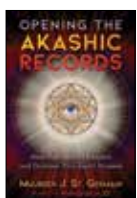


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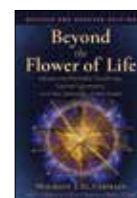
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Soul Helper Oracle

Messages from Your Higher Self

CHRISTINE ARANA FADER

Illustrated by Elena Dudina

A 43-card deck and book to help you hear the whispers and wisdom of your soul

- Features full-color cards to connect with your higher self, understand your true feelings, accept what is, and find your way back to your soul's path
- The guidebook reveals four companions to support your work with the message of each card: a crystal, a spirit animal, a number, and a plant essence
- The guidebook also explains how to use the cards to channel your inner voice and how to work with the theme of a card for a 21-day cycle, allowing you to make meaningful changes and apply what is revealed to you

Held within your soul lies your highest potential and your own profound inner wisdom. By connecting with the messages of your soul, you can discover the answers you seek and initiate a much deeper process of transformation and awakening.

With evocative and inspiring images and profound spiritual messages, the 43 dreamlike cards of the *Soul Helper Oracle* help you to hear and understand messages from your higher self, the whispers of your soul's wisdom. Each card features four companions to guide and support you on your soul's path: a power animal, a healing stone, a plant essence, and a number with a corresponding rune. In the guidebook, Christine Arana Fader details the message of each card and the supportive qualities of each card's companions. She shares two well-known card spreads to use when working with the Soul Helper cards and explains how to channel your inner voice through the cards and reveal what issues need to be explored in your life. Christine Arana also shows how to work with the theme of a card for a 21-day cycle, allowing you to make meaningful changes and find the courage to face and apply what is revealed to you.

By immersing yourself in the guidance of these cards, the soul helpers will bring you clarity, divine light, and wisdom. They will immediately change something for the better, open gates for you, and lead you to happiness. Through these cards you will encounter your true feelings, be able to accept what is, find your heart's goals, and experience wisdom, truth, peace, and bliss.

Since 2010 **Christine Arana Fader** has been leading seminars, workshops, and guided trance journeys. She is deeply connected to dragons, Avalon, and the spirit world. Through her work she shares the wisdom, love, and insight she receives from the spirit world, thereby planting a light-filled seed for a new world in people's hearts. The author of the *Dragon Wisdom* oracle deck, she lives in Germany.



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Once Around the Sun

Stories, Crafts, and Recipes to Celebrate the Sacred Earth Year

ELLEN EVERT HOPMAN

Illustrated by LAUREN MILLS

Foreword by Jane Yolen, author of *Favorite Folk Tales from Around the World*

An illustrated collection of stories and activities to celebrate traditional Pagan festivals and the changing of the seasons

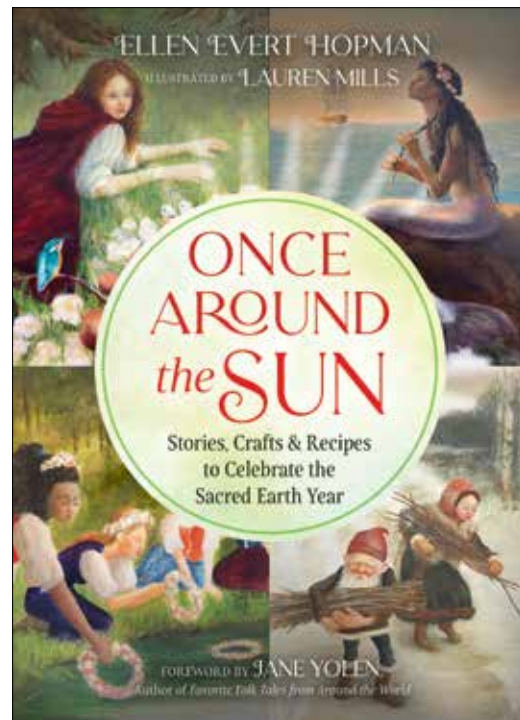
- Shares original stories, based on traditional folktales and designed to be read out loud, for each festival, such as Samhain, Yule, Imbolc, Beltaine, Lughnasad, the solstices, and the equinoxes
- Includes traditional games, hands-on projects special to each holiday, and seasonal recipes to enjoy the tastes and smells of each feast day
- Discusses the sacred symbolism, magical lore, and cultural practices within each story and the healing and magical uses for the trees and flowers featured

Once upon a time, when only candles lit the inside of homes and people traveled on foot or by horse, the family would finish their supper, wash and dry the dishes, and sit down before the hearth to hear a tale. These tales were not only entertaining but also passed down both history and tradition to the next generation. And as the wheel of the year turned, these tales also served to teach the children about the holy days and festivals of the Pagan calendar and the Gods and Goddesses who reigned over the changing seasons.

In this beautifully illustrated book, Ellen Evert Hopman shares rich stories drawn from traditional folktales, hands-on crafts, and seasonal recipes to help families and classrooms learn about and celebrate the traditional Pagan holy days and festivals of the sacred earth year. Designed to be read out loud, the stories are complemented with pronunciation guides and translations for foreign words. You will learn of the Cailleach, the ancient Goddess of winter; La Befana, the Italian new year's witch; Eostre, the Goddess of spring; Wianki, the Polish feast of wreaths at midsummer; Yule among the Vikings; Garlic Sunday; and many other deities and celebrations.

For each story, the author includes traditional games, hands-on projects special to the holiday—from crafting magical wands, runes, and brooms to flower crowns, Brigid's Crosses, and corn dollies—as well as seasonal recipes, allowing families to enjoy the tastes, smells, and sounds associated with the feast days and celebrations.

Ellen Evert Hopman has been a Druidic initiate since 1984. She is a founding member of the Order of the White Oak, an Archdruidess of the Tribe of the Oak, and a member of the Grey Council of Mages and Sages. She is the author of several books, including *Walking the World in Wonder*. She lives in Massachusetts. **Lauren Mills** has won national acclaim as both an author/illustrator and a sculptor. The author and illustrator of the award-winning *The Rag Coat*, she lives in western Massachusetts.



April 2022

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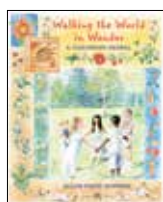
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144 pages, 6¾ x 9½
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Waiting for Brigid

Also by Ellen Evert Hopman



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Ellen Evert Hopman
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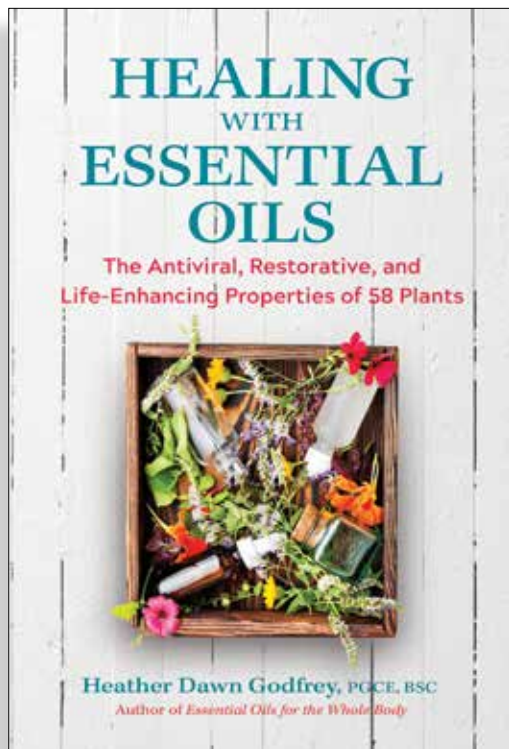


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Clare Walker Leslie and
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Healing with Essential Oils

The Antiviral, Restorative, and Life-Enhancing Properties of 58 Plants

HEATHER DAWN GODFREY, PGCE, BSc

Explores the journey of essential oils from living plant to bottle, as well as how to apply them in your own life for healing and balance

- Explains what an essential oil is and examines the botany of how they evolved and the various roles they play, from protecting the plant to aiding its propagation
- Provides in-depth profiles for 58 common essential oils, identifying the phytochemicals that contribute to each oil's scent and healing qualities and its therapeutic applications, with an emphasis on antimicrobial and antiviral properties
- Discusses the healthiest and safest ways to use essential oils for self-care and the safe and appropriate use of essential oils for children, the elderly, and those with compromised immune systems

Exploring the journey of essential oils from living plant to bottle, as well as how to apply them in your own life for healing and balance, Heather Dawn Godfrey explains what an essential oil is and examines the botany of how they evolved and the various roles they play, from protecting the plant to aiding its propagation. She presents an easy-to-understand introduction to essential oil chemistry, detailing how essential oils are collected through various methods of extraction to preserve their healing properties. The author explores the healthiest and safest ways to use essential oils for self-care and offers guidelines for safe and appropriate use of essential oils for children and the elderly as well as for individuals with compromised immune systems.

Following her botanical and scientific introduction to aromatherapy, the author provides in-depth individual profiles for 58 common essential oils. Each profile includes a description of the plant the essential oil is extracted from, identifies the phytochemicals and terpenes that comprise the essential oil, and explores the oil's therapeutic applications. Godfrey explains how each chemical contributes to the essential oil's overall scent profile and therapeutic qualities, with particular focus on its antimicrobial, antiviral, restorative, and life-enhancing properties. She also details their subtle energetic properties, including their connections to the chakras and elements.

Presenting an accessible yet scientifically-based guide to healing with essential oils, this book provides a must-have reference for those who use essential oils at home, for health and wellbeing practitioners, for scent artists and blend creators, or for anyone wanting to explore the dynamic qualities of essential oils for themselves.

Heather Dawn Godfrey, PGCE, BSc, is an aromatherapist, fellow of the International Federation of Aromatherapists, and an aromatherapy teacher. She has published a number of articles and research papers exploring the benefits of essential oils. The author of *Essential Oils for the Whole Body* and *Essential Oils for Mindfulness and Meditation*, she lives in Lyme Regis, Dorset, UK.



May 2022

Healing Arts Press
ISBN 978-1-64411-389-9
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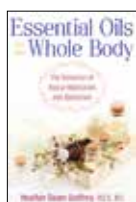
320 pages, 6 x 9
Full-color throughout

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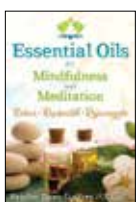


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Heather Dawn Godfrey

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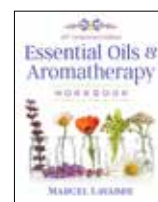


Essential Oils for the Whole Body
Heather Dawn Godfrey
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The Science of Subtle Energy

The Healing Power of Dark Matter

YURY KRONN, Ph.D., with JURRIAN KAMP

Foreword by Bruce Lipton, Ph.D.

A scientifically-based exploration of the invisible forces that shape our world

- Shares the results of the author's rigorous, repeatable, and predictable experiments with subtle energy
- Shows how the mind interacts with matter by means of subtle energy—the key to the placebo effect, the healing power of affirmations and prayers, and energy medicine
- Demonstrates how to harness subtle energy and explains the author's technology to generate subtle energy formulations with practical applications

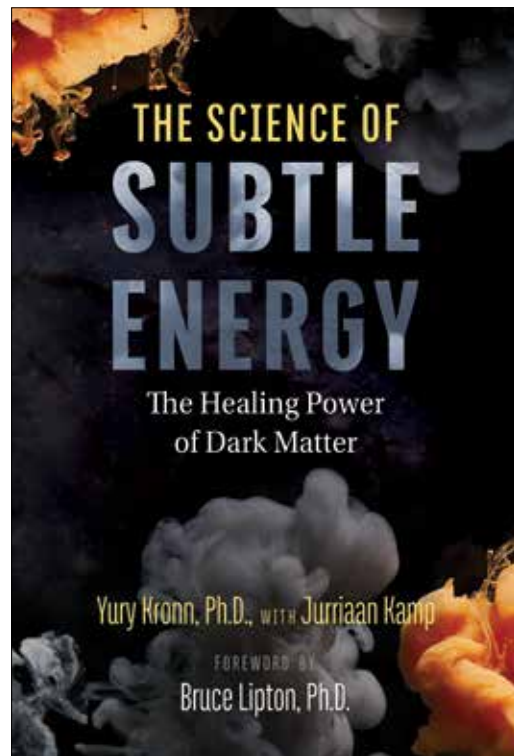
Instruments of modern physics can measure the energies of the electromagnetic spectrum, but these energies only account for roughly 4 percent of the total identifiable mass-energy of the universe. What makes up the remaining 96%?

In this scientifically-based yet accessible analysis, Yury Kronn, Ph.D., explores the nature of the remaining 96% of the universe's mass-energies. Contemporary science calls this mass-energy "dark matter," and the ancients called it life force, prana, or chi. Dr. Kronn shows how this subtle energy belongs to the subatomic world and how it follows laws that are fundamentally different from those known to contemporary science.

Sharing the results of his rigorous, repeatable, and predictable experiments with subtle energy, the author looks at the possible mechanisms of subtle energy's interaction with physical matter and with the human body. He shows how the mind interacts with matter by means of subtle energy—giving us the key to understanding the placebo effect and extrasensory perception as well as the healing power of affirmations, and energy medicine. Dr. Kronn demonstrates how it's possible to harness subtle energy and explains his development of Vital Force Technology, which integrates ancient knowledge of the life force with modern technology to generate specific subtle energy formulations for practical applications. He presents his experimental results creating subtle energy formulas to positively influence the germination of seeds and the growth of plants. He also demonstrates the possibility of using subtle energy for creating clean and energetic-pollution-free environments for vitality and better healing.

Outlining the many benefits of subtle energy technology to individuals, societies, and the planet as a whole, Dr. Kronn reveals how the transformative power of subtle energy arises from the vast potential of human consciousness.

Yury Kronn, Ph.D. (1935–2021), was a world-renowned scientist, inventor, and leading theoretician in physics. He earned his doctorate at Russia's prestigious Gorky University and was awarded a Doctor of Sciences degree by Lebedev's Institute of Physics in Moscow. The coauthor of *Resonant Interactions of Light with Matter*, as well as the author of more than 80 scientific articles, he was involved in subtle energy physics research for the last 30 years of his life.



May 2022

Park Street Press
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224 pages, 6 x 9
48 black-and-white illustrations
Rights: World
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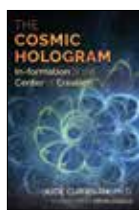


Author
Yury Kronn

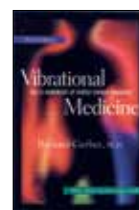
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The Spiritual Power of Masks

Doorways to Realms Unseen

NIGEL PENNICK

Explores ancient mask customs, rituals, and traditions throughout Europe, from Scandinavia and England to Germany and France to Greece and Rome

- Reveals how mask rituals are akin to shamanic journeying and allow the mask wearer to personify an ancestral presence, spirit, deity, or power
- Examines animal guising and shows how mask customs are tied to creation myths and the ancestral founders of a people, tribe, city, or nation
- Looks at morris dancers and mummers in the UK, Krampuslauf and Perchtenlauf in Germanic areas, the Gorgon myths of Greece, Norse Berserker rituals, and the annual Black Forest rite to awaken ensouled masks every spring

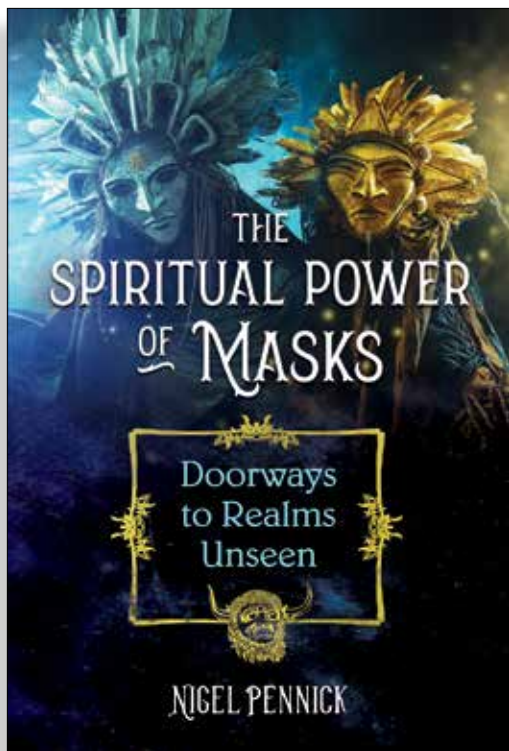
There is a spiritual power in masks that transports one into realms unseen and gives voice to things unspoken. Within the context of ritual, putting on a mask places the wearer at the intersection between the present and the past, the living and the dead, this world and the Otherworld. Masks make it possible to activate ancient archetypes, with the mask wearer reanimating or personifying an ancestral presence or spirit, a deity or power, an animal or a being of the eldritch world.

In this illustrated study, Nigel Pennick explores the magical and spiritual aspects of mask wearing from ancient times to the present. He examines the many mask traditions around Europe, including morris dancers and mummers in the UK, Krampuslauf and Perchtenlauf in Germanic areas, the Gorgon myths of Greece, and Norse Berserker rituals. He explains how, in the Black Forest region, there's an annual rite in springtime called "Awakening the Masks," and he looks at the origins of the Italian Commedia dell'Arte Harlequin character often seen in carnival celebrations.

The author shows how mask rituals are similar to shamanic journeying and near-death experiences and can induce ecstatic states that allow the power signified by the mask to take possession of the individual wearing it. He looks at the practice of dressing up as sacred animals such as a horse or a dragon and the ancient practice of hunters wearing animal skins to signify success and prowess. He also looks at mask-wearing as it relates to *ostenta*, events that occur suddenly and without warning that are considered a token or sign from the Otherworld.

Unveiling the sacred power of masks, the author shows how masks allow us to outwardly reflect our inner spiritual reality, embody ancestors and otherworldly entities, and connect with traditions that stretch back to time immemorial.

Nigel Pennick is an authority on ancient belief systems, traditions, runes, and geomancy and has traveled and lectured extensively in Europe and the United States. He is the author and illustrator of more than 50 books, including *The Pagan Book of Days*. The founder of the Institute of Geomantic Research and the Library of the European Tradition, he lives near Cambridge, England.



May 2022

Destiny Books
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336 pages, 6 x 9
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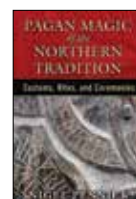
Also by Nigel Pennick



The Ancestral Power of Amulets, Talismans, and Mascots
Nigel Pennick
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The Path of Elemental Witchcraft

A Wyrd Woman's Book of Shadows

SALICROW

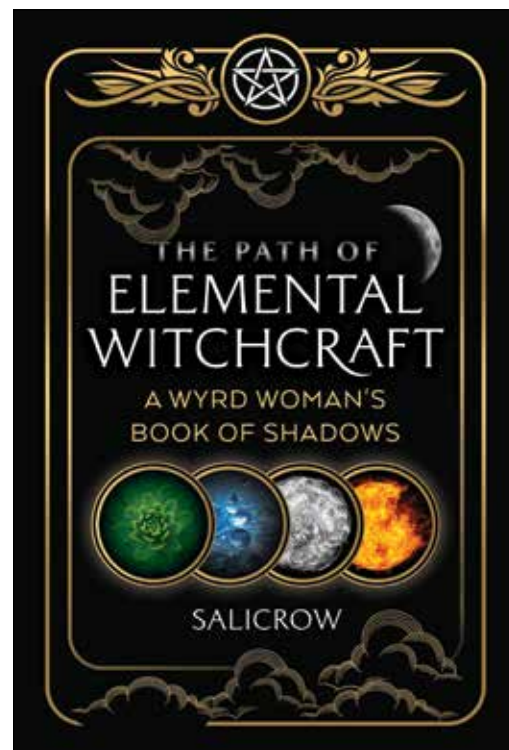
A comprehensive guide to connecting with the magic of each of the four elements: Water, Earth, Air, and Fire

- Details hands-on techniques, spells, and rituals paired with personal stories from the author's decades of magical practice
- Presents teachings on working with each element in different ways—such as divination, communication, healing, protection, manifestation, and enchantment
- Explores elemental altars, scrying and reading the bones, undines and fairies, working with runes and crystals, ancestral healing, weather sensing, fire gazing, candle magic, sex magic, and communicating with the Otherworld

A Book of Shadows is a Witch's sacred journal, filled with personal experiences and the intimate working of spells. In this practical guide to elemental witchcraft, Salicrow invites you into her personal Book of Shadows, detailing hands-on techniques, spells, and rituals to work with the magic of the four elements—Water, Earth, Air, and Fire. She presents teachings on each element through the lens of different schools of magic, such as divination, healing, protection, manifestation, and enchantment. Within each of these elemental teachings are a series of progressive lessons, each paired with a personal story from the author's lifetime of magical practice and followed by a technique for you to explore. Salicrow incorporates folk-magic teachings passed down through her family, traditional witchcraft methods, and advanced techniques of magic to help you attune with the energies of the elements for magical purposes. For the Water Witch, she explores scrying, engaging with undines, weather protection, fairy glamour, and healing with kitchen spells. For the Earth Witch, she describes reading the bones, animal messengers, listening to plants, crystal grids, and shadow work. For the Air Witch, she looks at communicating with sylphs and crows, divination through clouds and wind, sonic magic and healing, spell accelerants, and smudging. For the Fire Witch, she examines the Djinn, the magical hearth, fire divination, candle work, and sex magic. For all the elements, she explores how to build elemental altars and customize the ceremonies and rituals.

Sharing intimate examples and practices to help you progressively develop the skills of witchcraft, Salicrow invites you to create your own personal Book of Shadows as you forge a magical relationship with the natural world.

Salicrow is a Witch, Druid, and natural psychic medium who weaves the traditions of her Irish Traveler and Blackfoot heritage with modern magical techniques. With over 30 years of professional experience in the psychic arts as a spirit channel and seer, she offers readings for individual groups and teaches workshops throughout the United States and internationally. She lives in the Northeast Kingdom of Vermont.



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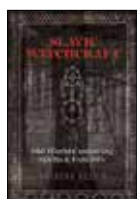
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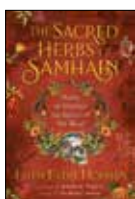


Author
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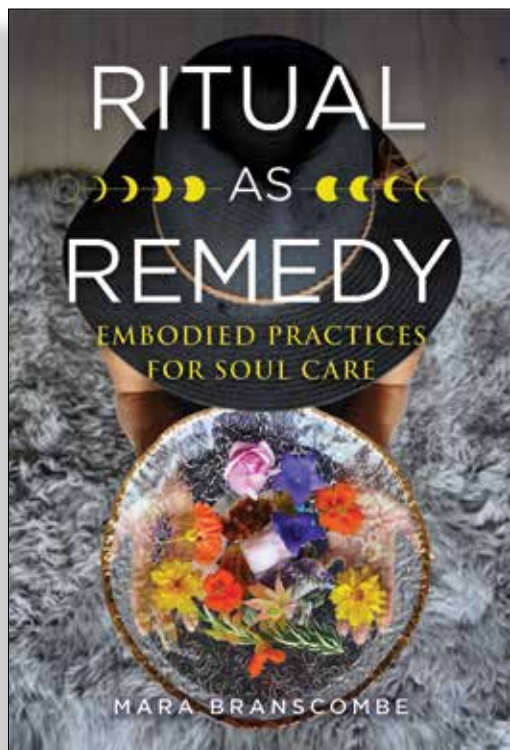
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Ritual as Remedy

Embodied Practices for Soul Care

MARA BRANSCOMBE

A step-by-step guide to potent self-care and soul-care rituals that awaken freedom, joy, intuition, self-love, and your inner mystic

- Explains how ritual can serve as a way to ground yourself, invite in the new, let go of what needs to be shed, and tap into your own inner powers
- Shares ancient and modern rituals, ceremonies, and practices to connect with the seasons, the lunar cycles, and the five elements, as well as open your heart, dance with your shadow self, grow your intuition, and connect with your body
- Offers detailed instructions for each ritual, ceremony, and transformative healing practice

In this evocative and inspiring guide to ritual as healing balm for the psyche and soul, Mara Branscombe shares potent self-care and soul-care rituals that awaken freedom, joy, depth of spirit, and wild, untamed self-love. Harnessing the power of imagery and poetry, she shows how ritual can serve as a way to ground yourself, invite in the new, let go of what needs to be shed, and tap into your own inner powers. She explains how ritual invokes a unique magic that allows you to step outside of time and experience something beyond the mundane, connecting you to your inner mystic, the unseen realms, the sacred turning points in your life, and the truth of your soul's calling.

The author offers rituals, ceremonies, and practices to connect with the pagan wheel of the year and the five elements, revealing how to harness the power of each element to invoke transformation. Exploring the transformational wisdom of the moon's cycle, Branscombe explains how to attune to the moon's rhythms and offers rituals for drawing energy from both full moon and new moon. She shares ancient and modern rituals and specific spiritual formulas to embody a loving existence, adapt to change, dance with your shadow self, work with grief, grow your intuition, dismantle limiting beliefs, heal toxic patterns, and connect with your body to find peace, inner strength, unconditional love, and happiness. She offers detailed instructions for each ritual and ceremony as well as for the many transformative and healing practices in the book, such as guided meditations and visualizations, breathwork, altar creation, and discovery of your personal empowerment mantras.

Presenting an invitation to awaken your inner powers, and reclaim your soul's purpose, this guide to ritual as spiritual self-care offers practices to help you activate heart-centered living, generate lasting transformation, and manifest your dreams.

Mara Branscombe is a yoga and meditation teacher, writer, mother, artist, ceremonialist, and spirit coach, who finds great joy in leading others along the path of self-transformation. She is passionate about weaving the art of mindfulness, self-care, mind-body practices, and earth-based rituals into her offerings. She lives in both Vancouver, Canada, and a cabin in the woods with her husband and two daughters.



May 2022

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288 pages, 6 x 9

15 black-and-white illustrations

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PHOTO BY KORNELIA KULBACKI

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Discover Your Soul Mission

Calling on Angels to Manifest Your Life Purpose

KATHRYN HUDSON

A guide to align your daily life with your divine Soul Mission, bringing a sense of purpose and fullness, ease and joy into every day

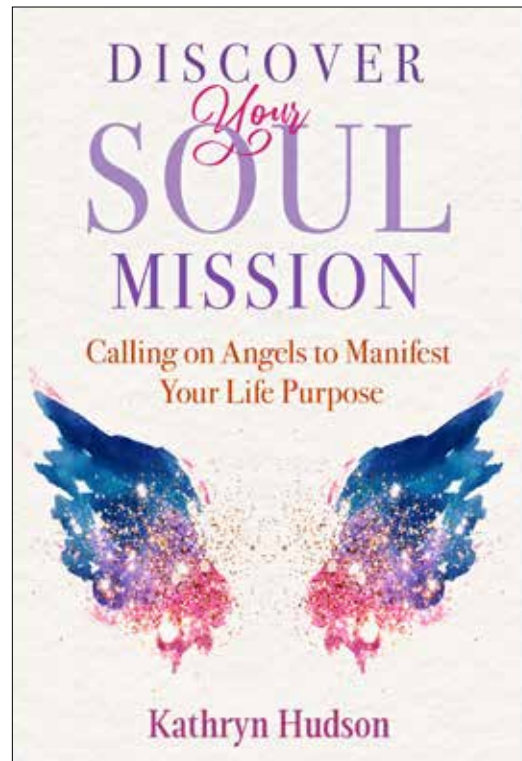
- Shares practices to bring you back in touch with the energy of your inner child, reconnect your soul with its mission, explore your soul contracts, and call on the Angels to support you
- Details ways of connecting with your Soul Mission and offers guidance for aligning through each method
- Includes a fun exercise to establish a 12-month Soul Mission Manifestation Plan and set things in motion

When our human daily life and our Soul Mission are not in alignment, life can lose its shine and magic, impacting us on all levels of being: energetic, physical, mental, and emotional. In the extreme, this can even result in sickness, sadness, depression, or burnout. Yet there are Angels all around, here to help us find our way back “home” and rediscover our Soul Mission life purpose.

In *Discover Your Soul Mission*, Kathryn Hudson offers exercises to remember your connection to Source and understand why you were born and what you are meant to experience on Earth, with the aid of the angelic realm. With practices to bring you back in touch with the energy of the child within, the book helps you to rediscover that sweet spot that made your heart sing when you were young, when you were still connected to your soul and its mission. The author explores the soul contracts we have with our family and the people we encounter throughout life as well as how these contracts impact your alignment with your Soul Mission. She also reveals how, once you have realigned with your Soul Mission, many divine tools of manifestation open to you, including on the human level of direct actions, the energetic or soul level (words/thoughts/emotions), and the angelic level (divine help and spiritual gifts). Once connected with your angelic mentors and realigned with your Soul Mission, you will be guided to establish a 12-month Soul Mission Manifestation Plan, aligned with your life purpose, supported by the Angels, and working through the chakra system. The author also includes a special exercise for the heart chakra (your inner GPS).

Taking you from simple questions and requests to direct experience and actual co-creation with the angelic realm, *Discover Your Soul Mission* reveals how to team up with your friends in high places to open your heart wide and live your highest and best version of life.

Former international banker **Kathryn Hudson** is a certified Angel Therapy Practitioner and Reiki master who offers workshops and talks all over the world. The author of *Inviting Angels into Your Life* and *Discover Your Crystal Family*, she lives in France and the United States.



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Findhorn Press
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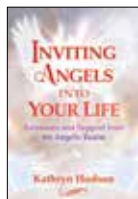
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Rights: World English
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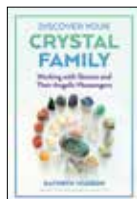
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Author
Kathryn Hudson

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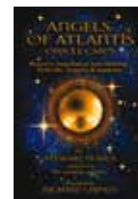


Inviting Angels into Your Life
Kathryn Hudson
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Love in the Time of Impermanence

MATTHEW MCKAY, Ph.D.

How to continue to love in the face of pain and loss

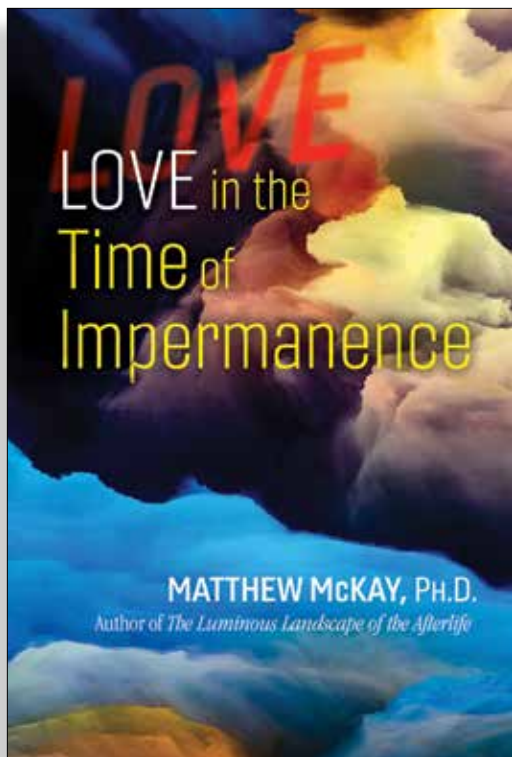
- Shows how the certainty of change and loss can support rather than diminish love
- Shares practices and meditations to help love endure in the face of loss, disappointment, change, or any of the ways relationships and circumstances are altered by time
- Explores how to cultivate gratitude for every expression of love we encounter, strengthen compassion for others, and recognize the power of love after life

We live in a world where nothing lasts. Everything we love—the relationships, places, and things we most count on, even our own bodies—will change or be lost. But, as psychologist Matthew McKay shows, the certainty of change and loss can actually support rather than diminish love. For at the heart of pain and loss is love.

Collaborating with his late son, Jordan, McKay offers five ways to keep love alive in a world of impermanence. He explores how to see and know what we love, how to actively care for what we love, how to have compassion for the suffering of others, how to set the daily intention to act with love, and how to turn *toward* rather than away from the pain of impermanence. McKay shares practices and meditations to help love endure in the face of loss, disappointment, change, or any of the ways relationships and circumstances are altered by time. He examines what love is and is not, including how not to mistake yearning and neediness for love, sex for love, and attraction to beauty for love. He shows how to cultivate gratitude for every expression of love we encounter, learn to care for things we don't like, and recognize the power of love after life—a love that reaches beyond death. He also provides concrete exercises for communicating with and channeling messages from loved ones who have crossed over.

Ultimately, McKay shows that, by running from pain, we run from love. By avoiding pain, we lose the pathway to connection. Yet, by recognizing love in the heart of pain and loss, by knowing that change and impermanence are inevitable, we can navigate life with a compass pointing to love as true north, learning to love more deeply and making what we love more cherished.

Matthew McKay, Ph.D., is a clinical psychologist, professor of psychology at the Wright Institute, cofounder of Haight Ashbury Psychological Services, founder of the Berkeley CBT Clinic, and cofounder of the Bay Area Trauma Recovery Clinic, which serves low-income clients. He has authored and coauthored more than 40 books, including *The Luminous Landscape of the Afterlife*. The publisher of New Harbinger Publications, he lives in Berkeley, California.



May 2022

Park Street Press

ISBN 978-1-64411-398-1

\$14.99 (CAN \$18.99) Paper

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128 pages, 6 x 9

Rights: World

Self-Help/Grief



Author
Matthew McKay

Also by Matthew McKay



The Luminous Landscape of the Afterlife

Matthew McKay, Ph.D.

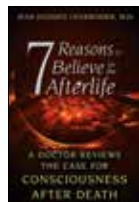
Park Street Press

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June 2021 release

Of Related Interest



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Jean Jacques Charbonier, M.D.

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September 2021 release

Spirit Weaver

Wisdom Teachings from the Feminine Path of Magic

SEREN BERTRAND

An invitation to embrace your feminine powers, awaken your soul's creativity, and ignite your inner wild magic

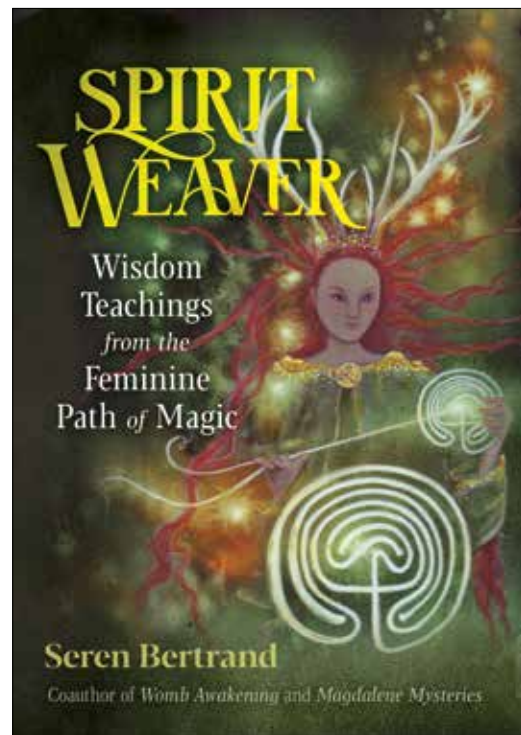
- Explains how to awaken your spiritual Womb to find strength within and how to reclaim your softness and vulnerability as a feminine superpower
- Explores Earth Magic, the Moon Mysteries, Flower of Life teachings, Dragon wisdom, the shamanic powers of grief, the feminine archetypes of the Witch and the Priestess, and powerful goddesses from around the world
- Reveals sacred spaces in the world where the power of the Goddess lives on

The Womb is the seat of our primal power and intuition—our “wild knowing.” A Spirit Weaver is one who has heard this wild inner voice from within and has followed that call—embarking on a Grail Quest to follow the feminine path of magic, awaken to the depths of their Soul, and embody their true feminine essence.

Inviting you onto the spiral path of the Spirit Weaver, Seren Bertrand shares wisdom teachings and rituals from the feminine path of magic and her own ancestral lineage of old European witches and faery folk, spirit keepers and story weavers. She explores Flower of Life teachings, the Moon Mysteries, and Dragon wisdom. She unveils the shamanic powers of grief and deeply examines the feminine archetypes of the Witch and the Priestess. Drawing on powerful feminine spiritual icons from around the world, such as Kali, Isis, Teresa of Ávila, and Mary Magdalene, she explains how to awaken your spiritual Womb to find strength within and how to reclaim your soft powers of heart-opening vulnerability. She explores the lost traditions of the Goddess lineage and reveals sacred spaces in the world where her memory lives on. She shares the Womb Mysteries of alchemical union, revealing how to awaken the wild feminine and wild masculine and become sacred lovers who balance their light and shadow.

From working with the cycles of the moon and learning how to root your power into the Earth to healing the ancestral wounds left by the generations before you, Seren's medicine teachings, like secret spells, cast an enchantment over your feminine soul, awakening its fertility and wild inner magic.

Seren Bertrand is a visionary creatrix and spirit keeper with a degree in English literature and modern philosophy, who is dedicated to restoring the lost global feminine wisdom traditions. The coauthor of *Womb Awakening* and *Magdalene Mysteries*, she lives in the Appalachian mountains of North Carolina.



May 2022

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208 pages, 7 x 10
Full-color throughout
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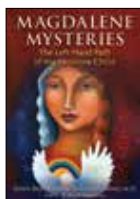


Author
Seren Bertrand

Also by Seren Bertrand



Womb Awakening
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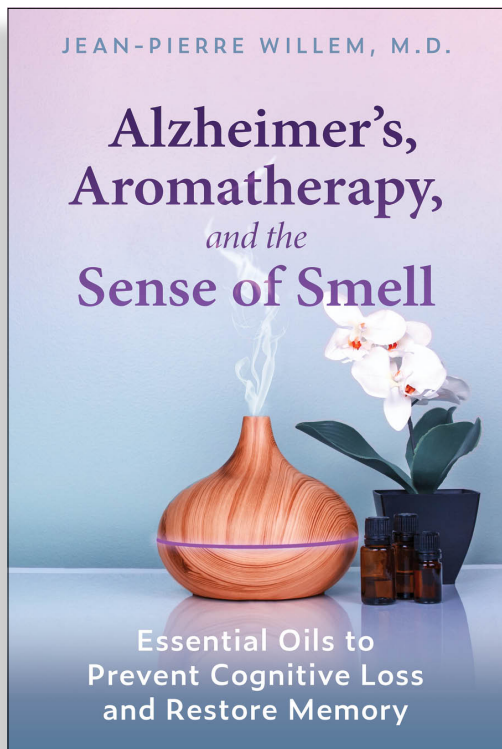


Magdalene Mysteries
Seren Bertrand
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Of Related Interest



The Norse Shaman
Evelyn C. Rysdyk
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14,000 copies sold



Alzheimer's, Aromatherapy, and the Sense of Smell

Essential Oils to Prevent Cognitive Loss and Restore Memory

JEAN-PIERRE WILLEM, M.D.

A scientifically backed guide to the use of essential oils as an effective therapy for Alzheimer's

- Cites multiple clinical studies to show how Alzheimer's is critically bound with the sense of smell and how the loss of this sense is often the first symptom of onset
- Details how to use essential oils to stimulate memory, prevent cognitive loss, and counter the isolation, withdrawal, and depression of Alzheimer's patients
- Reveals the striking results seen in several French hospitals and senior living homes where aromatherapy has been used as a therapy for Alzheimer's

While there is still no known cure for Alzheimer's, new research and trials from France reveal that it is possible to slow down its progression, ameliorate some of its direct and secondary effects, and improve the quality of life for those suffering from this degenerative condition—all through the sense of smell.

Citing years of clinical evidence, Jean-Pierre Willem, M.D., shows how Alzheimer's is critically bound with the sense of smell. He explains how the olfactory system is tightly connected to the limbic area of the brain, which holds the keys to memory and emotion and is the area of the brain most severely afflicted by Alzheimer's. He reveals how one of the very first signs of Alzheimer's, long before any noticeable memory loss or behavior change, is the loss of the sense of smell. Sharing the striking results seen in French hospitals and senior living homes where aromatherapy has been used as a therapy for Alzheimer's for more than 10 years, Dr. Willem details how to use essential oils to stimulate memory, prevent cognitive loss, and counter the isolation, withdrawal, and depression these patients are likely to feel. He explains how essential oils make a direct connection with the cerebral structures involved in emotion and memory and make it possible for the patient to bring deeply buried memories back to the thinking surface. This allows the patient to recover a portion of their identity, which can become the foundation for additional healing, including regaining the ability to communicate and reducing behavioral issues. Tracing the evolutionary links between smell and taste, he also explores the effects of diet and nutrition on Alzheimer's and other forms of dementia, explaining the benefits of raw foods, what foods to avoid, and what supplements can help.

Offering a hands-on and medication-free way to help those suffering from Alzheimer's, this scientifically backed guide shows how aromatherapy provides a way for Alzheimer's patients and their families to recover the joy of living again.

Jean-Pierre Willem, M.D., is the founder of the French Barefoot Doctors movement, which brings traditional healing techniques back into clinical settings. The author of several books in French on natural healing for degenerative diseases, he lives in France.



June 2022

Healing Arts Press
ISBN 978-1-64411-443-8
\$24.99 (CAN \$31.50) Paper

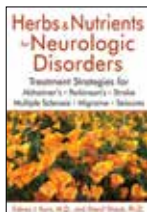
Also available as an ebook

288 pages, 6 x 9
Rights: World English
Alzheimer's/Aromatherapy

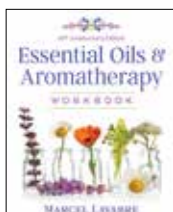


Author
Jean-Pierre Willem, M.D.

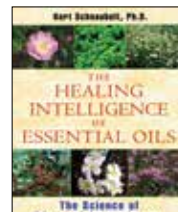
Of Related Interest



Herbs and Nutrients for Neurologic Disorders
Sidney J. Kurn, M.D. and Sheryl Shook, Ph.D.
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\$29.95 (CAN \$35.95) **hardcover**
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Essential Oils and Aromatherapy Workbook
Marcel Lavabre
Healing Arts Press
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The Healing Intelligence of Essential Oils
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Embodying the Mystery

Somatic Wisdom for Emotional, Energetic,
and Spiritual Awakening

RICHARD STROZZI-HECKLER

A founding pioneer of Somatics explores the pivotal moments of insight and awakening that shaped his unique perspectives on embodied spirituality

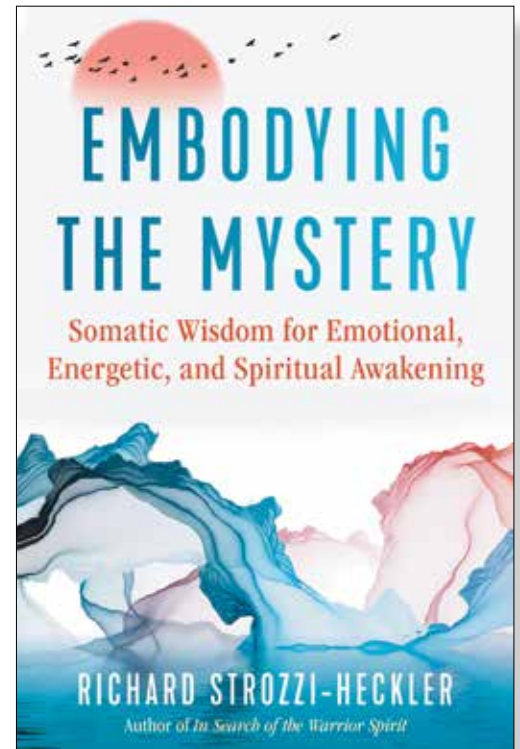
- Follows the author's apprenticeships with masterful teachers, out-of-body experiences, meditation retreats in Asia, martial arts in Japan, facing his trauma at the hands of his father, and his struggles to become emotionally literate
- Offers interpretations of his experiences poised as questions, reflections, and inquiries, inviting the reader to participate in what opened for the author on his quest for self-realization, including successes, failures, struggles, and enigmas

Sharing profound stories, transformative incidents, and provocative situations from across his more than seven decades of life, founding elder of the Somatics movement Richard Strozzi-Heckler explores the moments of insight and awakening that have been pivotal in forming his unique perspectives within the fields of embodiment, meditation, Aikido, and leadership. Beginning with an early experience with death that revealed the universal principle of impermanence, the author takes us on a rich, textured journey into the inquiry of what it means to embody the mystery of spirit. As we follow him through apprenticeships with masterful teachers, out-of-body experiences, meditation retreats in Asia, martial arts in Japan, facing his trauma at the hands of his father, and his struggles to become emotionally literate, we're also taken on a path of learning, healing, and transformation.

For each story, the author offers interpretations of his experiences poised as questions, reflections, and inquiries, rather than being distilled into direct lessons. In this way we are invited to participate in the author's reflections on what opened for him on his quest for self-realization, including successes, failures, struggles, and enigmas. The author demonstrates how his experiences unified and informed him professionally and personally, opening the possibilities of an emotional, energetic, and spiritual awakening by living the embodied life.


A deeply personal and intimate portrayal of a life's journey through a somatic wisdom, this insightful memoir depicts the immeasurable wealth that teachers, practices, vulnerability, and community can offer the sincere seeker on an embodied spiritual path.

Richard Strozzi-Heckler has a Ph.D. in psychology and is a Shihan seventh-degree black belt in Aikido. A nationally known speaker, coach, and consultant on embodied leadership and mastery, he has spent more than five decades researching, developing, and teaching Somatics to business leaders, executive managers, teams from Fortune 500 companies, NGOs, technology start-ups, non-profits, and the U.S. government and military. He is the founder of the Strozzi Institute, where he teaches courses on Somatic Coaching and Leadership in Action. The author of eight books, including *In Search of the Warrior Spirit*, he lives in northern California.



June 2022

Inner Traditions
ISBN 978-1-64411-456-8
\$16.99 (CAN \$21.50) Paper

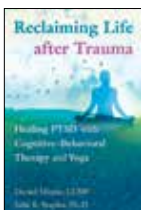
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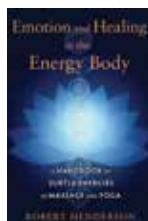


Author
Richard Strozzi-Heckler

Of Related Interest



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Secret History of the Wild, Wild West

Outlaws, Secret Societies, and the Hidden Agenda of the Elites

DANIEL J. DUKE

Reveals how Jesse James and other outlaws were part of a secret organization in search of lost treasures and political power

- Offers evidence from Jesse James's secret encoded diaries
- Examines Jesse James's close ties with other notorious outlaws, such as Johnny Ringo, Jesse Evans, and Billy the Kid
- Shows how Jesse James was related, by blood or marriage, to powerful people in law enforcement and politics, including the elite families behind the Copperheads and the Knights of the Golden Circle organizations

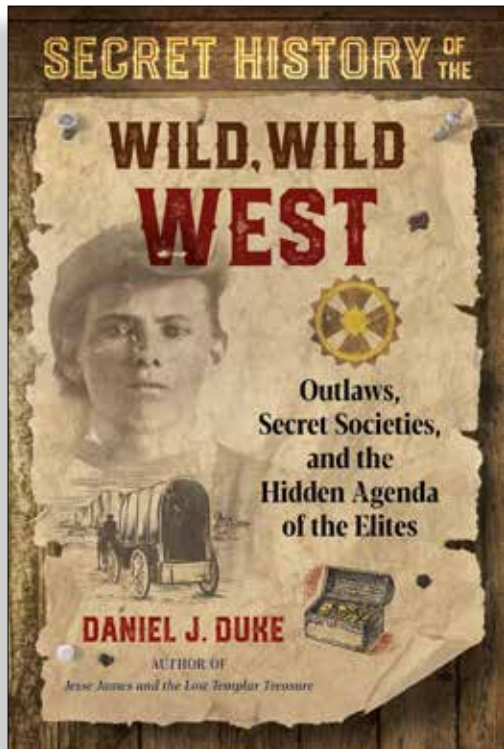
Jesse James and many other Old West outlaws were much more than just wild cowboys. As author Daniel Duke—the great-great-grandson of Jesse James—reveals, James and other infamous outlaws were part of a larger organization, centuries old, that has affected U.S. history from the small, rural streets of early America to the highest levels of the nation's government, with continuing influence to this day.

Drawing on his great-great-grandfather's secret diaries, Duke unravels the hidden history of the Wild West to expose the outlaws, politicians, and secret societies who were pulling strings behind the scenes. He examines Jesse James's close ties with other notorious outlaws, such as Johnny Ringo, Jesse Evans, and Billy the Kid, and demonstrates not only how James faked his death and lived out his life under an alias, but how Billy the Kid did the same. He also details how both Jesse James and Billy the Kid continued their work for the nameless organization after their faked deaths.

Exploring how Jesse James was related, by blood or marriage, to powerful people in law enforcement and politics, Duke details James's connections to the Baylor family, who founded Baylor University in Waco, Texas, and other elite families who were instrumental in founding and leading the Copperheads and the Knights of the Golden Circle organizations before, during, and after the Civil War. The author shows how Jesse James was connected to former U.S. presidents Lyndon Baines Johnson and Harry S. Truman as well as LBJ's man in the shadows, Texas mob figure Billie Sol Estes.

Exposing the secret agenda behind the outlaw gangs of the Wild West, Duke also reveals the stealthy war between the secret organization and its opposition that has been waged in the shadows for centuries.

Daniel J. Duke, the great-great-grandson of Jesse James, grew up surrounded by stories of lost outlaw treasures. For more than two decades he has researched the mysteries involving his family. The author of *Jesse James and the Lost Templar Treasure* and coauthor of *The Mysterious Life and Faked Death of Jesse James*, he lives in Texas.



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208 pages, 6 x 9

13 black-and-white illustrations

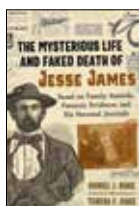
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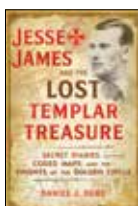


Author
Daniel J. Duke

Also by Daniel J. Duke



The Mysterious Life and Faked Death of Jesse James
Daniel J. Duke and Teresa F. Duke
Destiny Books
ISBN 978-1-62055-966-6
\$16.99 (CAN \$21.50) pb



Jesse James and the Lost Templar Treasure
Daniel J. Duke
Destiny Books
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Of Related Interest



Templar Sanctuaries in North America
William F. Mann
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Lightbringers of the North

Secrets of the Occult Tradition of Finland

PERTTU HÄKKINEN and VESA IITTI

Explores Finnish occultism from the late 19th century to the present

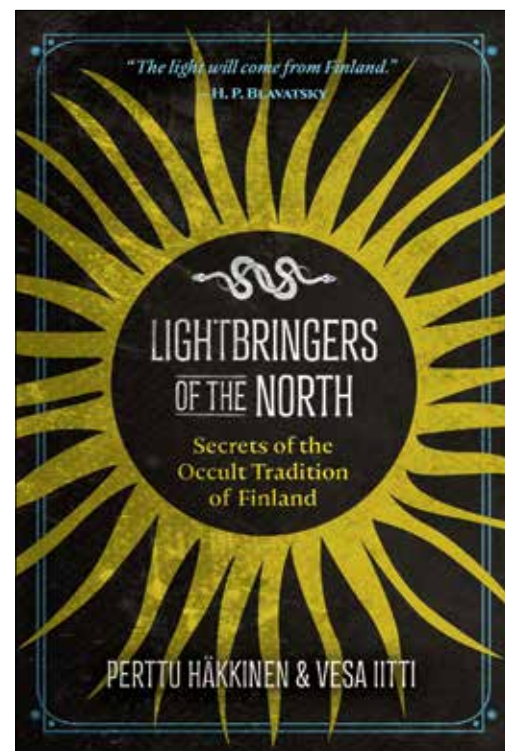
- Examines the significant figures and groups of Finland's occult world, including their esoteric practices and the secret societies to which they were connected
- Investigates the relationship of nationalism and esotericism in Finland as well as the history of Finnish parapsychology and the Finnish UFO craze
- Looks at the unique evolution of Freemasonry in Finland, showing how, when Finland was still part of Russia and the Masonic order was banned, adherents created a number of other secret societies

Finland has long been viewed as the land of sorcerers and shamans as well as being identified with Ultima Thule, the mystical farthest north location of ancient myth. Exploring the rich history of Finnish occultism, Perttu Häkkinen and Vesa Iitti examine the significant figures and groups of Finland's occult world from the late 19th century to the present day. They begin with Pekka Ervast, known as the Rudolf Steiner of the North, who was a major figure in Theosophy before starting a Rosicrucian group, Ruusu-Risti. They look at the Finnish disciples of G. I. Gurdjieff, revealing how Gurdjieff himself fathered a son with the group's leader at the leader's request. They explore the grim case of the cult of Tattarisuo, who used body parts and the *Sixth and the Seventh Book of Moses* in their nightly rituals.

The authors investigate the relationship of nationalism and esotericism in Finland, telling the stories of Sigurd Wettenhovi-Aspa, who thought that Finns were the root of all Western civilization, and of Yrjö von Grönhagen, who became a close friend of Heinrich Himmler and Karl Maria Wiligut. They explore the history of Finnish parapsychology and the Finnish UFO craze. They look at the unique evolution of Freemasonry in Finland, showing how, when Finland was still part of Russia and thus the Masonic order was banned, adherents created a number of other secret societies, such as the Carpenter's Order, the Hypotenuse Order, and the Brotherhood of February 17. The authors also examine how, following Finland's independence from Russia in 1917, lodges began to reappear and were an important hub for spiritualist activities and groups such as the OTO and AMORC.

Unveiling both the light and dark sides of modern esotericism in Finland, the authors show how, because of its unique position as partially European and partially Russian, Finland's occult influence extends into the very heart of left-hand and right-hand occult groups and secret societies around the world.

Perttu Eino Häkkinen (1979–2018) was a journalist, writer, and musician from Helsinki, Finland. Häkkinen had a master's degree in philosophy and was a founder of the band Imatra Voima. **Vesa Iitti** is a Finnish writer and translator with a master's degree in comparative religion from the University of Turku. He lives in Turku, Finland.



June 2022

Inner Traditions
ISBN 978-1-64411-463-6
\$29.99 (CAN \$37.50) Paper

Also available as an ebook

448 pages, 6 x 9
48 black-and-white illustrations
Rights: World English
Nordic Spirituality



Authors
Perttu Häkkinen (right) and Vesa Iitti

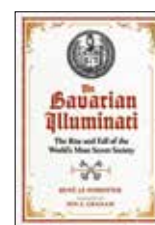
Of Related Interest



Revival of the Runes
Stephen E. Flowers, Ph.D.
Inner Traditions
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March 2021 release



Icelandic Magic
Stephen E. Flowers, Ph.D.
Inner Traditions
ISBN 978-1-62055-405-0
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18,000 copies sold



The Bavarian Illuminati
René Le Forestier
Inner Traditions
ISBN 978-1-64411-377-6
\$125.00 (CAN \$155.99) hardcover
February 2022 release

Tom Sawyer: A Modern-Day Messenger from God

His Extraordinary Life and Near-Death Experiences

Rev. DANIEL CHESBRO with Rev. JAMES B. ERICKSON

A complete guide to the spiritual teachings of Tom Sawyer, who survived physical death in 1978 and returned with a mission from God

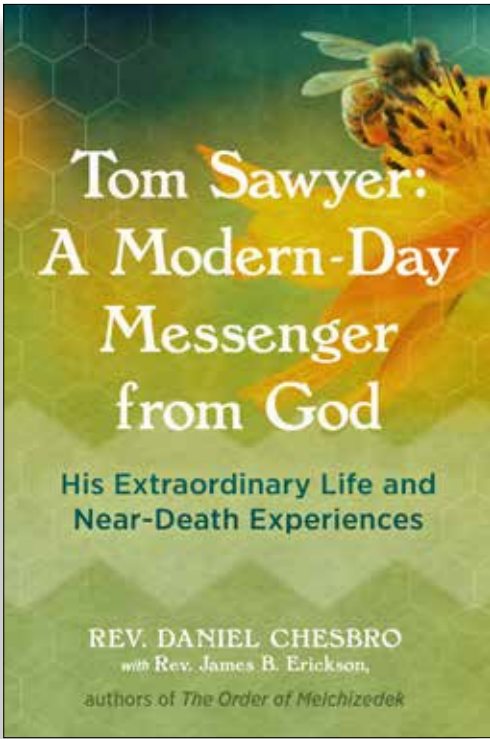
- Shares Tom's profound teachings on life, death, and unconditional love gained through his near-death experiences and direct encounter with the Light
- Includes more than 160 true and remarkable stories about Tom completing his mission to spread God's Unconditional Love
- Details Tom's death experiences and how in 2007, when he felt he had fulfilled his mission from God, he consciously left life on Earth

In the early evening of May 23, 1978, while making repairs under his pick-up truck full of firewood, the heavy truck crashed down on Tom Sawyer, crushing his chest flat. A 33-year-old Olympic-trained bike racer and mechanic from upstate New York, Tom was clinically dead—but his cosmically significant adventure had only just begun. Fifteen minutes later, he came back to life, recounting his strange experience of going through a tunnel, having his life review, and meeting the Light. Featured on national news, on talk shows, and in research studies by Dr. Raymond Moody, Tom Sawyer was one of the first near-death-experience survivors to gain notoriety.

Spiritually energized by his near-death experience (NDE), Tom's prime directive became to teach how we each are a physical extension of God's Unconditional Love and how to communicate with God through prayer. A walking repository of universal wisdom, he demonstrated repeatedly that the reality we believe in is an illusion, that walls are not necessarily barriers, severe health challenges can be healed in a moment, and it is possible to walk on water. During his death experience, Tom was charged by God with a three-part mission: teach that death does not exist, prevent nuclear war, and promote the Order of Melchizedek, where he became a highly respected teacher. When he knew he had completed his mission in 2007, he consciously left life.

Through more than 160 remarkable stories, Rev. Daniel Chesbro and Rev. James Erickson share Tom's profound insights on life, death, and Unconditional Love. The most complete and in-depth account of the life and teachings of Tom Sawyer, this book reveals Tom as a modern-day messenger of God who returned to life a powerful conduit of Unconditional Love, compelled to create positive change for humanity.

Rev. Daniel Chesbro is an American Baptist minister who founded the Order of Melchizedek in 1986. The author of *The Order of Melchizedek*, he lives in Conesus, New York. **Rev. James B. Erickson** is a therapist and was ordained into the Order of Melchizedek 30 years ago. He lives in Minneapolis, Minnesota.



June 2022

Findhorn Press
ISBN 978-1-64411-516-9
\$15.99 (CAN \$19.99) Paper

Also available as an ebook

144 pages, 6 x 9
1 black-and-white illustration

Rights: World
Spirituality/Near-Death Experience



Author
Rev. Daniel Chesbro



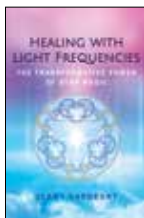
Author
Rev. James B. Erickson

Also by Revs. Chesbro & Erickson



The Order of Melchizedek
Rev. Daniel Chesbro
with Rev. James Erickson
Findhorn Press
ISBN 978-1-84409-502-5
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Healing with Light Frequencies
Jerry Sargeant
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8,000 copies sold



The Forever Angels
P. M. H. Atwater, L.H.D.
Bear & Company
ISBN 978-1-59143-358-3
\$18.00 (CAN \$22.50) pb

Activate Your Cosmic DNA

Discover Your Starseed Family from the Pleiades, Sirius, Andromeda, Centaurus, Epsilon Eridani, and Lyra

EVA MARQUEZ

A guide to recognizing your starseed lineage and awakening the unique gifts inherited from your cosmic family

- Presents in-depth teachings and channeled wisdom from the six star nations—the Pleiades, Sirius, Andromeda, Centaurus, Epsilon Eridani, and Lyra
- Reading about your cosmic lineage will trigger the awakening of ancient memories of your star origin and activate your spiritual DNA
- Includes energy exercises and guided meditations specific to each star nation to help awaken the light codes embedded within you, accelerate your vibrational intelligence, and embrace your inherited starseed gifts

You are a starseed. You carry within you the spiritual DNA of your cosmic family. Eons ago the Pleiadians, along with other star nations, seeded the Earth and their energy is still present. By recognizing your starseed lineage, you can activate your spiritual DNA and awaken the soul attributes that resonate with your star nation.

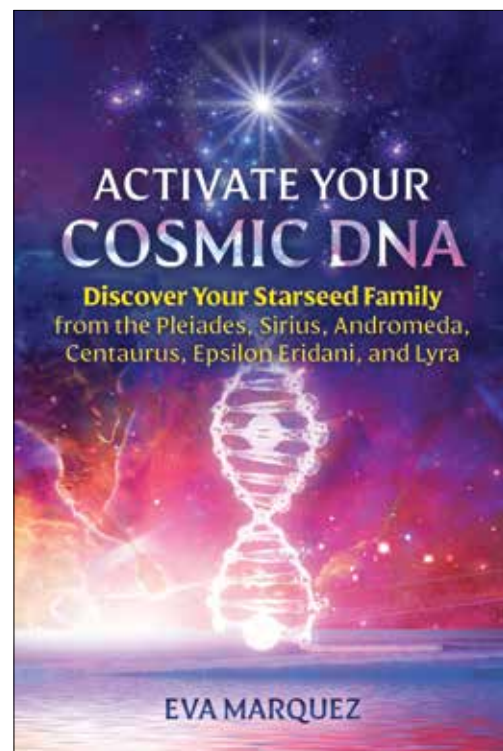
In this spiritual guide, Eva Marquez explains how to discover your starseed lineage and activate your cosmic DNA. She presents in-depth teachings and channeled wisdom from the six star nations: the Pleiades, Sirius, Andromeda, Centaurus, Epsilon Eridani, and Lyra. You will learn about your cosmic family's lives in the stars, their home worlds, and who they are.

Pleiadians are soul healers with a frequency of unconditional love. Sirians are knowledge keepers. The Akashic Records and the Library of Light are kept on Sirius B. Andromedans are healers and scientists. They understand the physical matter of the body. Lyrans are the wise elders. They are the grandfathers of the science of DNA and the creators of hybrid star beings. Centaurians are optimistic young warriors who can fix any problem. And Epsilonians are master mediators who can easily function in the fifth dimension. They bring logic of the heart and, like Pleiadians, healing to the soul.

As you read about the star nations, you will automatically attune to their energies. When you connect with your ancestral star nation, you may experience the sudden awakening of ancient memories and your spiritual DNA will be activated. The author includes energy exercises and guided meditations specific to each star family to help activate your spiritual DNA and awaken the light codes embedded within you.

By activating your starseed ancestry and reconnecting to your soul family, you help transform the frequencies of fear into love and reignite the cosmic ascension process.

Eva Marquez is a spiritual consultant, healer, teacher, and writer, with Pleiadian starseed ancestry. She works with her guides, Lights of the Universe, who are a collective group of light beings from various star nations. She teaches online workshops on starseed DNA activation and Atlantean soul healing. She lives in South Carolina.



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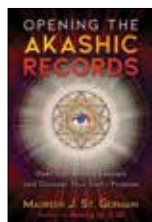
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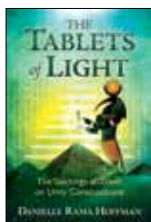


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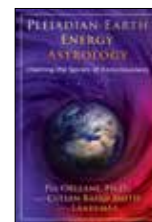
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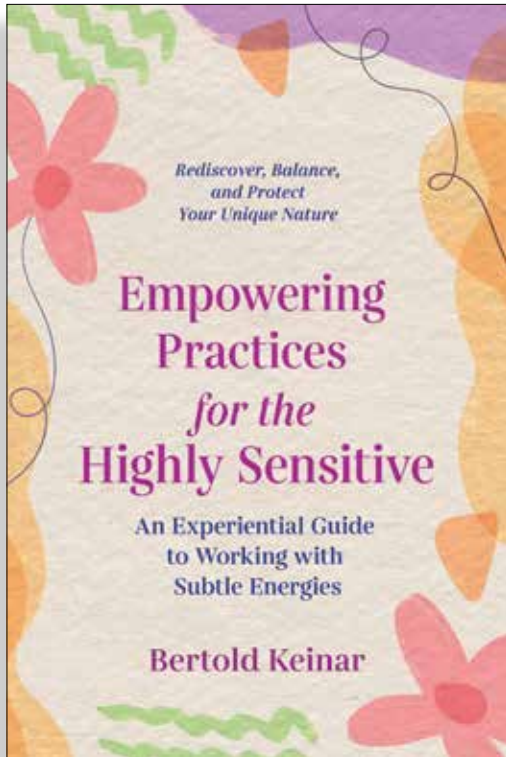
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Empowering Practices for the Highly Sensitive

An Experiential Guide to Working with Subtle Energies

BERTOLD KEINAR

Rediscover, balance, and protect your unique nature

- Details 30 progressive exercises to help clear, balance, and protect your energy field, release fears, and support you in daily life
- Explores how to energetically cleanse and master your emotions and thoughts, balance your subtle energy bodies, and gain inner peace and calm
- Explains for each exercise what it is useful for, how to tell the technique is working, and what you are developing through the practice, such as activating your pineal gland, charging up with prana energy, or protecting your system from energy vampires

Sensitivity is a gift if you discover how to embrace your unique nature fully. In *Empowering Practices for the Highly Sensitive*, empath Bertold Keinar presents easy solutions for the everyday challenges of the highly sensitive, whether at work, at home, with friends, or out in the world, and helps you master your emotions and thoughts. He explains the levels of our subtle energy bodies—the etheric, the emotional, and the mental—showing how they are impacted in our daily activities and environment and how we can support ourselves in consciously working with them. Exploring the nature of the sensitive, he emphasizes how important it is for empathic people to understand and experience their own core essence and learn how to not be overwhelmed by their sensitivity to the world. He offers a gradually progressive series of 30 structured practices to help clear, balance, and protect your energy field, release fears, and allow you to gain lasting stability and equanimity in daily life.

Focusing on energetic and emotional balance, the techniques in the book help you work with your sensitivity and build protection for your subtle energy bodies and your subconscious mind, allowing you to balance your inner world. For each exercise the author explains what the practice is useful for, how to tell that the technique is working, and what you are developing through the exercises, such as activating your pineal gland, charging up with prana energy, protecting your system from energy vampires, or quieting the mind.

Allowing sensitives to stop sacrificing important parts of their unique nature in order to fit in, this guide supports highly sensitive people to become more comfortable with their heightened awareness, protect their energetic systems, and embrace full participation in society, where their gifts are sorely needed.

Bertold Keinar is a Reiki healer and a student of esoteric and mystic knowledge. He is dedicated to guiding sensitives through the difficulties of daily life and specializes in customizing esoteric techniques to help others. He lives in Bulgaria.



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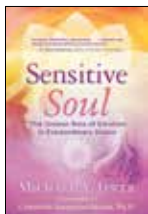
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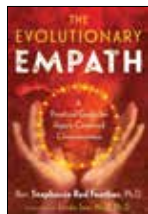
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The Kabbalah of Light

Ancient Practices to Ignite the Imagination and Illuminate the Soul

CATHERINE SHAINBERG

Kabbalistic practices to connect with the natural genius of your subconscious and liberate the light within

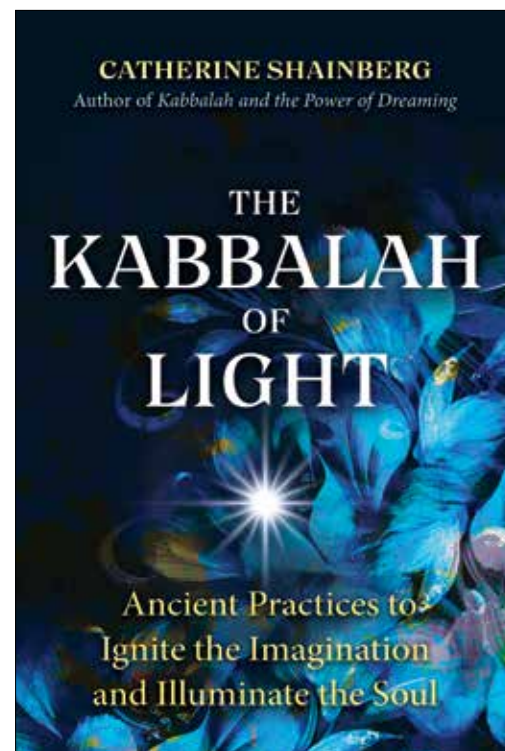
- Shares 159 short exercises and practices to tap instantly into your subconscious mind and receive answers to your most important questions
- Explains how to dialogue with and understand the imagery and metaphors that arise during these practices
- Offers powerful practices to discover your areas of “stuckness” and quickly clear them, thus releasing past traumas and ancestral patterns and freeing the flow of the imagination for enhanced creativity and joy in life

In this step-by-step guide to kabbalistic practices to connect with your natural inner genius and liberate the light within you, Catherine Shainberg reveals how to tap instantly into the subconscious and receive answers to urgent questions. This method, called the Kabbalah of Light, originated with Rabbi Isaac the Blind of Posquieres (1160–1235) and has been passed down by an ancient kabbalistic family, the Sheshet of Gerona, in an unbroken transmission spanning more than 800 years.

The modern lineage holder of the Kabbalah of Light, Shainberg shares 159 short experiential exercises and practices to help you begin dialoguing with your subconscious through images. The images that pop up during these practices are unexpected and revelatory, and she discusses how to open them to greater understanding. At first, they may show you aspects of yourself you don't like. But seeing them serves as both a diagnosis and a direct path to transformation. Fast and simple, the practices can help you discover your areas of “stuckness,” release past traumas and ancestral patterns, free the imagination, and open the way to the bliss promised us in the Garden of Eden.

Beginning this fertile dialogue with your inner world leads you to uncover your soul's purpose and manifest your dreams in this world. Once your inner dream world and outer reality have merged, you will be able to see your superconscious—your soul's blueprint—and experience the ecstatic illumination of a heart-centered life.

Catherine Shainberg, Ph.D., is a renowned teacher, healer, psychologist, and dream and imagery expert. She is the lineage holder for the Kabbalah of Light, as transmitted to her by Colette Aboulker-Muscat, revered kabbalist and teacher, whose mother was a Sheshet, and with whom Shainberg spent 10 years of intense study in Jerusalem and an additional 20 years in collaboration. In 1982 she founded the School of Images, dedicated to teaching the techniques of this ancient tradition. The author of *Kabbalah and the Power of Dreaming* and *DreamBirth*, she conducts imagery and dreaming workshops internationally and at the nine International Schools of Imagery she created around the world.



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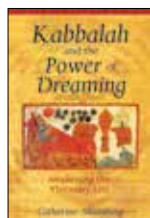
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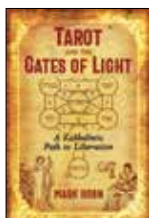
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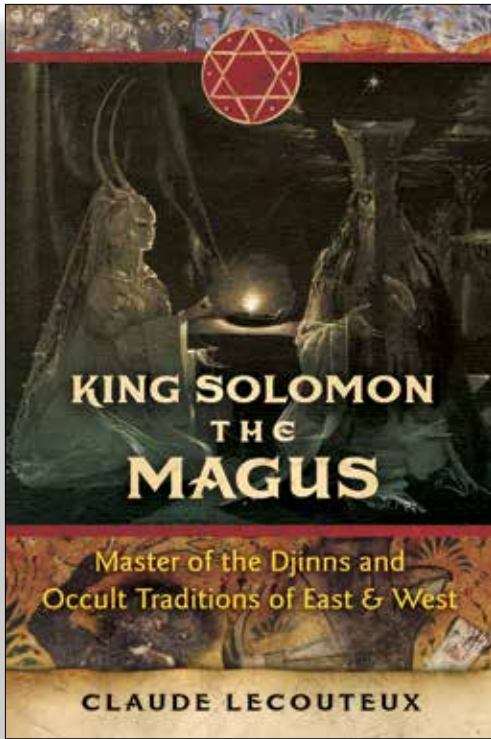
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King Solomon the Magus

Master of the Djinns and Occult Traditions of East and West
 CLAUDE LECOUTEUX

An in-depth portrait of Solomon revealing his magical powers and feats and his impact on esoteric traditions worldwide

- Explores the schools of Solomonian magic around the world and works such as *The Greater and Lesser Keys of Solomon the King* and *The Hygromancy of Solomon*
- Examines Solomon's magical possessions, including his famous ring that gave him command over animals, weather, demons, genies, and djinns, as well as his amulets, remedies, exorcisms, and charms
- Looks at the extensive presence of Solomon in folklore around the world, including in Armenia, Malaysia, Russia, Bulgaria, Morocco, India, and Egypt

Looking at the Solomonian magical tradition and Solomon's profound influence on esoteric traditions around the world, Claude Lecouteux reveals King Solomon not only as one of the great kings of prehistory but also as the ancient world's foremost magician and magus. Examining the primary sources on Solomon, such as the Bible, the Koran, and the writings of Flavius Josephus, the author explores Solomon's judgments, his explorations, his literary and scientific works (including an herbal), and his constructions beyond the eponymous temple, such as the copper city in Andalus built by the djinns and the baths of Sulayman. He also looks at Solomon's magical possessions, such as his famous ring and the Philosopher's Stone. The author examines the supernatural powers granted to Solomon by the ring he received from Gabriel, including command over animals, weather, and demons, and explores in detail Solomon's power over genies and djinns.

Following the esoteric threads hidden within the primary sources on Solomon, Lecouteux reveals the work of Solomon the Magician, exploring his amulets, remedies, exorcisms, charms, and his influence on Arab and Western magic. Providing illustrations of sigils, talismans, and other magic symbols related to Solomon, the author examines the schools of Solomonian magic and works such as *The Greater and Lesser Keys of Solomon the King* and *The Hygromancy of Solomon*. He then looks at the extensive presence of Solomon in folklore worldwide, including in Armenia, Israel, Malaysia, Eastern Europe, Russia, Morocco, India, Mongolia, and among the Abyssinians of Ethiopia and the Copts in Egypt. He also looks at Solomon's role within the Bulgarian tradition from which the Cathars derived.

Painting an in-depth portrait of Solomon the Magician-King, Lecouteux reveals how this legendary magus left a deep impression upon the occult, magical traditions, and philosophies of the ancient world that can still be felt to this day.

Claude Lecouteux is a professor emeritus of medieval literature and civilization at the Sorbonne. He is the author of numerous books on medieval and pagan afterlife beliefs and magic, including *Dictionary of Ancient Magic Words and Spells*. He lives in Paris.



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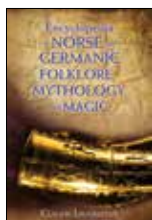
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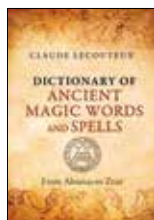


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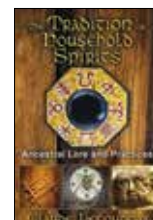
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The Petroglyphs of Mu

Pohnpei, Nan Madol, and the Legacy of Lemuria

CAROLE NERVIG

Foreword by Barbara Hand Clow

The first in-depth examination of the petroglyphs at Pohnpaid in Micronesia and how they are remnants of the mother civilization of Mu

- Shows how the archetypal symbols of the Pohnpaid petroglyphs have exact counterparts in other ancient cultures throughout the world
- Provides evidence that Pohnpaid is closely related to—yet predates—neighboring Nan Madol
- Includes hundreds of Pohnpaid petroglyphs and stone circle photos, many never before seen

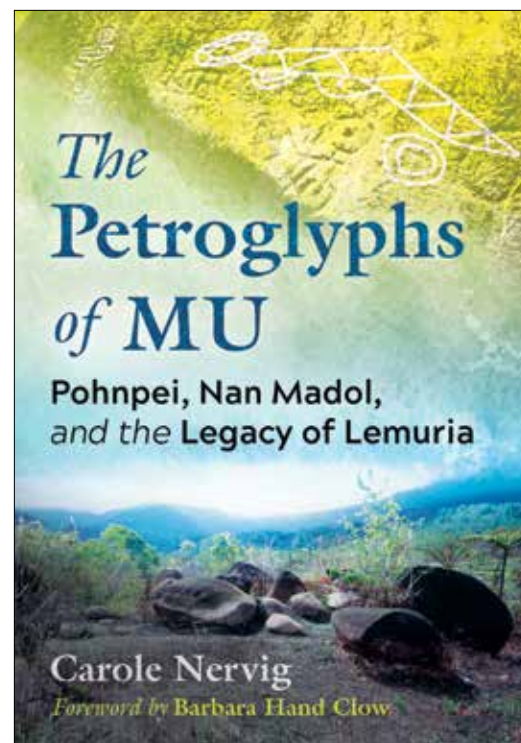
While residing on the small Pacific island of Pohnpei in the 1990s, Carole Nervig discovered that a recent brush fire had exposed hundreds of previously unknown petroglyphs carved on gigantic boulders. This overgrown megalithic site, now called Pohnpaid, was unknown even to Pohnpei's state historic preservation officer. The petroglyphs were unlike others from Oceania, so Nervig began investigating and comparing them with petroglyphs and symbols from around the world.

In this fully illustrated exploration, Nervig documents her discoveries on Pohnpei, revealing how the archetypal symbols of the Pohnpaid petroglyphs have exact counterparts in other ancient cultures and universal motifs throughout the world, including the Australian Aborigines, the Inca in Peru, the Vedic civilization of India, early Norse runes, and Japanese symbols. She provides evidence that Pohnpaid is closely related to—yet predates—neighboring Nan Madol and shows how Pohnpaid was an outpost of the sunken Kahnihmuesio, a city of the now-vanished civilization of Mu, or Lemuria.

Discussing the archaeo-astronomical function of the Pohnpaid stones, the author examines how many of the glyphs symbolize celestial phenomena and clearly reveal how their creators were sky watchers with a sophisticated understanding of astronomy, geophysics, geomancy, and engineering. She shows how the scientific concepts depicted in the petroglyphs reveal how the citizens of Mu had a much deeper understanding of the living Earth than we do, which gave them the ability to manipulate natural forces both physically and energetically.

Combining archaeological evidence with traditional oral accounts, Nervig reveals Pohnpaid not only as a part of a geodetic network of ancient sacred sites and portals but also as a remnant of the now submerged but once enlightened Motherland of Mu.

Carole Nervig has spent more than four decades researching Micronesian traditional culture and oral history as well as the sacred sites of Micronesia and Hawai'i. She first moved to Micronesia as a Peace Corps volunteer in 1969. In the 1990s she discovered a previously unknown megalithic site, Pohnpaid, on the Micronesian island of Pohnpei. Creator of the Nan Madol Foundation, she now lives in Ecuador.



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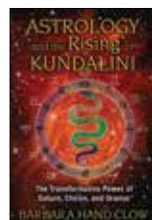
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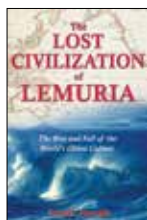


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Carole Nervig

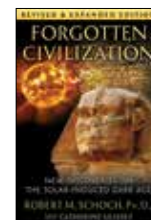
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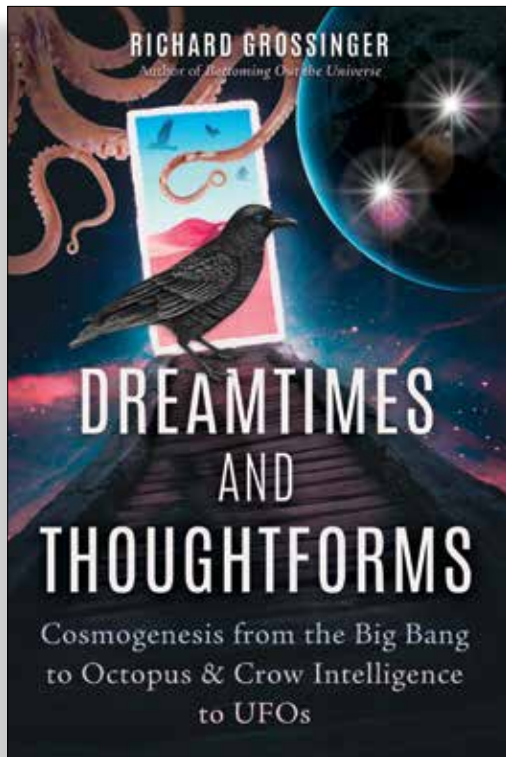
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Dreamtimes and Thoughtforms

Cosmogogenesis from the Big Bang to Octopus and Crow Intelligence to UFOs

RICHARD GROSSINGER

A visionary journey through contemporary scientific concepts and the mysteries and enigmas that define our universe

- Examines animal intelligences within a greater evolutionary context, detailing in particular the remarkable intelligence of crows and octopuses
- Looks at the Australian Aborigine Dreamtime as an attempt to understand the combined geological and geomantic landscape
- Investigates a range of ideas as they relate to the intersections of consciousness and reality, including reincarnation, past-life memories, ghosts, and UFOs

From the origins of the cosmos to the microbiome, COVID-19 pandemic, UFOs, and the shapeshifting of octopuses and language of crows, Richard Grossinger traverses the mysteries and enigmas that define our universe and personal reality.

Beginning his narrative with the Big Bang, origin of the Milky Way, and birth of our solar system, Grossinger offers a chronology of Earth's geological, climatological, biological, and sociological evolution, leading to the current environmental and psychospiritual crisis. He explores the origin of cell life, RNA-DNA, and larger biomes, detailing in particular the remarkable intelligence of crows and octopuses. He uses the Australian Aborigine Dreamtime to understand landscapes as thoughtforms. He then offers reimaginings, from the perspective of "dreamings," of a wide variety of animals, including tardigrades, llamas, sea turtles, pigeons, bees, and coyotes.

Examining the scientific dilemmas and paradoxes of consciousness, time, and quantum entanglement, Grossinger carries these into the range of issues around reincarnation, past-life memories, messages from the afterlife, and ghosts. Sharing exercises from his personal practice, Grossinger makes a distinction between the Buddhist description of reality and how Buddhist practitioners create an operating manual for the universe and an assured path of salvation. The author then examines UFOs and their connections to elementals, fairies, and cryptids in terms of psychoids, Jung's term for transconscious processes that enter our world as autonomous entities.

Taking the reader on a journey through the seen and unseen universe, from the Big Bang to the imaginal landscape of Dreamtime, Grossinger shows that matter is infused with spirit from its very beginning.

Richard Grossinger is the editorial director of Sacred Planet Books, a member of the Inner Traditions editorial board, and the founder and former publisher of North Atlantic Books. He has written more than 40 widely acclaimed books, including *Bottoming Out the Universe*. He lives in Bar Harbor, Maine.



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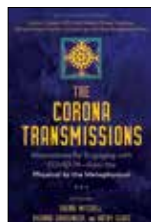
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MARLENE SEVEN BREMNER

Reveals how the Hermetic mysteries and the alchemical tradition can help liberate the imagination and awaken spiritual transformation

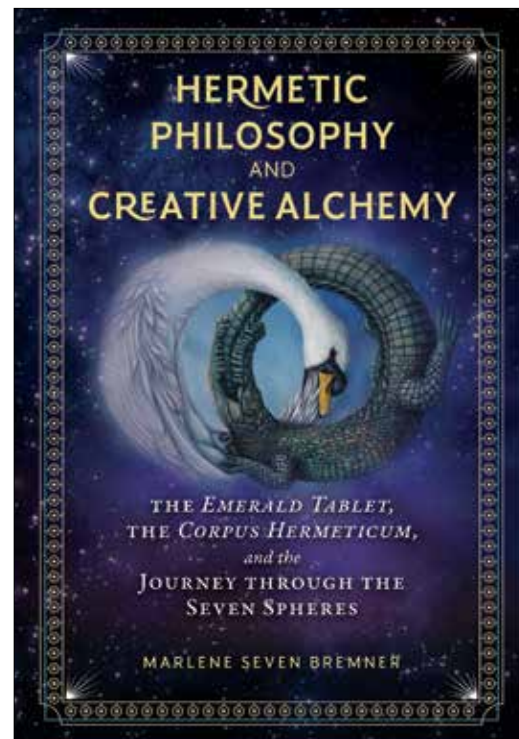
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Drawing on ancient Egyptian and Greek cosmogonies and essential Hermetic texts, such as the *Corpus Hermeticum*, the *Emerald Tablet (Tabula Smaragdina)*, and the Nag Hammadi codices, Marlene Seven Bremner offers a detailed understanding of Hermetic philosophy and the art of alchemy as a foundation for a psycho-spiritual creative practice. Offering examples from traditional alchemical art and her own intricate esoteric paintings, Bremner examines the foundational principles of Hermeticism and alchemy and shows how these traditions are a direct means for accessing higher consciousness and true self-knowledge, or *gnosis*, as well as a way to extract the essence of one's own creative gifts.

The author takes the reader on a Hermetic journey through each of the seven traditional planets—Saturn, Jupiter, Mars, the Sun, Venus, Mercury, and the Moon—exploring their mythological, philosophical, alchemical, qabbalistic, magical, astrological, and energetic natures and offering meditative discourses that reach past the rational mind to speak directly to the intuitive soul. She relates the seven planets to the esoteric anatomy of the human body, specifically the seven chakras, and shows how the planets can offer understanding and experience of archetypal energies and patterns in the body, in one's life, and in the creative process.

A profound synthesis of magical and occult teachings as well as an initiation into the alchemical opus, this book reveals how to integrate and apply Hermetic and alchemical principles to awaken inner knowing, liberate the imagination, and live a mystical, creative, and truly inspired life.

Marlene Seven Bremner is a self-taught oil painter, writer, and teacher who has spent more than 20 years exploring esoteric and spiritual traditions, including Hermeticism, alchemy, surrealism, symbolism, tarot, psychology, magic, astrology, shamanism, and mythology. She developed her career as an artist in the Pacific Northwest and now spends her time painting and writing in the New Mexico desert.



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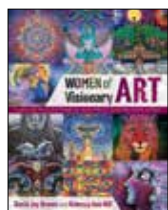
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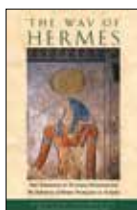
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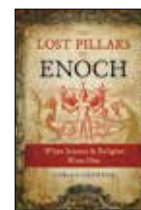
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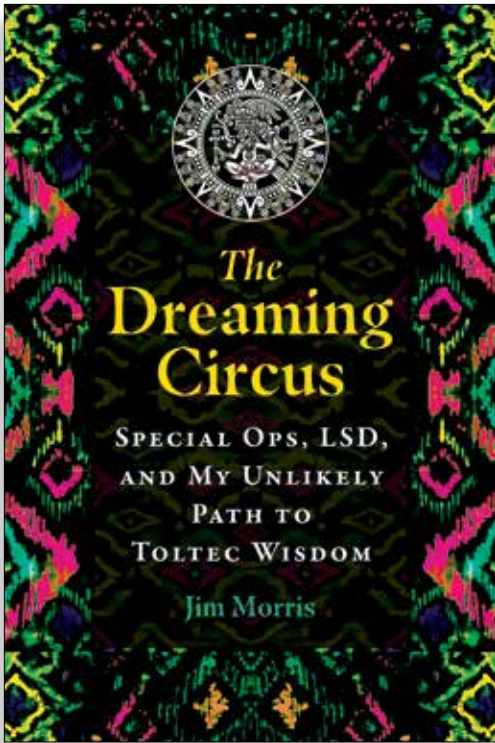
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The Dreaming Circus

Special Ops, LSD, and My Unlikely Path to Toltec Wisdom

JIM MORRIS

A Green Beret's profound spiritual transformation from PTSD to awakening and from military warrior to spiritual warrior

- Explains how the author became a student of Toltec spiritual teacher don Miguel Ruiz and how he traveled the world, as well as the astral realms, undergoing a deep spiritual journey of change
- Details how the author discovered LSD after the Vietnam War and even tripped while skydiving
- Recounts his time as a civil rights advocate and war correspondent, and how Toltec shamanism helped prepare him to ease his wife's long end-of-life journey

During his third tour of duty in Vietnam where he served as a Green Beret, Jim Morris was wounded badly enough to be retired from the army. He came home bitter, angry that his career had been ended. After reading *The Electric Kool-Aid Acid Test*, he realized that many members of Ken Kesey's Merry Pranksters had also been combat officers. Following this spiritual "hint," he spent the next couple of years as an acid head, even skydiving on LSD. Awakened by his LSD experiences, Morris immersed himself in the books of Carlos Castaneda, as well as in Kriya yoga, Charismatic Christianity, and *A Course in Miracles*. From these experiences he was led to Toltec spiritual teacher don Miguel Ruiz and began a deep spiritual journey of change.

Sharing his journey from PTSD to spiritual awakening, along with insights about what drives a person on the spiritual path, Morris details his profound transformation from military warrior to spiritual warrior. He recounts his time as a civil rights advocate for the Montagnard people in Vietnam and his years as a war correspondent at the same time he was following Castaneda's Warrior's Way. He describes his momentous meeting with don Miguel Ruiz as well as his travels around the world and in the astral realms. Sharing how his wife developed dementia and later became paralyzed, Morris explains how it required all his Toltec training, all his military training, everything he had to share her final years in a meaningful and fulfilling way.

Written from a deep understanding of Toltec techniques this book shows in a heartfelt and resonant way what a spiritual path can give you, especially those whose lives have been derailed by trauma and those whose lives have been continuously unsatisfying and confusing, as well as revealing the essentially magic nature of reality.

Retired U.S. Army Special Forces Major **Jim Morris** served three tours with the Green Berets in Vietnam. He has worked as a civil rights advocate for the mountain peoples with whom he fought, the Montagnard, and his Vietnam memoir, *War Story*, won the first Bernal Diaz Award for military non-fiction. He has covered wars for *Rolling Stone*, *Soldier of Fortune*, *Esquire*, and the *Saturday Evening Post*. For decades he has immersed himself in a deep study of Toltec shamanism. He lives in Bell Canyon, California.



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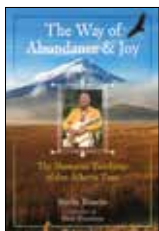
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Spirituality/Self-Help/Memoir



Author
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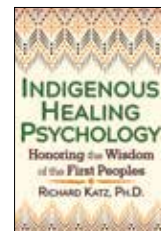
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The Amazonian Angel Oracle

Working with Angels, Devas, and Plant Spirits

HOWARD G. CHARING

A deck and guidebook inspired by the visionary art and shamanic wisdom of Pablo Amaringo

- Contains 33 vivid full-color cards, each featuring an angel, deva, or nature spirit set against an intricate background based on the life work of Pablo Amaringo
- Discusses the meanings of each card's angel, deva, or plant spirit
- Includes card spreads based on traditional Amazonian shamanic practices as well as guided meditations for each card to help you further explore the card's message

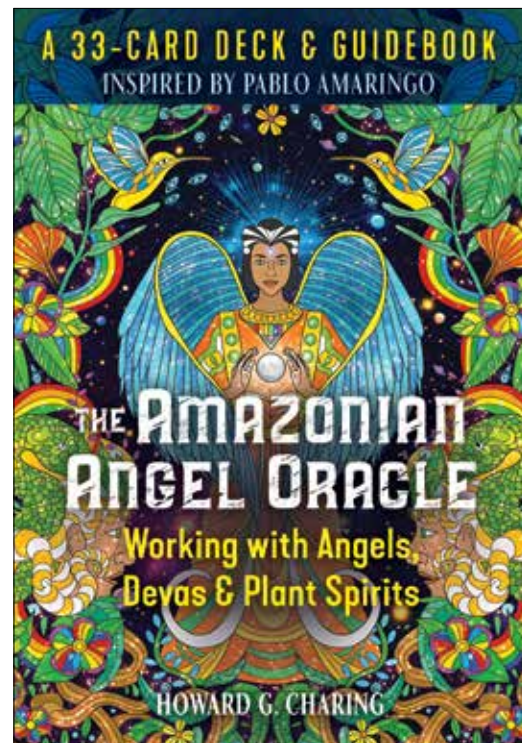
When he passed away in 2009, renowned shamanic artist Pablo Amaringo left behind countless unfinished drawings and paintings as well as hundreds of pages of writings on his in-depth knowledge of the vibrant *mundo amazonica*, the spiritual world of the Amazon. Working with these unfinished materials as well as the permission of Amaringo's family, Howard Charing, a long-time friend and student of Amaringo, has created an oracle deck and guidebook inspired by Pablo Amaringo's visionary art and spiritual wisdom.

The deck includes 33 vivid full-color cards, each featuring an angel, deva, or nature spirit set against an intricate backdrop containing Amazonian jungle plants and animals, celestial bodies, ancient temples, spiritual symbols, and ayahuasca visions. Many of these angels and devas have appeared in Amaringo's paintings—part of the meaningful details that make his work unique and link it to the magic and mystery of the Amazon. Angels and spirits from the Amazonian shamanic tradition featured on the cards include Xilánster, the angel of prosperity; Darí, the deva of the rainforest; Nabu, the angel of esoteric knowledge; T'atrukim, master of the healing arts; and the elemental spirits, Káthima, Zarabeth, Shungo Nina, and Ariadé.

The accompanying guidebook discusses the meanings of each card's angel, deva, or plant spirit when they appear in an oracle reading as well as within the context of Amazonian shamanic tradition. The book explains how to use the cards for divination and provides card spreads based on traditional shamanic practices, such as the Mesa Norteña of northern Peru. The book also includes guided meditations for each card to help you further explore the card's message.

This oracle deck and guide presents a hands-on tool to connect with the shamanic spirits and angelic beings of the Amazon as well as the visionary power of ayahuasca.

Howard G. Charing holds workshops internationally on shamanism as well as plant medicine retreats in the Peruvian Amazon. He is the author of *The Accidental Shaman* and coauthor of *Plant Spirit Shamanism* and *The Ayahuasca Visions of Pablo Amaringo*. He lives in London.



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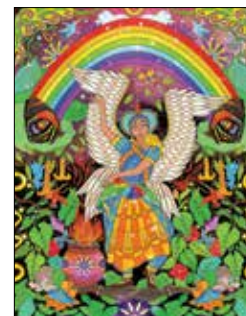
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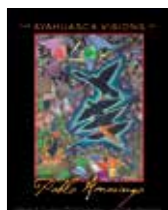


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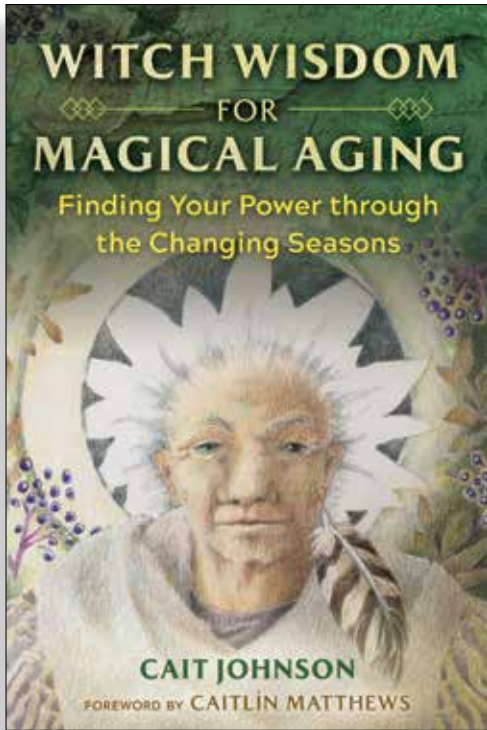
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Author
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Witch Wisdom for Magical Aging

Finding Your Power through the Changing Seasons

CAIT JOHNSON

Foreword by Caitlín Matthews

A wise and playful guide to aging as an empowering, magical, and transformative adventure

- Presents four loving, feisty old witches, one for each season, who share earth-honoring wisdom, rituals, and spells to help you embrace your journey through the sacred latter half of life
- Filled with magical recipes, inspiring ceremonies, playful activities, and meaningful meditations

You are invited into the magical world of four loving, feisty old witches, one for each season, who share earth-honoring wisdom, rituals, and spells to help you embrace your journey through the sacred latter half of life.

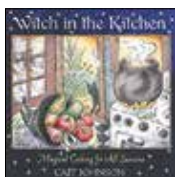
In the season of Winter, the earthy Root Witch reminds us that bodies are made for pleasure, and that Winter is made for dreaming. She offers spells, rituals, and ceremonies to reframe your perspectives on aging and promote acceptance of your changing appearance. She also shares secret recipes for a healthy, happy body, focusing on preparations that help maintain and restore hair, skin, and bone. In Spring, the airy Winged Witch offers a witchy approach to spring cleaning, both in the traditional sense and in self-understanding and relationships. She shares recipes and rituals for jettisoning the dead past, discovering your own authentic style, adding magic to your clothes, and feathering your nest so it feels like home to your spirit.

The fiery Summer Merwitch helps us to be more joyfully creative, with activities and wisdom to help overcome the obstacles that prevent us from fulfilling our creative dreams. She honors the senses, encourages us to embrace our sexuality, and gives us ways to express our fiery anger cleanly and powerfully. The watery Autumn Kitchen Witch shows us how to honor our harvests and our ancestors, how to make peace with death, and how to make every meal a celebration of life, with magical recipes and rituals that bring joy to the soul. The Kitchen Witch also explores several goddesses and wise old women from folklore who can offer templates for a rich and spiritualized maturity.

Offering practical and enjoyable ways to make aging an empowering, magical, and transformative adventure, this book of spiritual guidance will help you love yourself through the aging process.

Cait Johnson is an author, counselor, teacher, playwright, performer, and witch. The author of six books, including *Witch in the Kitchen* and *Celebrating the Great Mother*, she trained with the Institute of Transpersonal Psychology and has a private practice as an editor and intuitive counselor in New York's Hudson Valley.

Also by Cait Johnson

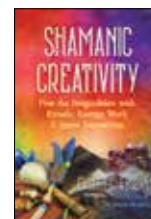


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Jin Shin for Cats and Dogs

Healing Touch for Your Animal Companions

TINA STÜMPFIG

A full-color, illustrated guide to the gentle two-point healing touch method of Jin Shin Jyutsu for cats and dogs

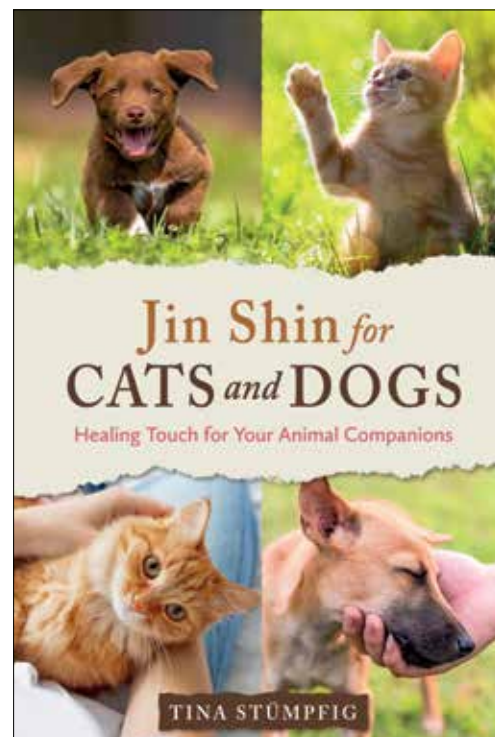
- Includes body maps for both cats and dogs that clearly illustrate the positions of the Jin Shin Jyutsu energy points and explains how to work with them
- Presents step-by-step illustrations and easy, brief explanations for point sequences for general health, first aid, and specific ailments, from ear mites and conjunctivitis to kidney infection, splinters, and anxiety
- Provides sections with dog-specific and cat-specific ailments, organized by area of the body and symptoms, with recommended treatment points and sequences

A gentle touch method for harmonizing energy flow, Jin Shin Jyutsu is an excellent hands-on healing tool to support your animal companion's health and alleviate common ailments and injuries. Just like us, the flow of an animal's life energy can get blocked in the body, which leads to discomfort and, over time, illness. By calmly placing your hands on certain energy points on your pet's body, you can release energetic blockages, strengthen the immune system, and stimulate their body's self-healing response. From ear mites and conjunctivitis to kidney infection, splinters, and anxiety, just by holding certain points on the body of your cat or dog you can quickly alleviate a symptom, or trigger the start of a comprehensive healing process.

With the help of step-by-step illustrations, experienced practitioner Tina Stümpfig explains how to use this simple system of two-point touch healing with animals. Body maps for both cats and dogs clearly illustrate the positions of the Jin Shin Jyutsu energy points. The author offers sequences of points for general and specific purposes, such as harmonizer flows that regenerate and renew the whole body, flow sequences for specific organs, and a short flow for the paws that can act as a first aid sequence. She then provides sections with dog-specific and cat-specific ailments, organized by area of the body and symptoms, with recommended treatment points and sequences.

Particularly beneficial for older animals, you can also use the Jin Shin Jyutsu flows as a preventive measure for enhancing health. They also ease stress for your cat or dog when undergoing veterinary treatment and help them recover more quickly after surgery, supporting the healing process and strengthening their resilience. Offering a hands-on method for all phases of life, Jin Shin Jyutsu not only improves their health and well-being, but also offers an enjoyable moment of energetic exchange between you and your four-legged friend.

Tina Stümpfig is a psychologist and experienced Jin Shin Jyutsu practitioner, working with people and animals. The author of *Jin Shin Healing Touch: Quick Help for Common Ailments*, she offers individual treatments, Jin Shin Jyutsu trainings, and workshops. Tina lives in Wangen, Germany.



July 2022

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240 pages, 6 x 9
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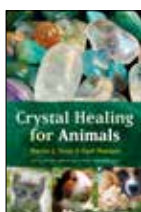
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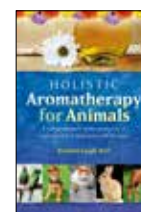


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Tina Stümpfig
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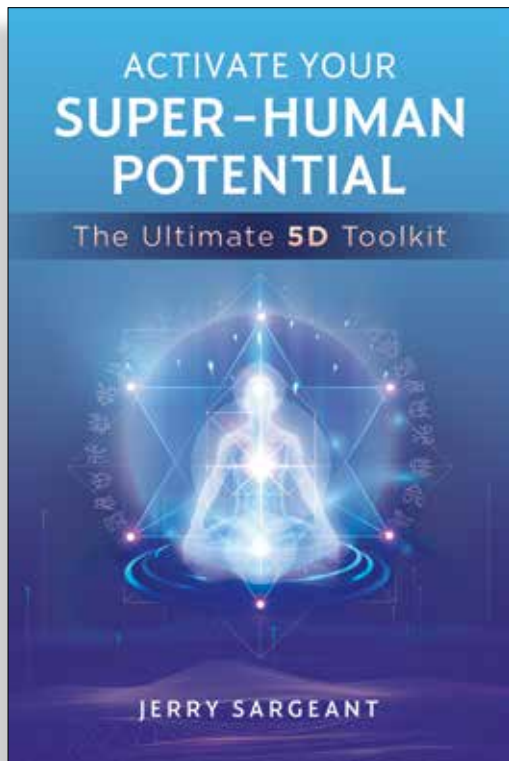
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- Explains how to activate the pineal gland through the Merkaba Matrix, uniting star energy from Sirius with Earth energy within us, which leads to activation of your 5D Light Body

In this practical workbook, Jerry Sargeant offers advanced tools, exercises, meditations, and protocols to not only tap into the vast potential of living in 5D but also become a conduit for raising collective consciousness for the planet. He shows how to dissolve your individual chakras and create one unified Heart Field as well as how to connect the transmission centers in your body with star systems. Exploring subatomic healing, Jerry provides a Star Magic Qi Gong sequence to clear, connect, and energize the body, allowing it to recalibrate and self-heal. He explains how to activate the pineal gland through the Merkaba Matrix, uniting star energy from Sirius with Earth energy within us, which leads to activation of your 5D Light Body.

Once your mind and body are prepared, Jerry explains how to work with the toroidal field and the Star Magic healing pyramids as well as your unified Heart Field and activated pineal gland. He provides protocols to further upgrade your consciousness—such as a trauma-healing meditation—alongside multiple light code activations. Exploring how to build your spiritual armor, Jerry shares protection tools to ward off psychic attacks, teaches how to remove implants and electromagnetic webbing, and explains how to create an electromagnetic heart transducer shield to protect against high radiation, including 5G. He also looks at spiritual nutrition, breathing and meditation techniques, and how to harness sexual energy.

Offering a transformational guide to expanding your consciousness and raising your vibration, this book explains how to become the architect of your own reality and reprogram yourself to thrive in the 5th dimension.

Jerry Sargeant, the founder of Star Magic Healing, is a powerful motivational speaker renowned for healing people by creating rapid shifts within them and transforming their lives on the mental, physical, emotional, and spiritual planes. The author of *Healing with Light Frequencies*, Jerry lives in Cheltenham, England.



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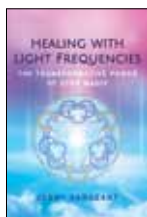
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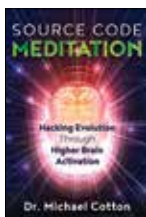
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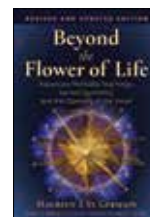


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The Little Stick Figures Technique for Emotional Self-Healing

Created by Jacques Martel

LUCIE BERNIER and ROBERT LENGHAN

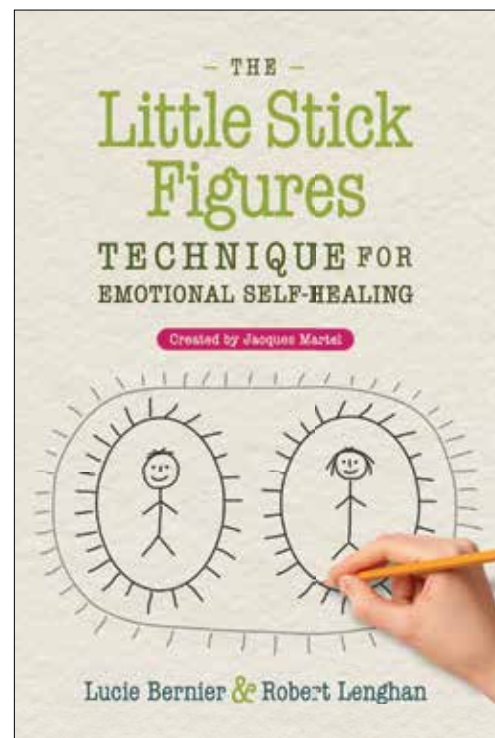
A practical guide to detaching from unhealthy or outdated energetic links with people, emotional patterns, and toxic situations

- Explains the 7 simple steps of the Little Stick Figures Technique and how to achieve maximum results and lasting changes
- Provides more than 150 examples of successful uses of this method, including how to improve relationships, how to attract your soulmate and abundance, how to resolve problems at work, and how to detach from a toxic situation
- Details a general cleansing and rebalancing protocol for your conscious and unconscious programming

Created by therapist Jacques Martel in 1993, the Little Stick Figures Technique is an effective emotional-healing tool to free yourself from your dependencies, your fears, and your conscious and unconscious attachments. This easy energetic cord-cutting method moves beyond mere visualization to an actual physical practice: you draw two stick figures—one being yourself and the other the person, situation, or emotion you wish to detach from. You surround both figures with light, draw the connecting cords between the chakras of each figure, and then cut the paper between the two stick figures to complete the practice. The method draws its effectiveness from the power of the unconscious, helping you to set intentions for change and letting go.

In this illustrated guide, the authors explain how to apply the 7 steps of the Little Stick Figures Technique to obtain maximum results and truly lasting changes. They provide more than 150 examples of successful uses of this method, including how to improve relationships with a partner or an ex-partner, how to detach from family entanglements, how to attract your soulmate and abundance, how to resolve problems at work, and how to detach from a toxic situation and start the process of emotional self-healing. The authors also detail a general cleansing and rebalancing protocol for your conscious and unconscious programs, which helps harmonize your relationships and supports you to be more centered, calm, and in control of your life.

Lucie Bernier is a therapist, Reiki master teacher, speaker, and workshop leader. Coauthor with Jacques Martel of *The Encyclopedia of Ailments and Diseases*, she teaches classes and workshops on self-development and healing in North America and Europe. She lives in New Brunswick, Canada. **Robert Lenghan** is a consultant, trainer, and facilitator with extensive experience in change management, human resources, and project organization. Also a Reiki master, Robert lives in Québec, Canada.



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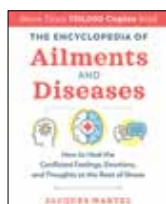
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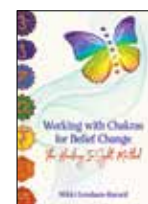
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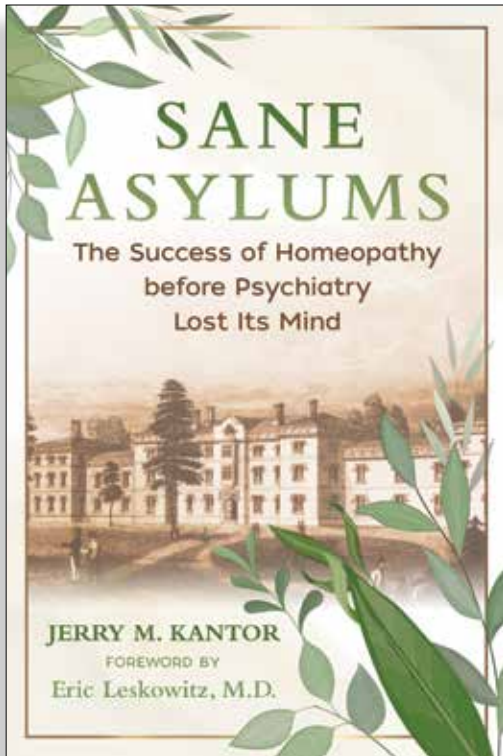
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Sane Asylums

The Success of Homeopathy before Psychiatry Lost Its Mind

JERRY M. KANTOR

Foreword by Eric Leskowitz, M.D.

Reveals the astonishing but suppressed history of homeopathic psychiatry in the late 19th and early 20th centuries

- Examines the success of homeopathic psychiatric asylums in the United States from the 1870s until 1920
- Focuses on New York's Middletown State Homeopathic Hospital for the Insane, which had a treatment regime with thousands of successful outcomes
- Details a homeopathic blueprint for treating mental disorders based on Talcott's methods, including nutrition and side-effect-free homeopathic prescriptions

In the late 1800s and early 1900s, homeopathy was popular across all classes of society. In the United States, there were more than 100 homeopathic hospitals, more than 1,000 homeopathic pharmacies, and 22 homeopathic medical schools. In particular, homeopathic psychiatry flourished from the 1870s to the 1930s, with thousands of documented successful outcomes in treating mental illness.

Revealing the astonishing but suppressed history of homeopathic psychiatry, Jerry M. Kantor examines the success of homeopathic psychiatric asylums in America from the post-Civil War era until 1920, including how the madness of Mary Todd Lincoln was effectively treated with homeopathy at a "sane" asylum in Illinois. He focuses in particular on New York's Middletown State Homeopathic Hospital for the Insane, where superintendent Selden Talcott oversaw a compassionate and holistic treatment regime that married Thomas Kirkbride's Moral Treatment principles to homeopathy.

Presenting the official homeopathic blueprint for treating mental disorders, the author explores Talcott's methods—including nutrition and sophisticated, side-effect-free homeopathic prescriptions—and how Middletown inspired similarly enlightened sane asylums across the country. He reveals how homeopathy was pushed aside by pharmaceuticals, which often caused more harm than good, as well as how the current critical attitude toward homeopathy has distorted the historical record.

Offering a vision of mental health care for the future predicated on a model that flourished for half a century, Kantor shows how we can improve the care and treatment of the mentally ill and stop the exponential growth of terminal mental disorder diagnoses that are rampant today.

Jerry M. Kantor, L.Ac., CCH, MMHS, is a faculty member of the Ontario College of Homeopathic Medicine and owner of Vital Force Health Care LLC, a Boston-area homeopathy and acupuncture practice. The first acupuncturist to receive an academic appointment at Harvard Medical School's Department of Anesthesiology, Kantor is the author of *Interpreting Chronic Illness* and *The Toxic Relationship Cure*. He lives in Dedham, Massachusetts.



August 2022

Healing Arts Press

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288 pages, 6 x 9

25 black-and-white illustrations

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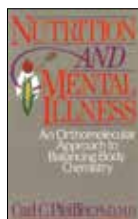


Author
Jerry M. Kantor

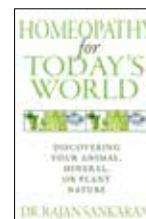
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The Hermetic Physician

The Magical Teachings of Giuliano Kremmerz
and the Fraternity of Myriam

MARCO DAFFI

Translated by David Pantano

Foreword by Hans Thomas Hakl

The life and teachings of master occultist Giuliano Kremmerz and his hermetic healing group, the Fraternity of Myriam

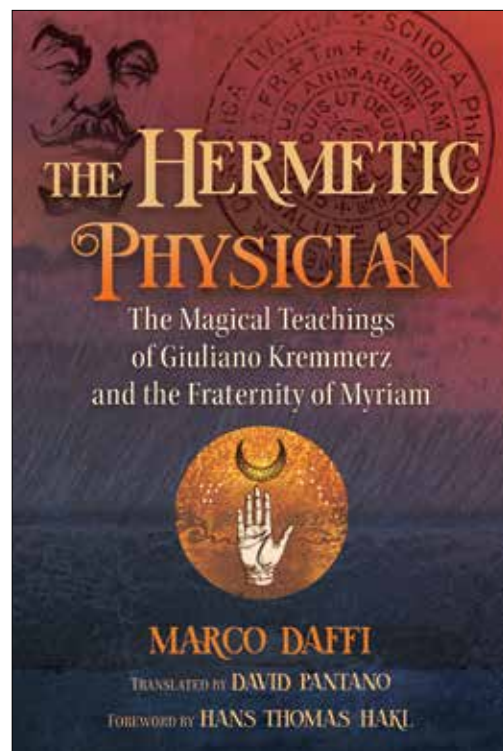
- Explores Kremmerz's life, his teachings, his work as a hermetic physician, and the metaphysical and hermetic principles that guided his activities
- Offers a detailed account of the distance healing practices, diagnostic methods, and rituals of the Fraternity of Myriam
- Includes texts written by Kremmerz on the inner workings and magical operations of the fraternity, intended for its practicing members

Giuliano Kremmerz (1861–1930), born Ciro Formisano, was one of the most influential Italian occultists, alchemists, and hermetic masters of the late 19th and early 20th centuries. In 1896, Kremmerz began writing about natural and divine magic, healing, and alchemy through the journal *Il Mondo Secreto* (The Secret World). At the same time, he founded a school known as the Schola Philosophica Hermetica Classica Italica as well as a magical group, the Therapeutic and Magical Fraternity of Myriam. Within the Fraternity of Myriam, he sought to use hermetic, magical, and Pythagorean principles to harness the power of the psyche and convey collective energies for therapeutic purposes and distance healing.

In this in-depth study of Kremmerz, Marco Daffi explores Kremmerz's life, his work as a hermetic physician with the Fraternity of Myriam, and the metaphysical and hermetic principles that guided his activities. He provides an occult history of the Fraternity of Myriam and a detailed account of their practices, revealing the instructions and diagnostic methods of the hermetic medicine practitioner, or theurgist. He also includes texts written by Kremmerz on the inner workings and magical operations of the fraternity, intended for its practicing members.

Revealing Kremmerz's rediscovery of occult healing, which goes back to ancient times when mystery schools were responsible for the healing arts, Daffi also shows how Kremmerz laid the foundations for passing the initiatory tradition on to the new millennium by modeling his school on the archetype of the Divine Feminine and the lunar form of cultivating the mysteries of Isis.

Marco Daffi, a pseudonym for Baron Ricciardo Ricciardelli (1900–1969), was an Italian esotericist and the author of several books in Italian on hermeticism and alchemy. **David Pantano** is an independent researcher, translator, historian, and writer specializing in spirituality, metaphysics, philosophy, and the initiatic practices of West and East. Author of *The Magic Door*, he lives in Toronto.



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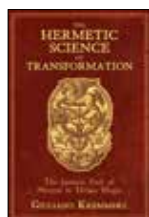
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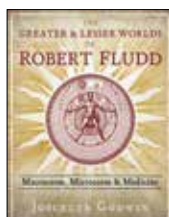
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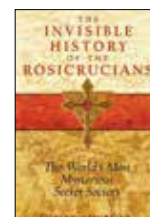
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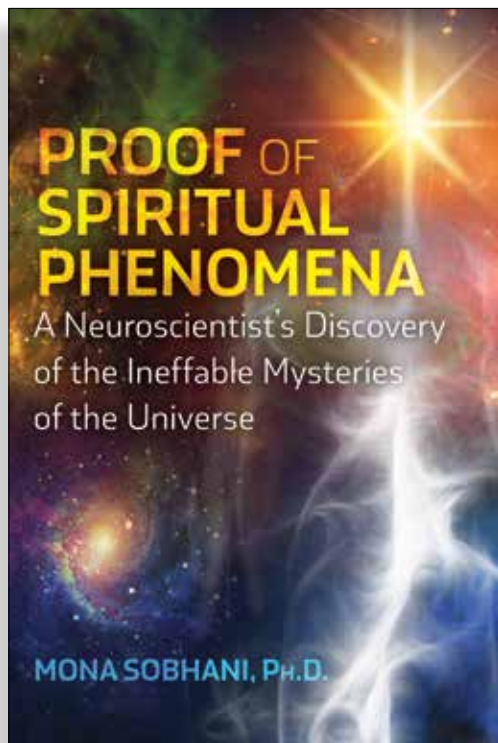
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Fully indoctrinated into the cult of science, neuroscientist Mona Sobhani, Ph.D., aggressively defended the dogma of scientific beliefs—until a series of life-altering events caused her to reconsider spirituality and psi concepts and launched her into a two-year investigation into the ineffable mysteries of our world.

Sharing the extensive research she discovered on past lives, karma, and the complex interactions of mind and matter, the author details her transformation from diehard materialist to open-minded spiritual seeker. She reveals her conversations about spirituality and anomalous occurrences with scientific colleagues as well as high-level experts and government officials who shared data on extremely sophisticated experiments that provided proof for the existence of psi phenomena. She discovered that psi research has been conducted on a grand scale for more than a century—by hundreds of scientists with hundreds of thousands of participants—and that there exists substantial evidence for the reality of psi. She examines meta-analysis of these experiments, such as that of the Ganzfeld tests, which showed odds against chance of 12 billion to 1—throwing our current scientific materialist paradigm into question.

Providing a deep dive into the literature of psychology, quantum physics, neuroscience, philosophy, and esoteric texts, Sobhani also explores the relationship between psi phenomena, the transcendence of space and time, and spirituality. Culminating with the author's serious reckoning with one of the foundational principles of neuroscience—scientific materialism—this illuminating book shows that the mysteries of human experience go far beyond what the present scientific paradigm can comprehend.

Mona Sobhani, Ph.D., is a cognitive neuroscientist. A former research scientist at the University of Southern California, she holds a doctorate in neuroscience from the University of Southern California and completed a post-doctoral fellowship at Vanderbilt University with the MacArthur Foundation Law and Neuroscience Project. She was also a scholar with the Saks Institute for Mental Health Law, Policy, and Ethics and her work has been featured in the *New York Times*, VOX, and other media outlets. She lives in Los Angeles.



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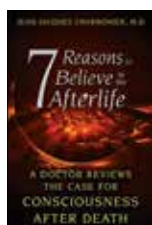
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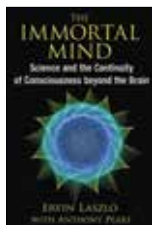


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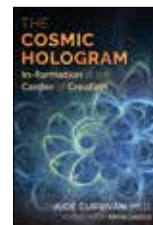
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NIGEL KERNER

Reveals how our rush toward a technologically advanced future is part of the Grey alien agenda

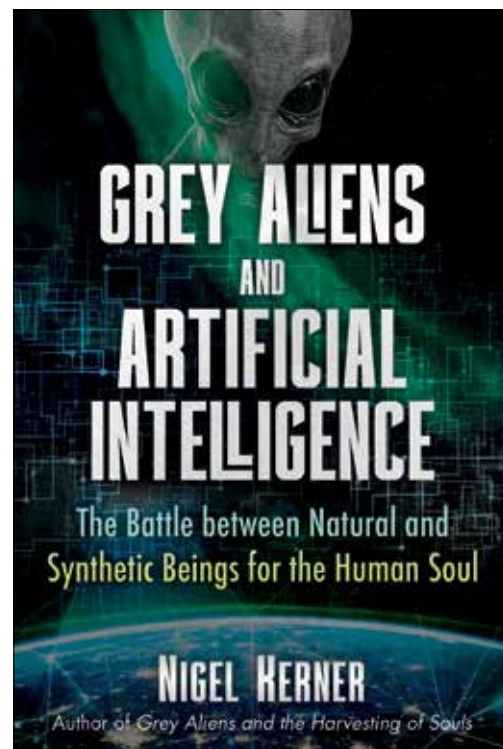
- Explains how the Greys are bio-machines, synthetic beings sent out to gather information about human souls and natural consciousness
- Shows how our consciousness has been hacked by the Greys to filter our perceptions to be in line with their agenda to steal our souls
- Reveals how you can protect your soul field and your consciousness from the Greys' terrible manipulations

Humanity's biggest existential threat is our headlong rush to a technologically advanced future. Already we increasingly rely on smart devices to the point that they are becoming extensions of our bodies. We are at a turning point for our species in which our natural humanity is gradually being converted into an artificial format that will lead to the loss of our souls. And, as Nigel Kerner reveals in astonishing detail, the blueprints for this future already exist.

Kerner explains how there are civilizations in our universe that have developed advanced technologies to become entirely artificial. The Grey alien entities, reported in tens of thousands of abductions, appear to be bio-machines, synthetic beings sent out as AI probes to gather information about something they lack that humans and other natural beings possess: a soul. Examining scientific, historical, cultural, and religious evidence for Grey alien visitations as far back as 40,000 years ago, the author reveals that the Greys themselves set us on this path toward artificial intelligence millennia ago. Kerner shows how our intrinsic nature as human beings is no longer entirely human: our natural consciousness and DNA have been hacked, and an artificial construct has been superimposed at the very foundation of our thinking processes. The author shows how our rush toward a technologically advanced, artificially intelligence future was seeded and precipitated by the Greys in order to control us and prepare us to fit in with their agenda for humanity.

Revealing the secret alien hives on our planet, their connections to governments, and their ultimate endgame to harvest our souls and alter our DNA, Kerner also shows how, by developing yourself on a soul level, by recognizing your individual connection to divinity, you can protect your soul field and your consciousness from the Greys' terrible manipulations.

Nigel Kerner is a screenwriter, journalist, and author of *Grey Aliens and the Harvesting of Souls* and *The Song of the Greys*. He lives in England.



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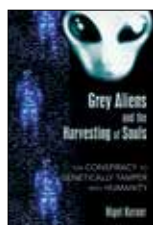
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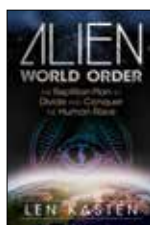
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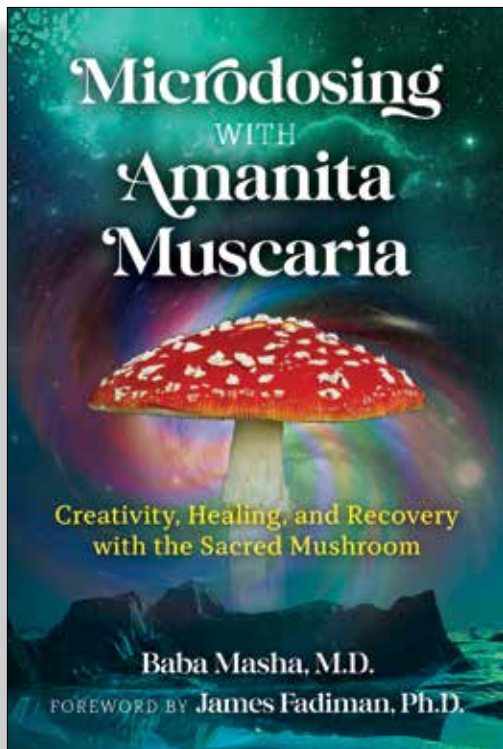
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- Reveals how *Amanita* microdoses are effective for pain relief and for interrupting addictions to alcohol, opiates, nicotine, caffeine, and other narcotics
- Details how to safely identify, prepare, and preserve *Amanita muscaria*, including recipes for tincture, tea, oil, and ointment as well as proper microdose amounts

Exploring the results of the first international study on the medicinal effects of microdosing with *Amanita muscaria*, the psychoactive fly agaric mushroom, Baba Masha, M.D., documents how more than 3,000 volunteers experienced positive outcomes for a broad range of health conditions as well as enhanced creativity and sports performance. Masha discovered that *Amanita* microdoses offered help and healing for hormonal dysfunction, low libido, allergies, asthma, swelling, gingivitis, nail fungus, digestive issues, recovery from stroke and cardiac arrest, and skin conditions such as eczema and psoriasis. She found beneficial effects on depression, epilepsy, hypertension, insomnia, and low appetite and shows how *Amanita* microdoses are quite effective for pain relief, including in cases of rheumatoid arthritis, menstrual pain, and migraine. The author also reveals how *Amanita* microdoses can interrupt addictions to alcohol, nicotine, caffeine, opiates, and other narcotics.

The author details how to safely identify, harvest, prepare, and preserve *Amanita muscaria*, including recipes for tincture, tea, oil, and ointment as well as proper microdose amounts. She shares dozens of detailed personal *Amanita* microdose reports from study participants, highlighting the positive, negative, and neutral effects they experienced, and she also shares some *Amanita* large-dose trip reports, cautioning against this practice because of the mushroom's strong dissociative properties, including amnesia.

Revealing the vast healing potential of this ancient mushroom ally, Masha's study shows not only how *Amanita* can help with many health conditions but also how it activates the ability to feel the value and the significance of your own life experience.

Baba Masha, M.D., is a pediatrician, OB/GYN with a doctorate in medicine and a bachelor's degree in chemical engineering. She has hosted the *Radio Psychedelix* podcast, in Russian, since 2013. She lives in northern California.

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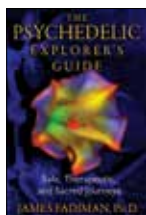


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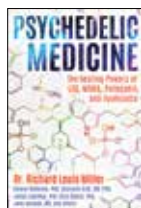
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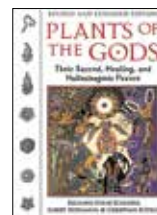
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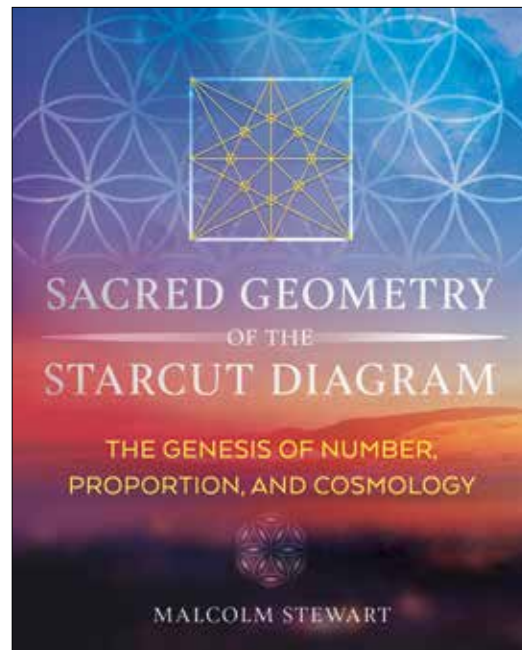
- Lavishly illustrated with hundreds of detailed diagrams and technical illustrations exploring the evolution and importance of the starcut diagram
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- Explains how the starcut diagram was used in building and design, how it relates to Pythagoras's Tetrakys, and how it contains knowledge of the Tree of Life

As Malcolm Stewart reveals in this lavishly illustrated study, the simple square figure of the starcut diagram, created only with circles, has extraordinary geometric properties. It allows you to make mathematically exact measurements and build perfectly true level structures without a computer, calculator, slide rule, plumb bob, or laser level. Sharing his extensive research, along with hundreds of detailed diagrams and technical illustrations, Stewart shows how the starcut diagram was the key to the building of humanity's first cities and how it underlies many significant patterns and proportions around the world.

The author explains how to create the starcut diagram using circles drawn from the vesica piscis. He shows how it was at the foundation of ancient building and design, illustrating the connections between the diagram and the creation of mandalas and yantras, stained glass windows, architectural ground plans, temples and other sacred buildings, and surveying methods. He also shows how the starcut diagram reveals ancient geometric knowledge of pi, the Fibonacci sequence, the Golden Number, Pythagorean shapes and seals, the power of 108 and other sacred numbers, and magic squares.

Exploring the starcut diagram's cosmological and theological implications, Stewart explains how it contains knowledge of the Tree of Life and the Kabbalah. He examines how it relates to the Tetraktys, the key teaching device of Pythagoras, and other cosmograms. Demonstrating the ancient relationships between number, geometry, cosmology, and musical harmony, the author shows how the simple shape of the starcut diagram unifies the many threads of sacred geometry into one beautiful mathematical tapestry.

Malcolm Stewart is an author, musician, and designer who has created mosaic, stained glass, landscape, and interior designs for a range of secular and sacred environments. He is a former priest, television producer, UN project director, and administrator for Ockenden Venture, a refugee relief charity. He has lectured widely throughout the UK, Europe, the US, and Canada. He lives in Tilford, Surrey, England.



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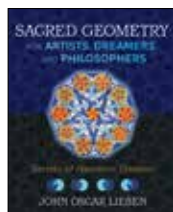
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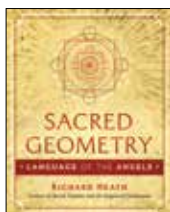
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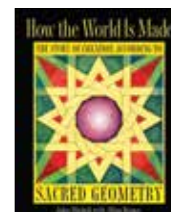
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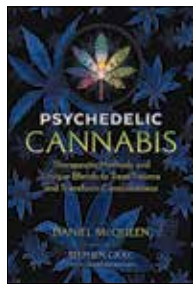
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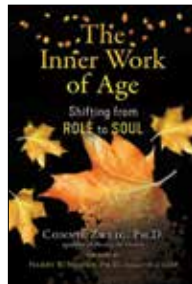
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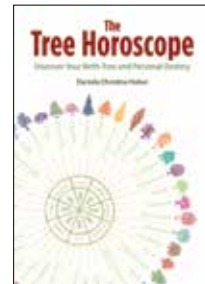
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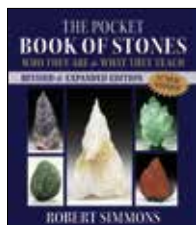


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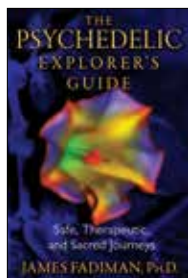


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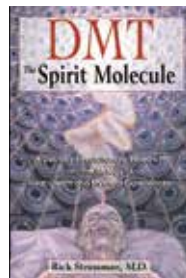
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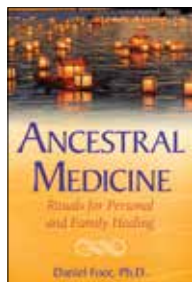
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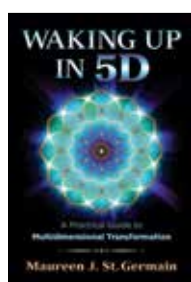
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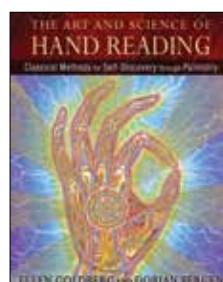
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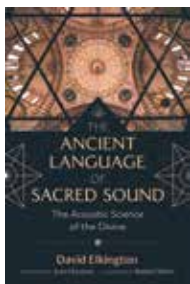


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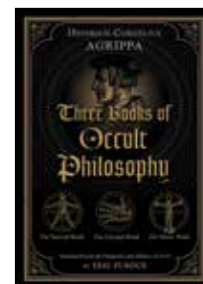
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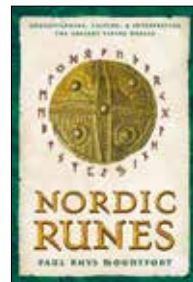
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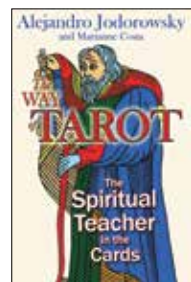
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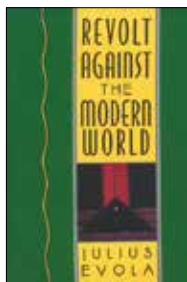
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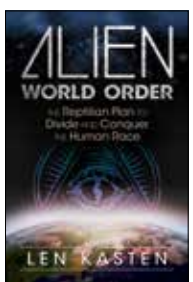
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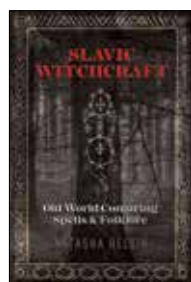
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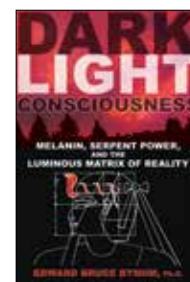
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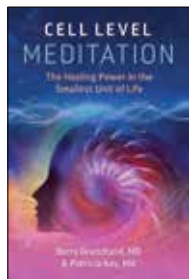
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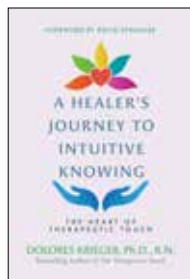
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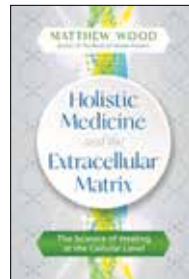
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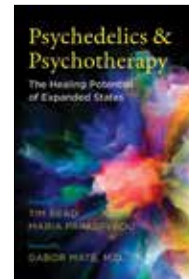
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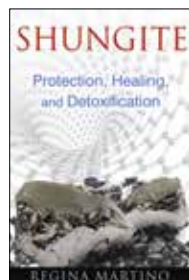


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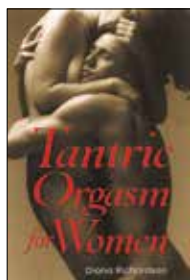


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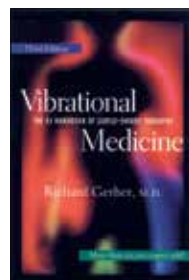
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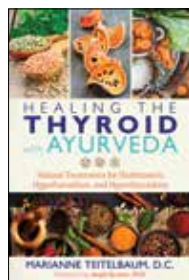
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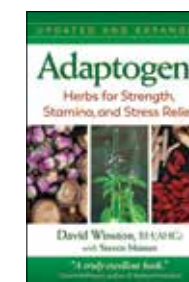
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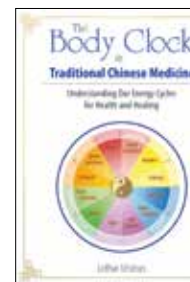
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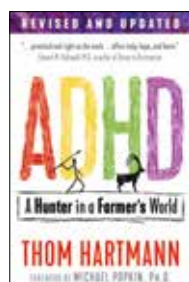
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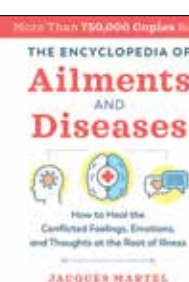
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